Third National Survey of WIC Participants (NSWP-III)

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Deliverable 3.2.4 Revised Data Collection Instruments and Protocols

Deliverable 3.3.1 Revised Instructions to Respondents and Reviewers

Appendix A5

a) Revised Program Experiences Survey (Version A: Adults) -English

b) Revised Program Experiences Survey (Version B: Infant/Child) - English

## **Program Experiences Survey**

### Overview

The Program Experiences Survey will collect data on WIC participants' program experiences, participation in other programs, food security, and other characteristics not available from administrative data. To provide a nationally representative sample of 2,000 WIC participants for this survey, the research team will combine two samples: 800 participants from the Certification Survey sample (completing both interviews in person at the same time), and an additional group of 1,200 WIC participants served by the same local agencies (LAs) who have been certified at least 6 weeks prior to the start of data collection. All participant sampling will use State certification records. The latter group will be interviewed by telephone with field follow-up for non-respondents. The Program Experiences Survey was created by incorporating and modifying questions from NSWP-II. Some questions are new to the NSWP-III survey. Research questions and corresponding survey questions are detailed in Appendix E and F.

### Protocol

The Program Experiences Survey will be administered to eligible WIC participants. Two versions of the survey have been created, tailored to the two respondent types-adults and children. The Program Experiences Survey will be administered in person to a sample of respondents who participate in the Certification Survey. The survey will also be administered by telephone. Field Interviewers (FIs) will adhere to the recruitment protocols to successfully meet necessary response rates. FIs will call WIC participants to describe the survey and schedule an in-home interview to conduct the Certification Survey and Program Experiences Survey. The telephone recruitment script begins with standard screening questions to ensure that the field interviewer (FI) is speaking to the individual WIC participant (or for infant and child participants, the adult who applied for WIC on the infant's or child's behalf) and that the respondent is at least 18 years of age. The rest of the script includes a description of the study, confirmation that the individual is currently receiving WIC benefits, and questions to schedule the interview. Also included is language to reassure potential survey respondents that taking part in the survey will not affect their WIC eligibility or benefits, as well as language to describe how the research team will protect respondents' privacy. To further reassure potential respondents, the research team will ask each State agency to provide a letter affirming that the agency is aware of and cooperating with the study and encourages the respondent to take part in the survey.

The survey will take approximately 30 minutes to complete. Permission will be sought to record the session—otherwise the FI's assistant will take detailed notes.

To maximize response rates, the research team has proposed an incentive of \$25 in the form of a gift card for completing the Program Experience survey.

### **Pretest Protocol**

The pretest survey will be administered by telephone interviewers using the paper copy.





## Revised Program Experiences Survey for WIC Participants: Version A (Women)

The NSWP-III Program Experiences Survey has two versions. Version A is used when the sampled participant is a woman who is pregnant, breastfeeding or postpartum, or non-breastfeeding. Version B (included separately) is used when the participant is an infant or child. The survey respondent for Version B is the adult applicant who is the caregiver of the infant or child.

### **Instructions for Reviewers**

The Program Experiences Survey will be administered by trained Field Interviewers (FIs) using a Computer Assisted Telephone Interview (CATI) version for the telephone surveys and Computer Assisted Personal Interview (CAPI) version for the in-person surveys. This paper version approximates the layout of the survey and includes notes indicating how the CATI and CAPI system will automatically route the interviewer to the appropriate questions or data entry forms, or will perform specified calculations. (These notes appear in the paper version in RED, CAPITALIZED text, but will not appear in the CATI and CAPI version).

The NSWP-III version of the Program Experiences Survey is adapted from the version used in NSWP-II. The survey is organized into the following modules:

Table 1: Program Experiences Survey Modules		
Na	me	Page
1.	WIC Program Participation	4
2.	Satisfaction with Local	6
	Clinic, Services, Food	
	Stores	
3.	Current Situation and	16
	Behaviors	
4.	Friends	19
5.	Demographics	20
6.	End Survey	21

Text that FIs will read aloud (questions, and response options where indicated) appear in regular text, while on-screen instructions to FIs appear in CAPITALIZED TEXT.







**INTRO:** Hi. Thanks for agreeing to do this survey. Your answers are private. None of the information you share with me will cause your WIC benefits to change. The questions I am going to ask are about your satisfaction and experiences with WIC. Please answer as honestly as possible. This takes about 30 minutes. After we finish I will have some brief questions to get your opinion on what you thought about the survey. We will also mail you a \$25 gift card to thank you for your participation. Do I have your permission to continue with this survey?

### **READ INFORMED CONSENT STATEMENT AND GET SIGNED CONSENT BEFORE PROCEEDING**

## WIC PROGRAM PARTICIPATION

## **Program Participation**

Q1. Let's begin by talking about your experience with WIC. Is this the first time you've received WIC benefits **for yourself**, or did you previously receive benefits with another pregnancy? **[IF PREGNANT, SAY:** pregnancy. **IF BREASTFEEDING/POSTPARTUM, SAY:** child]

- **O** NEW TO WIC
- **O** PARTICIPATED BEFORE
- **O** NOT SURE
- REFUSED

Q2. [IF R.=PREGNANT, ASK:] How many other children do you have?

[IF R.=BREASTFEEDING OR POSTPARTUM, ASK:] How many other children do you have?

- THIS IS FIRST, ONLY CHILD [GO TO Q5]
- **O** 1 OTHER CHILD
- **O** 2 OTHER CHILDREN
- **O** 3 OTHER CHILDREN
- **O** 4 OTHER CHILDREN
- **O** 5 OTHER CHILDREN
- **O** 6 OTHER CHILDREN
- **O** 7 OTHER CHILDREN
- **O** 8 OTHER CHILDREN
- **O** 9 OR MORE OTHER CHILDREN
- **O** NOT SURE
- **O** REFUSED

[CLARIFY: And were these children all born to you? IF ANSWER IS NO, RE-ASK QUESTION, How many

other children have been born to you?]

- Q3. Have any of your other children previously received WIC benefits?
  - YES: PLEASE SPECIFY HOW MANY\_\_\_\_\_
  - O NO
  - NOT SURE
  - **O** REFUSED

Q4. Were you in WIC while you were pregnant with any of your other children?

- YES [CONTINUE]
- **O** NO **[GO TO Q6]**
- **O** NOT SURE
- **O** REFUSED



Q5. For how many previous pregnancies did you receive WIC benefits?

- **O** 1
- **O** 2
- **O** 3 OR MORE
- NOT SURE
- **O** REFUSED

### [ONLY ASK Q6 IF R. INDICATES NO IN Q4]

Q6. Why didn't you participate in WIC while you were pregnant with your other child/ren? [CHECK ALL THAT APPLY]

- O DIDN'T LIVE IN USA
- **O** DIDN'T KNOW ABOUT WIC
- **O** DIDN'T TRUST WIC
- **O** DIDN'T THINK I WAS QUALIFIED FOR WIC
- **O** INQUIRED BUT WAS TOLD DIDN'T QUALIFY
- **O** APPLIED AND DID NOT QUALIFY
- **O** LACK OF TRANSPORTATION TO CLINIC, TRANSPORTATION DIFFICULTIES
- **O** SCHEDULE DIFFICULTIES
- **O** SERVICES (INCLUDING WAITING TIME) TAKE TOO MUCH TIME
- **O** WAITING SPACE AT CLINIC IS LIMITED
- **O** LACK OF CHILD CARE
- **O** LANGUAGE BARRIERS
- **O** PROBLEMS QUALIFYING FOR BENEFITS
- **O** DIFFICULTIES KEEPING APPOINTMENT TIMES
- **O** NEGATIVE SHOPPING EXPERIENCES WHILE USING WIC BENEFITS
- **O** WIC FOOD SELECTION NOT DESIRABLE
- WIC FOOD STORES NOT CONVENIENT (HOURS OR LOCATION)
- WIC FOOD HARD TO FIND ON SHELVES (BRANDS, QUANTITIES)
- DIDN'T WANT TO PARTICIPATE IN A FOOD ASSISTANCE PROGRAM BECAUSE OF THE STIGMA
- **O** CONCERNS WITH CITIZENSHIP
- **O** DIDN'T THINK I NEEDED IT
- **O** GAVE BIRTH PRETERM
- **O** HAD MANY OTHER DOCTOR/PREGNANCY APPOINTMENTS
- OTHER: PLEASE SPECIFY\_\_\_\_\_
- NOT SURE
- **O** REFUSED

Q7. Is there information or assistance that might have helped you join the program earlier?

- **O** YES
- NO [GO TO Q8]
- NOT SURE [GO TO Q8]
- **O** NOT APPLICABLE **[GO TO Q8]**
- REFUSED



Q7A. Can you tell me what kind of information or assistance would have helped?

### [GO TO Q12 IF R. INDICATED "NEW TO WIC" OR "NOT SURE" IN Q1]

Q8. **[IF Q1=2]** Thinking about the last time you participated in WIC, when did you last receive WIC benefits? Can you tell me the year? Can you tell me the month?

