

Att 3c. Transgender Youth Focus Group Guide Screenshots

Day 1

The Fenway Institute Research Study II (Transgender Youth)



Introduction

2 months ago

All Users

Form Approved

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Thank you for agreeing to talk to me about the Prevention Strategies Youth Focus Group Project, sponsored by the Centers for Disease Control and Prevention (CDC). Over the next 3 days we will talk about relationships, sexuality, and health. Who are we? A group of transgender youth, and me, the facilitator.

As the facilitator, my job is to:

- Explain what we are doing
- Set up some ground rules
- Start discussions/ask questions
- Make sure that everyone has a chance to answer
- Keep us moving along so that we can talk about a number of important issues

The reason that we are doing this project is because we want to make sure that **all youth have access to information, support, and resources that help them to feel good about themselves and to take care of their health.**

We invited you to be in our discussion group because we want to understand what it is like for young men who are attracted to other guys to:

- find boyfriends and/or girlfriends
- make decisions about sex
- communicate with parents/guardians, doctors/nurses, and teachers about gender, sexuality, and health

Here are some things to keep in mind:

1. We can have some things in common and also have different ideas, opinions, and experiences. Some people have had sex already, some have not. **Some people like girls and guys, some like guys only.** Some people are able to live as the gender they feel, while others cannot. Let's respect our differences. And, let's try to understand where someone is coming from and why.
2. In a discussion group like ours, there are no wrong answers. So, let's respect each other's reality and opinions. Let's try to hear and understand where someone is coming from. That might mean asking someone to explain about a comment he has made. For instance, "That's interesting, can you say more about that?" or "I'm not following, can you explain?"
3. If at any time you would like to talk with the moderator privately, you can use the chat function.

Activities

Day 1

Super Powers

Forming Relationships

Sex I

Sex II

Day 2

Sex III

HIV Prevention 1

HIV Prevention 1.2

HIV Prevention 1.3

HIV Prevention 2

Day 3

Identity and Support

Wrap-up

Thank You



Super Powers

Day 1 📌

Filter by Segment

Filter by Demographics

Discussion View

Table View

Summary View

OK, let's get started.

Respond

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Super Powers

Day 1 📄

OK, let's get started.

Respond to Activity

[Submit](#) [Cancel](#)

Tell us about one superpower that you would LIKE to have and why.

Tell us about one superpower that you have.



Forming Relationships

Day 1 📌

Filter by Segment

Filter by Demographics

Discussion View

Table View

Summary View

I'd like to know more about how you form relationships.

Respond

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- [Help](#)



Forming Relationships

Day 1

I'd like to know more about how you form relationships.

Respond to Activity

Submit Cancel

Tell us about a guy you think is really cute, maybe he is someone you are attracted to and want to get to know. (Use his first name or initials only.) How did you meet? How would you let him know that you are interested?

Write your response here

Is the guy you think is cute transgender or cisgender? What does the term cisgender mean?

Write your response here

Who do you talk to about your crushes on guys? What do you talk about? What comes up during these conversations? Does being transgender come up? If so, how?

Write your response here

Who can you ask for advice about dating guys?

Write your response here

Who can you talk to about your crushes on girls? How about dating girls?

Write your response here

If you are attracted to girls, are the girls you are attracted to transgender, cisgender, or both?

Write your response here

Does the relationship advice that you get support your gender identity (meaning, support you as a transgender youth and respect your gender identity)?

Write your response here



Sex I

Day 1

Filter by Segment

Filter by Demographics

Discussion View | Table View | Summary View

This section has two questions.

Respond

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Help



Sex I

Day 1

This section has two questions.

Respond to Activity

Submit

Cancel

Who do you talk about sex with? What do you talk about?

Write your response here

When you use the word sex, what do you mean? What is sex? What counts as sex?

Write your response here



Sex II

Day 1 📌

Filter by Segment

Filter by Demographics

Discussion View | Table View | Summary View

This final section for today has 5 questions.

Respond

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Sex II

Day 1

This final section for today has 5 questions.

Respond to Activity

Submit

Cancel

OK, let's talk about parents/guardians.

If your parent/guardian had a conversation about sex with you, what did they say? What was helpful about it? What could have been better?

Write your response here

Imagine an ideal conversation about sex between a parent/guardian and a transgender youth. What would the parent/guardian say?

Write your response here

Has your parent/guardian had a conversation like this with you? If no, would you like them to?

