Survey of Veteran Enrollees' Health and Use of Health Care

Mail Survey

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Survey of Veteran Enrollees' Health and Use of Health Care

Welcome to the 2016 Survey of Veteran Enrollees' Health and Use of Health Care. This annual VA survey asks about how Veterans use VA services and what types of services they do or do not use. Even if you are <u>not</u> a current user of VA health care, your answers to the survey questions are important. This survey takes about 21 minutes to complete.

If you require assistance from another person to complete this survey, it is all right to ask another person to fill the survey out on your behalf as long as they are able to answer questions about your health care, health benefits, and health status.

PAPERWORK REDUCTION ACT INFORMATION: This information is collected according to the clearance requirements of section 3507 of the Paperwork Reduction Act of 1995. No persons are required to respond to a collection of information unless it displays a valid Office of Management and Budget (OMB) control number. The valid OMB control number for this information collection is 2900-0609. The time required to complete this information collection is estimated to average 21 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. The information requested on this survey will be used to help VA assess the health status of Veterans and plan health care services. A response to this survey is voluntary.

SECTION 1. Introduction

Survey Instructions

Your participation is voluntary, but we hope you will decide to participate. If you decide not to participate or to answer some of the questions, it will not affect your VA benefits or any other benefits to which you may be entitled. VA will protect your identity and answers to the full extent allowed under the law. Also, no information you provide will be released to the general public in a way that can be traced back to you. If you are completing the survey for the Veteran who received the survey invitation, these rights and protections also apply.

	 ■ Please use a black or blue pen to complete this form. ■ Mark ⊠ to indicate your answer.
	 If you want to change your answer, darken the box and mark the correct answer. You will sometimes see an arrow and instructions to skip questions that do not apply to you: (→ GO TO QUESTION X or GO TO SECTION X). In these cases, simply skip to the indicated question or section.
1.	Please indicate who is completing this survey. In other words, will you complete the survey yourself or will you ask someone to assist you?
	☐ I am the Veteran named in the cover letter and will be answering questions about myself. ☐ GO TO SECTION 2
	I am not the Veteran named in the cover letter, but can answer questions about that person's health care, health benefits, and health status.
	2. How would you describe your relationship to the Veteran?
	Spouse Domestic Partner Parent Sibling Child Some other relative
SEC	TION 2. Health Benefits
	ollowing questions ask about your health benefits. (If you are responding on behalf of the Veteran named in the letter, please answer the questions for that person.)
3.	Are you enrolled in VA health care? Enrolled Veterans are those who applied for the VA Medical Benefits Package and received confirmation that they are eligible to use VA health care services. You can be enrolled but not currently using the services.
	☐ Yes

No [] GO TO QUESTION 5

I don't remember enrolling [] GO TO QUESTION 5

4.	What is the primary reason that you enrolled? Select only one You were recently discharged from the military. You needed health care services for a disability, injury, illness, hearing loss, or other physical or mental health problems. You had a loss or reduction in other health insurance benefits. Other economic circumstances led you to enroll. You moved closer to a VA facility. A VA facility opened close to you. You were already using VA in 1999 when enrollment began Some other reason (Please specify):
5.	Are you covered by Medicare?
	☐ Yes No ☐ GO TO QUESTION 11
6.	There are two types of Medicare options. The first option is the <u>Original Medicare Plan</u> , with Parts A and B. It is administered by the federal government, and you can choose any doctor or hospital that accepts Medicare. A second option is a <u>Medicare Advantage Plan</u> . It provides benefits through a private insurance company where you use doctors and hospitals in the plan's networks. Do you receive your Medicare coverage a Medicare Advantage Plan as described above?
	Yes GO TO QUESTION 10 No
7.	Does your Medicare coverage pay for care if you are hospitalized? This type of Medicare is also sometimes called "Part A"; if you have it, there is generally no monthly fee or premium because you or your spouse paid for it through payroll taxes while working.
	Yes No
8.	Does your Medicare coverage pay for doctor's office visits? This type of Medicare is also sometimes called "Part B"; if you have it, you generally pay a monthly fee or premium which may be directly deducted from your Social Security check.
	Yes No
9.	Do you purchase any private health care coverage to supplement Medicare—that is, to pay for services Medicare does NOT pay for? Types of private insurance a person can purchase to supplement Medicare include Medigap or Medicare supplement. It does not include Medicare Advantage, Medicare + Choice, or the Department of Defense TRICARE for Life Plan for Medicare Eligible Military Retirees.
	Yes No
10.	Do you have Medicare prescription drug coverage, "Part D"?
	Yes No
11.	Are you currently covered by Medicaid (sometimes referred to as "Medical Assistance") for any of your health care? Medicaid is a program that pays for Medical Assistance for certain individuals with low incomes and resources and is provided by your State government's social services department. Yes
	□ No

