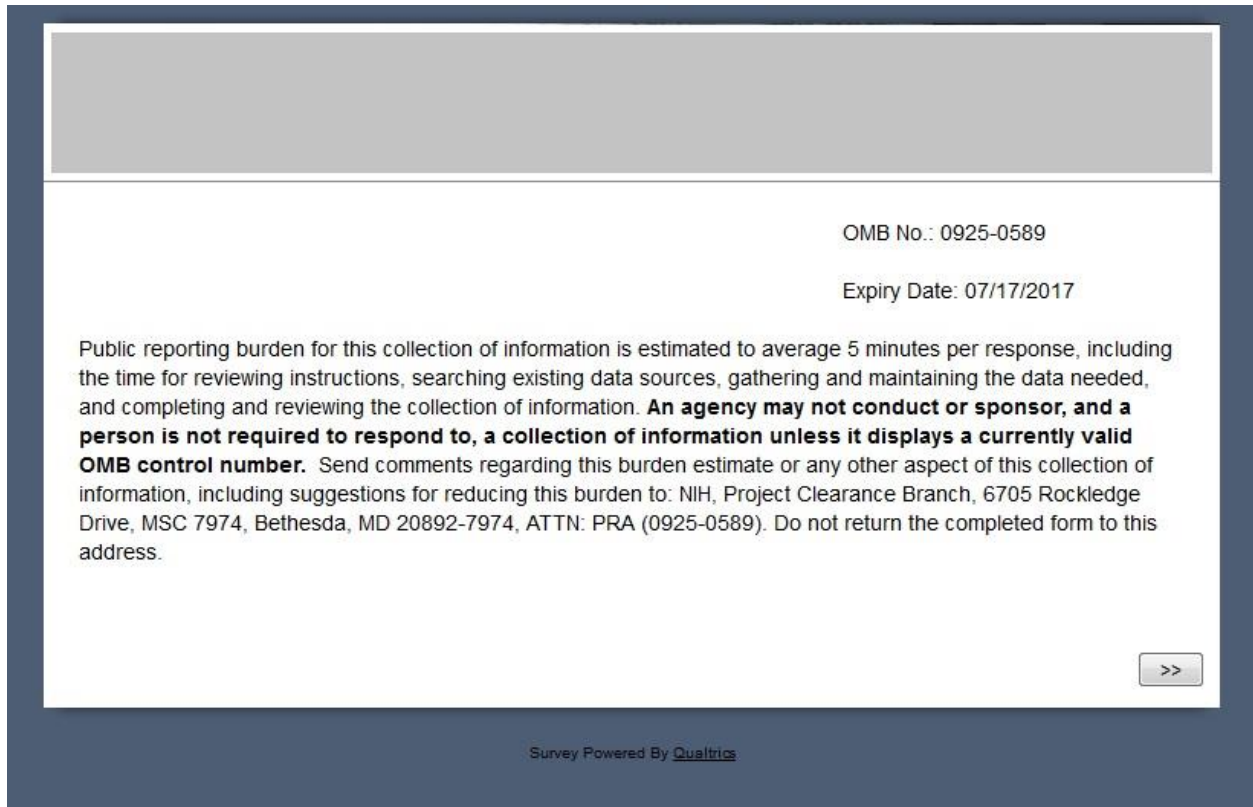Appendix A – Screenshots for Condition 1 (Walking Environment
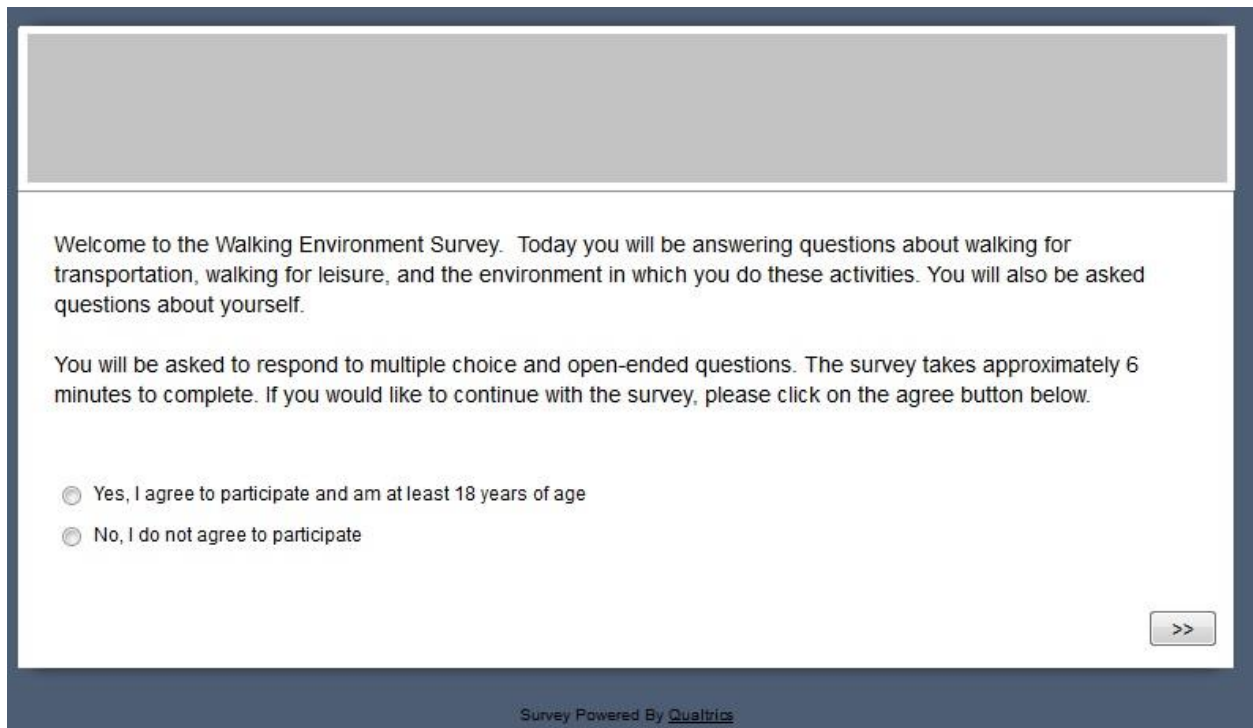First)

