

# **POWER THROUGH CHOICES 2010**FOLLOW-UP QUESTIONNAIRE I

### **University of Oklahoma Health Sciences Center**



### Evaluation of Adolescent Pregnancy Prevention Approaches

#### CONFIDENTIALITY

Thank you for your help with this important study. It will help us understand what things are like for people your age today. Your answers are confidential and everything you say will be kept private. Your name will not be on the questionnaire. Please answer all questions as well as you can.

### We want you to know that:

- 1. We hope that you will answer all the questions, but you may skip any questions you do not wish to answer.
- 2. The answers you give will never be identified as yours. Your responses will be combined with those of other people your age.

### **Mathematica Policy Research**

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# START HERE!

TOD	AY'S DATE (MONTH/	DAY/YEAR):
		SECTION 1: DEMOGRAPHICS
1.1.	Are you male or female?	•
	MARK (X) ONE	
	☐ Male	
	☐ Female	
1.2.	What is the last grade yo	ou completed?
	MARK (X) ONE	
	☐ 6th	
	☐ 7th	
	☐ 8th	
	☐ 9th	
	☐ 10th	
	☐ 11th	
	☐ 12th	
1.3.	How old were you when	you entered the foster care system?
	MARK (X) ONE	☐ 9 years old
	□ <1 year old	☐ 10 years old
	☐ 1 year old	☐ 11 years old
	2 years old	☐ 12 years old
	3 years old	☐ 13 years old
	4 years old	☐ 14 years old
	☐ 5 years old —	☐ 15 years old
	☐ 6 years old	☐ 16 years old

☐ 7 years old

☐ 8 years old	☐ 17 years old
	☐ 18 years old

1.4.	MARK (X) ONE	a group home?	
	∐ Yes □ No		
	<b>.</b>		
1.5.	In what month and year	did you start living in <u>this</u> group	) home?
[	☐ I am not currently living i	n a group home	
	MARK (X) ONE MONTH	H AND ONE YEAR	
<u>M</u>	onth started living in this group home	Year started living in this group home	
	☐ January	□ 2008	
	☐ February	□ 2009	
	☐ March	□ 2010	
	☐ <sub>April</sub>	□ 2011	
	□ <sub>May</sub>	□ 2012	
	June	□ 2013	
	□ July	□ 2014	
	☐ August	□ 2015	
	☐ September		
	☐ October		
	☐ November		
	☐ December		
1.6.	Are you Hispanic/Latino	?	
	MARK (X) ONE		
	☐ Yes		
	□ No		

#### ☐ Asian ☐ Black or African American ☐ Native Hawaiian or Other Pacific Islander ☐ White or Caucasian What is the second letter of your first 1.9. What is the <u>last</u> letter of your first name? 1.8. name? MARK (X) ONE MARK (X) ONE $\square$ A $\square$ N □ A $\square$ N □в □В □с □с ПР $\Box$ D $\square$ Q $\Box$ D $\square$ Q $\square$ R $\square$ R $\Box$ F $\Box$ F □ s S $\square$ G □G □ T □ T □н □н Пυ Пυ $\Box$ $\sqcap$ $\vee$ $\square$ $\vee$ ☐ J $\square$ J $\square$ W $\square$ W □к $\square$ K $\square$ X $\square$ X $\Box$ L □ Y □ Y $\square$ M $\Box$ z \_\_ M $\square$ z

1.7 What is your race?

SELECT ONE OR MORE

☐ American Indian or Alaska Native

1.10. In which month were you born?  MARK (X) ONE	1.11. On which day were you born?  MARK(X) ONE		1.12. In which year were you born?  MARK (X) ONE	
☐ January	□ 1	□ 17	□ 1991	
☐ February	□ 2	□ 18	□ 1992	
☐ March	□ 3	□ 19	□ 1993	
☐ April	□ 4	□ 20	□ 1994	
☐ May	□ 5	□ 21	□ 1995	
June	□ 6	□ 22	□ 1996	
☐ July	□ 7	□ 23	□ 1997	
☐ August	□ 8	□ 24	□ 1998	
September	□ 9	□ 25	□ 1999	
☐ October	□ 10	□ 26	□ 2000	
☐ November	□ 11	□ 27	□ 2001	
December	□ 12	□ 28		
	□ 13	□ 29		
	□ 14	□ 30		
	□ 15	□ 31		
	□ 16			

