

Appendix D – Recruiting Script and Screening Questions

Participants in this study will be recruited from a database maintained by OSMR and from individuals who call in response to an advertisement (see Appendix C). The database contains demographic information about the potential participants, so participants of varying income, education, occupation, and household size groups will be drawn and asked to participate via a phone call. The phone call will be roughly scripted, as shown below, but is impossible to anticipate all questions that potential participants may ask or what explanation may be required.

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Recruitment script:

Hello, this is _____ from the Bureau of Labor Statistics. I am calling to see if you are interested in participating in an upcoming study. In this study, we will ask you to come to our offices at BLS two times...about a week apart. In between those meetings, we want you to wear a Fitbit watch. The watch will measure your activity level. There is no real time commitment, you just have to have wear the watch at all times during that week, including while exercising, working, and sleeping.

At the first meeting, we will give you some information about the watch and at the second meeting we'll ask you some questions about how you spent your time during that week. The first meeting will be about 20 minutes long, the second meeting will be about an hour, and we estimate that you will spend about 15 minutes on the study during the week for a total of about 1 hour and 35 minutes of time commitment. To compensate you for your time, we are offering \$80 for this study. Thirty dollars will be paid at the first meeting and \$50 will be paid at the second meeting. You do not get to keep the watch.

Are you interested in participating?

[if Yes] OK, I have a few questions that will help us see if you are eligible to participate in this study. OK?.

1. Are you currently employed? **YES NO**
 - a. (if yes) What is the length of your usual work day? _____
 - b. (if yes) How many hours do you work in a typical week? _____
 - c. (if no) Are you currently looking for work? **YES NO**
 - i. (if no) Are you retired or a student? **RETIRED STUDENT**
2. How many people live in your household, including yourself? _____
 - a. (if > 1) How many of those people are under the age of 18? _____
 - b. (if > 1) How many of those people are under the age of 5? _____
3. Are you going on vacation or doing anything else that would disrupt your usual routine over the next couple weeks? **YES NO** [Make sure that these times don't overlap with their time in the study]

[if No] *OK, thank you for your time. Have a good day.*

[if Qualified] *You are eligible to participate in this study. Let's get you scheduled. If you know your availability, I would like to schedule both meetings today. If you don't, I'll get you scheduled for the first meeting and you can work out a time for the second one with your interviewer when you come in.*

[if Not Qualified] *I'm sorry but you are not eligible to participate in this study. If you would like, I can get your contact information and we will keep you in mind for future studies.*

[If the person requests to know why they were not eligible. The recruiter will explain the eligibility requirements.]

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