#### **Attachment 1**

OMB No. 0930-XXXX Expiration Date: xx/xx/xx

Public Burden Statement: An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB control number for this project is 0930-XXXX. Public reporting burden for this collection of information is estimated to average 22 minutes per respondent, per year, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to SAMHSA Reports Clearance Officer, 1 Choke Cherry Road, Room 2-1057, Rockville, Maryland, 20857.

## **Behavioral Health Information Technologies Survey**

### Introduction

Many items on the questionnaire were drawn from or adapted from other sources. These sources are:

- HIT Adoption and Readiness for Meaningful Use in Community Behavioral Health, 2012 conducted by the National Council for Behavioral Healthcare (NCBH)
- National Survey of Substance Abuse Treatment Services, 2013 sponsored by SAMHSA (N-SSATS)
- National Mental Health Services Survey, 2014 sponsored by SAMHSA (N-MHSS)
- Assessing Adoption of Effective Health Information Technology Questionnaire, 2005 conducted by Medical Group Management Association (MGMA) Center for Research
- Community Chronic Care Network (CCCN): Technical Readiness, date unknown conducted by Pajaro Valley Community Health, Watsonville CA
- Community Clinics Initiative Information Management Assessment, 2005 conducted by the Community Clinics Initiatives, San Francisco, CA (CCI)
- HIMSS Analytics Mobile Technology Survey, 2013 conducted by the Healthcare Information and Management Systems Society (HIMMS)
- Telehealth in State Substance Use Disorder (SUD), 2009, Conducted by the National Association of State Alcohol and Drug Abuse Directors (NASADAD)

This cross-referencing to sources for individual items will be removed from the final version of the survey administered to SAMHSA grantees.

The survey will be administered as a web-based instrument. Skip logic patterns, which are presented here, will be automated in the web implementation. The layout of individual questions will also differ on the web version.

# **Instructions for the Respondent**

#### **Purpose**

The survey collects data on the current state of adoption of health information technologies by behavioral health providers. The responses will be collected from program managers, via the program directors of eight grant programs administered by the Substance Abuse and Mental Health Services Administration (SAMHSA).

#### Design

The survey dynamically updates questions based on the previous response. If the available response options don't completely describe grant activities, please use your best judgment. There is a comment box at the end of each section where you may provide additional information.

#### **Navigation**

<u>The survey cannot be saved for completion at a later time!</u> Plan to complete the survey in one sitting. It takes an average of 22 minutes to complete, depending on responses. Once the required contact information fields are completed, use the "Next" and "Previous" buttons on the bottom of the screen to navigate to any section of the survey.

#### Response

The "Submit" button appears toward the bottom of the final page of the survey. Once you submit the survey by clicking this button, you will be routed to a "Thank You" page. Each screen includes a button marked "Exit this survey." Clicking this button also submits your answers. If you exit the survey by mistake, please contact the Help Desk for support at BHITSHelp@thenationalcouncil.org, or call 202-684-7457.

#### **Key Terms**

Definitions for key terms are included at the beginning of each Section. These phrases or keywords also appear as blue text in the questions. Hover your cursor over the blue text to view the pop-up definition. Contact the Help Desk (see below) for a list of key terms and definitions.

#### **Participation is Voluntary**

You can choose whether or not to take the survey. You can skip any questions or stop without finishing the survey. Whether or not you complete the survey will not affect any services you receive from SAMHSA. Only aggregate data will appear in the survey report. Data collected are available to SAMHSA at the individual and grant program levels.

#### Help Desk

BHITSHelp@thenationalcouncil.org 202-684-7457

IF YOU ARE READY TO START THE SURVEY NOW, CLICK HERE

OR

Copy and paste this link to your desktop, to begin at a later date/time.