12.	Are you currently covered by the Department of Defense TRICARE or TRICARE for Life health care programs?
	Yes No
13.	Are you currently covered by <u>any other</u> individual or group health plan that you, your current or former employer, your spouse's or domestic partner's employer, your union, or someone else obtains for you? Please <u>do not</u> count Private Medigap, Medicare Supplement, Medicare Advantage, or Medicare + Choice plans Please <u>do</u> count any private retiree health insurance plan.
	Yes No GO TO SECTION 3
14.	Does this other health plan coverage include prescription drug coverage? Yes No
15.	Do you have a long-term care policy that covers nursing home care, assisted living, or long-term care services in the home? Exclude any Medicare Supplement Policy.
	Yes No
SECT	TON 3. Medication Use and Benefits
The fol	lowing questions ask about medications. (If you are responding on behalf of the Veteran named in the cover please answer the questions for that person.)
16.	How many different <u>prescription</u> medications did you use in the last 30 days? Include both VA and non-VA prescriptions. Your best guess is fine.
	_ Prescriptions
	None GO TO SECTION 4
	17. Of these <u>prescription</u> medications, how many did you obtain from VA? Your best guess is fine. _ Prescriptions
	None
18.	On a monthly basis, on average, how much do you spend out-of-pocket for all <u>your</u> over-the-counter and prescription medications? Do not include any health insurance premiums you may pay. Your best guess is fine.
	\$ III,III.00 Per month
	TON 4. Your Views About Health Care and Reasons for Using or Not Using VA's th Care System
Next, v	ve ask about your use of medical health services in 2015 from both Non-VA and VA sources. (If you are ding on behalf of the Veteran named in the cover letter, please answer the following questions for that person.)
	r the following questions, think about <u>outpatient</u> visits or trips you made to a <u>doctor, hospital, or clinic</u> for al care from October through December 2015:
a.	Care at VA or non-VA facility paid fully or partly by VA How many such outpatient visits or trips did you make from October through December 2015? Your best guess is fine.

]	tine. Visits or trips					
oro		owing questions ask for your views a s. (If you are responding on behalf of					
20.		e you used ANY VA health care serv acility or at a community provider thes			Services cou	ld either have	been at a
	□N	o → Go to Question 23					
	The	next questions are about your recent ι	ise of VA health	care.			
21. In your experience with using VA services, either at the VA or with a community provider paid for by the VA, after January 1, 2015, about how often did the following happen?							by the VA,
			Always or nearly always	Most of the time	About half the time	Some of the time	Rarely or never
	a.	Appointments within a reasonable time were easy to get.					
		Appointments were available at convenient hours/days for you.					
	C.	Appointments took place as scheduled (not canceled by VA).					
	d.	Getting to the local VA facility or VA- approved facility was easy.					
		Wait times were short after arriving for an appointment.	В		<u> </u>		
	f. g.	Getting around the facility was easy. Personnel were welcoming and		П			П
		helpful.					
22.		king about the health care you have	e received at a \	/A facility or th	at the VA paid	for since Janu	ary 2015,
	how	satisfied have you been with:	Very satisfic	Moderately ed satisfied	y Somewhat satisfied	Not at all satisfied	Does not apply
	а.	The respect shown to you by your health care professionals?					
	b.	How clearly your health care providers explained your health problem(s)?					
	C.	How clearly your health care providers explained options and choices about you care with you?	r 🔲				
	d.	Opportunities for you to participate in decisions about your care?					
	e. f.	The way your providers listened to you? The manner in which your providers	Ш				
		accepted you for who you are?					
	g. h.	The way your privacy was respected? Your ability to get referrals for specialist	_	_		_	
		care or special equipment?					

b. Care at Non-VA facility for which the VA did not pay for any of the care. Please do not count dental,

How many such outpatient visits or trips did you make from October through December 2015? Your best guess is

mental health, or substance abuse visits.

