

Appendix B

Supplemental Handout for Teacher Interviews

Key Aspects of Instructor Knowledge, Skills, and Comfort

Knowledge (Topics)

- ❖ HIV and STD transmission
 - ❖ Health consequences of HIV, STDs, and teen pregnancy
 - ❖ Healthy relationships
 - ❖ Abstinence
 - ❖ Using condoms effectively
 - ❖ Dual use of condoms and other contraception
 - ❖ Limiting the number of sexual partners
 - ❖ Sources for reliable sexual health information
 - ❖ How sexual orientation is related to sexual health
 - ❖ How gender roles, gender identity, or gender expression influences sexual health
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Skills

- ❖ Using a variety of effective instructional strategies to deliver sexual health education
 - ❖ Building student skills in HIV, other STD, and pregnancy prevention
 - ❖ Assessing student knowledge and skills in sexual health education
 - ❖ Using appropriate classroom management techniques
 - ❖ Creating a comfortable and safe learning environment for students receiving sexual health education
 - ❖ Teaching sexual health education in a manner that aligns with current district or school board policies or curriculum guidance
 - ❖ Teaching students of different sexual orientations or gender identities
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Comfort

- ❖ Balancing personal values and what you are being asked to teach
- ❖ Thinking about and talking about sex and sexuality with your students
- ❖ Talking about abstinence with students
- ❖ Talking about sexual behaviors with students
- ❖ Talking about using condoms and other birth control with students
- ❖ Using correct terminology about body parts and sexual behaviors
- ❖ Answering students questions about sex and sexuality
- ❖ Doing the condom demonstration (for high school teachers only)
- ❖ Responding to student comments and reactions during interactive class exercises like role plays
- ❖ Managing behavior in a classroom of students who are discussing sexual health

- ❖ Understanding students' developmental stage and what they need to learn about sexuality

Key Aspects of Student Skills

Student Skills

Help students learn how to:

- ❖ Assess risks
- ❖ Weigh possible outcomes
- ❖ Make decisions about complicated topics
- ❖ Set goals for their lives and their future
- ❖ Solve problems
- ❖ Talk about difficult topics
- ❖ Practice things that keep them healthy, even when it's hard to do
- ❖ Ask adults for help
- ❖ Advocate for themselves and for others to make healthy choices and decisions
- ❖ Understand the influence that their family, friends, and culture have on their health
- ❖ Know which information sources and services are reliable and how to access them
- ❖ Resolve conflict