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MEPS

Medical Expenditure Panel Survey



Your Health Care

Record Keeper



Agency for Healthcare Research and Quality
Centers for Disease Control and Prevention
U.S. Department of Health and Human Services



Instructions

You may use this record keeper to help prepare for your MEPS interviews. Each time you or a family member receives health care, record the following information:

- household member's name
- date of the visit or phone call
- name of health care provider
- reason for the visit or phone call
- charge and payment information
- any medications prescribed

On the back of the record keeper there is space to record your health care providers' contact information.

Name _____
Date of Visit _____
Provider Name _____
Reason for Visit _____
Total Charge _____
Payment by Family _____
Payment by Other _____
Prescriptions _____

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Provider Name _____
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