APPENDIX A2.4

# **HEAD START**

### Head Start Center Survey Instrument

**IMPORTANT:** 

- When completing this questionnaire, please think of the Head Start and/or Early Head Start site at the address listed in the cover letter that came with the questionnaire packet. Base your answers on your experiences with this site only.
- Please consider BOTH Head Start AND Early Head Start classes when responding. If your site has only one type of program (i.e., EITHER Head Start OR Early Head Start), base your responses on the one type.
- We may ask some questions for which you don't have the answer. If that's the case, please contact your sponsoring organization, someone else in your organization, or other appropriate person to get the information. Thanks in advance for doing so!

Your Head Start/Early Head Start Site's Initial Participation in CAC	FP
--	----

1. In what year did your Head Start/Early Head Start site <u>first</u> begin participating in CACFP?

Don't know.....

2. Thinking back on when you <u>first</u> applied to participate in CACFP, how long did it take from the time you first applied until your participation was approved?

Less than 7 days
1 week to 4 weeks
1 to 2 months
Longer than 2 months $\Box$
-
Don't know

General Background on Your Head Start/Early Head Start Site

3. Is the organization that administers your site a private not-for-profit organization or is it run by a public agency? (*Check one box*)

Private, not-for-profit D Public agency D	
Don't know E	

According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-XXXX. The time required to complete this information collection is estimated to average less than 60 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.

4. How many total children is your Head Start/Early Head Start site licensed to serve?

Number of children......

5. Which of the following age groups does your Head Start/Early Head Start site serve? (Check all that apply)

0-12 months
1 and 2 years $\Box$
3 through 5 years
Older than 5 years

6. Do you and/ or your staff refer any children in your care to other community services they may need?

Yes	
No 🗆	
Don't know	

6a. Which of the following services do you make referrals to? (*Check all that apply*)

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) □ Health programs that provide medical, dental, vision, hearing or speech screening □	
Therapeutic services such as speech therapy, occupational therapy or other services for children with special needs	
Health insurance	
Child welfare or family support services $\Box$	
The Supplemental Nutrition Assistance Program or SNAP (previously referred to as the Food Stamp Program)	
Head Start/Early Head Start	
Emergency food assistance programs (such as food pantries, food banks, and soup kitchens)	
Housing or shelter services	
Other	
(Please specify)	
Don't know	

Your Head Start/Early Head Start Site Schedule

7. How many <u>days of the week</u> is your Head Start/Early Head Start site <u>usually</u> open?

Number of days.....

8. Does your site have split (a.m./p.m.) Head Start/Early Head Start sessions?

Yes D ->	<b>&gt;</b>	GO TO QUESTION 8a
No □ →	<b>&gt;</b>	GO TO QUESTION 9

8a. <u>Please fill out the table below for your site's **morning session** only</u>. What hours does your site usually provide care for children each day of the week? If your site does not provide morning session child care on a particular day of the week, please check "My site usually does not provide A.M. child care on that day."

Day of the Week	Start time (AM)	End time (AM/PM)	My site usually does not provide A.M. child care on that day	
Monday	AM	AM/PM		
Tuesday	AM	AM/PM		
Wednesday	AM	AM/PM		
Thursday	:   AM	AM/PM		
Friday	AM	AM/PM		
Saturday	AM	AM/PM		
Sunday	:    AM	AM/PM		

8b. <u>Please fill out the table below for your site's **afternoon session** only</u>. What hours does your site usually provide care for children each day of the week? If your site does not provide afternoon session child care on a particular day of the week, please check "My site usually does not provide P.M. child care on that day."

Day of the Week	Start time	End time	My site usually does not provide P.M. child care on that day	
Monday	PM	:   PM		
Tuesday	:   PM	:   PM		
Wednesday	:    PM	:   PM		
Thursday	_ :  PM	_ :  PM		
Friday	:   PM	:   PM		
Saturday	:   PM	:   PM		
Sunday	:  PM	:  PM		

## **GO TO QUESTION 10**

9. What hours does your Head Start/Early Head Start site <u>usually</u> provide care for children each day of the week? If your site does not provide child care on a particular day of the week, please check "My site usually does not provide child care on that day."