\_\_\_\_\_YEAR \_\_\_\_\_MONTH O NOT SURE O REFUSED

Q8A. Why did you leave the WIC program? **PROBE:** Anything else?

Q9. Were you still eligible for WIC when you left the program?

- YES [CONTINUE]
- YES, BUT PARTICIPANT INDICATED THEY LEFT PROGRAM INVOLUNTARILY [GO TO Q11]
- NO [GO TO Q11]
- **O** NOT SURE
- **O** REFUSED

Q10. What could WIC have done to encourage you to stay in WIC? [DO NOT READ. CHECK ALL THAT APPLY]

**PROBE:** Anything else?

PROGRAM

- □ HELP UNDERSTANDING PROGRAM RULES
- BETTER INFORMATION ON WIC BENEFITS OR SERVICES AVAILABLE
- BETTER INFORMATION ON HOW TO RECEIVE BENEFITS IF YOU MOVE TO A NEW CITY OR STATE
- LESS PAPERWORK

<u>CLINIC</u>

- LESS TIME IN WAITING ROOM
- □ MORE CHILD PLAY AREAS OR TOYS IN THE WAITING ROOM
- LESS CROWDED OFFICE
- □ MORE LOCATIONS
- □ CLOSER TO PUBLIC TRANSPORTATION

**APPOINTMENTS** 

- □ BETTER SCHEDULING OPTIONS (EXAMPLE: LUNCHTIME OR EVENING/WEEKEND APPOINTMENTS)
- □ FEWER APPOINTMENTS
- □ SHORTER APPOINTMENTS
- **G** FEWER DAYS SPENT WAITING BEFORE A SCHEDULED APPOINTMENT

<u>STAFF</u>

APPOINTMENTS WITH THE SAME WIC NUTRITION PROVIDER OR WIC STAFF
 BETTER STAFF (EXAMPLE: FRIENDLIER STAFF)







- □ MORE STAFF THAT SPEAK MY LANGUAGE
- □ MORE STAFF UNDERSTAND MY CULTURE

<u>SHOPPING</u>

- □ MORE POLITE/SENSITIVE CASHIER IN STORES
- □ MAKE IT EASIER TO FIND WIC-APPROVED FOODS IN GROCERY STORES
- □ MAKE IT FASTER TO USE WIC BENEFITS IN GROCERY STORES
- □ MAKE IT MORE PRIVATE TO USE WIC BENEFITS IN GROCERY STORES
- OTHER: \_\_\_\_\_
- Q10A. Could WIC have done anything differently with the program itself, clinic, appointments, staff, or shopping that would have helped to keep you in the program?

Q11. [IF Q1=2] Why did you come back to the WIC program this time?

## **Participant Satisfaction**

Q12. Thinking about specific qualities or characteristics of your clinic, how would you rate the **[INSERT FROM BELOW]**? Would you say are Very Satisfied, Somewhat Satisfied, Neither Satisfied nor Dissatisfied, Somewhat Dissatisfied, or Very Dissatisfied? **[REPEAT SCALE UNTIL R. LEARNS IT] PROBE:** Please explain why you chose **[RESPONDENT'S RESPONSE CHOICE]**?

Very Satisfied----Somewhat Satisfied----Neither Satisfied nor Dissatisfied -----Somewhat Dissatisfied -----Very Dissatisfied

#### [ROTATE START POINT]

- a) Customer service or friendliness of the WIC staff
- b) Quality of service you get
- c) Helpfulness of the staff
- d) Staff's ability to speak your language
- e) Safety of the clinic's location
- f) Convenience of the clinic's location for you
- g) Amount of time you have to wait until you are seen by WIC staff
- h) The way WIC staff handles certification
- i) The total amount of time you spend at the clinic
- j) The amount of time it takes to get certified
- Q13. Thinking about the WIC services offered by your clinic, how would you rate the **[INSERT FROM BELOW]**? Would you say it is Excellent, Very Good, Good, Fair, or Poor? **[REPEAT SCALE UNTIL R. LEARNS IT].** If your clinic does not offer a service, you have not used a service, or you are unsure of whether your clinic offers a service, please let me know.

Excellent-----Very Good------Good------Poor-----N/A [ROTATE START POINT]

- a) Nutrition education
- b) Breastfeeding promotion and support
- c) Breastfeeding peer counseling





- d) Referrals to other services
- e) Monitoring weight, height, blood, and other body and health measures
- Q14. Were you provided with a list of nearby places you could go to get information on health-related and public assistance programs other than WIC, or made aware that such lists were available?
  - O YES
  - O NO
  - **O** NOT SURE
  - **O** REFUSED
- Q15. Thinking about your experience in the WIC program, what have you gained by being in WIC? [DO NOT READ. CHECK ALL THAT APPLY.] PROBE: Anything else?
  - □ Meeting and talking with other mothers
  - □ Saving money on grocery bills
  - **Q** Receiving links to health services
  - Getting nutrition information
  - Getting height and weight checks to know how my child is growing
  - **□** Receiving advice from WIC staff
  - □ Receiving WIC benefits for foods I know are nutritious
  - □ Staying on time with shots for my child
  - Learning the foods my baby needs to be healthy
  - Learning about the foods my children need to be healthy
  - Learning about the foods I need to be healthy
  - □ Having breastfeeding support and education
  - Other: PLEASE SPECIFY: \_\_\_\_\_\_
  - □ NOT SURE
  - **REFUSED**

# [FI WILL PREDETERMINE IF WIC PARTICIPANT LIVES IN A STATE WHERE WIC FARMERS' MARKET NUTRITION PROGRAM IS OFFERED.]

Q16. Do you participate in the WIC Farmers' Market Nutrition Program?

- YES [CONTINUE]
- **O** NO **[GO TO Q16C]**
- **O** NOT SURE
- **O** REFUSED
- [NOT OFFERED IN PARTICIPANT'S STATE; [GO TO Q17]

Q16A. How would you rate the Farmers' Market Nutrition Program? Would you say it is . . .

- Excellent
- **O** Very Good
- O Good
- **O** Fair
- **O** Poor
- **O** NOT SURE
- **O** REFUSED

Q16B. Please explain why you rated the Farmers' Market Nutrition Program as [INSERT RESPONSE FROM Q16A].





Q16C. Why don't you participate in the WIC Farmers' Market Nutrition Program?

- **O** Don't know about the program.
- **O** Don't like the foods the FMNP offers.
- **O** Don't have the transportation to get there.
- OTHER: PLEASE SPECIFY
- **O** NOT SURE
- **O** REFUSED

Q17. How do you usually get to the WIC clinic when you need to go there? [DO NOT READ. CHECK ALL

- THAT APPLY]
  - PERSONAL CAR
  - TAXI
  - UBER/LYFT
  - BUS
  - □ LIGHT RAIL/SUBWAY/COMMUTER TRAIN
  - U WALK
  - BIKE
  - GET A RIDE FROM SOMEONE
  - OTHER: PLEASE SPECIFY \_\_\_\_\_\_
  - □ NOT SURE
  - □ REFUSED

Q17A. How long does it take you to get to the WIC clinic using [SHOW Q17 ANSWER(S)]? HOURS MINUTES

- **O** NOT SURE
- **O** REFUSED
- Q18. Now, think about the food benefits that you receive **for yourself**. Using the scale of: Excellent, Very Good, Good, Fair, or Poor, how would you rate the food benefits for...

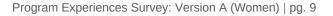
Excellent-----Very Good------Good------Fair -----Poor [ROTATE START POINT]

- a) Providing the right amount of food for yourself?
- b) Offering foods that you like to eat?
- c) Offering nutritious foods?
- d) Offering food choices in sizes and brands that you can find on the shelf? For example, if the benefit says you can purchase a 46oz container of juice in one of these three brands, you can find them in the store where you shop.

Q19. Are there certain WIC foods that, on a regular basis, you do not purchase for some reason?

- YES [CONTINUE]
- **O** NO **[GO TO Q20A]**
- **O** NOT SURE
- REFUSED





Q20. Which WIC foods do you not purchase? **[DO NOT READ LIST. CHECK ALL THAT APPLY. FOR EACH ONE CHECKED, ASK:]** Why not? **AFTER R. ANSWERS, ASK:** Anything else?

ITEMS NOT PURCHASED	Why don't you purchase them? [CODE OR WRITE IN MAIN REASON]	PRECODES 1–Dislike, don't like 2–Not accustomed to eating it (including cultural
FRUITS AND VEGETABLES		differences) 3–Food allergies
BREAKFAST CEREAL		4–Don't know how to prepare 5–Too much trouble to prepare
		6–Problems getting food to home
WHOLE WHEAT BREAD		7–Couldn't find/ Lost the food
DRY BEANS, PEAS, LENTILS		coupons 8–Store did not have item in stock
PEANUT BUTTER		9–Did not need at that time
EGGS		10 Don't think it's a healthy food 11 Options for this are low quality
TOFU		10–Other: PLEASE SPECIFY
CANNED FISH		
🗅 MILK		
U YOGURT		
OTHER: PLEASE SPECIFY		

Q20A. What reasons affect the food items that you do purchase with your WIC benefits? [DO NOT READ. CHECK ALL THAT APPLY.]