https://www.surveymonkey.com/r/SAMHSASurvey

# **Section 1: Grantee Program Information and Characteristics**

Bureau identifies two-types of urban areas: Urbanized Areas of 50,000 people or more, and Urban Clusters of at least 2,500 and less than 50,000 people (popular terms is "suburban"). "Rural" encompasses all population, housing and territory not included within a "surbaban" or urban area.  4) How engaged are the organization's leaders in planning and implementing the grant? (Please selecone the following options)    Very engaged - The grant is an organizational "change agent" and the organization's administration actively participates in planning and implementing the grant.    Engaged - Organizational administrators participate, but the grant does not affect the organization's plans or operations    Somewhat engaged - Organizational administrators are not involved, but division leader actively participate in planning and implementation    Not engaged - The grant does not engage organizational or divisional leadership in plannand implementation.    Not sure	5)	<ul> <li>□ Not engaged – The grant does not engage organizational or divisional leadership in planning and implementation.</li> <li>□ Not sure</li> <li>□ Other (please specify)</li> <li>Please identify the types of services provided to individuals and patients participating or enrolled in the grant program, either paid for by the grant or by other sources. (Please check all that apply)</li> </ul>
Organization Name:		<ul> <li>Not engaged - The grant does not engage organizational or divisional leadership in planning and implementation.</li> <li>Not sure</li> </ul>
Organization Name:	4)	<ul> <li>one the following options)</li> <li>Very engaged - The grant is an organizational "change agent" and the organization's administration actively participates in planning and implementing the grant.</li> <li>Engaged - Organizational administrators participate, but the grant does not affect the</li> </ul>
Organization Name:	Bu Clu	usters of at least 2,500 and less than 50,000 people (popular terms is "suburban"). "Rural"
Organization Name: Address: City: State:  2) * Who is completing this survey? ((Please select one of the following options)  O Grant Project Director O Grant Project Manager O Other (please specify)	٥,	ensure response validty and reliability): Name: Title: Phone Number: ()
Organization Name: Address: City: State:		<ul><li>O Grant Project Director</li><li>O Grant Project Manager</li><li>O Other (please specify)</li></ul>
	2)	Address: City: State:

			Outpatient Services	:	
Substance use disorders					
Mental health disorders					
Co-occurring mental health and substance use disorders					
Prevention services (i.e., tobacco intervention and cessation, care management, health and wellness coaching and education)					
Primary care services					
Other (please specify)					
<ul> <li>O Urban area (50,000 or more)</li> <li>O Suburban ("urban cluster" of at least 2500, less than 50,000)</li> <li>O Both urban/suburban and rural settings</li> <li>O Not applicable</li> <li>O Not sure</li> <li>O Other (please specify)</li> </ul> Are services provided within the grant-funded program eligible for reimbursement by any of these payer sources? (Please select one service per payer source)					
	Elig	ible	Not eligible	Not sure	
a. Self-pay (includes sliding scale)					
b. Private health insurance					
c. Medicaid (e.g., managed care organizat contracted by state for adult or child health care)	ion				
d. Medicare		_			
e. State Behavioral Health Agency		_			

