E.2b   **Standing and Holding Weight Form**

Study of Nutrition and Activity in Child Care Settings (SNACS)

Standing and Holding Weight Form

For use with children ages 1 to 2 years or children unable to stand unassisted

Child ID Label

Interviewer ID #: |__|__|__|__|__|__|__|__|

|__|__| / |__|__| / 2016
 Month   Day

REMOVE SHOES, HATS, HEAVY CLOTHING, AND REMOVABLE HAIR PIECES AND EMPTY POCKETS.

ENSURE THAT THE CHILD IS NOT HOLDING ANYTHING DURING THE MEASUREMENT.

If child is unable to stand on scale unassisted, use the following procedure:

1. **Have adult care-giver step on scale.**
2. **Zero (tare) the scale so that it now reads 0 kg.**
3. **Place child into the arms of the care giver.**
4. **Obtain reading**

1.   **Weight**

				.		
1st measurement				.		Kilograms
2nd measurement				.		Kilograms
3rd measurement				.		Kilograms

IF DIFFERENCE BETWEEN 1ST & 2ND MEASUREMENT IS GREATER THAN 0.1 KG, TAKE 3RD MEASUREMENT.

2.   Check all concerns you have regarding the measurement below. If none, check "no concerns".

- 0 ☐ No concerns
- 1 ☐ Wearing heavy clothing
- 2 ☐ Wearing shoes
- 3 ☐ Wearing cast or brace
- 4 ☐ Difficulty obtaining measurement *(Describe in Comments)*
- 5 ☐ Refusal (no measurement or report)
- 6 ☐ Other *(Specify)* _____

Comments: _____

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Adapted from the Student Height and Weight Measurement Form from the School Nutrition and Meal Cost Study and the Height and Weight Measurement Form from the Evaluation off the School Breakfast Pilot Project.