- □ TASTE
- D PRICE
- □ NUTRITIONAL CONTENT
- □ BRAND NAME IN STORE
- □ AVAILABILITY IN STORE
- COUPON FOR WIC FOOD ITEM
- □ SIZE OF FOOD PACKAGE
- OTHER: PLEASE SPECIFY\_\_\_\_\_
- □ NOT SURE
- □ REFUSED

Q21. For the food items you did purchase, was there **too much** of any food for yourself?

- **O** YES [ASK: WHICH FOODS?]
- NO [GO TO Q22]
- **O** NOT SURE
- **O** REFUSED

[DO NOT READ. CHECK ALL THAT APPLY]



 Q21A. TOO MUCH OF WHICH FOODS?

 FRUITS AND VEGETABLES

 BREAKFAST CEREAL

 CHEESE

 WHOLE WHEAT BREAD

 DRY BEANS, PEAS, LENTILS

 PEANUT BUTTER

 EGGS

 TOFU

 CANNED FISH

 JUICE

 MILK

 OTHER: PLEASE SPECIFY \_\_\_\_\_\_\_

Q22. For the food items you did purchase, was there **too little** of any food for yourself?

- **O** YES [ASK: WHICH FOODS?]
- **O** NO **[GO TO Q23]**
- **O** NOT SURE
- **O** REFUSED

#### [DO NOT READ. CHECK ALL THAT APPLY]

Q22A. TOO LITTLE OF WHICH FOODS?
FRUITS AND VEGETABLES
BREAKFAST CEREAL
U WHOLE WHEAT BREAD
DRY BEANS, PEAS, LENTILS
PEANUT BUTTER
EGGS
TOFU
CANNED FIS
□ MILK
U YOGURT
OTHER: PLEASE SPECIFY

- Q23. Which one of the following types of stores best describes where you most often use your WIC benefits? [READ FULL LIST. SELECT ONLY ONE.]
  - **O** Large grocery store or supermarket



- **O** Small individually owned grocery store
- Convenience store
- **O** Tribal store or trading post
- **O** Specialty food store, such as one that specializes in ethnic foods
- **O** Store that carries only WIC-approved items
- **O** Large combination food store-retailer such as a Walmart or a Target
- Military commissary
- **O** Milk man delivers
- [DO NOT READ] OTHER [ASK: Can you describe it for me? AND TYPE BRIEF DESCRIPTION]

**O** NOT SURE

- REFUSED
- Q24. Using the scale of Excellent, Very Good, Good, Fair, or Poor that we used earlier, what overall rating would you give the store where you do most of your WIC shopping?
  - O EXCELLENT
  - **O** VERY GOOD
  - O GOOD
  - **O** FAIR
  - **O** POOR
  - **O** NOT SURE
  - REFUSED
- Q25. Do you buy your WIC food items at the same store where you do most of your other food shopping?
  - YES [GO TO Q27]
  - **O** NO **[CONTINUE]**
  - **O** NOT SURE
  - **O** REFUSED

Q26. Why not? [DO NOT READ. CHECK ALL THAT APPLY]

- EXPENSE: WIC STORE MORE EXPENSIVE, REGULAR STORE LESS EXPENSIVE
- □ EXPENSE: REGULAR STORE MORE EXPENSIVE, WIC STORE LESS EXPENSIVE
- □ TRANSPORTATION: WIC STORE LESS CONVENIENT TO GET TO, REGULAR STORE MORE CONVENIENT
- □ TRANSPORTATION: REGULAR STORE LESS CONVENIENT TO GET TO, WIC STORE MORE CONVENIENT
- □ COURTESY: WIC STORE NOT CUSTOMER-FRIENDLY, REGULAR STORE FRIENDLIER
- □ COURTESY: REGULAR STORE NOT CUSTOMER-FRIENDLY, WIC STORE FRIENDLIER
- □ REGULAR STORE DOES NOT PARTICIPATE IN WIC PROGRAM
- □ REGULAR STORE DOESN'T CARRY RIGHT SIZES/SELECTIONS OF WIC FOODS
- OTHER: PLEASE SPECIFY \_\_\_\_\_
- NOT SURE
- □ REFUSED
- Q27. I am going to give you a list of reasons why some people go to the store that they do for WIC purchases. For each one, please tell me how important it is to you by giving a number



from 0 to 5, with 5 meaning extremely important and 0 being not important at all. How important is it that **[INSERT FROM BELOW]**:

Extremely important

Not at all important

5------0 [ROTATE START POINT]

- a) It is the same store where you do your other shopping
- b) The store clerks are friendly and helpful
- c) The store clerks speak your language
- d) The location is safe
- e) The location is convenient and easy to get to
- f) The store hours are convenient
- g) The store has the right sizes and brands of WIC foods
- h) The prices on non-WIC items are reasonable
- i) It is easy to identify the WIC-approved food items in the store
- j) The store offers incentives for my WIC purchases
- k) The store has a large selection of WIC-approved food items for me to choose from
- l) The store only carries WIC items
- Q28. Thinking about the store where you usually shop, how often does that store have all of the WIC-approved food items you want to buy during your visit? Would you say . . .
  - O Never
  - Almost never
  - Occasionally/Sometimes
  - Almost every time
  - Every time
  - NOT SURE
  - **O** REFUSED
- Q29. How do you usually get to the store when you need to go there? [DO NOT READ. CHECK ALL THAT APPLY]
  - PERSONAL CAR
  - TAXI
  - UBER/LYFT
  - BUS
  - □ LIGHT RAIL/SUBWAY/COMMUTER TRAIN
  - U WALK
  - BIKE
  - GET A RIDE FROM SOMEONE
  - OTHER: PLEASE SPECIFY
  - □ NOT SURE
  - □ REFUSED

Q30. How far from home (in miles) is the store where you usually purchase food with your WIC benefits?

- \_\_\_\_\_ MILES
- O NOT SURE
- **O** REFUSED

Q30A. How long does it usually take you to get to the store where you usually purchase food items using [SHOW Q29 ANSWER]?





HOURS MINUTES O NOT SURE O REFUSED

Q30B. How many times in a typical month do you usually go to the store to purchase food?

- \_\_\_\_\_ TIMES
- **O** NOT SURE
- **O** REFUSED

Q31. On average, how much of your WIC benefits do you use each month?

- **O** All of it
- **O** Most of it
- **O** Half of it
- **O** A little of it
- **O** None of it
- **O** NOT SURE
- **O** REFUSED

#### [ASK Q32 AND Q32A-E IF STATE AUTHORIZES USE OF WIC BENEFITS AT FARMERS' MARKET]

Q32. Is there a farmers' market located near where you live?

- O YES
- **O** NO **[GO TO Q32B]**
- NOT SURE [GO TO Q32B]
- REFUSED [GO TO Q32B]

Q32A. How far away, in miles, is the farmers' market located from where you live?

- \_\_\_\_\_ MILES
- **O** NOT SURE
- **O** REFUSED

Q32B. Are you aware that you can use your WIC benefits at farmers' markets?

- O YES
- **O** NO **[GO TO Q33]**
- NOT SURE [GO TO Q33]
- REFUSED [GO TO Q33]

Q32C. How often do you use your WIC benefits at farmers' markets?

- **O** All of the time
- **O** Often
- **O** Occasionally
- O Seldom
- O Never
- Q32D. Do you prefer to use your WIC benefits to purchase fruits and vegetables at the grocery store or the farmers' market?
  - GROCERY STORE [GO TO Q32E]
  - FARMERS' MARKET [GO TO Q32E]
  - NOT SURE [GO TO Q33]



### • REFUSED [GO TO Q33]

Q32E. Please explain why you prefer to use your WIC benefits to purchase fruits and vegetables at the **[INSERT RESPONSE FROM Q33D]**.

