

Attachment E: Participant Phone Consent Script

***Research on the Efficacy and Feasibility of
Essentials for Parenting Toddlers and Preschoolers***

Division of Violence Prevention
National Center for Injury Prevention and Control
Centers for Disease Control and Prevention

Phone explanation and consent – Essentials for Parenting Study

Thanks for your interest in the Essentials for Parenting study. First, have you already received an email from us that describes the study? [*If yes: Great. If no: I'm sorry about that. I'll be telling you about the study now, and at the end of our conversation I'll also re-check the email address we have for you.*]

Today I'd like to tell you more about what's involved in the study, double-check some of the information you gave us on the sign-up website, and then if you are interested, sign you up for the study. It will take about 5-10 minutes. Is that okay?

Purpose of the study

So, first, the purpose of this study is to get parents' feedback about a web resource created for parents like you who have young children. The study is being led by Westat, a health research firm, and our partners at New York University, on behalf of the U.S. Centers for Disease Control and Prevention, also known as the CDC. We are looking for about 200 parents to give us feedback on this website.

The website was created by the CDC with input from national experts in parenting. The goal is to provide parents with information to help in handling common parenting challenges so that they are confident in their parenting and enjoy helping their children grow. The website focuses on skills such as encouraging good behavior and decreasing misbehavior using strategies that have been shown to work, like positive communication, structure and rules, clear directions, and consistent discipline and consequences. As a parent of a toddler or preschooler we would like you to help us by using the website and sharing your feedback. We will ask you questions about your parenting beliefs and feelings about parenting. We will also ask questions about how you handle certain parenting issues and how your child responds. We'll also ask for your thoughts on the website itself and the information that's there.

Did you have any questions for me about the purpose of the study?

What we will ask you to do

When you sign up for the study, you will be randomly placed in one of two groups. One group will explore the website however they wish. This is the self-guided group. The other group will be asked to go through the website in an order we ask them to do. We call this the guided group. Both groups will be in the study for 18 weeks. Everything you do for the study will be from your own computer, any time of day, whenever it is convenient for you.

- For the first three weeks we'll ask for 10 to 25 minutes of your time each week, as you complete weekly surveys.

- Starting in week 4 we'll ask you to spend 10 weeks exploring the website.
 - If you are in the guided group, you will be asked to explore a different section of the website every two weeks, reading about parenting challenges, watching videos, and trying out activities.
 - If you are in the self-guided group, you will explore any areas of the website that interest you – whether it's articles, videos, activities, or everything – at your own pace.
 - We expect that exploring the website will take about 2½ - 3 hours per week on average, and we'll ask for 5-10 minutes of your time each week to complete surveys and answer questions.
- During weeks 14 to 17 you will be done exploring the website, but we'll ask you to help us know how useful everything was by spending 5-10 minutes each week completing surveys about parenting and your child's behavior.
- In the final week, week 18, we'll ask you to spend about 35 minutes on surveys about parenting and child behavior, as well as about what you've learned and what you think about the website.
- In total we'll be asking you to spend about 30 hours over the course of 18 weeks on the study. Once you sign up and are assigned to a group, we'll be sending you detailed information and reminders about what to do each week.

Did you have any questions I can answer about what we would ask you to do?

Benefits of being in the study

There are no direct benefits to you for being in this study. We expect that you will find the website and activities fun and useful and that you will learn skills that will be helpful to you as a parent. The information we get from the study will help the CDC understand how parents use and learn from the website, and they will use this information to continue to make the website better for all parents across the country.

To thank you for the time you take to be in this study, we will mail you a \$20 prepaid MasterCard after you complete your first surveys. During weeks 2-17 we'll add \$10 to your card electronically each time you complete your weekly surveys. When you complete your longer week 18 surveys we'll add \$30 to your card, and if you have completed all 18 weeks of surveys within the requested times, we'll add a final \$40 bonus thank you to your card. In total you will receive \$250 if you finish all your surveys on time.

Do you have any questions I can answer about the benefits of being in the study, or the gifts for finishing the surveys on time?

There are a few more things we need you to know:

- Taking part in this study is completely your choice. Some of the survey questions may seem a little personal, and you may decide not to answer any questions on the surveys that you don't want to answer. There is no penalty for stopping or skipping questions, and it won't affect any other benefits or services you otherwise get.
- We will keep private all personal information we get from you during this study. There is, however, a small risk to privacy since you are entrusting us with personal information. We will take many steps and precautions to protect your privacy. Your name and your child's name will not be used in any research reports. We will assign a study ID to your information, and only Westat study staff will have access to the connection between study IDs and actual names. All study information will be stored on secure computer servers at Westat. We will not share information that could identify you with CDC or with anyone else who is not on the study staff.
- If you have questions about the study itself and what we are doing, a member of our study team can help you. For those questions, please contact us at XXX-XXX-XXXX.
- If you have a problem that the study team member couldn't help you resolve, please call the Project Director, Dr. Nancy Weinfield, at 240-314-2480.
- If you have questions about your rights as a participant in this study, please contact the Westat Human Research Protection Administrator, at 1-888-920-7631, and let her know that you are calling about the Essentials for Parenting Study.

Confirm eligibility data from screening:

Now I have just a little more information I'd like to go over with you, and then if you agree, I can officially sign you up for the study. First, I'd like to confirm some of the information you gave us on the website to make sure you are eligible.

[parent age]

[has a child at least 2 years old but less than 5 years old]

[relation of target age child to parent]

[comfort completing surveys in English]

[internet access at home]

NOTE: If all eligibility items not confirmed, do not enroll. Say: I'm sorry, it looks like you aren't eligible for the study after all. Thank you for your time and interest in the Essentials for Parenting Study.

Record Verbal Consent

Great. You are eligible, so do you have any questions about the study before I ask you if you would like to sign up?

Do you agree to take part in this study? **{Document in the Subject Management System}**

- Yes (GOTO Target Child Information)
- No (END CALL and thank them for their time)

Target Child Information:

For study activities we'll be asking you to focus on your biological, adoptive, or step child who is at least 2 years old but younger than 5 years old. If you have more than one child in that age range, we'd like you to focus on the oldest child. I'd like to ask you a few questions now about that child so that we can be clear about which child you are focusing on for the study.

What is this child's gender?

- Male
- Female

What is this child's age? Please answer in both years and months.

_____ Years (*valid range for year: 2 to 4*)

_____ Months (*valid range for months: 0 to 11*)

What is this child's first name, or a nickname you would like us to use when asking you about your child?

Name _____

Confirm participant email address, get participant mailing address

Thank you. We appreciate your willingness to help us learn about the usefulness of this web resource for parents. Now I need to confirm your email address, and get a mailing address for you. We will not share your email or mailing address with anyone, and you won't get anything from us except study-related materials. You will be getting an email from (*sender address*) in the next 24 hours with instructions for getting started, and we'll send you a copy of what I've told you today by regular mail. Once you complete the first survey we'll also send the prepaid MasterCard by mail.

[Confirm email]

Can I please get your mailing address?
