

## Attachment 1: Questions to be cognitively tested

CDC estimates the average public reporting burden for this collection of information as 60 minutes per response, including the time for reviewing instructions, searching existing data/information sources, gathering and maintaining the data/information needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Information Collection Review Office, 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0222)

We take your privacy very seriously. All information that relates to or describes identifiable characteristics of individuals, a practice, or an establishment will be used only for statistical purposes. NCHS staff, contractors, and agents will not disclose or release responses in identifiable form without the consent of the individual or establishment in accordance with section 308(d) of the Public Health Service Act (42 U.S.C. 242m(d)) and the Confidential Information Protection and Statistical Efficiency Act of 2002 (CIPSEA, Title 5 of Public Law 107-347).

### General Health

1. Would you say your health in general is excellent, very good, good, fair or poor?
  - Excellent
  - Very good
  - Good
  - Fair
  - Poor
  
2. Have you ever been told by a doctor or other health professional that you had...
  - Hypertension, also called high blood pressure
  - High cholesterol
  - Chronic Obstructive Pulmonary Disease or COPD, emphysema, or chronic bronchitis
  - Asthma
  - Diabetes, prediabetes or borderline diabetes
  - Some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia
  - Dementia, including Alzheimer's disease
  - Any type of anxiety disorder
  - Any type of depression
  - Cancer or a malignancy of any kind
  
3. In the past three months, how often did you have pain?
  - Never
  - Some days
  - Most days
  - Every day
  
4. Over the past three months, how often did pain limit your life or work activities?
  - Never
  - Some days
  - Most days
  - Every day

5. Thinking about the last time you had pain, how much pain did you have?
- A little
  - A lot
  - Somewhere in between

### Access to Health Care

6. The next few questions are about health insurance, including health insurance obtained through employment or purchased directly, as well as government programs like Medicare and Medicaid that provide Medical care or help pay medical bills. Are you covered by any kind of health insurance or some other kind of health care plan?
- Yes
  - No
7. Do you have any of the following kinds of health insurance or health care coverage? Include those plans that pay for only one type of service, such as nursing home care, accidents, or dental care. Exclude private plans that only provide extra cash while hospitalized. *(Select all that apply)*
- Private Health Insurance
  - Medicare
  - Medi-Gap
  - Medicaid
  - SCHIP (CHIP/Children's Health Insurance Program)
  - Military health care (TRICARE/VA/CHAMP-VA)
  - Indian Health Service
  - State-sponsored health plan
  - Other government program
  - Single service plan (e.g., dental, vision, prescriptions)
8. Is there a place that you USUALLY go to if you are sick?
- Yes
  - There is no place
  - There is more than one place
9. What kind of place is it?
- A doctor's office or health center
  - A walk-in clinic, urgent care center, or retail clinic in a pharmacy or grocery store
  - An emergency room
  - A VA Medical Center or VA outpatient clinic
  - Some other place

## Opioid Use

10. These next questions are about the use of prescription pain relievers called opioids. When answering these questions, please do not include over-the-counter pain relievers such as aspirin, Tylenol, Advil or Aleve.

During the past 12 months, have you taken any opioid pain relievers prescribed by a doctor or dentist? Examples include hydrocodone, Vicodin, Norco, Lortab, oxycodone, OxyContin, Percocet and Percodan.

- Yes
- No

11. Please look at the names and pictures of the pain relievers shown below. In the past 12 months, which, if any, of these pain relievers have you used? -

---

12. Have you ever, even once, used any prescription pain reliever? Remember, do not report your use of "over-the-counter" pain relievers such as aspirin, Tylenol, Advil, or Aleve.

- Yes
- No

13. What were the reasons you used [Fill # 11] the last time?

- To relieve physical pain
- To relax or relieve tension
- To increase or decrease the effect(s) of some other drug
- To experiment or to see what it's/they're like
- To feel good or get high
- To help with my sleep
- To help me with my feelings or emotions
- Because I am "hooked" or I have to have it/them
- I used it/them for some other reason
- Suicide attempt/suicidal thoughts
- Peer pressure/friends/feel cool
- To increase my energy level
- To replace another/other drug(s) I am addicted to

## Impairment

14. When taking opioids, do you feel any of the following side effects?

- Drowsiness
- Dizziness
- Confusion
- Calm
- Carefree
- Lack of concentration
- Blurred vision
- Off balance
- Irrational
- Paranoid

15. During the past 30 days, have you gone to work at a paid job while experiencing those side effects?

- Yes                      15a. [If yes] How many times in the past 30 days, would you say this happened?
- No                      \_\_\_\_\_ times

16. During the past 30 days, have you driven a car while experiencing those side effects?

- Yes                      16a. [If yes] How many times in the past 30 days, would you say this happened?
- No                      \_\_\_\_\_ times

17. During the past 30 days, have you had an injury or hurt yourself because of the opioids or the side effects?

- Yes
- No

## Opioid Misuse

18. The next question asks about using prescription pain relievers in any way a doctor did not direct you to use them. When you answer these questions, please think only about your use of the drug in any way a doctor did not direct you to use it, including:

- Using it without a prescription of your own
- Using it in greater amounts, more often, or longer than you were told to take it
- Using it in any other way a doctor did not direct you to use it

Have you ever, even once, used any prescription pain reliever in any way a doctor did not direct you to use it?

- Yes
- No

19. In the past 30 days, that is, from [DATEFILL] up to and including today, did you use [NAMEFILL] in any way a doctor did not direct you to use?

