

Attachment I4: Parental EFP Skills Knowledge Scale

Research on the Efficacy and Feasibility of Essentials for Parenting Toddlers and Preschoolers

Division of Violence Prevention
National Center for Injury Prevention and Control
Centers for Disease Control and Prevention

Form Approved
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Knowledge Assessment Measures

Please answer the following questions.

Communicating with Your Child

	True	False	Choose not to answer
Any attention you give after your child's behavior makes the behavior more likely to happen again.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Praise lets your child know which behaviors you dislike.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Special playtime should occur every day.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please answer the following questions.

Creating Structure and Rules

	True	False	Choose not to answer
It's important to have a predictable daily schedule for your child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It is best to wait until children are older before you start trying to use structure in the home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family rules apply only to children, not to adults in the home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please answer the following questions.

Giving Directions

	True	False	Choose not to answer
Good directions can be used to prevent misbehavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It is important to give young children one direction at a time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It's OK to phrase directions as either questions (e.g., "Can you please put your toys away?") or statements ("Please put your toys away.").	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please answer the following questions.

Using Discipline and Consequences

	True	False	Choose not to answer
The consequence, or what happens right after your child's behaviors, will influence whether the behavior happens again.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reward programs should work immediately.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Once you start ignoring a behavior, it's ok to stop ignoring if your child's behavior gets worse.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please answer the following questions.

Using Time-Out

	True	False	Choose not to answer
Sending your child to time-out is unnecessary if your child promises to be good.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Children need to be quiet the whole time they are in time-out.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anywhere my child stays put (e.g., sits in a chair or on a mat) is a good place for time-out.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>