1	Health Services (if the organization ibal facility)							
g. Military insurance (i.e., TRICARE)								
h. Other (	please specify)							
	8) You may use the space below to add comments about "Section 1: Grantee Program Information and Characteristics"							
Section 2: Grantee Program Information Technology Resources								
			iniology itest	Jui ces				
Section 2 K			miology itest	Juices				
Section 2 K					า			
Section 2 k Work-com staff.	Key Terms:	l by the organization	on and used by gra	nt-funded program	า			
Work-com staff. Work ema activities.	Key Terms:  puter: Laptop, pad, or desktopowned	I by the organization	on and used by gra	nt-funded program ual staff for work	n			
Work-comstaff.  Work emaactivities.  Intranet: A	Key Terms:  puter: Laptop, pad, or desktopowned  il account: Operated by the organizat  Allows work-computers to share resourcentage of the staff working in the one of the following options)	I by the organization andassigned to	on and used by gra	nt-funded program ual staff for work to the Internet.	n			
Work-com staff.  Work ema activities.  Intranet: A  1) What p select 0	(ey Terms:  puter: Laptop, pad, or desktopowned  il account: Operated by the organizat  Allows work-computers to share resourcentage of the staff working in the one of the following options)  100% (all)	I by the organization andassigned to	on and used by gra	nt-funded program ual staff for work to the Internet.	1			
Work-comstaff.  Work emaactivities.  Intranet: A	Key Terms:  puter: Laptop, pad, or desktopowned  il account: Operated by the organizat  Allows work-computers to share resource  percentage of the staff working in the one of the following options)  100% (all)  75-99% (most)	I by the organization andassigned to	on and used by gra	nt-funded program ual staff for work to the Internet.	<b>n</b>			
Work-comstaff.  Work emalactivities.  Intranet: A  1) What proceeds to the select of t	(ey Terms:  puter: Laptop, pad, or desktopowned  il account: Operated by the organizat  Allows work-computers to share resourcentage of the staff working in the one of the following options)  100% (all)	I by the organization andassigned to	on and used by gra	nt-funded program ual staff for work to the Internet.	า			
Work-comstaff.  Work emalactivities.  Intranet: A  1) What poselect of the component of the	(ey Terms:  puter: Laptop, pad, or desktopowned  il account: Operated by the organizate  Allows work-computers to share resource  percentage of the staff working in the one of the following options)  100% (all)  75-99% (most)  50-74% (majority)	I by the organization andassigned to	on and used by gra	nt-funded program ual staff for work to the Internet.	n			
Work-comstaff.  Work emalactivities.  Intranet: A  1) What proceeds to the select of t	Key Terms:  puter: Laptop, pad, or desktopowned  il account: Operated by the organizat  Allows work-computers to share resource  percentage of the staff working in the one of the following options)  100% (all)  75-99% (most)  50-74% (majority)  25-49% (some)	l by the organization andassigned to arces such as printe	on and used by gra	nt-funded program ual staff for work to the Internet.	า			

O Not sure → SKIP to Section 4, Question 1

O	Other (	(please sp	ecify)	
•	Other (	bicase st		

(If "Other" is selected → SKIP to Question 6

Sec	tion 2 k	Key Terms:
<b>W</b> o		puter: Laptop, pad, or desktopowned by the organization and used by grant-funded program
	ork ema ivities.	il account: Operated by the organization andassigned to groups or individual staff for work
Int	ranet: A	llows work-computers to share resources such as printers or a connection to the Internet.
2)	locatio	work-computers used by the grant-funded program staff share printers or access a shared n for storing electronic files and folders(commonly called an <a href="Intranet">Intranet</a> )? (Please select one of lowing options)
	0	Yes
	0	No
	0	Not applicable
	0	Not sure
	0	Other (please specify)
3)		e <u>work-computers</u> connected to the Internet (i.e., World Wide Web)? (Please select one of lowing options)
	0	Yes
	0	No → SKIP to Question 6
	0	Not applicable → SKIP to Section 4, Question 1
	0	Not sure → SKIP to Section 4, Question 1
	0	Other (please specify)(If "Other" is selected, → SKIP to Question 6)
4)	meet t	in the office, does the Internet connection used by the grant-funded program staff usually he program needs? (Please select one of the following options)  Always
	0	Most of the time
	_	Sometimes
		Never
	0	Other (please specify)
5)		"in the field," does the Internet connection used by the grant-funded program staff usually he program's needs? (Please select one of the following options)
		Always

Most of the time

**O** Sometimes

	0	Do not use Internet in the field						
	0	Other (please specify)						
6)	6) Do most (75% - 100%) or all of the grant-funded program staff have their own work-email account for use in implementing grant- funded program activities? (Please select one of the following options)							
	0	Yes						
	0	No						
	0	Not applicable						
	_	Not sure						
	0	Other (please specify)						
Sec	ction 2 K	Key Terms:						
<b>W</b> o		puter: Laptop, pad, or desktopowne	ed by the orga	anization	and used by gra	nt-funde	d program	
	ork ema ivities.	il account: Operated by the organiz	ation andassi	gned to g	roups or individu	ual staff f	or work	
Int	ranet: A	Illows work-computers to share reso	ources such a	s printers	or a connection	to the In	ternet.	
7)	instrun	ch of the grant award program-level nent(s) program staff use to comple swer per activity)	-					
			Computer Only	Paper Only	Both Computer and Paper	Not Sure	Not Applicable	
Init	ial scree	ning						
Sch	eduling a	appointments						
Inta	ake (asse	ssment/evaluation)						
Tre	Treatment planning							
Pro	Progress notes							
Dis	charge p	lanning						
Ref	erring pa	atients to external providers						

