National Center for Health Statistics

Attachment 5b



**National Health and**

**Nutrition Examination Survey**

Examination Assent Brochure,

7–11 Years of age

**Let's Improve Our Health**

Examination Assent Brochure







This booklet contains facts

National Health and Nutrition Examination Survey

for you about the National Health and Nutrition Examination Survey

2

The National Health and Nutrition

About Your Exam

Examination Survey (NHANES) studies the

health and diet of people in this country.

The survey will look at how young people grow



and develop. We will ask questions about what your body looks like. We will look at special health problems that may affect kids.

We go all over the United States in these vans.

3

The exam is like going to the doctor. Your exam

National Health and Nutrition Examination Survey

will help us find out more about the health of children your age.

We will ask questions about what you eat and drink.

You will change into

special exam clothes at the exam center.

4

Our doctor will take



your pulse.

We will take your blood

pressure.

About Your Exam

5

4

3

2

We will see how much

you weigh and how tall you are.

We will look at your

teeth.

5

We will check your blood

National Health and Nutrition Examination Survey

and urine in our lab.

We will send you and

your parents a report on your exam.

6

Our staff will answer

About Your Exam

any questions you have.

We would like you to go to our mobile

exam center vans for an exam. You will help us learn more about all children in the United States.

7

Notes

8

National Health and Nutrition Examination Survey

For more information about the National Center for

Health Statistics, contact:

Information Dissemination Staff

National Center for Health Statistics

3311 Toledo Road, Room 5419

Hyattsville, Maryland 20782

Telephone: 1–800–CDC–INFO (1–800–232–4636) TTY: 1–888–232–6348

Online request from : <http://www.cdc.gov/info>

Internet: <http://www.cdc.gov/nchs>

For more information about the National Health and Nutrition Examination Survey you may visit the NHANES Website at: [http://www.cdc.gov/nhanes.](http://www.cdc.gov/nhanes)

CS246239 (06/2014)