

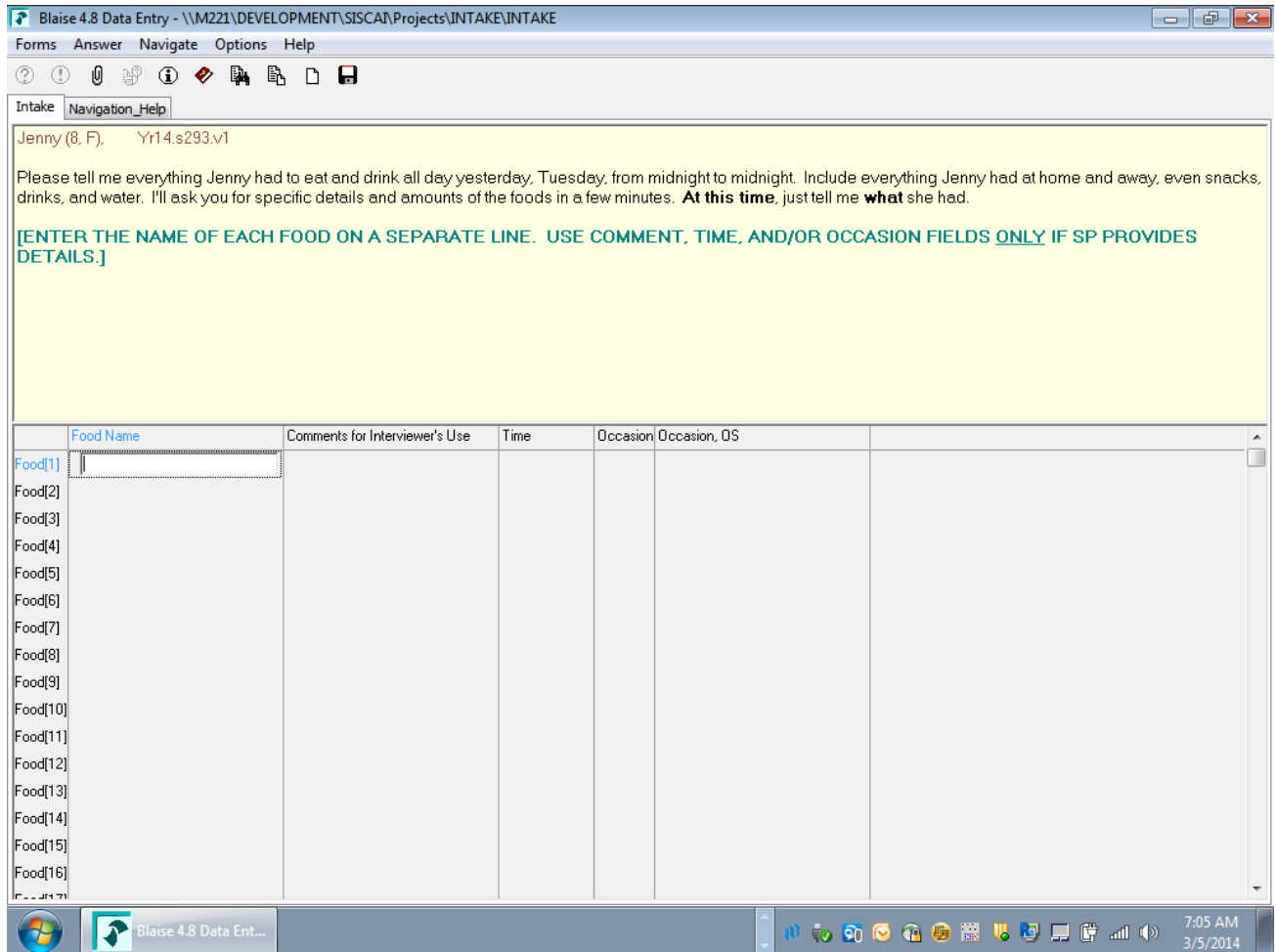
## **In-School Diary-assisted Dietary Recall**

The *in-school dietary recall* will be conducted using an electronic multiple pass method that consists of five steps that utilize different strategies to encourage students to think about their intake in different ways in order to maximize their ability to remember and report the foods they have eaten. The five steps of the multiple pass dietary recall method include:

- **Step 1 - Quick List:** The first step obtains a quick report of easily remembered foods and beverages. The interviewer reads a standard memory prompt that suggests strategies for remembering foods and beverages consumed during the time at school (see Exhibit A).
- **Step 2 - Forgotten Foods List:** The interviewer encourages respondents to think about specific categories of foods that are frequently forgotten, such as beverages, sweets, savory snacks, fruits, vegetables, cheese, breads, tortillas, and rolls (see example in Exhibit B).
- **Step 3 - Time and Occasion pass:** The interviewer encourages additional recall and reporting by helping the respondent to think about the times that foods and beverages were consumed and the types of eating occasions like a breakfast, a morning snack, lunch, and an afternoon snack at school (see Exhibit C).
- **Step 4 - Detail and Review Cycle:** At this step, the interviewer probes for food descriptions and amounts using the student's diary (Foods Eaten at School Today, FEST) as a guide along with known information as to the menu that same day served at school breakfast and school lunch. For foods brought from home or elsewhere and consumed in the school day, the source obtained will be recorded. Each eating occasion and the periods between are reviewed to check whether the respondent remembers any additional foods or beverages. Students use measuring aids (e.g. measuring cups and spoons, ruler) to help estimate the amounts of foods and beverages consumed at school for the target day (see example in Exhibit D).
- **Step 5 - Final Review:** The student is asked one last time to remember anything else consumed during the school day (see Exhibit E).