**O** Never

Receiving patient referrals from external providers							
Managing internal service referrals							
Managing clinical lab test results							
Communicating with patients around service events (i.e., scheduling appointments, following up on "no shows")							
Prescribing medication							
Checking for drug-drug interactions and drug allergies using an Active Medication List							
Collaborating with patient's social support network (e.g., family, friends, peer support specialists)							
Patient and family satisfaction surveys							
8) You may use the space below to add your Information Technology Resources"	comments ab	oout "Secti	on 2: Grant-fun	ided Progr	am		
Information Technology Resources"							

# **Section 3: Certified Electronic Health Record Technology**

#### **Section 3 Key Terms:**

**Certified Electronic Health Record** systems are approved by the Office of the National Coordinator for Health Information Technology testing and certification bodies and can be used to meet the criteria for Meaningful Use. These products are listed in the **Certified Health Information Technology Product List**.

**Meaningful Use (MU):** Patient health information is captured and used according to technology and data standards and criteria found in Federal statute.

**Electronic Exchange:** Electronic movement of health-related information among organizations according to nationally recognized standards to facilitate access to and retrieval of clinical data. The process provides safer, timelier, efficient, effective, equitable, patient-centered care.

**Patient Portal:** A patient portal is a secure online website that gives patients convenient 24-hour access to personal health information from anywhere with an Internet connection. Using a secure username and password, patients can view personal health information.

**Patient Health Information Summaries:** A clinical or transfer-of-care summary of patient health information that meets the descriptive criteria for Meaningful Use found in Federal statute.

- 1) Do the grant-funded program staff who use a computer access a <u>certified Electronic Health Record</u> to complete activities? (Please select one of the following options)
  - O Yes, grant-funded program staff use a certified Electronic Health Record system to complete activities → SKIP to Question 3
  - **O** No, grant-funded program staff using a work-computer DO NOT use a certified Electronic Health Record system to complete activities.
  - O Not applicable → SKIP to Section 4, Question 1
  - O Not sure → SKIP to Section 4, Question 1

#### **Section 3 Key Terms:**

**Certified Electronic Health Record** systems are approved by the Office of the National Coordinator for Health Information Technology testing and certification bodies and can be used to meet the criteria for Meaningful Use. These products are listed in the **Certified Health Information Technology Product List**.

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**Patient Health Information Summaries:** A clinical or transfer-of-care summary of patient health information that meets the descriptive criteria for Meaningful Use found in Federal statute.

- Please select the BEST option below to describe the grant-funded program's current status in implementing <u>certified Electronic Health Record technology</u>. (Please select one of the following options)
  - The organization is in the process of selecting and implementing <u>certified Electronic Health</u>
     Record system, or upgrading a non-certified Electronic Health Record System to certified.
     → SKIP to Question 9 in this Section
  - O The grant-funded program staff use a non-certified Electronic Health Record system. There are no plans to upgrade this system to certified. → SKIP to Question 9 in this Section
  - O Neither the organization nor the grant-funded program has access to an Electronic Health Record system, certified or not-certified. → SKIP to Question 9 in this Section
  - O Not applicable → SKIP to Section 4, Question 1
  - O Not sure → SKIP to Section 4, Question 1

#### **Section 3 Key Terms:**

**Certified Electronic Health Record** systems are approved by the Office of the National Coordinator for Health Information Technology testing and certification bodies and can be used to meet the criteria for Meaningful Use. These products are listed in the **Certified Health Information Technology Product List**.

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**Patient Health Information Summaries:** A clinical or transfer-of-care summary of patient health information that meets the descriptive criteria for Meaningful Use found in Federal statute.