Yes

No

20. During the past 30 days, on how many days did you use [NAMEFILL] in any way a doctor did not direct you to use? \_\_\_\_\_

21. What is your best estimate of the number of days you used [NAMEFILL] in any way a doctor did not direct you to use during the past 30 days? \_\_\_\_\_

### **Opioid Use Disorder**

22. During the past 12 months, was there a month or more when you spent a lot of your time getting or using prescription pain relievers?

Yes

No

23. During the past 12 months, was there a month or more when you spent a lot of your time getting over the effects of the prescription pain relievers you used?

Yes

No

24. During the past 12 months, did you try to set limits on how often or how much prescription pain relievers you would use?

Yes

No

24a. [If yes] Were you able to keep to the limits you set, or did you often use prescription pain relievers more than you intended to?

Usually kept to the limits set

Often used more than intended

25. During the past 12 months, did you need to use more prescription pain relievers than you used to in order to get the effect you wanted?

Yes

No

26. During the past 12 months, did you notice that using the same amount of prescription pain relievers had less effect on you than it used to?

Yes

No

27. During the past 12 months, did you want to or try to cut down or stop using prescription pain relievers?

Yes

No

27a. [If yes] During the past 12 months, were you able to cut down or stop using prescription pain relievers every time you wanted to or tried to?

Yes

No

28. During the past 12 months, did you cut down or stop using prescription pain relievers at least one time?

Yes

No

29. Please look at the symptoms listed below:

*• Feeling kind of blue or down • Vomiting or feeling nauseous • Having cramps or muscle aches • Having teary eyes or a runny nose • Feeling sweaty, having enlarged eye pupils, or having body hair standing up on your skin • Having diarrhea • Yawning • Having a fever • Having trouble sleeping*

During the past 12 months, did you have 3 or more of these symptoms after you cut back or stopped using prescription pain relievers?

Yes

No

30. Please look at the symptoms listed below:

*• Feeling kind of blue or down • Vomiting or feeling nauseous • Having cramps or muscle aches • Having teary eyes or a runny nose • Feeling sweaty, having enlarged eye pupils, or having body hair standing up on your skin • Having diarrhea • Yawning • Having a fever • Having trouble sleeping*

During the past 12 months, did you have 3 or more of these symptoms at the same time that lasted for longer than a day after you cut back or stopped using prescription pain relievers?

Yes

No

31. During the past 12 months, did you have any problems with your emotions, nerves, or mental health that were probably caused or made worse by your use of prescription pain relievers?

Yes

No

31a. [If yes] Did you continue to use prescription pain relievers even though you thought this was causing you to have problems with your emotions, nerves, or mental health?

Yes

No

32. During the past 12 months, did you have any physical health problems that were probably caused or made worse by your use of prescription pain relievers?

- Yes
- No

32a. [If yes] Did you continue to use prescription pain relievers even though you thought this was causing you to have physical problems?

- Yes
- No

33. This question is about important activities such as working, going to school, taking care of children, doing fun things such as hobbies and sports, and spending time with friends and family. During the past 12 months, did using prescription pain relievers cause you to give up or spend less time doing these types of important activities?

- Yes
- No

34. Sometimes people who use prescription pain relievers have serious problems at home, work or school — such as: • neglecting their children • missing work or school • doing a poor job at work or school • losing a job or dropping out of school. During the past 12 months, did using prescription pain relievers cause you to have serious problems like this either at home, work, or school?

- Yes
- No

35. During the past 12 months, did you regularly use prescription pain relievers and then do something where using prescription pain relievers might have put you in physical danger?

- Yes
- No

36. During the past 12 months, did using prescription pain relievers cause you to do things that repeatedly got you in trouble with the law?

- Yes
- No

37. During the past 12 months, did you have any problems with family or friends that were probably caused by your use of prescription pain relievers?

- Yes
- No

37a. [If yes] Did you continue to use prescription pain relievers even though you thought this caused problems with family or friends?

- Yes
- No

## Perceived Risk of Prescription Opioid Pain Relievers

We are interested in your opinion about the effects of using certain drugs and other substances, about whether it's difficult or easy to get drugs, and the extent to which drugs are available in your neighborhood. Please indicate how much you think people risk harming themselves physically and in other ways when they do each of the following activities. If you're not sure, choose an answer for the amount of risk that comes closest to what you think might be true for that activity.

38. RK01a How much do people risk harming themselves physically and in other ways when they smoke one or more packs of cigarettes per day?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

39. RK01b How much do people risk harming themselves physically and in other ways when they smoke marijuana once a month?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

40. RK01c How much do people risk harming themselves physically and in other ways when they smoke marijuana once or twice a week?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

41. RK01d How much do people risk harming themselves physically and in other ways when they try LSD once or twice?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF



42. RK01e How much do people risk harming themselves physically and in other ways when they use LSD once or twice a week?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

43. RK01f How much do people risk harming themselves physically and in other ways when they try heroin once or twice?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

44. RK01g How much do people risk harming themselves physically and in other ways when they use heroin once or twice a week?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

45. RK01h How much do people risk harming themselves physically and in other ways when they use cocaine once a month?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

46. RK01i How much do people risk harming themselves physically and in other ways when they use cocaine once or twice a week?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

47. RK01j How much do people risk harming themselves physically and in other ways when they have four or five drinks of an alcoholic beverage nearly every day?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

48. RK01k How much do people risk harming themselves physically and in other ways when they have five or more drinks of an alcoholic beverage once or twice a week?

- No risk
- Slight risk
- Moderate risk
- Great risk
- DK/REF

**(FOR QUESTION 11) Please look at the names and pictures of the pain relievers shown below.**





