 **U.S. Department of Health and Human Services**
Centers for Disease Control and Prevention

**School Health Branch
Resource Assessment**

Progress: 8%

Thank you for taking time to complete this assessment! Your answers will help CDC tailor the resources they develop to improve their relevance to your work in school health.


We are seeking your input given the role you play in coordinating school-based strategies as part of State Public Health Actions/1305. This data collection is intended for State Health Department or Department of Education/Public Instructions staff only.

Completing this online assessment is voluntary and takes approximately 11 minutes. Please respond to the questions from your individual perspective and not that of your department as a whole. All data will be shared in aggregate and data will not be published.

Please complete the assessment by [----]

Form approved OMB No. 0920-0879 Expiration date: 03/31/2018

Public reporting burden of this collection of information is estimated to average 11 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer: 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333: ATTN: PRA (0920-0879).



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The screenshot shows a web-based assessment instrument titled "School Health Branch Resource Assessment". The interface is set against a dark blue background. At the top left, there is a logo for the U.S. Department of Health and Human Services, Centers for Disease Control and Prevention (CDC). To the right of the logo, the text reads "U.S. Department of Health and Human Services Centers for Disease Control and Prevention". Further right, the title "School Health Branch Resource Assessment" is displayed. In the top right corner, a progress indicator shows "Progress: 16%" with a small blue bar below it. The main content area contains two questions, each with radio button options. The first question is "Where do you work?" with three options: "Department of Health", "Department of Education/Department of Public Instruction", and "I do not work at either of the options listed above". The second question is "For your state's work on State Public Health Actions/1305, which agency works directly with the local education agencies (LEAs)?" with two options: "Department of Health" and "Department of Education/Department of Public Instruction". At the bottom center of the content area, there are two circular navigation buttons: a left arrow and a right arrow. Below the content area, a small line of text reads "Online Survey Software Powered by novisurvey.net".

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

School Health Branch
Resource Assessment

Progress: 16%

Where do you work?

- Department of Health
- Department of Education/Department of Public Instruction
- I do not work at either of the options listed above

For your state's work on State Public Health Actions/1305, which agency works directly with the local education agencies (LEAs)?

- Department of Health
- Department of Education/Department of Public Instruction

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U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

School Health Branch
Resource Assessment

Progress: 25%



2014
SHI
Middle/High School
School Health Index
A Self-Assessment and Planning Guide

**Healthy Kids. Successful Students.
Stronger Communities.**
Improving Academic Achievement through
Healthy Eating and Physical Activity

**HEALTH AND
ACADEMIC ACHIEVEMENT**


Please place a check by all of the resources below that you have seen, heard of, read and/or used
Select all that apply

- School Health Index (recent and/or previous version)
- Improving Academic Achievement through Healthy Eating and Physical Activity (PowerPoint Presentation)
- Health and Academic Achievement Overview (PDF Document)
- I have not seen any of these resources

◀ ▶

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Attachment - B Assessment Instrument (Web Version)

Control and PreventionResource Assessment

Progress: 33%


The School Health Index (SHI) is a self-assessment and planning tool that schools can use to improve their health and safety policies and programs. Information about the SHI is found at <http://www.cdc.gov/healthyyouth/shi/>. In September 2014, CDC released a revised version of the SHI. The latest version updated physical activity and nutrition questions to align with new national standards and programs. Additionally, the revised version was adapted by the Alliance for a Healthier Generation for use in their Healthy Schools Program.

How did you hear about the School Health Index (SHI)?
Select all that apply.

- CDC Project Officer
- Colleague at a state, tribal or local health department in my state.
- Colleague at a state, tribal, or territorial health department in a different state.
- Colleague at a state, tribal, or local department of education in my state.
- Colleague at a state, tribal, or territorial department of education in different state.
- Colleague at a partner organization that contributes to school based activities for 1305
- Alliance for a Healthier Generation (email announcements or directly from Alliance staff)
- School Administrators (principals, superintendents)
- School Staff (teachers, coaches)
- Parent Organizations (PTA)
- Social Media
- CDC website
- Other website
- Email-blast, listserv, or e-newsletter
- Webinar
- Other

Do you use or plan to use the School Health Index (SHI)?

- Yes
- No





Progress: 41%

Please tell us if, or how, you have used or plan to use the School Health Index (SHI).

Select only 1 answer for each statement

	I have already done this	I plan to do this in the future	I do not plan to do this
Read the SHI	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Take training on the SHI	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disseminate the SHI to colleagues and potential users	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coordinate or offer trainings on the SHI for local education agencies (LEAs) or schools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Work with LEAs or schools to assemble teams interested in using the SHI	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assist LEAs or schools in using the SHI	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receive results from LEAs or schools who have used the SHI	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use SHI assessment results to inform technical assistance for schools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Collaborate with the Alliance for a Healthier Generation to use the SHI for their Healthy Schools Program	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please describe any other ways to you use or plan to use the SHI.