3)	Why did the organization implementing the grant-funded program decide to implement a certified Electronic Health Record system? (Please check all that apply)  Maintain competitive advantage Ability to communicate with other providers to improve care Improve program operations Improve care coordination Position the program for growth and expansion Improve billing and collections Capture data to improve reporting capabilities Not sure Other (please specify)
4)	Do staff assess Internet-based patient access to their personal health information via the certified Electronic Health Record's secure patient portal? (Please select one of the following options)  O Yes O No O Not sure O Other (please specify)
5)	Do the grant-funded program staff use the <u>certified Electronic Health Record</u> to generate <u>Patient Health Information Summaries</u> ? (Please select one of the following options)  O Yes O No → Skip to Question 9 O Not sure → Skip to Question 9 O Other (please specify)
6)	Do grant-funded program staff <u>electronically exchange Patient Health Information Summaries</u> among a network of providers in order to coordinate individual patient care? (Please select one of the following options)  O Yes O No O Not sure → Skip to Question 8 O Other (please specify)  (If "Other" is selected, → Skip to Question 8)
7)	What method(s) are available to grant-funded program staff to electronically exchange patient

health information? (Please check all that apply)

□ "Direct" secure messaging for point-to-point exchange of "specially protected" patient health information □ Participation in the state or regional health information exchange □ Participation in a specialty "behavioral health" state or regional health information exchange □ None □ Not sure □ Other (please specify) ■  8) Please indicate your use of certified Electronic Health Record technology to implement the						
processes in the table below. (Please						
	Yes	No	Not Sure	Not Applicable		
Receive clinical lab test results electronically, including these results as structured data in the patients' electronic records?						
Submit patient prescriptions electronically						
Actively encourage patients to use the Electronic Health Record Patient Portal to access their personal health information						
Section 3 Key Terms:  Certified Electronic Health Record systems are approved by the Office of the National Coordinator for Health Information Technology testing and certification bodies and can be used to meet the criteria for Meaningful Use. These products are listed in the Certified Health Information Technology Product List.  Meaningful Use (MU): Patient health information is captured and used according to technology and data standards and criteria found in Federal statute.  Electronic Exchange: Electronic movement of health-related information among organizations according to nationally recognized standards to facilitate access to and retrieval of clinical data. The process provides safer, timelier, efficient, effective, equitable, patient-centered care.  Patient Portal: A patient portal is a secure online website that gives patients convenient 24-hour access to personal health information from anywhere with an Internet connection. Using a secure username and password, patients can view personal health information.  Patient Health Information Summaries: A clinical or transfer-of-care summary of patient health information that meets the descriptive criteria for Meaningful Use found in Federal statute.						

<u>certified Electronic Health Record</u> technology. (Please select one response per barrier)

	Not Encountered or Not Applicable	Encountered by Not Significant	Midly Significant	Moderately Significant	Very Significant
Lack of health literacy (program staff)	0	0	0	0	0
Lack of computer literacy (program staff)	0	0	0	0	0
Lack of computer access (program staff)	0	0	O	0	O
Lack of training/education (program staff)	O	O	0	0	O
Lack of interest (program staff)	0	0	O	0	O
Interstate professional licensing issues (program staff)	O	O	0	0	O
Other types of professional licensing (program staff)	O	O	0	0	0
Lack of health literacy (patients)	0	0	0	0	0
Lack of computer literacy (patients)	0	0	0	0	0
Lack of computer access (patients)	0	0	0	0	0
Lack of training/education (patients)	O	O	0	0	0
Lack of interest (patients)	0	0	0	0	O
Language proficiency barriers for BOTH staff and patients (i.e., information is not in patient's language; patient is not literate in the language)	O	O	O	O	O
Patient health information summary	O	0	0	0	0

reports are not user- friendly for BOTH staff and patients (i.e., not easily understood by the patients, not accessible ot staff, etc.)					
Not sure	0	0	O	O	O
Other	O	0	O	O	О
(Please specify):					

10) You may use the space below to add your comments on STAFF and PATIENT barriers to adopting certified Electronic Health Record technology.				

#### **Section 3 Key Terms:**

**Certified Electronic Health Record** systems are approved by the Office of the National Coordinator for Health Information Technology testing and certification bodies and can be used to meet the criteria for Meaningful Use. These products are listed in the **Certified Health Information Technology Product List**.

**Meaningful Use (MU):** Patient health information is captured and used according to technology and data standards and criteria found in Federal statute.

