

**Name of test:** Children's Behavior Questionnaire Very Short Form, with EF extension (CBQ-VSF+EF)  
**Estimated time burden:** 10 minutes  
**Estimated number of items:** 36 items

Description:

The CBQ-VSF is the short form of a well-known assessment of temperament in early and middle childhood. This version includes a new supplemental scale to serve as a parent report of Executive Function (EF) measure. This questionnaire has been developed by Drs. Putnam (at Bowdoin College) and Dr. Rothbart (at the University of Oregon), and is freely available.

## Children's Behavior Questionnaire Version I

Subject No. \_\_\_\_\_

Date of Child's Birth:

Today's Date \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Month Day Year

Sex of Child \_\_\_\_\_

Age of Child \_\_\_\_\_/\_\_\_\_\_  
Years months

Instructions: Please read carefully before starting:

On the next pages you will see a set of statements that describe children's reactions to a number of situations. We would like you to tell us what your child's reaction is likely to be in those situations. There are of course no "correct" ways of reacting; children differ widely in their reactions, and it is these differences we are trying to learn about. Please read each statement and decide whether it is a "true" or "untrue" description of your child's reaction within the past six months. Use the following scale to indicate how well a statement describes your child:

- | Circle # | If the statement is:                 |
|----------|--------------------------------------|
| 1        | extremely untrue of your child       |
| 2        | quite untrue of your child           |
| 3        | slightly untrue of your child        |
| 4        | neither true nor false of your child |

- 5      slightly true of your child
- 6      quite true of your child
- 7      extremely true of your child

If you cannot answer one of the items because you have never seen the child in that situation, for example, if the statement is about the child's reaction to your singing and you have never sung to your child, then circle NA (not applicable).

**Please be sure to circle a number or NA for every item.**

1.      Seems always in a big hurry to get from one place to another.  
       |      2      3      4      5      6      7      NA
2.      Gets quite frustrated when prevented from doing something s/he wants to do.  
       |      2      3      4      5      6      7      NA
3.      When drawing or coloring in a book, shows strong concentration.  
       |      2      3      4      5      6      7      NA
4.      Likes going down high slides or other adventurous activities.  
       |      2      3      4      5      6      7      NA
5.      Is quite upset by a little cut or bruise.  
       |      2      3      4      5      6      7      NA
6.      Prepares for trips and outings by planning things s/he will need.  
       |      2      3      4      5      6      7      NA
7.      Often rushes into new situations.  
       |      2      3      4      5      6      7      NA
8.      Tends to become sad if the family's plans don't work out.  
       |      2      3      4      5      6      7      NA
9.      Likes being sung to.  
       |      2      3      4      5      6      7      NA
10.     Seems to be at ease with almost any person.  
       |      2      3      4      5      6      7      NA
11.     Is afraid of burglars or the "boogie man."  
       |      2      3      4      5      6      7      NA
12.     Notices it when parents are wearing new clothing.  
       |      2      3      4      5      6      7      NA

13. Prefers quiet activities to active games.  
 1      2      3      4      5      6      7      NA
14. When angry about something, s/he tends to stay upset for ten minutes or longer.  
 1      2      3      4      5      6      7      NA
15. When building or putting something together, becomes very involved in what s/he is doing, and works for long periods.  
 1      2      3      4      5      6      7      NA
16. Likes to go high and fast when pushed on a swing.  
 1      2      3      4      5      6      7      NA
17. Seems to feel depressed when unable to accomplish some task.  
 1      2      3      4      5      6      7      NA
18. Is good at following instructions.  
 1      2      3      4      5      6      7      NA
19. Takes a long time in approaching new situations.  
 1      2      3      4      5      6      7      NA
20. Hardly ever complains when ill with a cold.  
 1      2      3      4      5      6      7      NA
21. Likes the sound of words, such as nursery rhymes.  
 1      2      3      4      5      6      7      NA
22. Is sometimes shy even around people s/he has known a long time.  
 1      2      3      4      5      6      7      NA
23. Is very difficult to soothe when s/he has become upset.  
 1      2      3      4      5      6      7      NA
24. Is quickly aware of some new item in the living room.  
 1      2      3      4      5      6      7      NA
25. Is full of energy, even in the evening.  
 1      2      3      4      5      6      7      NA
26. Is not afraid of the dark.  
 1      2      3      4      5      6      7      NA
27. Sometimes becomes absorbed in a picture book and looks at it for a long time.  
 1      2      3      4      5      6      7      NA
28. Likes rough and rowdy games.  
 1      2      3      4      5      6      7      NA

29. Is not very upset at minor cuts or bruises.  
 1      2      3      4      5      6      7      NA
30. Approaches places s/he has been told are dangerous slowly and cautiously.  
 1      2      3      4      5      6      7      NA
31. Is slow and unhurried in deciding what to do next.  
 1      2      3      4      5      6      7      NA
32. Gets angry when s/he can't find something s/he wants to play with.  
 1      2      3      4      5      6      7      NA
33. Enjoys gentle rhythmic activities such as rocking or swaying.  
 1      2      3      4      5      6      7      NA
34. Sometimes turns away shyly from new acquaintances.  
 1      2      3      4      5      6      7      NA
35. Becomes upset when loved relatives or friends are getting ready to leave following a visit.  
 1      2      3      4      5      6      7      NA
36. Comments when a parent has changed his/her appearance.  
 1      2      3      4      5      6      7      NA

Please check back to make sure you have completed all items by marking a number or "NA".

Thank you very much for your help!