## CDC Work@Health™ Employer Follow-Up Survey

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Respondents/Sources	Method	Content	Timing	Respondents	Time per
					respondent
Employer	Work@Health	Program	April/July 2015 -	540	@ 0.25 hrs
Representative	Employer	continuation	Approx. 12-15		
(or trainee) all	Follow-up	Barriers	months after		
worksites	Survey	Future	training		
	(conducted by	investment and			
	RTI)	resource			
		requirements			

Implementation: This is planned as a web survey of the wellness coordinator or other knowledgeable representative at all participating Work@Health $^{\text{TM}}$  employers, approximately 12 months after the baseline data collection. We will do mail/telephone follow-up to non-respondents.

## Introduction

This survey asks about your experience since the end of your formal participation in the Work@Health™ program. This survey, which should take about 10-15 minutes to complete, is funded by the Centers for Disease Control and Prevention and is being conducted by RTI International (RTI). RTI is an independent, non-profit organization headquartered in Research Triangle Park, NC.

## **Informed consent**

Before you get started, we'd like need to give you some more information to help you decide whether or not you would like to participate.

• This project is funded by the Centers for Disease Control and Prevention. Many parts of the project are being managed by Research Triangle Institute International (RTI). RTI is an independent, non-profit institute headquartered in Research Triangle Park, NC. RTI

- provides technical services to clients worldwide. They are helping CDC evaluate the Work@Health™ program.
- You were asked to complete the survey because of your role in your company's health promotion activities.
- Your participation in this survey is voluntary. In the course of this survey, you may refuse to answer specific questions. You may also choose to end the discussion at any time.
- The survey is designed to take about 15 minutes.
- All of the answers you provide will be maintained in a secure manner. We will not
  disclose your responses or anything about you unless we are compelled by law. Your
  responses will be combined with other information we receive and reported in the
  aggregate as feedback from the group. In our project reports, your name will not be
  linked to the comments you provide in this discussion.
- There are no right or wrong answers or ideas—we want to hear about YOUR experiences and opinions.
- CDC is authorized to collect information for this project under the Public Health Services Act.
- There are no risks or benefits to you personally for participating in this discussion.
- We are interested in your comments so that we can improve the Work@Health<sup>™</sup> program for future participants. Please feel free to contact Dr. Laurie Cluff at RTI. Her toll-free number is 1-800-334-8571 x 6514. You can also call RTI's Office of Research Protection and Ethics toll-free at 1-866-214-2043.

- How has your worksite health program changed since becoming involved in the Work@Health™ Program? [select all that apply]
  - a. This worksite does not have a health program
  - b. More services, policies, and/or environmental changes in place for employees (expanded
  - c. program)
  - d. Fewer services, policies, and/or environmental changes in for place employees (reduced
  - e. program)
  - f. The same number of services, policies, and/or environmental changes in place for employees (no change)
  - g. Programming, policies, and/or environmental changes made available for more employees
  - h. Programming, policies, and/or environmental changes made available to fewer employees
  - i. More employees are participating in the program
  - j. Focus of the programming has changed (e.g., from heart health to diabetes)
  - k. The quality of the program has improved
  - I. Other (Specify: \_\_\_\_\_)
- 2. Please rate the level of importance of each of the following for **maintaining** the program, policies and/or environmental changes over the next 12 months:

	Not Important	Somewha t Important	Important	Very Important	Extremely Important
Financial Resources	1	2	3	4	5
Program Staffing	1	2	3	4	5
Leadership Support	1	2	3	4	5
Wellness Committee	1	2	3	4	5
Program Champions	1	2	3	4	5
Organizational Culture	1	2	3	4	5
Employee Incentives	1	2	3	4	5
Community Partnerships/Support	1	2	3	4	5
Ongoing Training and/or Technical Assistance	1	2	3	4	5
Other, Specify	1	2	3	4	5

- 3. Over the next 12 months, to what extent does your organization plan to support additional training for staff to implement or enhance worksite health promotion programs, policies and environmental supports?
  - a. We will provide financial resources for staff to participate in additional training
  - b. We will only allow staff time to participate in free training opportunities
  - c. We will not provide support for additional training
- 4. What additional types of training or other types of support would have been helpful for implementing or expanding a program at your worksite? [open-ended]
- 5. How important was the Work@Health<sup>™</sup> funding for starting or enhancing health promotion activities or policies at your worksite?
  - a. We could not have gotten started without the funds
  - b. The funds helped, but were not essential to our program
  - c. The funds did not make a difference in our efforts
- 6. What major costs are associated with your worksite's health promotion efforts? [Openended]