**Electronic Exchange:** Electronic movement of health-related information among organizations according to nationally recognized standards to facilitate access to and retrieval of clinical data. The process provides safer, timelier, efficient, effective, equitable, patient-centered care.

**Patient Portal:** A patient portal is a secure online website that gives patients convenient 24-hour access to personal health information from anywhere with an Internet connection. Using a secure username and password, patients can view personal health information.

**Patient Health Information Summaries:** A clinical or transfer-of-care summary of patient health information that meets the descriptive criteria for Meaningful Use found in Federal statute.

11) Please rate the significance of SYSTEMIC barriers to adopting the <u>certified Electronic Health Record</u> technology encountered by the organization implementing the grant-funded services. (Please select one response per barrier)

	Not Encountered or Not Applicable	Encountered by Not Significant	Midly Significant	Moderately Significant	Very Significant
Upfront Financial Costs	0	0	0	0	0
Ongoing Costs (i.e., licensing, maintenance, training)	o	o	0	0	O
No financial or other types of incentives to support stakeholder buyin	0	0	0	O	O
Lost revenue during implementation	0	0	O	0	O
Lack of skills to properly select an Electronic Health Record	0	0	O	0	O
Lack of dedicated staff to implement an Electronic Health Record	0	0	O	0	o
Lack of project management expertise	O	O	o	О	o
Lack of dedicated staff to maintain an Electronic Health Record	O	O	o	O	o
Provider resistance	O	O	O	O	o
Privacy concerns	O	O	О	O	O
Unaddressed Electronic Health Record-product	O	O	o	0	o

deficiencies					
Other (Please specify)	0	0	o	O	O

12) You may use the space below to add your comments on the SYSTEMIC barriers to adopting <u>certified</u> <u>Electronic Health Record</u> technology.

# **Section 4: Use of Telehealth (includes Telemedicine)**

#### **Section 4 Key Terms:**

**Telehealth:** The use of electronic information and telecommunications technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration.

- 1) Do the grant-funded program staff use <u>telehealth</u> technology to provide patient services? (Please select one of the following options)
  - O Yes
  - O No → Skip to Question 6
  - O Not sure → Skip to Question 6
  - O Not applicable → Skip to Question 6
  - O Other (please specify) \_\_\_\_\_\_\_(If "Other" is selected, → Skip to Question 6)

#### **Section 4 Key Terms:**

**Telehealth:** The use of electronic information and telecommunications technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration.

2)	What types of	telehealth	technology	are used.	and for what	services?	(Please check	( all that apply)
-,	, p						1	· ··· · · · · · · · · · · · · · · · / /

	Telephon e	Email	Web-assisted Video Conferencing	Telehealth Not Used for this Service	Not Applicable to this Project
Counseling (individual)					
Counseling (group)					
Consultation (includes specialist consultation)					
Screening					
Assessment					
Medications management					
Crisis services					
Clinical supervision					
Chronic disease management					
Peer specialist support services					
Individual-based prevention services					

3) What type of grant-funded program staff may provide these services using <u>telehealth</u>? (Please check all that apply)

	Psychiatrist	Licensed Psychologist	Licensed Clinical Social Worker	Certified Addiction Treatment Counselor	Other (please specify)
Counseling (individual)					
Counseling (group)					
Consultation					
Screening					
Assessment					
Medications management					

Crisis services			
Clinical supervision			
Chronic disease management			
Peer specialist support services			
Individual-based prevention services			

Please identify the program staff subset "Other" for the services listed

### **Section 4 Key Terms:**

**Telehealth:** The use of electronic information and telecommunications technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration.