### 1.13. How likely is it that you will do each of the following?

# 1.14. In the past 12 months, have you received any information or learned about any of the following?

	MA	RK (X) ONE FOR EACH QUESTION			YI	ES NO
	a.	Relationships, dating, marriage, or family life				
	b.	Abstinence from sex				
	c.	Methods of birth control				
	d.	Where to get birth control				
	e.	Sexually transmitted infections, also known as ST				
	f.	How to talk to your partner about whether to have	sex or wheth	er to use bir	th control	
	g.	How to say no to sex				
	h.	How babies are made				
1.15.	bir	inking about the past 12 months, how many time th control, or sexually transmitted diseases at e		ollowing pla		nships, abstinence
			NEVER	1-3 TIMES	4-9 TIMES	10 OR MORE TIME
	a.	School class				
	b.	Church, synagogue, mosque, or religious classes outside of school				
	C.	Community center, youth organization, or after-school activity				
	d.	Doctor, nurse, or clinic				
	e.	Friends				
	f.	Parents and other relatives or family members			П.	
	g.	Internet and media				
	h.	Group home				
C	r s	nking about the past 12 months, where did you g exually transmitted diseases that was very <u>help</u> ECT ONE OR MORE		on on relatio	nships, abst	inence, birth cont
		School class				
Г		Church, synagogue, mosque or religious classes ou	itside of scho	ool		
Γ	_	Community center, youth organization, or after-scho				
Г	_	Doctor, nurse, or clinic	ooi activity			
Г	_	Friends				
Г	_					
L	_	Parents and other relatives or family members				
L	_	Internet and media				
L	(	Group home				

### **SECTION 2: KNOWLEDGE**

These next questions ask about the body, sexually transmitted infections (STIs), and methods of protection.

2.1.	The body part of the female body where a baby grows during pregnancy is the:
	MARK (X) ONE
	☐ Cervix
	☐ Uterus
	□ Vagina
	☐ Ovary
	☐ Don't know
2.2.	The part of the male's body that produces sperm is the:
	MARK (X) ONE
	☐ Testicles
	☐ Urethra
	☐ Penis
	☐ Prostate
	☐ Don't know
2.3.	When is it possible for a female to become pregnant?
2.5.	
	MARK (X) ONE
	☐ The first time she has sex
	☐ When she is ovulating
	When her partner withdraws (pulls out) before ejaculating
	☐ All of the above
	☐ Don't know
2.4.	Of the following statements about methods of protection, which one is <u>false</u> ?
	MARK (X) ONE
	☐ You can get them with a prescription from a doctor
	☐ You can buy them at a local store in the drug or pharmacy section
	☐ Some require a prescription and others do not, depending on the type of method

		You must have your parent's/guardian's permission to get them if y	you are under	age 18	
	Ш	Don't know			
2.5.	PΙ	ease mark whether each statement is true, false, or you d	on't know.		
	MA	RK (X) ONE FOR EACH QUESTION			
			TRUE	FALSE	DON'T KNOW
	a.	A sexually active girl can become pregnant if she forgets to take her birth control pills for several days in a row			
	b.	Using a condom can help prevent HIV			
	c.	A condom can be used more than once			
	d.	If a condom is used, a young man should be careful how he pulls out			
	e.	If a young couple has had unprotected sex a few times and a pregnancy did not occur, then they do not have to worry about her getting pregnant			
	f.	HIV destroys the immune system's ability to fight off infections and diseases			
	g.	You cannot tell if a person has HIV by looking at them			
	h.	HIV is the only sexually transmitted infection that is incurable			
	i.	All sexually active individuals are at risk for getting HIV			
	j.	Latex condoms are 100% effective in preventing pregnancy and STIs (including HIV)			
	k.	All sexually transmitted infections (STIs) can be cured			
	l.	You can get the same sexually transmitted infection (STI) twice			

m. You can get a sexually transmitted infection (STI) from having oral sex ...  $\square$ ......