Write your response here

Now let's think about schools.

What, if anything, have you learned about sex at school? What was helpful about it? What could have been better?

Write your response here

Imagine that you have been given the opportunity to develop a sex ed class for high school students. What information should be covered? Who should teach it? How?

Write your response here

Day 2

Activity | Hatchtank x Sophita

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ih Home, Notifications, Search, Share, Download, Settings, Profile

Sex III Filter by Segment, Filter by Demographics, Discussion View, Table View, Summary View

Day 2 Respond

*Welcome to Day 2 of our discussion. Thank you for your time and candid responses.
Today we start with a few questions on the same topic.*

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- Day 3

[Help](#)

ih

Sex III
Day 2

Welcome to Day 2 of our discussion. Thank you for your time and candid responses.
Today we start with a few questions on the same topic.

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Respond to Activity Submit Cancel

Let's talk about health providers, doctors and nurses.

Tell us about a time that the health care you got supported your gender identity. (By supported, I mean made you feel comfortable and cared for by someone knowledgeable about transgender health.)

Write your response here

Tell us about a time that the health care you got did not support your gender identity.

Write your response here

Tell us about a time you had a conversation about sex with your doctor/nurses. What do you talk about? What was helpful about it? What could have been better?

Write your response here

Now imagine an ideal conversation about sex between a doctor or nurse and a transgender youth your age. What should the doctor or nurse say or do?

Write your response here

Sometimes we learn about sex from people and places other than parents/guardians, at school, or from doctors/nurses. These other sources include: on-line, TV/movies, porn, friends, sexual partners, and church.

Have you learned about sex from any of these sources? If so, which were helpful? Why? What did you like about them? What could have been better?

Write your response here

As a transgender youth, is there anything about sex that you would like to know? What is it? How would you like to get that information? Who would you like to get that information from?

Write your response here

[Shown to SEXUALLY INACTIVE SEGMENT ONLY]

One final question before we wrap up this topic. People have and don't have sex for a number of reasons. What are the main reasons you have not had sex?

Write your response here



HIV Prevention 1

Day 2

Filter by Segment

Filter by Demographics

Discussion View | Table View | Summary View

There are some things that people can do to reduce their risk of getting or passing on HIV. We want to know what you think about these suggestions. We are interested in your opinion.

Respond

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 - ☑ Thank You
- [Help](#)



HIV Prevention 1

Day 2

There are some things that people can do to reduce their risk of getting or passing on HIV. We w

Respond to Activity

[Submit](#) [Cancel](#)

Experts recommend not having vaginal (sometimes called frontal sex) or anal sex, but finding other ways to be intimate like oral sex or hand to genital contact.

What do you think about not having vaginal (sometimes called frontal sex) or anal sex, but finding other ways to be intimate like oral sex or hand to genital contact?

Write your response here

How realistic is this for transgender youth your age to find other ways to be intimate?

Write your response here

Now, we are going to ask a couple of questions about sex with cisgender guys and transgender women, because the risk of passing on HIV during sex is higher.

How realistic is it NOT to have vaginal or anal sex with cisgender guys?

Write your response here

How realistic is it NOT to have vaginal or anal sex with transgender women?

Write your response here

What would make it hard to do this?

Write your response here

What would make it easier to do this?

Write your response here



HIV Prevention 1.2

Day 2 📌

Filter by Segment

Filter by Demographics

Discussion View | Table View | Summary View

The following questions will complete Day 2.

Respond

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Help



HIV Prevention 1.2

Day 2

The following questions will complete Day 2.

Respond to Activity

Submit Cancel

Experts recommend using condoms and lube every time for vaginal and anal sex (whether you are giving or receiving anal sex).

What do you think about using condoms and lube every time for vaginal/frontal and anal sex?

Write your response here

How realistic is this for transgender youth your age to use condoms and lube every time for anal sex (whether you are giving or receiving anal sex)?

Write your response here

How realistic is it to use condoms and lube every time for anal sex with cisgender guys?

Write your response here

How realistic is it to use condoms and lube every time for anal sex with transgender women?

Write your response here

What would make it hard to do this?

Write your response here

What would make it easier to do this?

Write your response here

Does being transgender affect your ability to ask for what you want from a sexual partner? How and why?