Thinking about the activities you mentioned above, which statement is most accurate:

- I have primarily used the PDF document version of the SHI
- I have primarily used the online, interactive version of the SHI that requires setting up an account password
- I have used the interactive version and the PDF document equally

Which statement is most accurate for you?

- I prefer the PDF document version of the SHI
- I prefer the online, interactive version of the SHI
- I do not have a preference between the versions of the SHI

Thinking back on your experiences with the School Health Index (SHI), please share your opinions on the following statements.

Select only 1 answer for each statement

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
LEAs and schools perceive there is a need for a self-assessment tool like the SHI	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most schools could feasibly use the SHI without any additional support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The SHI is structured in a user-friendly format	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The length of the SHI is appropriate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The SHI provides users adequate instructions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The SHI does not need to be changed or modified	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Thinking about the content of the School Health Index (SHI), please share your opinions on the following statements.

Select only 1 answer for each statement

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
There are an appropriate amount of discussion questions in each module	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The discussion questions do a good job of helping schools conduct a self-assessment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The score cards are easy to use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The score card provides accurate feedback to help schools identify priority areas for improvement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Without using the SHI, it would be difficult for schools to identify action items and improvement plans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The SHI is easily adaptable to various types of school settings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using the SHI helps schools think through important issues that they might otherwise not think about	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using the SHI helps schools engage staff and relevant stakeholders in improving school health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using the SHI helps schools promote community engagement in school health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please indicate which statement most accurately conveys your opinion on the topics in the table.

Select only 1 answer for each topic

School Health Topics	Schools I work with need minimal help in addressing this topic	Schools I work with need some help in addressing this topic	Schools I work with need significant help in addressing this topic
School Health and Safety Policies and Environment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health Education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical Education and Other Physical Activity Programs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nutrition Services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School Health Services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School Counseling, Psychological, and Social Services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health Promotion for Staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family and Community Involvement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What I like best about the SHI is...

What I liked least about the SHI is...

Please provide additional feedback and suggestions on the SHI:



Attachment – B Assessment Instrument (Web Version)

Progress: 50%

The Health and Academic Achievement resources were released in July 2014 by CDC's School Health Branch. The resources include evidence that can be used in presentations, key documents, or any other resource that communicates the evidence link between health (i.e., healthy eating and physical activity) and academic achievement. The resources include both a PDF brief and a set of PowerPoint slides.


- Health and Academic Achievement PDF brief
http://www.cdc.gov/healthyyouth/health_and_academics/pdf/health-academic-achievement.pdf
- Health and Academic Achievement PowerPoint slide set
http://www.cdc.gov/healthyyouth/health_and_academics/pdf/2014_8_29_health-academics.pptx

How did you hear about the Health and Academic Achievement Resources?
Select all that apply.

- CDC Project Officer
- Colleague at a state, tribal or local health department in my state.
- Colleague at a state, tribal, or territorial health department in a different state.
- Colleague at a state, tribal, or local department of education in my state.
- Colleague at a state, tribal, or territorial department of education in different state.
- Colleague at a partner organization that contributes to school based activities for 1305
- School Administrators (Principals, Superintendents)
- School Staff (teachers, coaches)
- Parent Organizations (PTA)
- Social Media
- CDC website
- Other website
- Email-blast, listserv, or e-newsletter
- Webinar
- Other

Do you use or plan to use the Health and Academic Achievement Resources?

- Yes
- No





School Health Branch Resource Assessment

Progress: 58%

Please tell us if, or how, you have used or plan to use the Health and Academic Achievement Resources.

	I have already done this	I plan to do this in the future	I do not plan to do this
<i>Select only 1 answer for each statement</i>			
Read the Health and Academic Achievement document	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Present the Health and Academic Achievement power point slides to an audience	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disseminate the resources to colleagues and potential users	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coordinate or offer trainings on the Health and Academic Achievement resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use the messages in the Health and Academic Achievement resources in communication efforts to Local Education Agencies (LEAs) and/or schools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk with LEAs or schools who have used the Health and Academic Achievement resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Advocate for improving nutrition and physical activity in LEAs and schools using these resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please describe any other ways you use or plan to use the Health and Academic Achievement Resources.

Thinking about the activities you mentioned above, which statement is most accurate?

- I have primarily used the Health and Academic Achievement Overview PDF document
- I have primarily used the Improving Academic Achievement through Healthy Eating and Physical Activity PowerPoint® Presentation
- I have used the PDF document and PowerPoint slides equally

Thinking back on your experiences with the Health and Academic Achievement resources, please share your opinions on the following statements.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
<i>Select only 1 answer for each statement</i>					
The messages in the Health and Academic Achievement resources need to be communicated to my key stakeholder audiences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Health and Academic Achievement resources contain an appropriate amount of information	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Health and Academic Achievement resources are a significant help to those seeking to build support for healthy school environments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Health and Academic Achievement resources are easy to use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Health and Academic Achievement resources are widely disseminated and promoted to key stakeholder audiences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Health and Academic Achievement does not need to be changed or modified	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Thinking about the content of the Health and Academic Achievement resources, please share your opinions on the following statements.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
<i>Select only 1 answer for each statement</i>					
The evidence cited in the Health and Academic Achievement resources is compelling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The messages in the Health and Academic Achievement resources are appropriate for the audiences with whom I need to communicate on this issue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is feasible for the identified audiences to do the actions outlined in the Health and Academic Achievement resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The length of the Health and Academic Achievement document is appropriate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What I like best about the Health and Academic Achievement resources is...