2.6.	Which of the following methods of protection offers the $\underline{most}$ protection against HIV and other STIs?
	MARK (X) ONE
	☐ Depo-Provera (the shot)
	☐ Vaginal film
	Condom (rubber)
	☐ Birth control pill
	☐ Don't know
2.7.	What is the safest and most effective method for avoiding pregnancy and sexually transmitted infections (STIs)?
	MARK (X) ONE
	☐ Birth control pill
	☐ Condom (rubber)
	☐ Depo-Provera (the shot)
	☐ Abstinence (not having sex)
	☐ Don't know
2.8.	Which one of the following methods listed below do you think is <u>most</u> effective for preventing pregnancy?
	MARK (X) ONE
	☐ Condom (rubber)
	☐ Depo-Provera (the shot)
	Rhythm (safe period by calendar)
	☐ Patch (Ortho evra)
	☐ Birth control pill
	☐ Withdrawal method
	☐ Don't know
2.9.	Which one of the following methods listed below do you think is <u>least</u> effective for preventing pregnancy?
	MARK (X) ONE
	☐ Condom (rubber)
	☐ Depo-Provera (the shot)
	Rhythm (safe period by calendar)
	☐ Patch (Ortho evra)
	☐ Birth control pill
	☐ Withdrawal method
	☐ Don't know

### **SECTION 3: ATTITUDES AND SELF-EFFICACY**

The following questions are about your views on sex and protection.

3.1.		wo people having vaginal intercourse s ady for a child.	should use son	ne method of	protection if the	ey are not
	M.A	ARK (X) ONE				
		Strongly agree				
		] Agree				
		Disagree				
		Strongly disagree				
3.2.	Us	sing a method of protection is very im	portant.			
	MA	ARK (X) ONE				
		Strongly agree				
		Agree				
		Disagree				
		Strongly disagree				
3.3.	Th	ne next questions are about condom u	se. How strong	ıly do you agr	ee or disagree t	hat
	MA	ARK (X) ONE FOR EACH QUESTION	STRONGLY AGREE	AGREE	DISAGREE	STRONGLY DISAGREE
	a.	Condoms should always be used if a person your age has sexual intercourse				
_	b.					
	c.	Condoms are pretty easy to get				
	d.	Condoms are important to make sex safer				
	e.	Using condoms means you don't trust your partner				
	f.	Condoms are morally wrong				
$\neg$	g.	Condoms decrease sexual pleasure				
	h.	Condoms make sex less exciting				
		Condomo mano con 1000 enemig				

## 3.4. The next questions are about other methods of birth control, NOT including condoms. How strongly do you agree or disagree that...

N	MARK (X) ONE FOR EACH	STRONGLY AGREE	AGREE	DISAGREE	STRONGLY DISAGREE
a.	Birth control should always be used if a person your age has sexual intercourse				
b.	Birth control is a hassle to use				
c.	Birth control is pretty easy to get				
d.	Birth control is important to make sex safer				
e.	Birth control has too many negative side effects				
f.	Using birth control is morally wrong			П	
	RK (X) ONE FOR EACH QUESTION  Find a place in your community to obtain	VERY SURE	SOMEWHAT SURE	SOMEWHAT UNSURE	VERY UNSURE
a.	Find a place in your community to obtain	SURE	SURE		
	methods of protection from pregnancy and ST	ls	Ш		
b.	Tell your partner your feelings about what you do and do not want to do sexually				
C.	Say "no" if your partner puts pressure on you to be involved sexually, and you do not want to be involved sexually				
d.	Talk with your partner about methods of protection if you have sex with him/her				
 e.	Insist on using a method of protection if you have sex and want to use a method of protection				
f.	Stop and use a method of protection once you are turned on				
g.	Plan ahead to have some method of protection available	n $\square$			
h.	Resist having sex with your partner if he/she did not want to use a method of protection				

3.6. The next questions are about your views on sexual intercourse. In this question, when we ask about sexual intercourse, we mean a male putting his penis into a female's vagina. How strongly do you agree or disagree that...