23. Do you ever use nearm care services other than those provided or paid for by vA?								
	Yes, for all of my health care Yes, for some of my health care No GO TO QUESTION 26							
24.	. Please tell us if any of the following reasons are why you use other health care your health care:	e services fo	r some	or all of				
		Yes	No					
	a. You have access to care in the community that you think is better quality than	_	_					
	what VA provides?							
	b. You have a provider outside of VA that you really like and trust?							
	c. You have access to care in the community that is easier to get to than the VA?							
	d. You have a provider that offers appointments at more convenient times than you							
	can get at VA?							
	e. You had prior experiences with VA care that you were dissatisfied with?							
	f. You need information on which VA services you are eligible to receive?							
	g. You do not believe you are eligible to receive the service you need at VA?	Ш						
25.	. Which of the following factors do you consider when selecting a health care p	rovider:						
_0.	Timor of the following factors as you consider their scienting a neutral bare p	Yes	:	No				
a.	Cost Paid by You							
b.	Convenient Location							
c.	Easy parking or availability of transportation							
d.	Travel Time or Distance							
e.	Hours of Operation							
f.	Physical Appearance of Location							
g.	Professionalism of Health Care Providers							
h.	Professionalism of Office Staff							
i.	Insurance Coverage for the health service that you need							
26.	Below is a list of possible ways you could use VA for your health care in t and then choose the one that best describes the primary way you plan to future. You plan to use VA: Choose all that apply: As your primary source of health care For a service-related disability or health condition, either mental or process of a specific health condition such as hearing or vision loss, For prescriptions As a "safety net" to use only if needed Some other way (Please specify): No plans to use VA for health care	use VA hea	lth care					
27.	. Please complete the following statement: I use VA services to meet							
	Select only one All of my health care needs Most of my health care needs Some of my health care needs None of my health care needs I have no health care needs							

The foll	Select only one Friends or acquaintance VA mailings (such as th VA Outreach Events Other community forum A Veterans Service Org My local Veterans Servi Internet Some other source ION 5. Current Health and Community. (If you are responding on belessen.)	e patient handbook s sponsored by No anization such as to ce Officer Caregiver Ass tealth and possible r	on-VA organiza VFW, AMVETS Sistance	ce that allows you		
29.	Compared with other people your	age, would you sa	av vour health	is		
	Excellent Very Good Good Fair Poor				do you need for the	
	In a typical week, how much assisting daily activities or situations? Platly receiving assistance for them.					
	, ,	No assistance needed	Some assistance needed	Completely dependent on assistance	I do not do this activity/have this situation	
	a. Bathing					
	b. Eating					
	c. Transferring from bed or a chair					
	d. Using the toilet					
	e. Walking around the home					
	f. Dressing					
	g. Preparing meals					
	h. Managing money					
	i. Doing household chores					
	j. Using the telephone					
	k. Taking medications properly					
	k. Taking medications properlyl. Getting to places in the community	,				
	I. Getting to places in the community					
	I. Getting to places in the community m. Scheduling medical services					
	I. Getting to places in the community m. Scheduling medical services n. Coping with stressful situations o. Driving or using public					

31.			currently <u>receiving</u> assistance from family, friends, neighbors, or others ns listed in question 30? Yes, for all or most of the needs I marked	for the ac	ctivities or
			Yes, for some of the needs I marked		
			No, I am not currently receiving such assistance for any needs I marked \rightarrow G Does not apply—I currently do not have any needs for assistance \rightarrow Go to q		
32.	Wh	o is	providing the assistance you need for daily living activities?		
			that apply Spouse Domestic partner Parent Brother or sister Adult son or daughter (18 years or older) Minor son or daughter (less than 18 years old) Grandparent Step-family member Another family member Friend or neighbor Home health aide I live in an Assisted Living Facility		
			Someone else (Please specify):		
33.			ical week, how much time do family members, friends, neighbors, or other nce to you? 10 hours or less 11-20 hours 21-30 hours 31-40 hours More than 40 hours	rs spend	providing
34.	Do	es th	ne person assisting you the most hours per week (your primary caregiver) Yes No	live in yo	our home?
			Does not apply – I do not currently live in a home setting		
35.	ser	vice ect o Is Is Re	a is interested in knowing if your primary caregiver is receiving any VA or s. Which one of the following best applies? Your primary caregiver only one an approved primary family caregiver in VA's Program of Comprehensive Assistant an "approved family caregiver," but does receive services through VA's Care ceives caregiver support services from another VA program. ceives caregiver support services from a non-VA program.	tance for I	Family Caregivers
		Do	es not receive support services from any program.		
		I d	on't know if my primary caregiver is receiving any support services from a VA or	non-VA ہ	program.
36.	ls y	our/	need for the assistance of family, friends, neighbors, or others related to a	any of the	e following:
				Yes	No
		a.	You experienced a serious injury or mental disorder, including traumatic brain injury, psychological trauma, or other mental disorder related to your active duty service?		
		b.	You were diagnosed by a health care professional with an illness or disease related to your active duty service?		
		C.	You have physical or mental problems or were diagnosed with an illness or disease <u>unrelated</u> to your active duty service?		
			anscase annotated to your delive duty service:		

