

Your CARE Card

Check and report Ebola

Your 21 Day Health Check

You were given this card because you recently traveled from a country affected by Ebola.

Check: Two times each day for the next 21 days, please check:

- Is your temperature 100.4°F or 38°C or higher?
- Do you have any of the symptoms listed on the CARE Kit Symptom Card?

Report: Call the phone number on the back of this card to answer some questions about how you are feeling.

Your Ebola CARE ID Number:

CS252590-C

U.S. Toll Free: **1-844-227-3797** International Callers: **+1 747-232-2273**

If you are having a medical emergency, call 911

Present this card right away if you seek medical care.

Healthcare Providers: Place this patient in a private room (isolated from others) and notify your local or state health department.

Keep this card with you for 21 days.

U.S. Centers for Disease Control and Prevention