- Q33. Now thinking about how your family eats generally, which of the following statements best describes the food you had to eat in your household during the last 12 months? Did your household . . . [READ LIST]? [CHECK ONE ONLY]
  - Have enough to eat [GO TO Q35]
  - **O** Sometimes not have enough to eat
  - **O** Often not have enough to eat
  - **O** NOT SURE
  - **O** REFUSED

Q33A. Now I am going to read a series of statements that people sometimes make about food and meals. For each statement, tell me if the statement was often, sometimes or never true for you in the last 12 months. **[REPEAT SCALE AS NECESSARY]** 

<ol> <li>We worried whether our food would run out before we got money to buy more.</li> </ol>	○ OFTEN [] SOMETIMES [] NEVER TRUE
<ol><li>The food that we bought just didn't last and we didn't have money to get more.</li></ol>	○ OFTEN [] SOMETIMES [] NEVER TRUE
3) We couldn't afford to eat balanced meals.	○ OFTEN [] SOMETIMES [] NEVER TRUE

### GO TO Q33B. THROUGH Q33G. IF R.=PREGNANT <u>AND Q</u>2=THIS IS FIRST, ONLY CHILD] [USE "CHILD" INSTEAD OF CHILDREN IN Q33A.4 – Q33A.6 IF R.=BREASTFEEDING/ POSTPARTUM <u>AND Q</u>2=FIRST, ONLY CHILD]

-	
<ol> <li>We relied on only a few kinds of low-cost food to feed our children because we were running out of money to buy food.</li> </ol>	○ OFTEN [] SOMETIMES [] NEVER TRUE
5) We couldn't feed our children a balanced meal, because we couldn't afford that.	○ OFTEN [] SOMETIMES [] NEVER TRUE
6) The children were not eating enough because we just couldn't afford enough food.	○ OFTEN [] SOMETIMES [] NEVER TRUE
Q33B. In the last 12 months, did you or other adults in the household ever cut the size of your meals or skip meals because there wasn't enough money for food?	<ul> <li>YES</li> <li>NO [GO TO Q33C]</li> </ul>
1) How often did this happen— almost every month, some months but not every month, or in only 1 or 2 months?	<ul> <li>ALMOST EVERY MONTH</li> <li>SOME MONTHS BUT NOT EVERY MONTH</li> <li>ONLY 1 OR 2 MONTHS</li> </ul>
Q33C. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?	<ul><li>YES</li><li>NO</li></ul>





Q33D.	In the last 12 months, were you ever hungry, but didn't eat, because there wasn't enough money for food?	0 0	YES NO
Q33E.	In the last 12 months, did you lose weight because there wasn't enough money for food?	0 0	YES NO
Q33F.	In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food?	0 0	YES NO <mark>[GO TO Q34A]</mark>
Q33G.	How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?	0 0 0	ALMOST EVERY MONTH SOME MONTHS BUT NOT EVERY MONTH ONLY 1 OR 2 MONTHS
GO TO	Q35. IF R.=PREGNANT AND Q2=THIS IS FIRST, ON	LY C	HILD] [USE "CHILD" INSTEAD OF
CHILD	REN IN Q34A. THROUGH Q34E. IF R.=BREASTFEEDI	NG/	POSTPARTUM AND Q2=FIRST, ONLY
CHILD			
Q34A.	In the last 12 months, did you ever cut the size of any of the children's meals because there wasn't enough money for food?	0 0	YES NO
Q34B.	In the last 12 months, were the children ever hungry but you just couldn't afford more food?	0 0	YES NO
Q34C.	In the last 12 months, did any of the children ever skip a meal because there wasn't enough money for food?	0 0	YES NO <b>[GO TO Q34E]</b>
Q34D.	How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?	0 0	ALMOST EVERY MONTH SOME MONTHS BUT NOT EVERY MONTH ONLY 1 OR 2 MONTHS
Q34E.	In the last 12 months, did any of the children ever not eat for a whole day because there wasn't enough money for food?	0 0	YES NO

## **Current Situation and Behaviors**

- Q35. At the current time, what, if any, health insurance do you have for your child/ren? [IF R. SAYS SOMETHING LIKE "AETNA, BLUE CROSS/BLUE SHIELD, KAISER, OR UNITED HEALTHCARE," CLARIFY WHETHER IT IS PRIVATE INSURANCE THROUGH AN EMPLOYER, OR NOT. IF MORE THAN ONE GIVEN, ASK FOR MAIN ONE.]
  - O NONE



- O MEDICAID
- STATE CHIP CHILDREN'S HEALTH INSURANCE PROGRAM
- OTHER STATE PROGRAM
- MILITARY/TRICARE
- **O** PRIVATE INSURANCE THROUGH AN EMPLOYER
- PRIVATE INSURANCE <u>NOT</u> THROUGH AN EMPLOYER (I.E., THEIR OWN INSURANCE)
- OTHER: PLEASE SPECIFY:
- **O** NOT SURE
- **O** REFUSED
- Q36. What, if any health insurance, do you have for yourself? **[IF MORE THAN ONE GIVEN, ASK FOR MAIN ONE]**

**O** NONE

- **O** MEDICAID
- **O** OTHER STATE PROGRAM
- **O** MILITARY/TRICARE
- **O** PRIVATE INSURANCE THROUGH SPOUSE'S EMPLOYER (E.G., MILITARY)
- **O** PRIVATE INSURANCE NOT THROUGH SPOUSE'S EMPLOYER
- **O** PRIVATE INSURANCE THROUGH PARENTS
- O OTHER: PLEASE SPECIFY:
- **O** NOT SURE
- REFUSED
- Q37. Were you given information about the Medicaid Program during the WIC Program certification process?
  - O YES
  - O NO
  - **O** NOT SURE
  - **O** REFUSED

Q37A. Were you referred to the Medicaid Program during your WIC visit?

- **O** YES
- O NO
- **O** NOT SURE
- **O** REFUSED

Q38. Are you, or members of your family, currently getting food through the . . . [READ LIST]?





TAILOR TO STATE PROGRAM NAMES WHERE APPLICABLE	Q38A Currently	Q38B Ever	Q38C. How long did you participate
a. Supplemental Nutrition Assistance Program	O YES	O YES	YEARS
(SNAP)	O NO	O NO	MONTHS
	O NA		
b. Head Start/Early Head Start	O YES	O YES	YEARS
	O NO	O NO	MONTHS
	O NA		
c. Free or Reduced Price School Lunch or Breakfast	O YES	O YES	YEARS
Program	O NO	O NO	MONTHS
d. Summer Food Service Program (SFSP), for kids	O YES	O YES	YEARS
when not in school	O NO	O NO	MONTHS
e. Food Distribution Program on Indian Reservations	O YES	O YES	YEARS
(FDPIR)?	O NO	O NO	MONTHS
f. The Emergency Food Assistance program	O YES	O YES	YEARS
	O NO	O NO	MONTHS
g. Free meals for children at daycare centers (Child	O YES	O YES	YEARS
and Adult Care Food program) (CACFP)	O NO	O NO	MONTHS
h. Local/community food bank or pantry	O YES	O YES	YEARS
	O NO	O NO	MONTHS
i. Commodity Supplemental Food Program, which	O YES	O YES	YEARS
provides food packages that are distributed		O NO	MONTHS
through State and local agencies	<b>O</b> NA	-	

Q39. **[IF CURRENT OR FORMER SNAP PARTICIPANT IN Q38A, ASK]** Which program did you (or your child) enroll in first, SNAP or WIC? **[DON'T READ]** 

- **O** SNAP: SELF
- **O** SNAP: CHILD
- **O** WIC: SELF
- **O** WIC: CHILD
- **O** THE SAME DAY: SELF
- **O** THE SAME DAY: CHILD
- **O** NOT SURE
- **O** REFUSED

Q40. Has participating in WIC changed how you use these other programs?

- YES: PLEASE EXPLAIN:
- O NO
- **O** NOT SURE
- **O** REFUSED





Q40A. **[ASK IF YES TO Q40]** Did you learn through WIC that you were eligible for one of the previously

- mentioned programs?
- O YES
- O NO
- O NOT SURE
- REFUSED

Q40B. **[ASK IF YES TO Q40A]** Did you apply for one of these previously mentioned programs after learning through WIC that you were eligible for them?

- O YES
- O NO
- **O** NOT SURE
- REFUSED

Q40C. [ASK IF YES TO Q40. IF NO, GO TO Q41] With WIC, are you able to use your [STATE TANF NAME]

- benefits for other expenses?
- O YES
- O NO
- **O** NOT SURE
- **O** REFUSED

## Friends

Q41. Do you have friends who you think are eligible for WIC but who haven't applied?

- **O** YES
- O NO
- NOT SURE
- REFUSED
- Q41A. What, do you think, are the main reasons that people who could participate in WIC do not? **PROBE:** Anything else? **[DO NOT READ. CODE UP TO THREE REPLIES.]** 
  - LACK OF TRANSPORTATION TO CLINIC, TRANSPORTATION DIFFICULTIES
  - □ THEY DON'T KNOW THAT WIC EXISTS
  - □ ASSUME THEY ARE NOT ELIGIBLE
  - ASSUME BENEFITS ARE NOT WORTH THE EFFORT TO APPLY
  - □ INCONVENIENT HOURS/DAYS CLINIC OPEN
  - □ SERVICES (INCLUDING WAITING TIME) TAKE TOO MUCH TIME
  - □ WAITING SPACE AT CLINIC IS LIMITED
  - □ LACK OF CHILD CARE
  - □ LANGUAGE BARRIERS
  - □ PROBLEMS QUALIFYING FOR BENEFITS
  - DIFFICULTIES KEEPING APPOINTMENT TIMES
  - □ WIC FOOD SELECTION NOT DESIRABLE
  - □ WIC FOOD STORES NOT CONVENIENT (HOURS OR LOCATION)
  - □ WIC FOOD HARD TO FIND ON SHELVES (BRANDS, QUANTITIES)
  - □ DO NOT WANT TO PARTICIPATE IN A FOOD ASSISTANCE PROGRAM BECAUSE OF THE STIGMA
  - □ CONCERNS WITH CITIZENSHIP



- DIDN'T NEED FOOD BENEFIT
- OTHER: PLEASE SPECIFY\_\_\_\_

## Demographics

We're almost done with this survey. I'd like to ask these last few questions for classification purposes only.