Day of the Week	Start time (AM/PM)	End time (AM/PM)	My site usually does not provide child care on that day
Monday	:   AM/PM	:    AM/PM	
Tuesday	:    AM/PM	:    AM/PM	
Wednesday	:    AM/PM	:    AM/PM	
Thursday	:    AM/PM	:    AM/PM	
Friday	:    AM/PM	:    AM/PM	
Saturday	:    AM/PM	:    AM/PM	
Sunday	:   AM/PM	:    AM/PM	

10. For all of Calendar Year <u>2014</u>, how many <u>weeks</u> was your Head Start/Early Head Start site <u>scheduled</u> to be open?

Number of weeks.....

#### Enrollment at Your Head Start/Early Head Start Site

11. In total, how many children are currently <u>enrolled</u> at your Head Start/Early Head Start site? If your site has split sessions, please combine the enrollment from all sessions.

Number of children......

11a. How many children are enrolled for less than 30 hours per week?

Number of children.		

11b. How many children are enrolled for <u>less than 5 days per week</u>? If applicable, include children counted in Q11a, above.

Number of children. |\_\_\_|\_\_\_|

A2.4-7

11c. How many children are enrolled for <u>one or more weekend days</u>? If applicable, include children counted in Q11a and Q11b, above.

Site does not operate on weekends  $\Box \rightarrow$  **GO TO QUESTION 12** 

Number of children......

#### Average Daily Attendance at Your Head Start/Early Head Start Site

In answering the following set of questions, please think about <u>actual child attendance</u> during the <u>past</u> <u>four weeks</u>.\_\_\_\_\_

12. During the past four weeks, on a typical <u>weekday</u> how many enrolled children <u>attended</u> your Head Start/Early Head Start site?

Number of children.....

13. During the past four weeks, on a typical <u>weekend day</u> how many enrolled children <u>attended</u> your Head Start/Early Head Start site?

Site does not operate on weekends......  $\Box \rightarrow GO TO QUESTION 14$ 

Number of children......

14. Think about a typical <u>week</u> during the past four weeks. How many enrolled children <u>attended</u> your Head Start/Early Head Start site for <u>5 or more days</u>?

Number of children......

15. Think about a typical <u>week</u> during the past four weeks. How many enrolled children <u>attended</u> your Head Start/Early Head Start site for <u>less than 5 days</u>?

Number of children......

Meal Service and Menus at Your Head Start/Early Head Start Site

Please answer the questions in this section about only the meals and menus at your child care site.

16. Which of the following meals does your <u>Head Start/Early Head Start site</u> serve <u>on weekdays</u>? (Check all that apply)

Breakfast	
Morning snack	
Lunch	
Afternoon snack	
Supper	
Evening snack	

17. Which of the following meals does your <u>Head Start/Early Head Start site</u> serve <u>on weekends</u>? (Check all that apply)

Site does not operate on weekends......

Breakfast	
Morning snack	
Lunch	
Afternoon snack	
Supper	
Evening snack 🗆	

18. Please provide the <u>total number</u> of each <u>type</u> of meal and snack that were claimed for your Head Start/Early Head Start site <u>for CACFP in October 2014</u>.

Breakfast	
Morning snack  _ _	
Lunch	
Afternoon snack  _ _	
Supper	
Evening snack	

19. Please provide the <u>total number</u> of each <u>type</u> of meal and snack your Head Start/Early Head Start site <u>served to the children in October 2014</u>, but were <u>not claimed for CACFP</u>.

Breakfast	
Morning snack	
Lunch	
Afternoon snack	
Supper	
Evening snack	

20. Does your Head Start/Early Head Start site have any infants who receive breast milk while in your care? (*Check one box*)

We do not have any infants enrolled at our site

Yes	
No	

21. What are the sources of the menus used in your Head Start/Early Head Start site? (*Check all that apply*)

Head Start/Early Head Start staff
USDA CACFP website
(Please specify)

## NOTE:

If you only checked one box in Q21, go to Q22. Otherwise, go to Q21a.

