# Attachment I2: Detailed Assessment Measures

Research on the Efficacy and Feasibility of Essentials for Parenting Toddlers and Preschoolers

> Division of Violence Prevention National Center for Injury Prevention and Control Centers for Disease Control and Prevention

> > Form Approved OMB No. **0920**-XXXX Exp. Date xx/xx/20xx

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# **Detailed Assessment Measures**

		H	Is this a problem for you?								
	Never		Sometimes Always Choose not to answer								Choose not to answer
Dawdles in getting dressed											
Dawdles or lingers at mealtime											
Has poor table manners											

		E		Is this a problem for you?							
	Never	Never Sometimes Always Charter							Yes	No	Choose not to answer
Refuses to eat food presented											
Refuses to do chores when asked											
Is slow in getting ready for bed											
Refuses to go to bed on time											

		H	low often	does this o	ccur with {	[ChildNam	e}?		Is this a problem for you?			
	Never			Sometimes			Always	Choose not to answer	Yes	No	Choose not to answer	
Does not obey house rules on {HIS/HER} own												
Refuses to obey until threatened with punishment												
Acts defiant when told to do something												
Argues with parents about rules												
Gets angry when doesn't get{HIS/HER}own way												

		Н	low often	does this o	ccur with {	ChildNam	e}?		Is this a problem for you?			
	Never			Sometimes		Always	Choose not to answer	Yes	No	Choose not to answer		
Has temper tantrums												
Sasses adults												
Whines												
Cries easily												
Yells or screams												
Hits parents												

		H	low often	does this o	ccur with	(ChildNam	e}?		Is this a problem for you?			
	Never			Sometimes			Always	Choose not to answer	Yes	No	Choose not to answer	
Destroys toys and other objects												
Is careless with toys and other objects												
Steals												
Lies												
Teases or provokes other children												
Verbally fights with friends{HIS/HER}own age												

		H	low often	does this o	ccur with	{ChildNam	e}?		Is this a problem for you?			
	Never			Sometimes			Always	Choose not to answer	Yes	No	Choose not to answer	
Verbally fights with sisters or brothers												
Physically fights with friends {HIS/HER} own age												
Physically fights with sisters and brothers												
Constantly seeks attention												
Interrupts												
Is easily distracted												

		E	Iow often	does this o	ccur with	(ChildNam	e}?		Is this a problem for you?			
	Never			Sometimes			Always	Choose not to answer	Yes	No	Choose not to answer	
Has short attention span												
Fails to finish tasks or projects												
Has difficulty entertaining {HIM/HER}self alone												
Has difficulty concentrating on one thing												
Is overactive or restless												
Wets the bed												

**Instructions**: At one time or another, all children misbehave or do things that could be harmful, that are "wrong," or that parents don't like. Examples include:

hitting someone	whining	not picking up toys
forgetting homework	throwing food	refusing to go to bed
having a tantrum	lying	wanting a cookie before dinner
running into the street	arguing back	coming home late

Parents have many different ways or styles of dealing with these types of problems. Below are items that describe some styles of parenting.

Each item presents a parenting situation and two opposite ways of handling it. For each item, select the button on the scale that best describes your style of parenting during the past two months in that situation with {ChildName}. If you always use one of the approaches, select the button at that end of the scale. If you sometimes use one approach and sometimes the other, select a button in between that best captures your style.

Here's a SAMPLE ITEM that's already filled in. The situation is meal time and the two different ways of handling the situation are "I let my child decide how much to eat" and "I decide how much my child eats." The parent in this example uses both approaches, but lets her child decide how much to eat a bit more often than she decides how much her child eats, so she selected a button a bit more toward the 'let my child decide' end.

SAMPLE ITEM:								
At meal time								
I let my child decide ho	W						I decide how much my	Choose not
much to eat.							child eats.	to answer
	0	0	•	0	0	0	0	0

**Instructions**: At one time or another, all children misbehave or do things that could be harmful, that are "wrong," or that parents don't like. Parents have many different ways or styles of dealing with these types of problems. Below are items that describe some styles of parenting.

For each item, select the degree on the scale that best describes your style of parenting during the past two months with {ChildName}.