	MA	ARK (X) ONE FOR EACH QUESTION	STRONGLY			STRONGLY
			AGREE	AGREE	DISAGREE	DISAGREE
	a.	Having sexual intercourse is a good thing for you to do at your age				
	b.	At your age right now, having sexual intercourse would create problems				
	C.	At your age right now, not having sexual intercourse is important for you to be safe and healthy		П		
	d.	At your age right now, it is okay for you to have sexual intercourse if you use birth control, like a condom				
Ш	e.	It is against your values to have sexual intercourse before marriage				

### **SECTION 4: BEHAVIOR AND INTENTIONS**

NOTE: The following questions are about behaviors. Questions on this survey only mean behaviors that you choose to participate in - do not count behaviors you were forced to do against your will.

### **SEXUAL INTERCOURSE**

4.1.	These first questions are about sexual intercourse. By sexual intercourse, we mean a male putting his penis into a female's vagina.
	Have you <u>ever</u> had sexual intercourse?
	MARK (X) ONE
	☐ Yes
	□ No
4.2.	Have you had sexual intercourse more than one time?
	MARK (X) ONE
	☐ I have never had sexual intercourse
	☐ Yes
	□ No
4.3.	How many DIFFERENT PEOPLE have you <u>ever</u> had sexual intercourse with, even if only one time?
	☐ I have never had sexual intercourse
	NUMBER OF PEOPLE – Your best guess is fine.
4.4.	These next few questions ask about the <u>first</u> time you had sexual intercourse. The very <u>first</u> time you had sexual intercourse, how old were you?
	☐ I have never had sexual intercourse
	9 years old
	10 years old
	☐ 11 years old
	☐ 12 years old
	☐ 13 years old ☐ 14 years old
	14 years old  15 years old
	15 years old
	17 years old
	18 years old

☐ 19 years old or older

4.5.	Birth control methods are something used to reduce the risk of pregnancy, and some can reduce the risk of sexually transmitted infections, also known as STIs.		
	The <u>first</u> time you had sexual intercourse, did you or your partner use a control—including condoms or any other method?	ny type of bir	rth
	MARK (X) ONE		
	☐ I have never had sexual intercourse		
	Yes		
	□ No		
4.6.	The <u>first</u> time you had sexual intercourse, did you or your partner use	?	
	MARK (X) ONE FOR EACH QUESTION		
	☐ I have never had sexual intercourse		
		YES	NO
	a. Condoms		
	b. Birth control pills or the patch		
	c. Depo-Provera or other injectable birth control		_
	d. NuvaRing or the ring		
	e. Withdrawal or pulling out		<u></u>
	f. Another method PRINT OTHER METHOD USED 7		
4.7.	Now please think about the past 3 months.		
7.7.		.2	
	In the past 3 months, how many TIMES have you had sexual intercourse	; f	
	□ None		
	NUMBER OF TIMES – Your best guess is fine.		
4.8.	In the past 3 months, how many TIMES have you had sexual intercoupartner using a condom?	rse <u>without</u> y	ou or you
	None		
	NUMBER OF TIMES – Your best guess is fine.		

4.9.	The next question is about your use of the following methods of birth control:
	<ul> <li>Condoms</li> <li>Birth control pills</li> <li>The shot (Depo Provera)</li> <li>The patch</li> <li>The ring (NuvaRing)</li> <li>IUD (Mirena or Paragard)</li> <li>Implant (Implanon)</li> </ul>
	In the past 3 months, how many TIMES have you had sexual intercourse $\underline{\text{without}}$ using any of these methods of birth control?
	None
	NUMBER OF TIMES – Your best guess is fine.
4.10.	In the past 3 months, with how many people have you had sex?
	MARK (X) ONE
	☐ I have not had sex in the past 3 months
	☐ 1 person
	2 people
	3 people
	☐ 4 people
	☐ 5 people
	☐ 6 or more people
4.11.	The next few questions are about your intentions for the next year.
	Do you intend to have sexual intercourse in the next year?
	MARK (X) ONE
	Yes, definitely
	Yes, probably
	☐ No, probably not
	☐ No, definitely not