21a. What is the <u>primary source</u> of the menus used in your Head Start/Early Head Start site? (*Check one box*)

Head Start/Early Head Start staff. □
CACFP sponsor's cycle menus □
CACFP State Agency□
A child care association $\Box$
A commercial vendor
USDA CACFP website
Office of Head Start website D
Other website
Other
(Please specify)

22. Are all, some, or none of the <u>meals</u> you serve prepared by another organization (e.g., a food bank, commercial food service vendor, or CACFP sponsor) and provided to your site as "ready to serve?" (*By* "ready to serve" we mean you can serve the meal as it was prepared for you with only minimal work such as heating it up or cutting it into portion sizes.)

All meals are provided to us by another organization "ready to serve"......□
Some meals are provided to us "ready to serve" and some meals are prepared on site...□
No meals are provided to us "ready to serve;" all meals are prepared at our site.....□ → GO TO QUESTION 23

22a. Where are most of the meals you serve prepared? (*Check one box*)

A commercial food service vendor A local restaurant or delicatessen with a catering permit	At a central kitchen of my organization	
A commercial food service vendor A local restaurant or delicatessen with a catering permit	or my CACFP sponsor 🛛	
A local restaurant or delicatessen with a catering permit At a food bank or emergency kitchen At a homeless shelter At another community site	A local school that is not my sponsor	
a catering permit At a food bank or emergency kitchen At a homeless shelter At another community site Other	A commercial food service vendor $\Box$	
At a food bank or emergency kitchen At a homeless shelter At another community site	A local restaurant or delicatessen with	
At a homeless shelter At another community site Other	a catering permit 🗆	
At another community site □ Other □	At a food bank or emergency kitchen	
Other	At a homeless shelter 🛛	
	At another community site 🛛	
(Please specify)	Other	
	(Please specify)	

Languages Spoken at Your Head Start/Early Head Start Site

23. Do any children currently enrolled at your Head Start/Early Head Start site speak a language other than English?

Yes	
No	GO TO OUESTION 24
Don't know	

23a. Does your site have at least one person on staff who can speak the same language that these children speak?

Yes	
No	

23b. What languages do you and your staff speak when talking with the children at your Head Start/Early Head Start site? (*Check all that apply*)

23c. What is the <u>main language</u> you and your staff speak when talking with the children at your Head Start/Early Head Start site? (*Check one box*)

Spanish.□Chinese.□French/Haitian Creole.□Tagalog.□Vietnamese.□Korean.□German.□Russian.□Miao/Hmong.□Arabic.□Japanese.□Other language.□(Please specify)
---

#### **Children with Special Dietary Needs**

24. Do any children enrolled at your Head Start/Early Head Start site have special dietary needs?

Yes	🗆	
No	🛛	GO TO QUESTION 25
Don't know	L	J

24a. What policies does your child care site have to accommodate these children's dietary needs? (*Check all that apply*)

We require them to bring in a note from their medical provider documenting their special dietary needs	
to bring food from home Other (Please specify)	

#### Staffing at Your Head Start/Early Head Start Site

As with the other sections of this survey, please answer the questions in this section <u>only for your</u> <u>individual Head Start/Early Head Start site</u>. This is the site located <u>at the address on the cover letter</u> <u>that came with the questionnaire</u>.

25. How many employees, including yourself, work at your Head Start/Early Head Start site? (Please count part-time and full-time staff equally.)

Total number of employees

26. What is the <u>usual number of children per adult</u> at this Head Start/Early Head Start site at 10:00 a.m. on <u>weekdays</u>, for groups of 3 to 5 year olds?

Number of children per adult....

27. Is the number of children per adult different during <u>weekends or evenings</u> that your Head Start/Early Head Start site is in operation?