- Q42. Are you . . . [READ]
  - Hispanic or Latina?
  - Not Hispanic or Latina?
  - REFUSED
- Q43. How would you characterize your race? [READ ALL. CHECK ALL THAT APPLY]
  - American Indian or Alaska Native
  - Asian American
  - Black or African American
  - Native Hawaiian or Other Pacific Islander
  - White
  - REFUSED

Q44. What is the highest level of education you have attained? [READ UNTIL R. INDICATES ANSWER]

- Elementary school (6 years or less of education) Ο
- Some high school (7–11 years of education) Ο
- High school diploma or GED Ο
- Some college Ο
- Ο Associate's degree
- Bachelor's degree Ο
- Ο Advanced degree
- Ο REFUSED
- Q45. What is your primary language, that is, the language you speak at home? [DO NOT READ. MARK ONE.]
  - English Ο Ο
    - Arabic
    - Cambodian
  - Ο Cantonese/
    - Mandarin Farsi
  - Ο Ο French/Creole
  - Ο Fulani
  - Ο Hindi

Ο

Ο

- Swahili Ο
- Ο Tamil

Ο

- Ο Tagalog
- Ο Urdu
- Ο Vietnamese

Spanish

- Ο Other: SPECIFY
- Ο REFUSED





- Laotian
- Somali

- Hmong
- Ο Khmer
- Ο Korean
- Ο
- Ο Punjabi
- Ο Russian
- Ο

Q46. What is your age? \_\_\_\_\_ [IF REFUSED, ENTER -9]

Q47. How tall are you? \_\_\_\_\_[IF REFUSED, ENTER -9]

Q48. How much do you weigh? \_\_\_\_\_ [IF REFUSED, ENTER -9]

## End Survey

Thank you so much for your help in answering this survey. Your feedback, combined with other confidential responses, will help improve the WIC program. Thanks again. Have a great day/evening.





## A5b. Revised Program Experiences Survey for WIC Participants: Version B (Infant/Child)

The NSWP-III Program Experiences Survey has two versions. Version B is used when the participant is an infant or child. The survey respondent for Version B is the adult applicant who is the caregiver of the infant or child. Version A (included separately) is used when the sampled participant is a woman who is pregnant, breastfeeding or postpartum, or non-breastfeeding. Do I have your permission to continue with this survey?

## Instructions for Reviewers

The Program Experiences Survey will be administered by trained Field Interviewers (FIs) using a Computer Assisted Telephone Interview (CATI) version for the telephone surveys and Computer Assisted Personal Interview (CAPI) for the in-person surveys. This paper version approximates the layout of the survey and includes notes indicating how the CATI system will automatically route the interviewer to the appropriate questions or data entry forms, or will perform specified calculations. (These notes appear in the paper version in RED, CAPITALIZED text, but will not appear in the CATI and CAPI version).

The NSWP-III version of the Program Experiences Survey is adapted from the version used in NSWP-II. The survey is organized into the following modules:

Table 1: Program Experiences Survey Modules		
Na	me	Page
1.	WIC Program Participation	23
2.	Participant Satisfaction	25
3.	Current Situation and	34
	Behaviors	
4.	Friends	37
5.	Demographics	37
6.	End survey	38

Text that FIs will read aloud (questions, and response options where indicated) appear in regular text, while on-screen instructions to FIs appear in CAPITALIZED TEXT.

The question numbers in Version B (Infant/Child) correspond to the question numbers in Version A (Women).







**INTRO:** Hi. Thanks for agreeing to do this survey. Your answers are private. None of the information you share with me will cause your WIC benefits to change. The questions I am going to ask are about your satisfaction and experiences with WIC. Please answer as honestly as possible. This takes about 30 minutes. After we finish I will have some brief questions to get your opinion on what you thought about the survey. We will also mail you a \$25 gift card to thank you for your participation. Do I have your permission to continue with this survey?

### **READ INFORMED CONSENT STATEMENT AND GET SIGNED CONSENT BEFORE PROCEEDING**

## WIC PROGRAM PARTICIPATION

### **Program Participation**

- Q1. Let's begin by talking about your child's experience with WIC. Is this the first time you've received WIC benefits **for your child**, or has your child participated before?
  - NEW TO WIC [GO TO Q6]
  - PARTICIPATED BEFORE [CONTINUE]

### Q1A. How old was your child when he/she first started getting WIC [ASK, THEN GO TO Q7]

- $\Box$  At birth
- $\Box$  \_(# of) Months (0 to 23 months)
- □ \_(# of) Years (24 months or more)

Q6. Why didn't your child participate before this? [DO NOT READ; CHECK ALL THAT APPLY]

- **O** THIS IS MY FIRST CHILD/PREGNANCY
- **O** DIDN'T LIVE IN USA
- **O** DIDN'T KNOW ABOUT WIC
- DIDN'T TRUST WIC
- **O** DIDN'T THINK MY CHILD WAS QUALIFIED FOR WIC
- INQUIRED BUT WAS TOLD DIDN'T QUALIFY
- **O** APPLIED AND DID NOT QUALIFY
- **O** LACK OF TRANSPORTATION TO CLINIC, TRANSPORTATION DIFFICULTIES
- **O** SCHEDULE DIFFICULTIES
- **O** SERVICES (INCLUDING WAITING TIME) TAKE TOO MUCH TIME
- **O** WAITING SPACE AT CLINIC IS LIMITED
- LACK OF CHILD CARE
- **O** LANGUAGE BARRIERS
- **O** PROBLEMS QUALIFYING FOR BENEFITS
- **O** DIFFICULTIES KEEPING APPOINTMENT TIMES
- **O** NEGATIVE SHOPPING EXPERIENCES WHILE USING WIC BENEFITS
- **O** WIC FOOD SELECTION NOT DESIRABLE
- WIC FOOD STORES NOT CONVENIENT (HOURS OR LOCATION)
- WIC FOOD HARD TO FIND ON SHELVES (BRANDS, QUANTITIES)
- DIDN'T WANT TO PARTICIPATE IN A FOOD ASSISTANCE PROGRAM BECAUSE OF THE STIGMA
- CONCERNS WITH CITIZENSHIP



- **O** DIDN'T THINK MY CHILD NEEDED IT
- OTHER: PLEASE SPECIFY\_\_\_\_\_
- NOT SURE
- REFUSED

Q7. Is there information or assistance that might have helped your child join the program earlier?

- **O** YES
- **O** NO **[GO TO Q8]**
- NOT SURE [GO TO Q8]
- NOT APPLICABLE [GO TO Q8]
- **O** REFUSED

Q7A. Can you tell me what kind of information or assistance would have helped?

Q8. **[IF Q1=2]** Thinking about the last time your child participated in WIC, when did he/she last receive WIC benefits? Can you tell me the year? Can you tell me the month?

YEAR MONTH O NOT SURE O REFUSED

Q8A. Why did your child leave the WIC program? PROBE: Anything else?

Q9. Was your child still eligible for WIC when he/she left the program?

- YES [CONTINUE]
- YES, BUT RESPONDENT INDICATED THEIR CHILD LEFT PROGRAM INVOLUNTARILY [GO TO Q11]
- **O** NO **[GO TO Q11]**
- NOT SURE
- **O** REFUSED
- Q10. What could WIC have done to encourage you to keep your child in WIC? [CHECK ALL THAT APPLY] PROBE: Anything else?