	, as well as other health care systems, has strived to pr v questions ask about your cigarette smoking habits and			
37.	. Have you smoked at least 100 cigarettes in you	ır entire life'	?	
	Yes No GO TO SECTION 6			
38.	Do you now smoke cigarettes every day, some day	s, or not at	all?	
	Every daySome daysNot at all Go to question 40			
39.	During the past 12 months, have you stopped smo quit smoking?	king for mo	re than	one day because you were trying to
	Yes GO TO SECTION 6 No GO TO SECTION 6			
40.	How long has it been since you last smoked cigare	ettes regular	ly?	
Hea car mo	Less than 1 month 1 month 2 to 3 months 4 to 6 months 6 months to less than 1 year 1-4 years 5 years 6-9 years 10 years or more Never smoked regularly CCTION 6. Digital Access alth care systems throughout the country are taking advers. The next few questions ask you about your use of debile devices. They also ask about your ability to access Do you use the Internet, at least occasionally? Yes No → GO TO SECTION 7	esktop and la	aptop cor	
	Line / do lo section /			
42.	Do you use the Internet to do the following:	Yes	No	
	a. Look up health information?			
	b. Send e-mails?			
	c. Pay bills online?			
	d. Purchase household goods or services?			
	e. Make medical appointments?			
	f. Track the delivery of purchases?			
	g. Read weather reports?			
	h. Take online courses?			
	i. Access personal information in an electronic			
	health record?			

k. Make airline, hotel, or restaurant reservations?

	Mar	ere do you go on-line to use k ALL that apply Home Work School Public library Community center Someone else's house Many places with my ce	ell phone, table	t, or other mol		. 1 1		
44.	Dur	ing a typical week, how of	Do not have this		4 to 6 days	1 to 3 days	Less than once a	
			device	Every day	a week	a week	week	
	a.	Desktop or laptop	_	_	_	_	_	
		computer		ᆜ				
	b.	· · · · · · · · · · · · · · · · · · ·						
	c.	Tablet						
	_d.	Other mobile device		Ш				
	Mar	wou currently use the follow k ALL that apply Dial-up service DSL service Cable modem service Fiber optic service (FIO: Satellite Internet service Cell phone plan Tablet plan Wi-Fi hot spot service w Some other service I don't know which typ	S) e vhen away fro e(s) of service	m home I use				
	dow 		ility for mobile	e devices in t	he United Sta		provides the	highest
			•					

48. Think about any computer o	r mobile device available	to you at home or elsewh	ere that has access to the
Internet. How willing would y	ou be to do the following	on at least one of those	computers or mobile devices?

		Very willing	Somewhat willing	Not willing at this time	This activity does not apply to me		
a.	Obtain information on VA benefits?						
b.	Fill out VA health-related forms?						
c.	Look for health information on a VA web site?*						
d.	Reorder VA medical prescriptions?*						
e.	Watch educational health videos?						
f.	Join an online support group for VA enrollees sharing similar medical challenges?						
g. h.	Communicate securely with VA physicians or other clinicians? Complete an online self-	_	_	_	_		
	assessment for stress or anxiety?						
i.	Schedule VA medical appointments?*						
j.	Access your VA Personal Health Record?*						
k. l.	Access VA lab test results?* Use VA apps to track your health care status (e.g., blood pressure, weight)		П		П		
m.	Communicate with your VA healthcare providers via secure text messages on mobile	_	_	_	_		
n.	devices? Communicate with your VA						
	healthcare providers via secure email?*						
Are you aware of the MyHealtheVet Web site? Yes No GO TO SECTION 7 Do you use the MyHealtheVet Web site? Yes No GO TO SECTION 7							

49.

50.

