

# ZIKA HEALTH ADVISORY



# Pregnant?

**Zika is linked to birth defects.**



**Zika is in Puerto Rico.  
Protect yourself during pregnancy.**



**Don't let mosquitoes bite you.**

**For more information:  
[www.cdc.gov/travel](http://www.cdc.gov/travel)**



**U.S. Department of  
Health and Human Services**  
Centers for Disease  
Control and Prevention