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**Exhibit A. Quick List Screenshot**



Note: The lead-in question will be changed to reflect the period at school rather than the previous 24 hours and reworded for the student as the respondent.

**Exhibit B. Forgotten Foods List Screenshot (Example question)**

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Forms Answer Navigate Options Help

Intake Sorted\_RFL Navigation\_Help

Jenny (8, F), Yr14.s293.v1

Fruits, vegetables or cheese?

[READ IF NEEDED: In addition to the foods you have already told me about, did Jenny have any fruits, vegetables or cheese?]

1. YES  
 2. NO  
 3. HAD OTHER FOOD(S)

Label	Forgotten Foods
RECFFLIntroBeverage	2
RECFFLDtherDik	
RECFFLSweets	2
RECFFLSnacks	2
RECFFLFruitVegCheese	2
RECFFLBread	
RECFFLAnythingElse	

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**Exhibit C. Time and Occasion Pass Screenshot**

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Forms Answer Navigate Options Help

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Jenny (8, F) Yr14.s293.v1

About what time did Jenny **begin** to eat/drink the Toast?

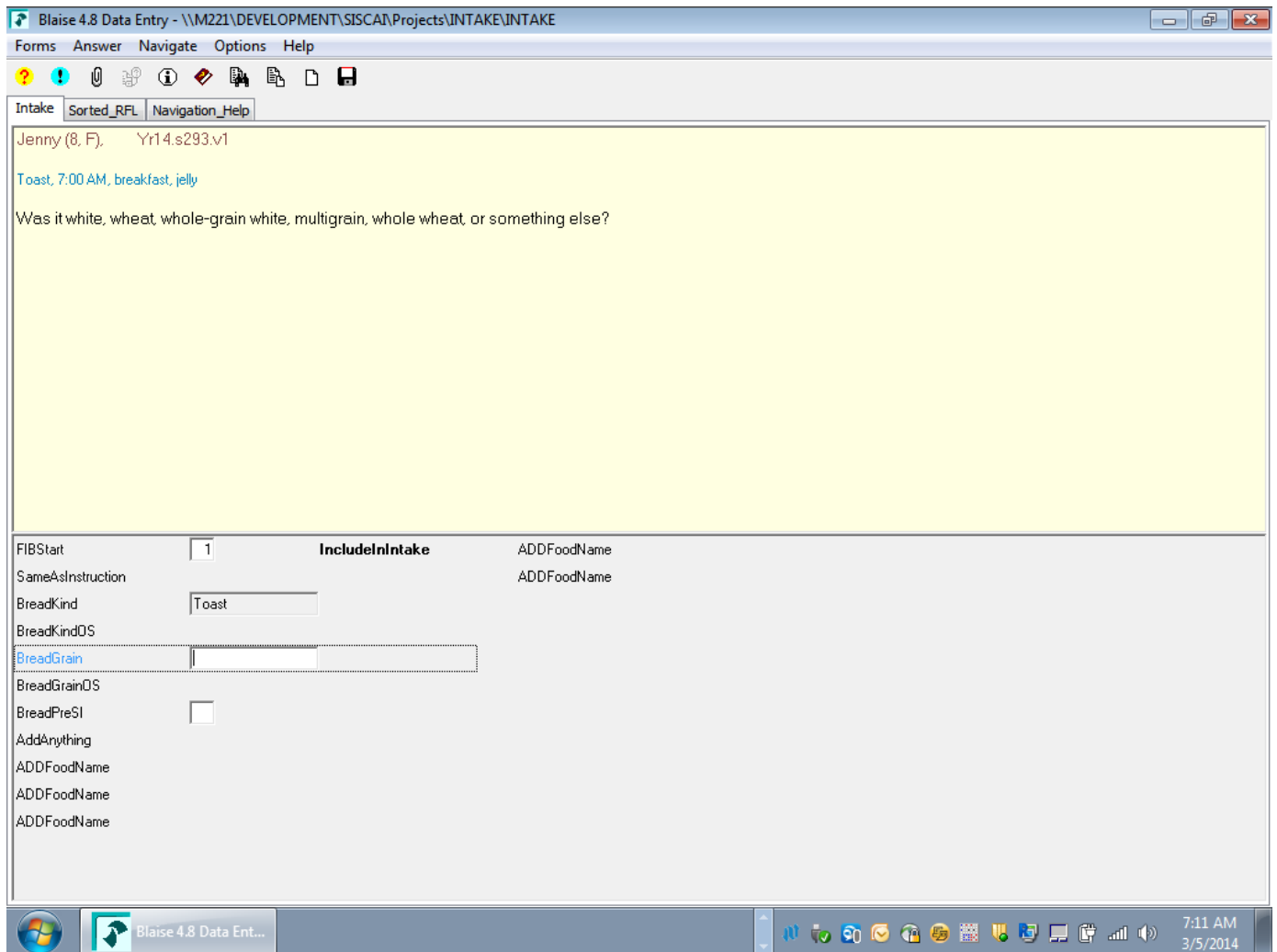
[ENTER HOUR, MINUTE AND AM OR PM]

[IF SP IS NOT SURE OF TIME, ASK FOR BEST ESTIMATE. IF SP IS UNABLE TO ESTIMATE TIME, REFER TO HANDCARD]

	Food Name	Comments for Interviewer's Use	Time	Occasion	Occasion, OS
Food[1]	Toast	jelly			
Food[2]	Milk	2%			
Food[3]	Banana				
Food[4]	>>>				
Food[5]					
Food[6]					
Food[7]					
Food[8]					
Food[9]					
Food[10]					
Food[11]					
Food[12]					
Food[13]					
Food[14]					
Food[15]					
Food[16]					

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**Exhibit D. Detail and Review Cycle Screenshot (Example question)**



**Exhibit E. Final Review Cycle Screenshot**