#### PROGRAM

- □ HELP UNDERSTANDING PROGRAM RULES
- BETTER INFORMATION ON WIC BENEFITS OR SERVICES AVAILABLE
- BETTER INFORMATION ON HOW TO RECEIVE BENEFITS IF YOU MOVE TO A NEW CITY OR STATE
- □ LESS PAPERWORK

#### <u>CLINIC</u>

- LESS TIME IN WAITING ROOM
- □ MORE CHILD PLAY AREAS OR TOYS IN THE WAITING ROOM
- LESS CROWDED OFFICE
- □ MORE LOCATIONS



### □ CLOSER TO PUBLIC TRANSPORTATION

#### <u>APPOINTMENTS</u>

□ BETTER SCHEDULING OPTIONS (EXAMPLE: LUNCHTIME OR EVENING/WEEKEND APPOINTMENTS)

□ FEWER APPOINTMENTS

□ SHORTER APPOINTMENTS

□ FEWER DAYS SPENT WAITING BEFORE A SCHEDULED APPOINTMENT

#### <u>STAFF</u>

□ APPOINTMENTS WITH THE SAME WIC NUTRITION PROVIDER OR WIC STAFF

□ BETTER STAFF (EXAMPLE: FRIENDLIER STAFF)

□ MORE STAFF THAT SPEAK MY LANGUAGE

□ MORE STAFF UNDERSTAND MY CULTURE

### <u>SHOPPING</u>

□ MORE POLITE/SENSITIVE CASHIER IN STORES

□ MAKE IT EASIER TO FIND WIC-APPROVED FOODS IN GROCERY STORES

□ MAKE IT FASTER TO USE WIC BENFITS IN GROCERY STORES

□ MAKE IT MORE PRIVATE TO USE WIC BENEFITS IN GROCERY STORES

□ OTHER: \_\_\_\_\_

Q10A. Could WIC have done anything differently with the program itself, clinic, appointments, staff, or shopping that would have helped to keep your child in the program?

Q11. **[IF Q1=2]** Why did you re-enroll your child in the WIC program at this time?

## **Participant Satisfaction**

Q12. Thinking about specific qualities or characteristics of your clinic, how would you rate the [INSERT FROM BELOW]? Would you say are Very Satisfied, Somewhat Satisfied, Neither Satisfied nor Dissatisfied, Somewhat Dissatisfied, or Very Dissatisfied? [REPEAT SCALE UNTIL R. LEARNS IT] PROBE: Please explain why you chose [RESPONDENT'S RESPONSE CHOICE]?

Very Satisfied----Somewhat Satisfied----Neither Satisfied nor Dissatisfied -----Somewhat Dissatisfied -----Very Dissatisfied

### [ROTATE START POINT]

- a) Customer service or friendliness of the WIC staff
- b) Quality of service you get
- c) Helpfulness of the staff
- d) Staff's ability to speak your language
- e) Safety of the clinic's location
- f) Convenience of the clinic's location for you
- g) Amount of time you wait until you are seen by WIC staff
- h) The way WIC staff handles certification
- i) The total amount of time you spend at the clinic
- j) The amount of time it takes to be certified







Q13. Thinking about the WIC services offered by your clinic, how would you rate the **[INSERT FROM BELOW]**? Would you say it is Excellent, Very Good, Good, Fair or Poor? **[REPEAT SCALE UNTIL R. LEARNS IT]**. If your clinic does not offer a service, you have not used the service, or you are unsure of whether your clinic offers a service, please let me know.

Excellent-----Very Good------Good------Fair-----Poor -----NA [ROTATE START POINT]

- a) Nutrition education
- b) Breastfeeding promotion and support
- c) Breastfeeding peer counseling
- d) Referrals to other services
- e) Monitoring weight, height, blood, and other body and health measures
- Q14. Were you provided with a list of nearby places you could go to get information on health-related and public assistance programs besides WIC, or made aware that such lists were available?
  - **O** YES
  - O NO
  - **O** NOT SURE
  - **O** REFUSED
- Q15. Thinking about your experience in the program, what have you gained by being in WIC? [DO NOT READ. CHECK ALL THAT APPLY.] PROBE: Anything else?
  - □ Meeting and talking with other mothers
  - □ Saving money on grocery bills
  - **D** Receiving links to health services
  - Getting nutrition information
  - Getting height and weight checks to know how my child is growing
  - □ Receiving advice from WIC staff
  - □ Receiving WIC benefits for foods I know are nutritious
  - □ Staying on time with shots for my child
  - □ Learning the foods my baby needs to be healthy
  - Learning about the foods my children need to be healthy
  - □ Learning about the foods I need to be healthy
  - □ Having breastfeeding support and education
  - Other: PLEASE SPECIFY: \_\_\_\_\_
  - □ NOT SURE
  - □ REFUSED

# [FI WILL PREDETERMINE IF WIC PARTICIPANT LIVES IN A STATE WHERE WIC FARMERS' MARKET NUTRITION PROGRAM IS OFFERED.]

Q16. Do you participate in the WIC Farmers' Market Nutrition Program?

- YES [CONTINUE]
- **O** NO **[GO TO Q16C]**
- NOT SURE
- **O** REFUSED
- [NOT OFFERED IN PARTICIPANT'S STATE; [GO TO Q17]

Q16A. How would you rate the Farmers' Market Nutrition Program? Would you say it is . . .







- **O** Excellent
- Very Good
- O Good
- **O** Fair
- O Poor
- NOT SURE
- **O** REFUSED

Q16B. Please explain why you rated the Farmers' Market Nutrition Program as [INSERT RESPONSE FROM Q16A].

Q16C. Why don't you participate in the WIC Farmers' Market Nutrition Program?

- **O** Don't know about the program.
- **O** Don't like the foods the FMNP offers.
- **O** Don't have the transportation to get there.
- O OTHER: PLEASE SPECIFY \_\_\_\_\_
- **O** NOT SURE
- **O** REFUSED

Q17. How do you usually get to the WIC clinic when you need to go there? [DO NOT READ. CHECK ALL THAT APPLY.]

- □ PERSONAL CAR
- UBER/LYFT
- BUS
- LIGHT RAIL/SUBWAY/COMMUTER TRAIN
- **WALK**
- **D** BIKE
- GET A RIDE FROM SOMEONE
- OTHER: PLEASE SPECIFY
- □ NOT SURE
- **REFUSED**

Q17A. How long does it take you to get to the WIC clinic using [SHOW Q17 ANSWER(S)]? HOURS \_\_\_\_\_ MINUTES \_\_\_\_\_

- **O** NOT SURE
- **O** REFUSED
- Q18. Now, think about the food benefits that you receive **for your child**. Using the scale: Excellent, Very Good, Good, Fair or Poor. How would you rate the food benefits for . . .

Excellent-----Very Good------Good------Fair -----Poor [ROTATE START POINT]

- a) Providing the right amount of food for your child/ren?
- b) Offering foods that your child likes to eat?
- c) Offering nutritious foods?
- d) Offering food choices in sizes and brands that you can find on the shelf? For example, if the benefit says you can purchase a 46-oz container of juice in one of these three brands, you can find them in the store where you shop.





- Q19. Are there certain WIC foods that, on a regular basis, you do not purchase **for your child** for some reason?
  - YES [CONTINUE]
  - **O** NO **[GO TO Q20A]**
- Q20. Which ones do you not purchase? [DO NOT READ LIST. CHECK ALL THAT APPLY. FOR EACH ONE CHECKED, ASK:] Why not? [AFTER R. ANSWERS, ASK] Anything else?

ITEMS NOT PURCHASED	Why don't you purchase them? [CODE OR WRITE IN MAIN REASON]	PRECODES 1–Dislike, don't like 2–Not accustomed to eating it
FRUITS AND     VEGETABLES		(including cultural differences) 3–Food allergies
BREAKFAST CEREAL		4–Don't know how to prepare 5–Too much trouble to prepare
U WHOLE WHEAT BREAD		6–Problems getting food to home
DRY BEANS, PEAS, LENTILS		7–Couldn't find/ Lost the food coupons 8–Store did not have item in stock
PEANUT BUTTER		
EGGS		9–Did not need at that time 10 Don't think it's a healthy food
INFANT CEREAL		11 Options for this are low quality
INFANT FRUITS AND VEGETABLES		10–Other: PLEASE SPECIFY
INFANT MEATS		
INFANT FORMULA		
OTHER: PLEASE SPECIFY		

Q20A. What reasons affect your purchase of items **for your child** with your WIC benefits? **[DO NOT READ. CHECK ALL THAT APPLY.]** 

- TASTE
- □ PRICE
- □ NUTRITIONAL CONTENT
- □ BRAND NAME IN STORE
- □ AVAILABILITY IN STORE
- **COUPON FOR WIC FOOD ITEM**
- □ SIZE OF FOOD PACKAGE
- OTHER: PLEASE SPECIFY\_\_\_\_\_
- □ NOT SURE





### □ REFUSED

Q21. For food items you did purchase, was there too much of any food for your child?

- YES [ASK: WHICH FOODS?]
- **O** NO **[GO TO Q22]**
- **O** NOT SURE
- **O** REFUSED

### [DO NOT READ. CHECK ALL THAT APPLY]

Q21A	. TOO MUCH OF WHICH FOODS?
	FRUITS AND VEGETABLES
	INFANT FOOD FRUITS AND VEGETABLES
	BREAKFAST CEREAL
	INFANT CEREAL
	INFANT FOOD MEATS
	EGGS
	INFANT FORMULA
	JUICE
	MILK
	YOGURT
	PEANUT BUTTER
	DRY BEANS, PEAS, LENTILS
	WHOLE WHEAT BREAD AND OTHER GRAINS
	OTHER: PLEASE SPECIFY

Q22. For food items you did purchase, was there **too little** of any food **for your child**?