OMB No.: 0925-0589

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Public reporting burden for this collection of information is estimated to average 5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. **An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number.** Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0589). Do not return the completed form to this address.

>>

Welcome to the Walking Environment Survey. Today you will be answering questions about walking for transportation, walking for leisure, and the environment in which you do these activities. You will also be asked questions about yourself.

You will be asked to respond to multiple choice and open-ended questions. The survey takes approximately 6 minutes to complete. If you would like to continue with the survey, please click on the agree button below.

○ Yes, I agree to participate and am at least 18 years of age

○ No, I do not agree to participate

>>

For the first part of the survey, please answer the following questions about yourself.

Are you male of female?

◯ Male

◯ Female

How old are you in years? Use the box below to type your answer in number format, like 33 or 64.

[   ]

What race or races do you consider yourself to be? Please select 1 or more of these categories.

☐ White

☐ Black or African American

☐ American Indian or Alaska Native

☐ Asian Indian

☐ Chinese

☐ Filipino

☐ Japanese

☐ Korean

☐ Vietnamese

☐ Other Asian

☐ Native Hawaiian

☐ Guamanian or Chamorro

☐ Samoan

☐ Other Pacific Islander

☐ Don't know

Do you consider yourself to be Hispanic or Latino?

◯ Yes

◯ No

◯ Don't know

What is the HIGHEST level of school you have completed or the highest degree you have received?

- ○ Never attended/ kindergarten only
- ○ 1st grade
- ○ 2nd grade
- ○ 3rd grade
- ○ 4th grade
- ○ 5th grade
- ○ 6th grade
- ○ 7th grade
- ○ 8th grade
- ○ 9th grade
- ○ 10th grade
- ○ 11th grade
- ○ 12 grade, no diploma
- ○ GED or equivalent
- ○ High school graduate
- ○ Some college, no degree
- ○ Associates degree: occupational, technical, or vocational
- ○ Associates degree: academic program
- ○ Bachelor's degree (Example: BA, AB, BS, BBA)
- ○ Master's degree (Example: MA, MS, MEng, MEd, MBA)
- ○ Professional School degree (Example: MD, DDS, DVM, JD)
- ○ Doctoral degree (Example: PhD, EdD)
- ○ Don't know

>>

How often are there people walking within sight of your home? Would you say:

- ○ Every day
- ○ Every 2-3 days
- ○ About once a week
- ○ Less than once a week
- ○ Don't know

How often does the weather make you less likely to walk? (Example: such as hot, cold, rainy, snowy, and windy weather) Would you say:

- ○ Almost always
- ○ Most of the time
- ○ Some of the time
- ○ A little of the time
- ○ Never
- ○ Don't know

[>>]

The next questions are about where you live. These questions are about your walking or places you can walk, not walking by other people.

Where you live, are there roads, sidewalks, paths or trails where you can walk?
- ○ Yes
- ○ No
- ○ Don't know

Where you live, are there shops, stores, or markets that you can walk to?
- ○ Yes
- ○ No
- ○ Don't know

Where you live, are there bus or transit stops that you can walk to?
- ○ Yes
- ○ No
- ○ Don't know

Where you live, are there places like movies, libraries, or churches that you can walk to?
- ○ Yes
- ○ No
- ○ Don't know

Where you live, are there places that you can walk to that help you relax, clear your mind, and reduce stress?
- ○ Yes
- ○ No
- ○ Don't know

Where you live, do most streets have sidewalks?
- ○ Yes
- ○ No
- ○ Don't know

Where you live, does traffic make it unsafe for you to walk?
- ○ Yes
- ○ No
- ○ Don't know

Where you live, does crime make it unsafe for you to walk?
- ○ Yes
- ○ No
- ○ Don't know

Where you live, do dogs or other animals make it unsafe for you to walk?
- ○ Yes
- ○ No
- ○ Don't know

>>

The next questions are about walking for transportation. You will be asked separately about walking for other reasons like relaxation or exercise.

During the past 7 days, did you walk to get some place that took you at least 10 minutes?

- ○ Yes
- ○ No
- ○ Don't know

>>

In the past 7 days, how many times did you walk for at least 10 minutes to get some place? Please type in the number below:

[   ]

On average, how long did your walk or walks take? (type in number below)

[   ]

Is that in minutes or hours

- ○ Minutes
- ○ Hours

>>

The next questions are about walking for relaxation or exercise.

Sometimes you may walk for fun, relaxation, exercise, or to walk the dog. During the past 7 days, did you walk for at least 10 minutes for any of these reasons? Please do not include walking for transportation.

○ Yes

○ No

○ Don't know

`>>`

In the past 7 days, how many times did you walk for at least 10 minutes to get some place? Please type in the number below:

[   ]

On average, how long did your walk or walks take? (type in number below)

[   ]

Is that in minutes or hours

○ Minutes

○ Hours

`>>`

You have completed the survey. Thank you for your participation!

>>