When {ChildName} misbehave	es								
I usually get into a long argumer	nt								Choose not to
with {ChildName}.								I don't get into an argument.	answer
	0	0	0	0	0	0	0		0
(MALE PARENTS ONLY)									
I threaten to do things that									
									Choose not to
I am sure I can carry out.								I know I won't actually do.	answer
	0	0	0	0	0	0	0		0
When {ChildName} misbehave	es								
									Choose not to
I raise my voice or yell.								I speak to {ChildName} calmly.	answer
	0	0	0	0	0	0	0		0
When there is a problem with	{Child	<b>Name</b>	}						
things build up and I do things I									Choose not to
don't mean to do.								things don't get out of hand.	answer
	0	0	0	0	0	0	0		0
When {ChildName} doesn't do	o what	I ask.	••						
I often let it go or end up doing i	it								Choose not to
myself.								I take some other action.	answer
	0	0	0	0	0	0	0		0
When I give a fair threat or wa	arning	•••							
									Choose not to
I often don't carry it out.								I always do what I said.	answer
	0	0	0	0	0	0	0		0

**Instructions**: At one time or another, all children misbehave or do things that could be harmful, that are "wrong," or that parents don't like. Parents have many different ways or styles of dealing with these types of problems. Below are items that describe some styles of parenting.

For each item, select the degree on the scale that best describes your style of parenting during the past two months with {ChildName}

(FEMALE PARENTS ONLY)									
If saying "No" doesn't work									
								I offer {ChildName} something	Choose not to
I take some other kind of action.								nice so {HE/SHE} will behave.	answer
	0	0	0	0	0	0	0		0
When (ChildName) michehave									
When {ChildName} misbehave	5							Testes forestaded and see see that	Classes wet to
<b>T1 11</b> '4 '41 4 44' 4								I get so frustrated or angry that	Choose not to
I handle it without getting upset.				_			_	{ChildName} can see I'm upset.	answer
	0	0	0	0	0	0	0		0
When I say {ChildName} can't	do so	methi	ng						
									Choose not to
I let {ChildName} do it anyway.								I stick to what I said.	answer
	0	0	0	0	0	0	0		0
When {ChildName} does some	thing	I don'	t like, I i	nsult <mark>{C</mark>	ChildNar	ne} , sa	y me	ean things, or call { <mark>ChildName</mark> }	names
									Choose not to
never or rarely.								most of the time.	answer
	0	0	0	0	0	0	0		0
If {ChildName} gets upset whe	n I sa	y "No'	·						
									Choose not to
I back down and give in to									
{ChildName}.								I stick to what I said.	answer
	0	0	0	0	0	0	0		0

•

Read each statement carefully. Think about how you and {ChildName} generally get along. Tell us how well the statement describes the way you *usually* act with {ChildName}.

Answer choices:

Not at all true (I do not do this)	Moderately true
A little true	Quite a bit true
Somewhat true	Very true (I often do this)

Example: I quarrel with my child.

If you spend a great deal of time quarreling with your child, you would select the space under "Very true (I often do this)".

If you never quarrel with your child, you would select the space under "Not at all true (I do not do this)".

If you quarrel sometimes, but not much, you would select the space under "A little true" or "Somewhat true".

If you quarrel often, but not all of the time, you would select the space under "Moderately true" or "Quite a bit true".

	Not at all true (I do not do this)	A little true	Somewhat true	Moderately true	Quite a bit true	Very true (I often do this)	Choose not to answer
I have pleasant conversations with {ChildName}.							
I try to teach {ChildName} new things.							
{ChildName} and I hug and/or kiss each other.							
I laugh with {ChildName} about things we find funny.							
{ChildName} and I spend time playing games, doing crafts, or doing other activities together.							

	Not at all true (I do not do this)	A little true	Somewhat true	Moderately true	Quite a bit true	Very true (I often do this)	Choose not to answer
I listen to {ChildName} 's feelings and try to understand them.							
I thank or praise {ChildName}.							
I offer to help, or help {ChildName} with things {HE/SHE} is doing.							
I comfort {ChildName} when {HE/SHE} seems scared, upset, or unsure.							
I hold or touch {ChildName} in an affectionate way.							