51. D	o you use	e tne	MyHealthevet web site for the following purposes? An	swer Yes	or No for each purpose.
				Yes	No
		a.	To look for health information?		
		b.	To communicate with your healthcare provider via secure email?		
		C.	To see laboratory or other test result?		
		d.	To see my health record, including my doctor's or nurse's notes?		
		e.	To see my VA appointments?		
		f.	To order a medication prescription?		
		g.	For enter information into my personal health record?		
	_	h.	Some other way		
SECTI	ON 7. Abo	out Yo	ou		
			ould like to obtain information on your active duty military ed in the cover letter, please answer the following questions		
52. D	id you se	rve c	on <u>active duty</u> in the U.S. Armed Forces during the follo	wing tim	e frames?
	Please a	answe	er Yes or No for each period; answer Yes, even if you serve	ed for just Yes	
		a.	September 2001 or later?		
		b.	August 1990 to August 2001 (includes Persian Gulf War)?		
		C.	May 1975 to July 1990?		
		d.	Vietnam era (August 1964 to April 1975)?		
		e.	February 1955 to July 1964?		
		f.	Korean War (July 1950 to January 1955)?		
		g.	January 1947 to June 1950?		
		h.	World War II (December 1941 to December 1946)?		
		i.	November 1941 or earlier?		
53.			er serve in a combat or war zone? Note: Persons serving e tax exclusion, imminent danger pay, or hostile fire pay.	in a com	bat or war zone usually receive
			Yes		
			No		
54.	Which	of th	e following best describes your current marital status?	•	
			Now married Widowed Divorced Separated Never married A member of an unmarried couple		
55.			ng yourself, how many dependents, such as a spouse of ependent" is anyone who relies on you for at least half of the		
			I have no dependents \Box GO TO QUESTION 58		
		<u> </u>	Dependents		
	56.	Hov	v many of these dependents are under the age of 18 (0	to 17 yea	urs of age)?
			I I I Dependents		

	57.	How many of these dependents are between the ages of 18 and 26?	
		III Dependents	
58.	How w	vould you best characterize your employment status?	
	Select	only one Employed full-time (include self-employment) Employed part-time (include self-employment) Unemployed, looking for work, or laid off Currently not employed (For example: retired, a homemaker, a student, on disability)	
59.		I you describe yourself as Spanish, Hispanic, or Latino(a)? (a person of Cuban, Mexican, Chicano, Rican, South or Central American, or other Spanish culture or origin regardless of race)	
		Yes No	
60.	What is your race? Note: For the purposes of this survey, Spanish, Hispanic, or Latino(a) origins are not considered race.		
	Choos	e one or more of the following: White Black or African American American Indian or Alaska Native Asian Native Hawaiian or Other Pacific Islander	
61.	This annual income information is critical for VA planning purposes. Please indicate the range that best describes your <u>2015</u> total annual household income below.		
	Was it		
		Less than \$10,000 \$10,000 - \$14,999 \$15,000 - \$19,999 \$20,000 - \$24,999 \$25,000 - \$34,999 \$35,000 - \$49,999 \$50,000 - \$74,999 \$75,000 or more	
SECTION	ON 8. Aw	areness of the Veterans Choice Act	
expan from a	ded the o	114, The Veterans Choice and Accountability Act (Veterans Choice Act) was signed into law. This law options by which VA can provide care for Veterans, primarily allowing Veterans residing more than 40 miles ity to see a community provider closer to them. The next few questions ask about your understanding of the ce Act and how you think it might impact your use of VA.	
62.	How w	vell do you understand the Veterans Choice Act?	
	Answe	er Yes or No to each of the following statements. Yes No	
		a. I've followed this issue closely.b. I rely on others for information about the Act.	
		c. The Veterans Choice Act directly affects me.	

d. I understand this Act.

63.	How do you think the Veterans Choice Act will change your planned use of the VA health care system?		
	I will definitely increase my use of the VA health care system I will probably increase my use of the VA health care system I will not change my use I will probably decrease my use of the VA health care system I will definitely decrease my use of the VA health care system		
SECTI	ON 9. Trust in VA		
64.	Please tell us how you feel about the following statement: "I trust VA to fulfill our country's commitment to Veterans"		
	Strongly Agree Somewhat Agree Neither Agree nor Disagree Somewhat Disagree Strongly Disagree		

Thank you! You have completed the survey.

The information you have provided will help VA to better serve all Veterans in the future.

Please return this survey in the postage-paid envelope provided.