



OMB Approval No. 0584-XXXX  
Approval Expires: XX/XX/20XX

**Appendix HHa**  
**13-Month Food Model Booklet Letter - English**

**\*NOTE:** This is a copy of an appendix submitted previously with the base study package (ICR Reference No. 201208-0584-002). It is provided with this package for reference purposes.

[Recipient Name]  
[Street Address]  
[City, ST ZIP Code]

Dear [Recipient Name]:

Thank you for your continued participation in the WIC Feeding My Baby study. The information you provide will help WIC learn more about the choices WIC families make in feeding their children.

Your next follow up telephone interview will take place between [13 MONTH INTERVIEW WINDOW]. As before, we will be asking you a few questions on the type and amount of food and drink [CHILD'S NAME] had on a given day. We have previously sent you a set of measuring guides including cups, spoons, and a ruler, to help you with those questions. Now that [CHILD] is eating a variety of foods, we are enclosing a Food Model Booklet to add to those measuring guides. The Food Model Booklet has pictures of plates, bowls, mugs, and other pictures to help you estimate the amounts correctly. Our interviewer will help you with using the booklet during the interview.

If you have any questions, please contact your study liaison, [STUDY LIAISON NAME]. She can be reached by e-mail at \_\_\_\_\_, and you can also call or text her at \_\_\_\_\_.

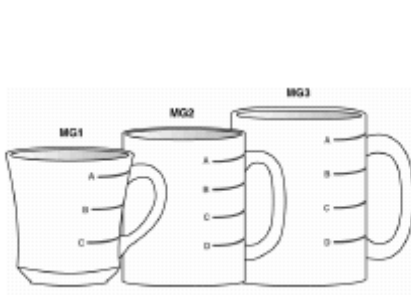
We are looking forward to speaking with you again.

**Enclosures**

1. Food Model Booklet

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB number. The valid OMB control number for this information collection is 0584-XXXX. The time required to complete this information collection is estimated to average 1 minute per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.

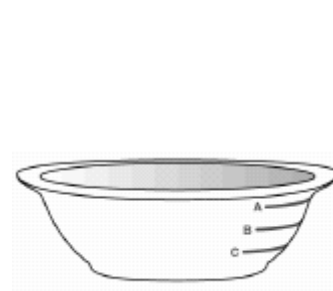
**Food Model Booklet Pictures**



**Glasses**



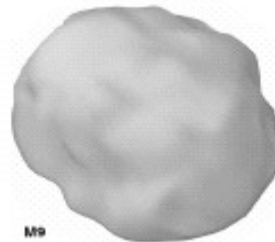
**Mugs**



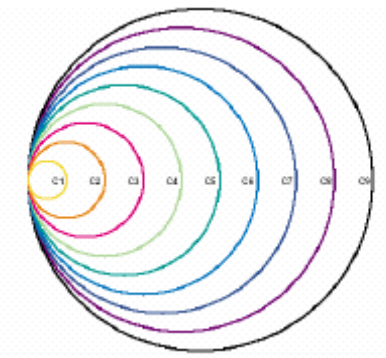
**Bowls**



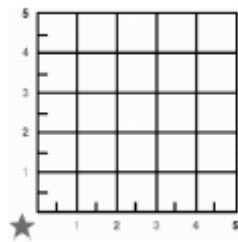
**Pats**



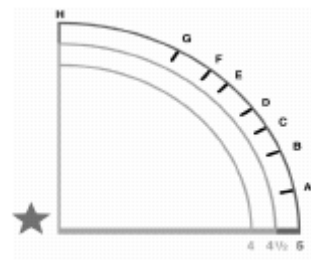
**Mounds**



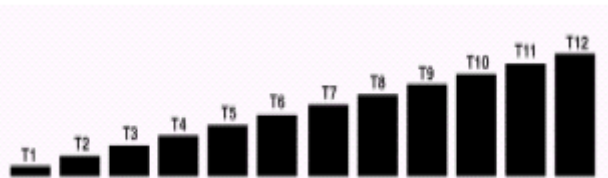
**Circles**



**Grid**



**Wedge**



**Thickness**