

# ZIKA HEALTH ADVISORY



## Pregnant?

Zika is linked to birth defects.



**Protect yourself during pregnancy while in areas with Zika.**



**Don't let mosquitoes bite you.**

**For more information:  
[www.cdc.gov/travel](http://www.cdc.gov/travel)**



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention