Data Collection Flowchart for Total Sample

```
┌────────────────────────────┐
│ Recruit/screen participants│
└────────────────────────────┘
              │
              ▼
┌────────────────────────────┐
│    Enroll/Baseline (O1)     │
│         (n=528)             │
└────────────────────────────┘
              │
              ▼
┌────────────────────────────┐
│       Randomize             │
│        (n=528)              │
└────────────────────────────┘
         │           │
         ▼           ▼
```

MyStyle vention (264)	Wait-list Controls (n=264)

sessions (224)	

post follow-up (O2) (10)	3-month follow-up interview (O2) (n=210)

follow-up (O3) (200)	6-month follow-up interview (O3) (n=200)