4.12.	. If you have sexual intercourse in the next year, do you intend to use (or have your partner use) a condom?		
	MARK (X) ONE		
	☐ Yes, definitely		
	☐ Yes, probably		
	□ No, probably not		
	□ No, definitely not		
4.13.	The next question is about your intention to use the following methods of birth control:		
	Birth control pills		
	The shot (Depo Provera)		
	The patch		
	The ring (NuvaRing)		
	IUD (Mirena or Paragard)		
	Implants (Implanon)		
	If you have sexual intercourse in the next year, do you intend to use (or have your partner use) any of these methods of birth control?		
	MARK (X) ONE		
	☐ Yes, definitely		
	☐ Yes, probably		
	□ No, probably not		
	□ No, definitely not		
	PREGNANCY		
4.14.	To the best of your knowledge, have you ever been pregnant or gotten anyone pregnant, even if no child was born? Be sure to answer 'yes' if you are currently pregnant or had any pregnancy that ended in a birth, an abortion, stillbirth, miscarriage, or live birth after which the baby died.		
	MARK (X) ONE		
	□ Yes		
	□ No		

4.15.	Have you been pregnant or gotten someone pregnant during the <u>past 3 months</u> ? Be sure to answer 'yes' if you are currently pregnant or had any pregnancy that ended in a birth, an abortion, stillbirth, miscarriage, or live birth after which the baby died.  MARK (X) ONE
	☐ Yes ☐ No
4.16.	To the best of your knowledge, how many times have you been pregnant or gotten someone pregnant?
	None
	NUMBER OF TIMES PREGNANT
4.17.	Have you ever had a baby or has anyone you got pregnant had the baby?
	MARK (X) ONE
	☐ I have never been pregnant or gotten anyone pregnant
	Yes
	□ No
	☐ Don't know
4.18.	When you or your partner got pregnant, were you trying to become pregnant?
	MARK (X) ONE
	☐ I have never been pregnant or gotten anyone pregnant
	Yes
	□ No
4.19.	If you got pregnant now or got someone pregnant now, how would you feel?
	MARK (X) ONE
	☐ Very happy
	A little happy
	☐ Neither happy nor upset
	☐ A little upset
	☐ Very upset

### **ORAL SEX**

4.20.	The next questions are about oral sex. Oral sex is when someone puts his or her mouth on another person's penis or vagina, OR lets someone else put his or her mouth on their penis o vagina.
	Have you ever had oral sex?
	MARK (X) ONE
	☐ Yes
	□ No
4.21.	How many DIFFERENT PEOPLE have you <u>ever</u> had oral sex with, even if only one time?
	☐ I have never had oral sex
	NUMBER OF PEOPLE – Your best guess is fine.
4.22.	Now think about the <u>first</u> time you had oral sex. The very <u>first</u> time you had oral sex, how old were you?
	MARK (X) ONE
	☐ I have never had oral sex
	9 years old
	10 years old
	11 years old
	12 years old
	13 years old
	14 years old
	15 years old
	16 years old
	17 years old
	<ul><li>☐ 18 years old</li><li>☐ 19 years old or older</li></ul>
	19 years old or older
4.23.	Now please think about the past 3 months. In the past 3 months, how many TIMES have you had oral sex?
	None
	NUMBER OF TIMES – Your best guess is fine.
4.24.	Do you intend to have oral sex in the next year?
	MARK (X) ONE
	☐ Yes, definitely
	☐ Yes, probably
	☐ No, probably not
	☐ No, definitely not

### SEX - VAGINAL, ORAL, AND ANAL SEX

The next few questions ask about sex. By sex, we mean ALL types of sex – including vaginal, oral, and anal sex.