This Head Start/Early Head Start site is not	
open weekends or evenings $\Box$	GO TO QUESTION 28
No, it is not different during weekends or	-
evenings	1
Yes, it is different during weekends or evening	s 🗆

27a. What is the <u>usual number of children per adult</u> for groups of 3 to 5 year olds served during <u>weekends or evenings at this site</u>?

Number of children per adult

28. How many employees (counting part-time and full-time employees equally) at your Head Start/Early Head Start site work on any of the following <u>food service</u> tasks: menu planning, food purchasing, food storage, food preparation, and/or food safety?

Number of employees....| | | |  $\rightarrow$  IF = 0, GO TO QUESTION 29

28a. Among all of the employees who work on any of these food service tasks, how many have received training in food service <u>as part of the mandatory annual CACFP training</u>?

Number of employees	1	1	1

28b. How many of these employees have received <u>additional training in food service</u>, that was **not** part of the mandatory annual CACFP training?

Number of employees

#### Internet Use at Your Head Start/Early Head Start Site

29. Does your Head Start/Early Head Start site have on-site access to the Internet?

Yes		
No 🗆	1	CO TO OUESTION 31
Don't know	J	00 10 Q0L311014 31

30. Does your Head Start/Early Head Start site usually submit CACFP meal claim forms on paper, electronically, or in both formats?

Submit only paper claims	$\Box \rightarrow$	GO TO QUESTION 31
Submit only electronic claims		
Submit both paper and electronic claims		

30a. Who developed the system your Head Start/Early Head Start site uses to <u>electronically</u> submit CACFP claims? (*Check one box*)

Private source	. 🗆	
State CACFP Agency CACFP Sponsoring organization.	. 🗆 🗆	GO TO QUESTION 31

Don't know		
------------	--	--

30b. What is the name of the system your Head Start/Early Head Start site uses for submitting CACFP claims electronically?

Minute Menu	
Procare	
CACFP.Net	
Other	
(Please specify)	
· · · · · · · · · · · · · · · · · · ·	

Don't know.....

## Training and Assistance Provided by Your Sponsoring Organization

In this section, we are interested in the training and other assistance that your CACFP sponsoring organization provided to your Head Start/Early Head Start site <u>during the past 12 months</u>, as well as on\_what CACFP-related topics it would be helpful to receive more training or assistance.

31. <u>During the past 12 months</u>, did you and/or staff receive any <u>training from your</u> <u>CACFP sponsor on CACFP issues</u>?

Yes.....

No.....  $\Box \rightarrow$  GO TO QUESTION 32

31a. <u>During the past 12 months</u>, what was <u>the most common format</u> that your CACFP sponsor used to provide this training? (*Check one box*)

Web-based	
In-person group classes or workshops	
Self-study	
One-on-one	
Other	
(Please specify)	

31b. <u>During the past 12 months</u>, on what topics have you and/or your staff received training from your <u>CACFP sponsor</u>? (*Check all that apply*)

CACFP meal requirements
CACFP recordkeeping requirements
Preparing and filing monthly reimbursement
claims
Head Start categorical eligibility guidelines
CACFP monitoring requirements
Defining serious deficiencies
Maintaining confidentiality
USDA civil rights requirements
Appeals process for serious deficiencies $\Box$
Food purchasing
Menu planning 🛛
Food preparation
Food safety/food service operations
Nutrition
Physical activity in child care $\Box$
Obesity prevention
Best practices in child care
Staff wellness
Parent relations
Recognizing abuse and neglect $\Box$
Other
(Please specify)
· · · · · · · · · · · · · · · · · · ·

31c. How satisfied are you with the training your child care site received from your CACFP sponsor?