Read each statement carefully. Think about how you and {Var: ChildName} generally get along. Tell us how well the statement describes the way you *usually* act with {Var: ChildName}.

<u>Instructions</u>: Children often do things that are wrong, disobey, or make their parents angry. We would like to know what you have done when {ChildName} did something wrong or made you upset or angry. Below is a list of things you might have done **in the past year**. Please select how many times you did each of these things **in the past year**. If you did not do one of these things in the past year, but it happened before then, select the box marked "Not this year, but has happened in the past."

How many times <u>in the past</u> <u>year</u> :	1 time	2 times	3-5 times	6-10 times	11-20 times	More than 20 times	Never	Not this year, but has happened in the past	Choose not to answer
Have you shook {HIM/HER}?									
Have you hit {HIM/HER} on the bottom with something like a belt, hair brush, a stick or some other hard object?									
Have you spanked {HIM/HER} on the bottom with your bare hand?									
Have you slapped {HIM/HER} on the hand, arm, or leg?									
Have you pinched {HIM/HER}?									
Have you slapped {HIM/HER} on the face or head or ears?									

**Instructions:** Please read each statement and select the option that corresponds to how much you agree or disagree with each one.

	Strongly ag	ree		Stron	gly disagree	Choose not to answer
The problems of taking care of a child are easy to solve once you know how your actions affect your child, an understanding I have acquired.						
I would make a fine model for a new parent to follow in order to learn what he or she would need to know to be a good parent.						
Being a parent is manageable, and any problems are easily solved.						
I meet my own personal expectations for expertise in caring for my child.						
If anyone can find the answer to what is troubling my child, I am the one.						
Considering how long I've been a parent, I feel thoroughly familiar with this role.						
I honestly believe I have all the skills necessary to be a good parent to my child.						

**Instructions**: At one time or another, all children misbehave or do things that could be harmful, that are wrong, or that parents don't like. Examples include:

hitting someone	whining	not cleaning room	not doing homework
lying	refusing to go to bed	arguing back	taking things that aren't theirs
having a tantrum	cursing	coming home late	running into the street

Parents have many different ways of thinking about these types of problems, and may think differently about problems depending on their specific children.

Please rate how much you would agree, in general, that the following **reasons** for misbehavior are true for {ChildName} 's behavior for the **past two months**:

	Always true	Frequently true	Sometimes true	Occasionally true	Rarely true	Never true	Choose not to answer
{ChildName} won't listen.							
{ChildName} thinks that {HE/SHE} is the boss.							
{ChildName} is headstrong.							
{ChildName} wants what {HE/SHE} wants when {HE/SHE} wants it.							
{ChildName} purposely tries to get me angry.							

**Instructions**: At one time or another, all children misbehave or do things that could be harmful, that are wrong, or that parents don't like. Parents have many different ways of thinking about these types of problems, and may think differently about problems depending on their specific children.

Please rate how much you would agree, in general, that the following **reasons** for misbehavior are true for {ChildName} 's behavior for the **past two months**:

	Always true	Frequently true	Sometimes true	Occasionally true	Rarely true	Never true	Choose not to answer
{ChildName} tries to get my goat or push my buttons.							
{ChildName} wants things {HIS/HER} way.							
{ChildName} is very demanding.							
{ChildName} likes to see how far {HE/SHE} can push me.							

**Instructions:** When a child does something wrong or makes a parent upset or angry, how often do you feel the following actions are justified (that the actions are OK, appropriate, good, right)? Then, how likely is it that the action will solve the problem?

	Almost always	Often	Sometimes	Rarely	Never	Choose not to answer
Is it justified for a parent to spank his or her child on the bottom with a bare hand?						
Will the parent's spanking solve the problem?						
Is it justified for a parent to slap his or her child on the hand, arm, or leg?						
Will the parent's slapping solve the problem?						

**Instructions:** Please select the degree to which you agree or disagree with the following statements. <u>Your first reaction to each</u> <u>question should be your answer</u>.

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Choose not to answer
Being a parent is harder than I thought it would be.					
I feel trapped by my responsibilities as a parent.					
I find that taking care of my child(ren) is much more work than pleasure.					
I often feel tired, worn out, or exhausted from raising a family.					