4) What are the target population subsets for <u>telehealth</u> services? (Please heck all that apply)

	Mild to Moderate Depression	Mild to Moderate Anxiety	Bipolar Disorder	PostTraumatic Stress Disorder	Schizo- phrenia	Phobias/ Panic Attacks/ OCD	Substance Use Disorder	Other (please specify)
Counseling (individual)								
Counseling (group)								
Consultation								
Screening								
Assessment								
Medications review								
Crisis services								
Clinical supervision	_							

Chronic disease management								
Peer specialist support services								
Individual- based prevention services								
Please identify the target population subset "Other" for the services listed  5) How does the grant-funded program use <u>telehealth</u> technology to support the delivery of services?  (Please check all that apply)  Grand rounds (case consultation)  Clinical or administrative staff meetings  In-service training  Continuing professional education  Other distance learning  Not applicable  Not sure  Other (please specify)								
6) What are the barriers to using telehealth within the grant-funded program? (Please check all that apply)  Privacy / HIPAA concerns not addressed Limited or no reimbursements for services No model for services delivery Hardware and/or software funding issues Limited access to technology infrastructure to support its use Confidentiality (42 CFR Part 2) concerns Lack of training Not applicable Not sure Other (please specify)								
7) You may us	e the space b	pelow to add	d commen	ts on "Section 4	4: Use of 1	Telehealth"		

# **Section 5: Mobile Technology (mHealth)**

#### Definitions of terms used in Section 5:

Mobile Technology (when used as a tool in healthcare): The generation, aggregation, and dissemination of health information via mobile and wireless devices using cellular technology.

**Mobile health (mHealth) Tools**: Use of mobile devices, Smartphone apps, patient monitoring devices and/or other wireless devices for health-related services and/or communications – these last two may also be considered as a category under Telehealth.

**Mobile heath (mHealth) Apps:** The software that runs on smartphones or tablets that manage personal health maintenance and health tracking applications.

- 1) Do the grant-funded program staff use <u>mobile technologies</u> to provide patient services? (Please select one of the following options)
  - O Yes
  - O No → Skip to Question 6
  - O Not sure → Skip to Question 6
  - O Not applicable → Skip to Question 6
  - O Other (please specify) \_\_\_\_\_\_\_(If "Other" is selected, → Skip to Question 6)

#### Definitions of terms used in Section 5:

Mobile Technology (when used as a tool in healthcare): The generation, aggregation, and dissemination of health information via mobile and wireless devices using cellular technology.

**Mobile health (mHealth) Tools**: Use of mobile devices, Smartphone apps, patient monitoring devices and/or other wireless devices for health-related services and/or communications – these last two may also be considered as a category under Telehealth.

**Mobile heath (mHealth) Apps:** The software that runs on smartphones or tablets that manage personal health

ma	intenance and health tracking applications.
2)	What types of <a href="mobile technology tools">mobile technology tools</a> are used by the grant-funded project staff to support their day-to day work activities? (Please check all that apply)  Tablet or laptop computer  Smart-phone used to access Internet  Cell phone (texting and messaging on cell phone networks, not Internet)  Pager  Grant-funded program staff don't use mobile technology to support their day-to-day work activities  Not applicable  Not sure  Other (please specify)
3)	How do grant-funded program staff use <u>mobile technology tools</u> to support the implementation of grant funded program day-to-day activities? (Please check all that apply)
	Remote monitoring of patient activities of daily living  Look up health information (i.e., access clinical guidelines)  View patient information (i.e., appointment times)  Secure communication regarding patients (i.e., texting, emailing other providers)  Use for educational purposes (i.e., to better engage patients in their own care)  Refer patients to use of apps for health-related issues (i.e., to track behaviors, moods, help manage symptoms)  Offer access to support for preventive health care (wellness management, nutrition, exercise)  Provide guidance or assistance to a peer support specialist  Ensure peer-to-peer support  Not applicable → Skip to Question 6  Not sure → Skip to Question 6  Other (please specify)  (If "Other" is selected, → Skip to Question 6)
4)	How do patients use <b>mobile technology tools</b> to participate in their prevention, treatment, and/or recovery? (Please check all that apply)
	<ul> <li>Look up information about a diagnosis, medications, etc.</li> <li>Access information related to clinical care (i.e., view appointment times)</li> <li>Communicate with peers</li> <li>Communicate with staff</li> <li>Participate in grant-related activities (i.e., groups, individual sessions)</li> <li>Download and use apps for health-related issues (i.e., to track behaviors, moods, help manage symptoms)</li> <li>Obtain support for preventive health care (i.e., wellness management, nutrition, exercise)</li> <li>Not applicable → Skip to Question 6</li> <li>Other (please specify)</li> <li>(If "Other" is selected, → Skip to Question 6)</li> </ul>