Very satisfied
Satisfied
Neither satisfied nor dissatisfied $\Box$
Dissatisfied
Very dissatisfied $\Box$

# 32. <u>During the past 12 months</u>, have you received any technical assistance from your CACFP sponsor?

Yes	. 🗆	
No	$\Box \rightarrow$	GO TO QUESTION 33

32a. On what topics did you receive technical assistance from your CACFP sponsor? (Check all that apply)

Menu planning/sample menus 🗆	
Food vendor contracts	
Staff training	
Budgeting	
Computer support	
Other topics	
(Please specify)	

32b. How satisfied are you with the technical assistance available from your CACFP sponsor?

Very satisfied
Satisfied
Neither satisfied nor dissatisfied $\Box$
Dissatisfied
Very dissatisfied

33. Are there any food, nutrition, or CACFP-related topics on which you would like to receive more training or assistance?

Yes.....  $\Box$ No......  $\Box \rightarrow$  **GO TO QUESTION 34** 

33a. On what topics would you like to receive more training or assistance from your CACFP sponsor? (*Check all that apply*)

CACFP meal requirements CACFP recordkeeping requirements Preparing and filing monthly reimbursement
claims
Head Start categorical eligibility guidelines □
CACFP monitoring requirements
Defining serious deficiencies
Maintaining confidentiality 🛛
USDA civil rights requirements
Appeals process for serious deficiencies $\Box$
Food purchasing $\Box$
Food vendor contracts $\Box$
Menu planning/sample menus 🗆
Food preparation 🗆
Food safety/food service operations $\Box$
Budgeting

	omputer support	
	hysical activity in child care	
	pesity prevention	
	est practices in child care	
	aff wellness	
St	aff training	. 🗆
Pa	arent relations	
Re	ecognizing abuse and neglect	. 🗆
Ot	her	
(P	lease specify)	-
Tr	aining Provided by Your Site to You	ır Staff

In the following questions, we're interested in the CACFP-related training that your <u>site</u> may have provided to <u>your Head Start/Early Head Start staff</u> during the past 12 months.

34. <u>During the past 12 months</u>, did your Head Start/Early Head Start site provide <u>any training to your</u> <u>staff on CACFP issues</u>, such as meal patterns, and nutrition?

Yes	
No D	GO TO OUESTION 35
Don't know	

34a. <u>During the past 12 months</u>, how many training sessions were provided by your Head Start/Early Head Start site to your staff on CACFP issues?

Number of training sessions on CACFP issues......

## CACFP Monitoring Visits

35. <u>During the past 12 months</u>, how many times did your CACFP sponsor conduct a monitoring visit at your Head Start/Early Head Start site?

Times during last 12 months....| | |  $\rightarrow$  IF = 0, GO TO QUESTION 41

36. How many of these monitoring visits were announced before the visit?

Number of monitoring visits announced before the visit.....|\_\_\_|

Don't know.....

37. <u>During the past 12 months</u>, <u>approximately how many minutes</u>, on average, did a CACFP monitoring visit last?

Minutes per visit.....

38. <u>During the past 12 months</u>, which of the following <u>enrollment-related topics</u> were reviewed during a CACFP monitoring visit at your Head Start/Early Head Start site? (*Check all that apply*)

Child care license is current
Health and safety guidelines followed $\Box$
A current enrollment record exists for each
child present
The number of children in attendance is less
than or equal to licensed capacity $\Box$
Food allergies are documented
Other
(Please specify)

39. <u>During the past 12 months</u>, which of the following <u>claiming and menu-related</u> topics were reviewed during the CACFP monitoring visits? (*Check all that apply*)

Existence and accuracy of daily attendance
records
Number of meals claimed compared to
licensed capacity $\Box$
Recording of daily meal counts and menus $\Box$
5-day reconciliation 🗆
Menus for each mail claimed, including infant meals
Completion of menu production records with
quantities
Compliance of infant menus with CACFP meal
pattern requirements 🛛
Food receipts support the menu $\Box$
Other
(Please specify)

40. <u>During the past 12 months</u>, which of the following <u>meal-related topics</u> were observed and/or reviewed during the CACFP monitoring visits? (*Check all that apply*)

Observed meal meets CACFP meal pattern	
requirements	
Appropriate type of milk is served to children	
Drinking water is available throughout the day	
Meals served match the menu $\Box$	