Write your response here



HIV Prevention 1.3

Day 2 📌

Filter by Segment

Filter by Demographics

Discussion View | Table View | Summary View

Experts recommend taking a medication called PrEP. Taking a PrEP pill every day can keep a person from getting HIV if they are exposed to it. [PrEP stands for pre-exposure prophylaxis which means taking HIV medication to prevent getting HIV before you are exposed to it.]

Respond

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Help



HIV Prevention 1.3

Day 2

Experts recommend taking a medication called PrEP. Taking a PrEP pill every day can keep a person from getting HIV if they are exposed to it. [PrEP stands for pre-exposure prophylaxis which means taking HIV medication to prevent getting HIV before you are exposed to it.]

Respond to Activity

[Submit](#) [Cancel](#)

Experts recommend taking a medication called PrEP. Taking a PrEP pill every day can keep a person from getting HIV if they are exposed to it. [PrEP stands for pre-exposure prophylaxis which means taking HIV medication to prevent getting HIV before you are exposed to it.] What do you think about this recommendation?

Write your response here

How realistic is it to get PrEP from a doctor and take it every day?

Write your response here

What would make it hard to do this?

Write your response here

What would make it easier to do this?

Write your response here

As a transgender person, do you have any other concerns about PrEP?

Write your response here



HIV Prevention 2

Day 2 ?

Filter by Segment

Filter by Demographics

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This is the last set of questions for today.

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HIV Prevention 2

Day 2 🌐

This is the last set of questions for today.

Respond to Activity

[Submit](#) [Cancel](#)

Experts recommend getting tested for HIV and then, if you have HIV, taking HIV medications every day. This is a way to help reduce your risk of passing on HIV if you have it.

What do you think about getting tested for HIV?

Write your response here

How realistic is it to get tested for HIV?

- What would make it hard to do this?
- What would make it easier to do this?

Write your response here

How realistic is it to take medication every day if you have HIV?

- What would make it hard to do this?
- What would make it easier to do this?

Write your response here

Experts also recommend getting tested for sexually transmitted infections such as syphilis, gonorrhea and chlamydia and taking medication for a few days to clear them up. This is a way to help reduce your risk of getting and passing on HIV.

What do you think about this recommendation?

Write your response here

How realistic is it to get tested for sexually transmitted infections and to take medication if you have one?

- What would make it hard to do this?
- What would make it easier to do this?

Write your response here

Day 3

Activity | Hatchtank

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Home Notifications Search Share Download Settings User Profile

Identity and Support

Day 3

Filter by Segment Filter by Demographics Discussion View Table View Summary View

Welcome to the last day of our discussion!

Respond

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Day 2

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- ☑ HIV Prevention 1.2

Help



Identity and Support

Day 3

Welcome to the last day of our discussion!

Respond to Activity

Submit Cancel

What words do you use to describe your gender identity?

Write your response here

What words do you use to describe your sexuality? Why?

Write your response here

Where do you get support for being transgender? What is most helpful? What support would you like?

Write your response here

What support do you get related to your sexuality? What is most helpful? What support would you like?

Write your response here

What support do you get related to your race-ethnicity? What is most helpful? What support would you like?

Write your response here

Anything else that you would like to say related to getting support for all parts of who you are?

Write your response here



Wrap-up

Day 3 i

Filter by Segment

Filter by Demographics

Discussion View | Table View | Summary View

We've reached the end of my questions.

Respond

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Wrap-up

Day 3

We've reached the end of my questions.

Respond to Activity

[Submit](#) [Cancel](#)

Is there anything else that you would like to add?

How was this focus group experience for you?

If anyone is feeling sad or stressed or upset in any way, please let me know so that our team can check in with you. Also everyone should know about the Trevor Project because it is an important resource for any LGBT youth who is feeling like hurting him or herself. The telephone number is (866) 488-7386.

Thank you so much for your thoughts and ideas! What you've shared will help us develop resources for young people.
Our goal is for all youth to have access to information, support, and resources that enable them to feel good about their gender and sexuality and to take care of their health.

Do you have any questions?

Here are some resources that you might consider accessing if you have remaining questions or concerns related to what we talked about today.
[\[Reference Link to be inserted\]](#)



Thank You

Day 3 ⓘ

0 responses displayed

0 selected ▼

Show: New Posts All Posts

Discussion View | Table View
Summary View

Thank you!
We will send you a gift card valued up to \$30 within 2 business days.

Respond

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- ⓘ Help