**Instructions:** Please respond to each question or statement by selecting one option per row.

In the past 7 days	Never	Rarely	Sometimes	Often	Always	Choose not to answer
I felt worthless						
I felt helpless						
I felt depressed						
I felt hopeless						

**Instructions:** Please respond to each question or statement by selecting one option per row.

In the past 7 days	Never	Rarely	Sometimes	Often	Always	Choose not to answer
I felt fearful						
I found it hard to focus on anything other than my anxiety						
My worries overwhelmed me						
I felt uneasy						

**Instructions**: The questions in this scale ask you about your feelings and thoughts during the last month. In each case, please select how often you felt or thought a certain way.

	Never	Almost never	Sometimes	Fairly often	Very often	Choose not to answer
In the last month, how often have you felt that you were unable to control the important things in your life?						
In the last month, how often have you felt confident about your ability to handle your personal problems?						
In the last month, how often have you felt that things were going your way?						
In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?						

# SOME ADDITIONAL QUESTIONS ABOUT YOU

- 1. What is your employment status? (choose one)
  - $\Box$  Working for pay at a job or business
  - □ Not working for pay but currently looking for paid work (skip next question)
  - □ Not working for pay and not looking for a job (e.g., in school, retired, disabled, have family responsibilities, became discouraged and gave up looking for a job). (skip next question)
- 2. On average, how many hours per week do you work for pay?
  - $\Box$  Less than 35 hours per week
  - $\Box$  35 hours or more per week
- 3. Are you currently enrolled in school?
  - □ Yes, part-time
  - □ Yes, full-time
  - □ No
- 4. What is your highest level of education?
  - $\square$  8<sup>th</sup> grade or less
  - $\Box$  some high school but no diploma or GED
  - $\Box$  high school diploma or GED
  - □ some college or post-secondary vocational courses
  - □ vocational school diploma or 2-3 year college associate's degree
  - □ 4-year college bachelor's degree
  - $\Box$  some graduate work but no degree
  - □ master's, professional, or doctoral degree (MA, MBA, PhD, JD, MD, etc.)
- 5. What is your marital/couple status?
  - $\Box$  single, never married
  - □ married
  - □ divorced/separated
  - □ widowed
  - $\Box$  living with a partner

#### Attachment I2

 $\Box$  registered civil commitment or union

### SOME QUESTIONS ABOUT YOUR SPOUSE OR PARTNER ASK IF MARRIED OR PARTNERED

- 6. What is your spouse's or partner's employment status? (choose one)
  - □ Working for pay at a job or business
  - □ Not working for pay but currently looking for paid work (skip next question)
  - □ Not working for pay and not looking for a job (e.g., in school, retired, disabled, have family responsibilities, became discouraged and gave up looking for a job). (skip next question)
- 7. On average, how many hours per week does your spouse or partner work for pay?
  - $\Box$  Less than 35 hours per week
  - $\square$  35 hours or more per week
- 8. Is your spouse or partner currently enrolled in school?
  - □ Yes, part-time
  - $\Box$  Yes, full-time
  - □ No
- 9. What is the highest level of education your spouse or partner finished?
  - $\square$  8<sup>th</sup> grade or less
  - $\Box$  some high school but no diploma or GED
  - $\Box$  high school diploma or GED
  - □ some college or post-secondary vocational courses
  - □ vocational school diploma or 2-3 year college associate's degree
  - □ 4-year college bachelor's degree
  - $\Box$  some graduate work but no degree
  - □ master's, professional, or doctoral degree (MA, MBA, PhD, JD, MD, etc.)

## SOME ADDITIONAL QUESTIONS ABOUT YOUR CHILD

Please answer both of the following questions about { CHILD NAME}'s Hispanic origin and race. For the purposes of this survey, we do not consider Hispanic origin to be a race.

- 10. Is {CHILD NAME} of Hispanic, Latino or Spanish origin?
  - □ Yes
  - □ No
- 11. What is {CHILD NAME}'s race? You can choose more than one category.
  - □ American Indian or Alaska Native
  - □ Asian
  - □ Black or African American
  - □ Native Hawaiian or Other Pacific Islander
  - □ White