

**C.6a Study Brochure (English)**



## Data Privacy

All information collected about child care providers, children and families in the study will be kept private to the fullest extent allowed by law. The names of child care providers, children and family members will never appear in any report or with any study findings.

## Research Team

- Abt Associates
- Abt SRBI
- Cincinnati Children’s Hospital Medical Center
- Early Childhood Policy Research
- Momentum Center, University of Michigan
- Sarah Samuels Center

## Study Schedule

*Oct 2015-April 2016:*  
Recruit child care providers & parents

*Jan-May 2016:*  
Conduct data collection

*Sept 2016-Aug 2017:*  
Produce Interim Study Reports

*Spring/Summer 2019:*  
Produce Final Study Report

## Study Contact Information

Toll-free Hotline: 844-808-4777  
Email: [SNACS@abtassoc.com](mailto:SNACS@abtassoc.com)

OMB Control No. 0584-xxxx  
OMB Approval Expiration Date: x/xx/xxxx

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# Study of Nutrition & Activity in Child Care Settings (SNACS)

Sponsored by the U.S. Department of Agriculture



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## What is the Study About?

The study will provide a thorough description of meals and snacks served in child care, activity policies and practices of providers, children's food consumption in and out of child care, meal costs, and plate waste.

## Reason for Study

Good nutrition is a key to proper childhood development, but little is known about the food children are eating while in child care nor their opportunities for physical activity. In recognition of the importance of nutrition and physical activity in child care, Congress directed the USDA to conduct a nationally representative study of child care centers and family day care homes.

## Key Study Activities

### *Providers*

- Child Care Provider Surveys
- Menu Surveys
- Meal Observations
- Meal Cost Data Collection

### *Parents*

- Parent Surveys
- Child Intake Diaries

## Study Participants

The study includes about 1,500 child care centers, family day care homes, and afterschool programs that participate in the Child and Adult Care Food Program in 20 states, and some that do not. About 3,000 children and more than 4,000 parents will also be in the study.

***Help us learn about nutrition in child care settings!***