

Evaluating Individual and Patient-Selected Family/Friend/or Reciprocal Peer Notification to Improve Statin Medication Adherence among Patients with Coronary Artery Disease VA Form 10-10139a

Arm 2

OMB No. 2900-XXXX Estimated Burden: 35 Minutes Expiration Date: XX/XX/20XX

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Glow Caps

Month	3	Survey
		SUBJ

	SUBJ
Participant's 4-digit number from Way to Health:	
Participant's 4 digit number from Tracking Database:	
	DOV
Date participant completed survey:	
(mm/	/dd/yyyy)
	RC
Name of research coordinator administering survey:	
	(First Last)

Month 3 Survey

MSPSS

Multidimensional Scale of Perceived Social Support

(Zimet, Dahlem, Zimet & Farley, 1988)

Instructions: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.

1. There is a special person who is around when I am in need.

	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	1	2	3	4	5	6	7

2. There is a special person with whom I can share my joys and sorrows.

Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	2	3	4	5	6	7

3. My family really tries to help me.

Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	2	3	4	5	6	7

4. I get the emotional help and support I need from my family.

Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	2	3	4	5	6	7

5. I have a special person who is a real source of comfort to me.

Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	2	3	4	5	6	7

6. My friends really try to help me.

Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	2	3	4	5	6	7

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7. I can count on my friends when things go wrong.

Very Strongly	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly
Disagree			,			Agree
1	2	3	4	5	6	7

8. I can talk about my problems with my family.

Very Strongly	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly
Disagree						Agree
1	2	3	4	5	6	7

9. I have friends with whom I can share my joys and sorrows.

- 1	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
	1	2	3	4	5	6	7

10. There is a special person in my life who cares about my feelings.

Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	2	3	4	5	6	7

11. My family is willing to help me make decisions.

Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	2	3	4	5	6	7

12. I can talk about my problems with my friends.

Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
Disagree						7
1	2	3	4	5	6	/

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PAM

Patient Activation Measure

Below are some statements that people sometimes make when they talk about their health. Please indicate how much you agree or disagree with each statement as it applies to you personally by circling your answer. Your answers should be what is true for you and not just what you think others want you to say.

1. When all is said and done, I am the person who is responsible for taking care of my health.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

2. Taking an active role in my own health care is the most important thing that affects my health.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

3. I am confident I can help prevent or reduce problems associated with my health.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

4. I know what each of my prescribed medications do.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

5. I am confident that I can tell whether I need to go to the doctor or whether I can take care of a health problem myself.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

6. I am confident that I can tell a doctor concerns I have even when he or she does not ask.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

7. I am confident that I can follow through on medical treatments I may need to do at home.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

8. I understand my health problems and what causes them.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

9. I know what treatments are available for my health problems.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

10. I have been able to maintain (keep up with) lifestyle changes, like eating right or exercising.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

11. I know how to prevent problems with my health.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

12. I am confident I can figure out solutions when new problems arise with my health.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

13. I am confident that I can maintain lifestyle changes, like eating right and exercising, even during times of stress.

Strongly Disagree	Disagree	Agree	Strongly Agree
1	2	3	4

QUAL

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Qualitative Questions (Arm 2 and 3 ONLY)

What is the participant's study arm? 1 2 3				
Now w	Now we would like to hear more about your experience in the Glow Caps study in your own words. There are no right or wrong answers to these questions.			
	1RM 2 & 3 First we'd like to learn what it was like to use the Glow Cap bottle.			
•	What did you enjoy about using the GLOW CAP?			
•	What did you not enjoy about using the GLOW CAP?			
2				
<i>ARM 2</i> Next, v	ve'd like to learn what it was like to receive the weekly feedback reports.			
•	What did you like the most about getting the FEEDBACK REPORTS?			
•	What did you like the least about getting the FEEDBACK REPORTS?			

ARM 3 ONLY

	lso like to learn what it was like to have a "study partner" (family/friend/peer). What did you ENJOY about having a "FEEDBACK FRIEND"?
•	What did you ENJOY about having a FEEDBACK PRIEND:
<u> </u>	
•	What did you NOT enjoy about having a "FEEDBACK FRIEND"?
•	How often were you in contact with your "FEEDBACK FRIEND" about the feedback reports?
-	
RM.	2 & 3
•	Is there anything else you would like to share with us about your experience?

Thank you for sharing with me today. I just want to make sure I have captured your experience correctly. (Repeat patient's responses back to patient. Clarify as necessary.)

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