- YES [ASK: WHICH FOODS?]
- **O** NO **[GO TO Q23]**
- **O** NOT SURE
- **O** REFUSED

### [DO NOT READ. CHECK ALL THAT APPLY]

#### Q22A. TOO LITTLE OF WHICH FOODS?

- □ FRUITS AND VEGETABLES
- □ INFANT FOOD FRUITS AND VEGETABLES





BREAKFAST CEREAL
INFANT CEREAL
INFANT FOOD MEATS
EGGS
INFANT FORMULA
JUICE
MILK
YOGURT
PEANUT BUTTER
DRY BEANS, PEAS, LENTILS
WHOLE WHEAT BREAD & OTHER GRAINS
OTHER: PLEASE SPECIFY

Q23. Which one of the following types of stores best describes where you most often use **your child's** WIC benefits? **[READ FULL LIST. SELECT ONLY ONE]** 

- **O** Large chain grocery store or supermarket
- **O** Small individually owned grocery store
- **O** Convenience store
- **O** Tribal store or trading post
- **O** Specialty food store, such as one that specializes in ethnic foods
- **O** Store that carries only WIC-approved items
- **O** Large combination food-store retailer such as a Walmart or Target
- **O** Military commissary
- **O** Milk man delivers
- [DON'T READ] OTHER [ASK: Can you describe it for me? AND TYPE BRIEF DESCRIPTION]
- **O** NOT SURE
- **O** REFUSED
- Q24. Using the scale of Excellent, Very Good, Good, Fair, or Poor that we used earlier, what overall rating would you give the store where you do most of your child's WIC shopping?
  - **O** EXCELLENT
  - **O** VERY GOOD
  - **O** GOOD
  - **O** FAIR
  - **O** POOR
  - **O** NOT SURE
  - **O** REFUSED



1

Q25. Do you buy WIC items at the same store where you do most of your other food shopping?

- **Q** YES **[GO TO Q27]**
- NO [CONTINUE]
- **O** NOT SURE
- **O** REFUSED

### Q26. Why not? [DO NOT READ. CODE ANSWER ALL THAT APPLY]

- EXPENSE: WIC STORE MORE EXPENSIVE, REGULAR STORE LESS EXPENSIVE
- □ EXPENSE: REGULAR STORE MORE EXPENSIVE, WIC STORE LESS EXPENSIVE
- □ TRANSPORTATION: WIC STORE LESS CONVENIENT TO GET TO, REGULAR STORE MORE CONVENIENT
- □ TRANSPORTATION: REGULAR STORE LESS CONVENIENT TO GET TO, WIC STORE MORE CONVENIENT
- □ COURTESY: WIC STORE NOT CUSTOMER-FRIENDLY, REGULAR STORE FRIENDLIER
- □ COURTESY: REGULAR STORE NOT CUSTOMER-FRIENDLY, WIC STORE FRIENDLIER
- □ REGULAR STORE DOES NOT PARTICIPATE IN WIC PROGRAM
- □ REGULAR STORE DOESN'T CARRY RIGHT SIZES/SELECTIONS OF WIC FOODS
- OTHER: PLEASE SPECIFY \_\_\_\_\_\_
- NOT SURE
- □ REFUSED
- Q27. I am going to give you a list of reasons why some people choose a certain store to make their WIC purchases. For each one, please tell me how important it is to you by giving a number from 0 to 5, with 5 meaning extremely important and 0 being not important at all. How important is it that **[INSERT FROM BELOW]**:

Extremely important

Not at all important

5------0 [ROTATE START POINT]

- a) It is the same store where you do your other shopping
- b) The store clerks are friendly and helpful
- c) The store clerks speak your language
- d) The location is safe
- e) The location is convenient, easy to get to
- f) The store hours are convenient
- g) The store has the right sizes and brands of WIC foods
- h) The prices on non-WIC items are reasonable
- i) It is easy to identify the WIC approved food items in the store
- j) The store offers incentives for my WIC purchases
- k) The store has a large selection of WIC-approved food items for me to choose
- l) The store only carries WIC items
- Q28. Thinking about the store where you usually shop, how often does that store have all of the WICapproved food items you want to buy for **your child** during your visit? Would you say . . .
  - O Never
  - Almost never
  - Occasionally/Sometimes





- **O** Almost every time
- **O** Every time
- O NOT SURE
- REFUSED

Q29. How do you usually get to the store when you need to go there? [DO NOT READ. CHECK ALL THAT APPLY]

- PERSONAL CAR
- TAXI
- □ UBER/LYFT
- BUS
- □ LIGHT RAIL/SUBWAY/COMMUTER TRAIN
- □ WALK
- BIKE
- □ GET A RIDE FROM SOMEONE
- □ OTHER: PLEASE SPECIFY\_\_\_\_\_
- □ NOT SURE
- □ REFUSED
- Q30. How far from home (in miles) is the store where you usually purchase food with your child's WIC benefits?
  - \_\_\_\_\_MILES
  - **O** NOT SURE
  - REFUSED
- Q30A. How long does it usually take you to get to the store where you usually purchase food items using [SHOW Q29 ANSWER]?
  - \_\_\_\_ HOURS \_\_\_\_\_ MINUTES
  - **O** NOT SURE
  - **O** REFUSED

Q30B. How many times in a typical month do you usually go to the store to purchase food?

- \_\_\_\_\_ TIMES
- NOT SURE
- **O** REFUSED

Q31. On average, how much of the WIC benefits do you use **for your child** each month?

- All of it
- **O** Most of it
- **O** Half of it
- **O** A little of it
- **O** None of it
- **O** NOT SURE
- **O** REFUSED

#### [ASK Q32 AND Q32A-E IF STATE AUTHORIZES USE OF WIC BENEFITS AT FARMERS' MARKET]

Q32. Is there a farmers' market located near where you live?

- **O** YES
- **O** NO **[GO TO Q32B]**

- NOT SURE [GO TO Q32B]
- REFUSED [GO TO Q32B]

Q32A. How far away, in miles, is the farmers' market located from where you live?

- \_\_\_\_\_ MILES
- O NOT SURE
- REFUSED

Q32B. Are you aware that you can use **your child's** WIC benefits at farmers' markets?

- **O** YES
- NO [GO TO Q33]
- NOT SURE [GO TO Q33]
- REFUSED [GO TO Q33]
- Q32C. How often do you use **your child's** WIC benefits at farmers' markets?
  - **O** All of the time
  - **O** Often
  - **O** Occasionally
  - O Seldom
  - O Never
  - **O** NOT SURE
  - REFUSED
- Q32D. Do you prefer to use **your child's** WIC benefits to purchase fruits and vegetables at the grocery store or the farmers' market?
  - GROCERY STORE [GO TO Q32E]
  - FARMERS' MARKET [GO TO Q32E]
  - NOT SURE [GO TO Q33]
  - REFUSED [GO TO Q33]
- Q32E. Please explain why you prefer to use your WIC benefits to purchase fruits and vegetables at the **[INSERT RESPONSE FROM Q33D]**.
- Q33. Now thinking about how your family eats generally, which of the following statements best describes the food you had to eat in your household during the last 12 months? Did your household . . [READ LIST]? [CHECK ONE ONLY]
  - Have enough to eat [GO TO Q35]
  - **O** Sometimes not have enough to eat, or
  - **O** Often not have enough to eat

Q33A. Now I am going to read a series of statements that people sometimes make about food and meals. For each statement, tell me if the statement was often, sometimes, or never true for you in the last 12 months. [REPEAT SCALE AS NECESSARY]
1) We warried whether our food would run out

1) We worried whether our food would run out before we got money to buy more.	◯ OFTEN [] SOMETIMES [] NEVER TRUE
<ol><li>The food that we bought just didn't last and we didn't have money to get more.</li></ol>	◯ OFTEN [] SOMETIMES [] NEVER TRUE





3) We couldn't afford to eat balanced meals.	◯ OFTEN [] SOMETIMES [] NEVER TRUE
<ul><li>4) We relied on only a few kinds of low-cost food to feed our children because we were running out of money to buy food.</li></ul>	○ OFTEN [] SOMETIMES [] NEVER TRUE
5) We couldn't feed our children a balanced meal, because we couldn't afford that.	○ OFTEN [] SOMETIMES [] NEVER TRUE
6) The children were not eating enough because we just couldn't afford enough food.	○ OFTEN [] SOMETIMES [] NEVER TRUE
Q33B. In the last 12 months, did you or other adults in the household ever cut the size of your meals or skip meals because there wasn't enough money for food?	<ul> <li>YES</li> <li>NO [GO TO Q33C]</li> </ul>
1) How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?	<ul> <li>ALMOST EVERY MONTH</li> <li>SOME MONTHS BUT NOT EVERY MONTH</li> <li>ONLY 1 OR 2 MONTHS</li> </ul>
Q33C. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?	O YES O NO
Q33D. In the last 12 months, were you ever hungry, but didn't eat, because there wasn't enough money for food?	O YES O NO
Q33E. In the last 12 months, did you lose weight because there wasn't enough money for food?	<ul><li>YES</li><li>NO</li></ul>
Q33F. In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food?	<ul> <li>YES</li> <li>NO [GO TO Q34A]</li> </ul>
Q33G. How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?	<ul> <li>ALMOST EVERY MONTH</li> <li>SOME MONTHS BUT NOT EVERY MONTH</li> <li>ONLY 1 OR 2 MONTHS</li> </ul>
Q34A. In the last 12 months, did you ever cut the size of any of the children's meals because there wasn't enough money for food?	O YES O NO
Q34B. In the last 12 months, were the children ever hungry but you just couldn't afford more food?	O YES O NO