Time of day meals and snacks are served is
appropriate $\Box$
Type of meal service (family style vs. plated)
Safe food handling practices observed □
Food allergies are accommodated
Other
(Please specify)

# Your Satisfaction with Your CACFP Sponsor

41. Please rate your level of satisfaction with your CACFP sponsoring organization on the following factors: (*Circle one number for each factor*)

	Very		Neither Satisfied nor		Very	Don't	Not
Factor	<u>Satisfie</u> <u>d</u>	<u>Satisfie</u> <u>d</u>	<u>Dissatisfie</u> <u>d</u>	<u>Dissatisfie</u> <u>d</u>	<u>Dissatisfie</u> <u>d</u>	<u>Kno</u> W	<u>Applicabl</u> <u>e</u>
a. Availability of someone to help when needed			3	4	5	-8	-9
b. Turnaround time for payment of our claims	1	2	3	4	5	-8	-9
c. Review of the Head Start/ Early Head Start site	1	2	3	4	5	-8	-9
d. CACFP sponsor's use of technology	1	2	3	4	5	-8	-9
e. Support of the Head Start/ Early Head Start site's use of technology for the							
CACFP	1	2	3	4	5	-8	-9

# Your Perceptions of the CACFP

42. How does the money from CACFP reimbursements change the way your site provides services? (*Check all that apply*)

We can care for more children.....  $\square$  We can serve more snacks or meals to

	children we serve□ Ve can serve higher quality meals□
	Ve can improve the non-food parts of our
	program.
V	Ve can lower the fees we charge for our
	program 🗆
C	Dther
(	Please specify)

43. The following is a list of possible benefits of the CACFP. Please rank the three benefits you consider to be most important, with "1" being <u>the</u> most important, "2" being the second most important, and "3" being the third most important. (*Rank 3*)

Rank	
CACFP provides nutritious meals to children	
CACFP teaches me and my staff to plan and prepare nutritious meals	
CACFP feeds children who would otherwise have limited access to nutritious food	
CACFP helps children develop healthy eating habits	
CACFP helps parents learn the importance of healthy eating	
CACFP helps child care programs stay in business	
CACFP is an important part of the social safety net for children and families	

44. Overall, how would you rate your Head Start/Early Head Start's site's level of burden to meet CACFP requirements? Think of burden as the amount of time and effort put into meeting the requirements.

Very low burden	
Low burden	GO TO QUESTION 45
Neither high nor low	]
High burden	
Very high burden	

44a. What aspects of the CACFP requirements are burdensome for your Head Start/Early Head Start site?

# Suggestions for Improving CACFP

45. Do you have any suggestions for improving the program support and oversight provided by your CACFP sponsoring organization?

Yes	. 🗆	
No	$\Box \rightarrow$	GO TO QUESTION 46

45a. Which of the following suggestions do you have for improving the program support and oversight provided by your CACFP sponsoring organization? (*Check all that apply*)

Offer better feedback during monitoring visits Provide more timely feedback on results of monitoring visits□ Provide clearer information about follow-up	
actions I need to take after a monitoring visit	п
Provide clearer information about what	
constitutes a serious deficiency $\Box$	
Provide clearer information about the appeals	
process for serious deficiency notices $\Box$	
Provide better training on CACFP rules and	
responsibilities 🛛	
Process reimbursements for claims in a more	
timely fashion $\Box$	
Focus monitoring visits on teaching not just enforcement	
Make monitoring visits less invasive 🗆	
Other	
(Please specify)	

46. Based on your experience, do you think any other areas of the CACFP need to be improved?

Yes		
No	$\Box \rightarrow$	Thank you!

46a. What suggestions do you have for improving CACFP?

Thank you for completing the questionnaire. Please return it in the enclosed postage-paid envelope to:

CACFP Sponsor and Provider Study Westat 1600 Research Blvd. Rm. \_\_\_\_\_ Rockville, MD 20850