

National Center for Health Statistics

# National Health and Nutrition Examination Survey

## Examination Assent Brochure, 7–11 Years of age



Let's  
Improve  
Our Health



# Examination Assent Brochure



**This booklet contains facts  
for you about the National  
Health and Nutrition  
Examination Survey**



The National Health and Nutrition Examination Survey (NHANES) studies the health and diet of people in this country.



The survey will look at how young people grow and develop. We will ask questions about what your body looks like. We will look at special health problems that may affect kids.

We go all over the United States in these vans.

The exam is like going to the doctor. Your exam will help us find out more about the health of children your age.



We will ask questions about what you eat and drink.

You will change into special exam clothes at the exam center.

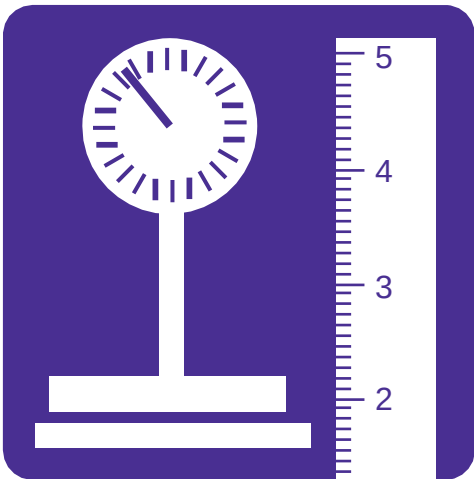




Our doctor will take your pulse.



We will take your blood pressure.



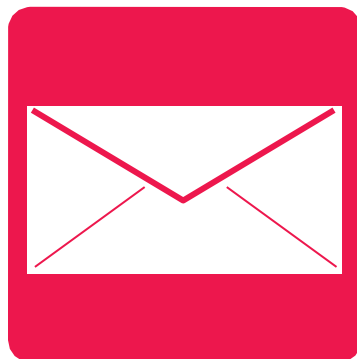
We will see how much you weigh and how tall you are.



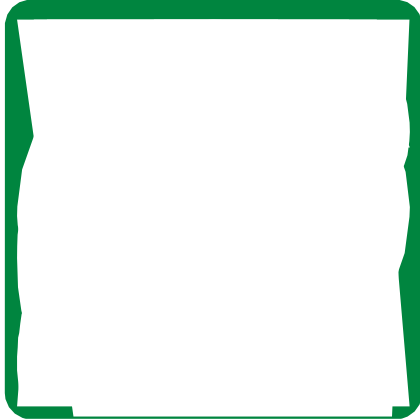
We will look at your teeth.



We will check your blood  
and urine in our lab.



We will send you and  
your parents a report  
on your exam.



Our staff will answer any questions you have.

**We would like you to go to our mobile exam center vans for an exam. You will help us learn more about all children in the United States.**





For more information about the National Center for Health Statistics, contact:

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Online request from : <http://www.cdc.gov/info>

Internet: <http://www.cdc.gov/nchs>

For more information about the National Health and Nutrition Examination Survey you may visit the NHANES Website at: <http://www.cdc.gov/nhanes>.