

Appendix C-3: Meals and Snacks Form

OMB Control Number: 0536-0068
Expiration Date: 03/31/2015

Meals and Snacks We Ate this Week

Check each meal and snack eaten by each person in the household

| | Day 1 | | Day 2 | | Day 3 | | Day 4 | | Day 5 | | Day 6 | | Day 7 | |
|----------|---------------------------------|---------------------------|---------------------------------|---------------------------|---------------------------------|---------------------------|---------------------------------|---------------------------|---------------------------------|---------------------------|---------------------------------|---------------------------|---------------------------------|---------------------------|
| | Meals | Snacks | Meals | Snacks | Meals | Snacks | Meals | Snacks | Meals | Snacks | Meals | Snacks | Meals | Snacks |
| Person 1 | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM |
| | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM |
| | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve |
| Person 2 | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM |
| | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM |
| | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve |
| Person 3 | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM |
| | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM |
| | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve |
| Person 4 | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM |
| | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM |
| | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve |
| Person 5 | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM | <input type="radio"/> Breakfast | <input type="radio"/> AM |
| | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM | <input type="radio"/> Lunch | <input type="radio"/> PM |
| | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve | <input type="radio"/> Dinner | <input type="radio"/> Eve |