5)	What types of mobile apps do grant-funded program staff use to monitor and support patient
	engagement? (Please check all that apply)

	Mobile apps for monitoring patient activities and symptoms	Mobile apps for supporting patients
Physical activity/expercise		
Nutrition and food intake		
Chronic health condition indicators (e.g.,	П	
hypertension)	<b>-</b>	
Mood		
Stress		
Use of alcohol		
Use of illicit drugs		
Online self-help (e.g., Websites)		
Peer-to-peer support		
Not applicable		
Not sure		
Other (please specify)		

6)	What are the barriers to using <u>mobile technology tools</u> within the grant-funded program? (Please check all that apply)
	☐ Privacy / HIPAA concerns inadequately addressed
	☐ Limited or no reimbursements for services
	☐ No model for services delivery
	☐ Patients can't afford mobile technology tools
	☐ Hardware and/or software funding limitations
	☐ Limited access to technology infrastructure to support its use (i.e., limited or poor cell phone or connectivity)
	☐ Confidentiality (42 CFR Part 2) concerns
	☐ Lack of training
	□ Not applicable
	□ Not sure
	☐ Other (please specify)

7) You may use the space below to add comments on "Section 5: Mobile Technology"

### **Section 6: Social Media**

#### **Section 6 Key Terms:**

**Social Media:** Computer or mobile device mediated tools that allow people to create, share or exchange information, ideas, and pictures/videos in virtual communities and networks. Examples include Web sites that support real-time interaction with others, Twitter, Facebook, applications for messaging or texting.

- 1) Do the grant-funded program staff use <u>social media</u> in the workplace to support the prevention and treatment of behavioral health disorders?
  - O Yes
  - O No → Skip to Question 4
  - O Not applicable → Skip to Question 4
  - O Not sure → Skip to Question 4
  - Other (please specify)

\_\_\_\_\_

#### **Section 6 Key Terms:**

**Social Media:** Computer or mobile device mediated tools that allow people to create, share or exchange information, ideas, and pictures/videos in virtual communities and networks. Examples include Web sites that support real-time interaction with others, Twitter, Facebook, applications for messaging or texting.

2) In the table below, please identify the type of <u>social media</u> used by selecting the grant-funded program activities it supports. (Please check all that apply for each activity)

Activities	Web- sites	Twitter	Face- book	Blog	Vine	Insta- gram	Other (specify in comment box)
Peer-to-peer support							
Disseminating information							
Addressing stigma							
Self-management and self- regulation							
Nutrition							
Wellness							
Connecting to support groups							
Appointment reminders							
Developing valued social roles							
Outlet for self-expression (e.g., journaling, documenting personal experience)							
Suicide prevention							
Relapse prevention							
Support to staff							
Obtaining feedback							
Increasing outreach							
Form community partnerships							
Patient storage of, access to and/or use of personal health record data							

Other activities supported (Specify in comment box)							
3) You may use the space below to add comments on "Section 3: Social Media"							

#### **Section 6 Key Terms:**

**Social Media:** Computer or mobile device mediated tools that allow people to create, share or exchange information, ideas, and pictures/videos in virtual communities and networks. Examples include Web sites that support real-time interaction with others, Twitter, Facebook, applications for messaging or texting.

- 4) Does the grant-funded program enable technology-based services (i.e., services such as use of certified electronic health information technologies, telehealth, use of mobile technologies and social media) that would not be available without the grant infrastructure? (Please select one of the following options)
  - **O** Yes, the grant-funded program enables technology-based services
  - **O** No, the grant-funded program does not enable technology-based services
  - **O** Not applicable
  - O Not sure
  - Other (please specify)

### **Thank You**

Thank You for Your Participation!

Thank you for completing this survey. Your time and consideration are deeply appreciated.

Should you have any questions, please do not hesitate to contact the Technical Assistance Help Desk:

Help Desk
<a href="mailto:BHITSHelp@thenationalcouncil.org">BHITSHelp@thenationalcouncil.org</a>
202-684-7457

"Prev" or "Done - submit answers"