Q34C. In the last 12 months, did any of the children ever skip a meal because there wasn't enough money for food?	<ul> <li>YES</li> <li>NO [GO TO Q34E]</li> </ul>
Q34D. How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?	<ul> <li>ALMOST EVERY MONTH</li> <li>SOME MONTHS BUT NOT EVERY MONTH</li> <li>ONLY 1 OR 2 MONTHS</li> </ul>
Q34E. In the last 12 months, did any of the children ever not eat for a whole day because there wasn't enough money for food?	<ul><li>YES</li><li>NO</li></ul>

## **Current Situation and Behaviors**

- Q35. At the current time, what, if any, health insurance do you have **for your child/ren**? **[IF R. SAYS SOMETHING LIKE "AETNA, BLUE CROSS/BLUE SHIELD, KAISER, OR UNITED HEALTHCARE," CLARIFY WHETHER IT IS PRIVATE INSURANCE THROUGH AN EMPLOYER OR NOT. IF MORE THAN ONE GIVEN, ASK FOR MAIN ONE.]** 
  - **O** NONE
  - **O** MEDICAID
  - STATE CHIP CHILDREN'S HEALTH INSURANCE PROGRAM
  - **O** OTHER STATE PROGRAM
  - **O** MILITARY/TRICARE
  - **O** PRIVATE INSURANCE THROUGH AN EMPLOYER
  - PRIVATE INSURANCE <u>NOT</u> THROUGH AN EMPLOYER (I.E., THEIR OWN INSURANCE)
  - OTHER: PLEASE SPECIFY: \_\_\_\_\_
  - **O** NOT SURE
  - **O** REFUSED
- Q37. Were you given information about the Medicaid Program during **your child's** WIC Program certification process?
  - **O** YES
  - O NO
  - **O** NOT SURE
  - **O** REFUSED

Q37A. Were you referred to the Medicaid Program during your child's visit?

- **O** YES
- O NO
- **O** NOT SURE
- **O** REFUSED

Q38. Are you, or members of your family, currently getting food through the . . . [READ LIST]?



TAILOR TO STATE PROGRAM NAMES WHERE APPLICABLE	Q38A Currently	Q38B Ever	Q38C. How long did you participate	
a. Supplemental Nutrition Assistance Program	O YES	O YES	YEARS	
(SNAP)	O NO	O NO	MONTHS	
	O NA			
b. Head Start/Early Head Start	O YES	O YES	YEARS	
	O NO	O NO	MONTHS	
	O NA			
c. Free or Reduced Price School Lunch or Breakfast	O YES	O YES	YEARS	
Program	O NO	O NO	MONTHS	
d. Summer Food Service Program (SFSP), for kids	O YES	O YES	YEARS	
when not in school	O NO	O NO	MONTHS	
e. Food Distribution Program on Indian Reservations (FDPIR)?	O YES	O YES	YEARS	
	O NO	O NO	MONTHS	
	O NA			
f. The Emergency Food Assistance program	O YES	O YES	YEARS	
	O NO	O NO	MONTHS	
	O NA			
g. Free meals for children at daycare centers (Child and Adult Care Food program) (CACFP)	O YES	O YES	YEARS	
	O NO	O NO	MONTHS	
	O NA			
h. Local/community food bank or pantry	O YES	O YES	YEARS	
	O NO	O NO	MONTHS	
	O NA			
i. Commodity Supplemental Food Program, which	O YES	O YES	YEARS	
provides food packages that are distributed	O NO	O NO	MONTHS	
through State and local agencies	O NA			

Q39. **[IF CURRENT OR FORMER SNAP PARTICIPANT IN Q38A, ASK]** Which program did you (or your child) enroll in first, SNAP or WIC? **[DON'T READ]** 

- **O** SNAP: SELF
- **O** SNAP: CHILD
- **O** WIC: SELF
- **O** WIC: CHILD
- **O** THE SAME DAY: SELF
- **O** THE SAME DAY: CHILD
- **O** NOT SURE
- **O** REFUSED

Q40. Has participating in WIC changed how you use these other programs?

- YES: PLEASE EXPLAIN: \_\_\_\_\_
- O NO
- **O** NOT SURE
- **O** REFUSED





Q40A. **[ASK IF YES TO Q40]** Did you learn through WIC that you or **your child/ren** were eligible for one of the previously mentioned programs?

- O YES
- O NO
- NOT SURE
- **O** REFUSED

Q40B. **[ASK IF YES TO Q40A]** Did you apply for one of these previously mentioned programs after learning through WIC that you or **your child/ren** were eligible for them?

- O YES
- O NO
- **O** NOT SURE
- REFUSED

Q40C. **[ASK IF YES TO Q40. IF RESPONDED NO, GO TO Q41]** With WIC, are you able to use **your child's [STATE TANF NAME]** benefits for other expenses?

- O YES
- O NO
- **O** NOT SURE
- **O** REFUSED

### Friends

Q41. Do you have friends who have **children** that you think are eligible for WIC but who haven't applied?

- **O** YES
- O NO
- **O** NOT SURE
- **O** REFUSED
- Q41A. What, do you think, are the main reasons that people who could participate in WIC do not? PROBE: Anything else? [DO NOT READ. CODE UP TO THREE REPLIES.]
  - □ LACK OF TRANSPORTATION TO CLINIC, TRANSPORTATION DIFFICULTIES
  - □ THEY DON'T KNOW THAT WIC EXISTS
  - □ ASSUME THEY ARE NOT ELIGIBLE
  - ASSUME BENEFITS ARE NOT WORTH THE EFFORT TO APPLY
  - □ INCONVENIENT HOURS/DAYS CLINIC OPEN
  - SERVICES (INCLUDING WAITING TIME) TAKE TOO MUCH TIME
  - □ WAITING SPACE AT CLINIC IS LIMITED
  - LACK OF CHILD CARE
  - LANGUAGE BARRIERS
  - □ PROBLEMS QUALIFYING FOR BENEFITS
  - □ DIFFICULTIES KEEPING APPOINTMENT TIMES
  - □ WIC FOOD SELECTION NOT DESIRABLE
  - □ WIC FOOD STORES NOT CONVENIENT (HOURS OR LOCATION)
  - □ WIC FOOD HARD TO FIND ON SHELVES (BRANDS, QUANTITIES)
  - DO NOT WANT TO PARTICIPATE IN A FOOD ASSISTANCE PROGRAM BECAUSE OF THE STIGMA





- □ CONCERNS WITH CITIZENSHIP
- DIDN'T NEED FOOD BENEFIT
- OTHER: PLEASE SPECIFY\_\_\_\_\_

### Demographics

We're almost done with this survey. I'd like to ask these last few questions for classification purposes only.

### Q42. Is your child . . . [READ]

- Hispanic or Latino/a?
- **O** Not Hispanic or Latino/a?
- **O** REFUSED

### Q43. How would you characterize **your child's** race? **[READ ALL. CHECK ALL THAT APPLY]**

- **O** American Indian or Alaska Native
- **O** Asian American
- **O** Black or African American
- **O** Native Hawaiian or Other Pacific Islander
- **O** White
- **O** REFUSED
- Q45. What is **your child's** primary language, that is, the language they speak at home? [DO NOT READ. MARK ONE.]

Ο	English	$\mathbf{O}$	Hmong	$\mathbf{O}$	Spanish
Ο	Arabic	õ	Khmer	$\tilde{0}$	Swahili
Ο	Cambodian	õ	Korean	Õ	Tamil
О	Cantonese/ Mandarin	Õ	Laotian	Õ	Tagalog
0	Farsi	ŏ	Punjabi	ŏ	Urdu
0	French/Creole	ŏ	Russian	õ	Vietnamese
0	Fulani	õ	Somali	õ	Other: SPECIFY
0	Hindi	•	Joinall	0	REFUSED

Q47. How tall is **your child**? \_\_\_\_\_[IF REFUSED, ENTER -9]

Q48. How much does **your child** weigh? \_\_\_\_\_ [IF REFUSED, ENTER -9]

## End Survey

Thank you so much for your help in answering this survey. Your feedback, combined with other confidential responses, will help improve the WIC program. Thanks again. Have a great day/evening.