4.25.	Have you ever had sexual intercourse, oral sex, or anal sex?		
	MARK (X) ONE		
	Yes		
	□ No		
4.26.	These next few questions ask about the last time you had sex (sexual anal sex). The <u>last</u> time you had sex did you or your partner use a met		
	MARK (X) ONE		
	☐ I have never had sex		
	Yes		
	□ No		
4.27.	The <u>last</u> time you had sex did you or your partner use a condom?		
	MARK (X) ONE		
	☐ I have never had sex		
	Yes		
	□ No		
4.28.	The <u>last</u> time you had sex, did you or your partner use the following megnancy or STIs?	ethods to prev	ent
	MARK (X) ONE FOR EACH QUESTION		
	☐ I have never had sex		
		YES	NO
	a. Condoms		
	b. Birth control pills or the patch		
	c. Depo-Provera or other injectable birth control		
	d. NuvaRing or the ring	_	
	e. Withdrawal or pulling out		
	f. Not sure	_	
	g. Another method PRINT OTHER METHOD USED		
	5		

4.29.	. Which one of these statements best describes you now?
	MARK (X) ONE
	☐ I have not had sex and am not even thinking about having sex
	☐ I have not had sex, however I am thinking about having sex
	☐ I have not had sex, but I am seriously thinking about having sex in the near future
	☐ I have had sex in the past but I am not having sex now
	☐ I am currently having sex
4.30.	. Which of the following categories best describes your use of methods of protection now? Please choose just one category.
	MARK (X) ONE
	☐ I do not use any methods of protection because I am not sexually active
	☐ I do not use a method of protection
	☐ I do not use any methods of protection, but am considering using a method of protection
	<ul> <li>☐ I do not use any methods of protection, but am considering using a method of protection</li> <li>☐ I use a method of protection sometimes, but I am thinking about using a method of protection every time I have sex</li> </ul>
	☐ I use a method of protection sometimes, but I am thinking about using a method of protection every time I

### **SEXUALLY TRANSMITTED INFECTIONS (STIS)**

The next questions ask about sexually transmitted infections (STIs.) 4.31. In the past 12 months, have you spoken with a doctor or nurse about sex, birth control or sexually transmitted infections, also known as STIs? MARK (X) ONE ☐ Yes ☐ No 4.32. In the past 12 months, have you been tested by a doctor or nurse for a sexually transmitted infection (STI), like gonorrhea, Chlamydia, syphilis, or HIV? MARK (X) ONE ☐ Yes ☐ No 4.33. In the past 12 months, have you been told by a doctor or nurse that you had a sexually transmitted infection (STI)? MARK (X) ONE ☐ Yes ☐ No 4.34. This question is about the types of sexually transmitted infections (STIs) you have had. In the past 12 months, did you have...? MARK (X) ONE FOR EACH QUESTION I have not had an STI in the last 12 months DON'T YES NO **KNOW** Chlamydia..... Gonorrhea ......

### **SECTION 5: POWER THROUGH CHOICES**

5.1.	Not counting completing this or other surveys, were you in the <i>POWER Through Choices</i> program at any previous time?		
	MARK (X) ONE		
	□ Yes		
	□ No		
	the next few questions, please think about <i>POWER Through Choices</i> and how it may have enced you.		
5.2.	Would you say that being in this program has made you more likely or less likely to have sexual intercourse in the next year?		
	MARK (X) ONE		
	☐ Much more likely		
	☐ More likely		
	About the same		
	☐ Less likely		
	☐ Much less likely		
5.3.	If you were to have sexual intercourse in the next year, would you say that being in <i>POWER Through Choices</i> has made you more likely or less likely to use (or ask your partner to use) a condom?		
	MARK (X) ONE		
	☐ Much more likely		
	☐ More likely		
	☐ About the same		
	☐ Less likely		
	☐ Much less likely		

5.4.	If you were to have sexual intercourse in the next year, would you say that being in <i>POWER Through Choices</i> has made you more likely or less likely to use (or ask your partner to use) any of the these methods of birth control?
	• Condoms
	Birth control pills
	The shot (Depo Provera)
	The patch
	The ring (NuvaRing)
	IUD (Mirena or Paragard)
	Implants (Implanon)
	MARK (X) ONE
	☐ Much more likely
	☐ More likely
	About the same
	☐ Less likely
	☐ Much less likely
5.5.	Would you say that being in <i>POWER Through Choices</i> has made you more likely or less likely to abstain from sexual intercourse in the next year (abstaining means choosing not to have sex)?
	MARK (X) ONE
	☐ Much more likely
	☐ More likely
	☐ About the same
	☐ Less likely
	☐ Much less likely