What I liked least about the Health and Academic Achievement resources is...

Please provide additional feedback and suggestions on the Health and Academic Achievement resources:



Attachment - B Assessment Instrument (Web Version)



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



School Health Branch
Resource Assessment

Progress: 66%

When you need information on school health, where do you normally look for it? (Please list any organizations, websites, advisors, etc. you trust on this topic)

Have you ever used any other CDC resources or guidance to promote health in schools?

Yes
 No




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The screenshot shows a web-based assessment instrument titled "School Health Branch Resource Assessment". The interface is set against a dark blue background. At the top left, there is the CDC logo and the text "U.S. Department of Health and Human Services Centers for Disease Control and Prevention". At the top right, the title "School Health Branch Resource Assessment" is displayed. Below the title, a progress indicator shows "Progress: 75%" with a blue bar. The main content area contains two sections: "Please list the other CDC resources, documents, or websites you remember using:" followed by a large empty text box, and "Please generally rate how helpful you found the resources, documents, or websites to be." followed by three radio button options: "Not at all Helpful", "Somewhat Helpful", and "Extremely Helpful". At the bottom center of the form, there are two blue circular navigation buttons with left and right arrows. At the very bottom of the page, there is a small text credit: "Online Survey Software Powered by novisurvey.net".

The screenshot shows a web-based assessment instrument interface. At the top left, there is the CDC logo and the text "U.S. Department of Health and Human Services Centers for Disease Control and Prevention". At the top right, the title "School Health Branch Resource Assessment" is displayed. Below the title, a progress indicator shows "Progress: 83%". The main question is "Have you ever used any non-CDC resources or guidance to promote health in schools?". Below the question are two radio button options: "Yes" and "No". At the bottom center of the question area, there are two circular navigation buttons: a left arrow and a right arrow. At the very bottom of the page, there is a small text credit: "Online Survey Software Powered by novisurvey.net".

Attachment - B Assessment Instrument (Web Version)

The screenshot shows a web-based assessment instrument titled "School Health Branch Resource Assessment". At the top left, there is the CDC logo and the text "U.S. Department of Health and Human Services Centers for Disease Control and Prevention". At the top right, the title "School Health Branch Resource Assessment" is displayed. Below the title, a progress indicator shows "Progress: 91%". The main content area contains two sections: "Please list the non-CDC resources, documents, or websites you remember using:" followed by a text input box, and "Please generally rate how helpful you found the resources, documents, or websites to be." followed by three radio button options: "Not at all Helpful", "Somewhat Helpful", and "Extremely Helpful". At the bottom center of the form, there are two blue circular navigation buttons with left and right arrows. At the very bottom of the page, there is a small footer that reads "Online Survey Software Powered by novisurvey.net".



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

School Health Branch Resource Assessment

Progress: 100%

Please indicate any topics on which you would like to have more information or resources.

	I'd like to have more information or resources on this topic.	Neutral	I don't need more information or resources on this topic.
Physical Education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Comprehensive School Physical Activity Programs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recess	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Competitive foods and beverages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School Meal Programs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Local Wellness Policy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School Health Services and Management of Chronic Conditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health Promotion for Staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family and Community Involvement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
After-school programs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How would you prefer to receive information on school health?
Select all that apply

- Listserv and/or Email
- Webinar
- Detailed Workbooks
- Brief Overview/Guidance Documents
- Social Media Posts and Links
- Power Point Slides
- Conference Presentations
- I do not need information on school health

Please tell us what would help you promote health in schools as part of your work:

◀
▶

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The screenshot displays the CDC School Health Branch Resource Assessment website. At the top left is the CDC logo and the text "U.S. Department of Health and Human Services, Centers for Disease Control and Prevention". To the right, it says "School Health Branch Resource Assessment". Below this is a thank you message: "Thank you for your time and feedback! If you'd like to learn more about CDC School Health resources, please visit: <http://www.cdc.gov/healthyouth/schoolhealth/index.htm>".

The main content area includes a search bar, a navigation menu with "Home" selected, and a "School Health" section. The "School Health" section contains a sub-header "Adolescent and School Health" and a main heading "School Health". Below this heading is a paragraph: "Establishing healthy behaviors during childhood is easier and more effective than trying to change unhealthy behaviors during adulthood. Schools play a critical role in promoting the health and safety of young people and helping them establish lifelong healthy behavior patterns." There are four featured articles with icons: "Whole School, Whole Community, Whole Child (WSCC)", "School Health Policies and Practices Study (SHPPS)", "Health & Academics", and "Tools & Training".

At the bottom center of the screenshot, there is a blue circular navigation arrow pointing left. Below the screenshot, the text "Online Survey Software Powered by novisurvey.net" is visible.