

# Screen Shots of Workplace Health in America Survey – Section 2

Introduction to Health Promotion Programs section

The screenshot displays a web browser window with the URL <https://survey.rti.org/SE/default.aspx>. The browser's address bar shows the site name as WHPPS. The page content includes the CDC logo (Centers for Disease Control and Prevention) on the left and the Workplace Health in America logo on the right. A progress bar indicates that 24% of the survey has been completed. A central text box contains the following information:

Next we will cover health education programs, environmental supports and policies/benefits related to specific health behaviors. Specifically, "programs" refer to any educational opportunity that seeks to improve knowledge, skills and/or change behaviors in ways that promote employee health or prevent disease using any a variety of methods including print/online materials, contests, classes and/or other activities.

We will take one health behavior at a time and ask a series of questions about programs, then some specific strategies for environmental supports and policies/benefits that employers may offer.

At the bottom of the page, there are two blue buttons labeled "Back" and "Next". The browser's taskbar at the bottom shows various application icons and the system tray with the date and time: 9:27 AM, Friday, 2/5/2016.

HPR1.1.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

24%

**In the past 12 months, did you offer any programs to address physical activity/fitness/sedentary behavior for your employees?**

- Yes
- No
- Don't know
- Refuse

[Back](#) [Next](#)

If HP1.1. is NO, DK, REF, skip to HPR1.2.

1:15 PM  
Wednesday  
1/27/2016

HPR1.1. with health education programs definition showing.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

24%

**In the past 12 months, did you offer any program for your employees?**

Health education programs: Any educational opportunity that seeks to improve knowledge, skills and/or change behaviors in ways that promote employee health or prevent disease using any of a variety of methods including print/online materials, contests, classes and/or other activities.

- Yes
- No
- Don't know
- Refuse

Back Next

1:16 PM  
Wednesday  
1/27/2016

HPR1.1.a.

WHPPS

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

24%

**What TYPE of physical activity programs have you offered in the past 12 months?**

- Awareness or Informational (e.g. this includes print or online materials, posters, flyers, brochures, educational materials, one-time presentations)
- Skill-building (e.g. this includes onsite, online classes or offsite classes in the community; one on one coaching; contests or competitions)
- Both awareness/information and skill-building
- Don't know
- Refuse

Back Next

1:18 PM  
Wednesday  
1/27/2016



HPR1.1.b.

The screenshot shows a web browser window with the address bar displaying <https://survey.rti.org/SE/default.aspx>. The browser's menu bar includes File, Edit, View, Favorites, Tools, and Help. Below the menu bar, there are links for Suggested Sites (2) and another Suggested Sites link. The main content area features the CDC logo (Centers for Disease Control and Prevention) on the left and the Workplace Health in America logo on the right. A progress bar indicates 25% completion. The survey question is: "Who typically offered these programs to employees?". The options are: "Offered mostly by the employer", "Offered mostly by the health plan", "Offered mostly by a outsourced vendor, not the health plan", "Offered mostly by combined efforts of employer, health plan and/or vendor", "Don't know", and "Refuse". At the bottom of the question box, there are "Back" and "Next" buttons. The Windows taskbar at the bottom shows icons for Chrome, Internet Explorer, File Explorer, VLC, Outlook, Adobe Reader, Excel, and Word. The system tray on the right shows the date and time: 9:28 AM, Friday, 2/5/2016.

https://survey.rti.org/SE/default.aspx

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

125%

9:28 AM  
Friday  
2/5/2016

HPR1.1.c

https://survey.rti.org/SE/default.aspx

Summary - Requisition 70984008 WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

25%

Thinking about all physical activity/fitness/sedentary behavior programs that have been offered or sponsored here in the past 12 months, approximately what percentage of employees from this worksite location participate? (Please feel free to provide an estimate, even if you are not sure of the true percentage.)

- 1-25%
- 26-50%
- 51-75%
- more than 75%
- Don't know
- Refuse

Back Next

100%

1:03 PM  
Friday  
2/5/2016

HPR1.2.a. – HPR1.2.k.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

25%

**In the past 12 months, did you offer any of the following specific strategies to help increase physical activity?**

	Yes	No	Don't Know	Refused
Provide an exercise facility on-site?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Subsidize or discount the cost of onsite and /or offsite exercise facilities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide <u>environmental supports</u> for physical activity or recreation such as walking trails or tracks, maps of measured walking/jogging routes, bicycle racks, shower and changing room, open space for recreation, weight room?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Post signs at elevators, stairwell entrances/exits and other key locations that encourage employees to use the stairs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide organized individual or group physical activity programs for employees (other than use of an exercise facility) (e.g. walking or stretching , group exercise classes or weight training)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide or subsidize physical fitness assessments, follow-up counseling, and exercise recommendations either onsite or through a community exercise facility?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide free or subsidized <u>lifestyle self-management programs</u> that include advice on physical activity?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide a pedometer or FITBit or other physical activity tracking device for free or discounted rate to employees?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide the option of using active work stations? (e.g. standing desk, treadmill desk, height adjustable workstation, pedal devices fitted underneath the desk)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer employees paid time to be physically active during work hours, including fitness breaks, walking meetings or other options?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Encourage active transportation to and from work by providing things such as bike parking, shower access, pre-tax contributions for public transportation or providing parallel benefits to those who bike, walk or take transit to work as those who drive?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

1:20 PM  
Wednesday  
1/27/2016

HPR1.2.a – HPR1.2.k. with definition for environmental supports showing.

The screenshot shows a web browser window with the URL <https://survey.rti.org/SE/default.aspx>. The page features the CDC logo on the left and the Workplace Health in America logo on the right. A progress bar indicates that 25% of the survey has been completed.

The main content is a survey question: "In the past 12 months, did you offer any of the following specific strategies to help increase physical activity?" Below the question is a table with four columns: Yes, No, Don't Know, and Refused. Each row represents a different strategy, and each cell contains a radio button for selection.

	Yes	No	Don't Know	Refused
Provide an exercise facility on-site?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Subsidize or discount the cost of onsite and /or offsite exercise facilities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide <u>environmental</u> Environmental Supports: Elements of the physical workplace such as facilities and settings where employees work, as well as access and opportunities for health promotion provided by the surrounding community where employees live. maps of measurement for recreation, weight room	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Post signs at elevators, stairwell entrances/exits and other key locations that encourage employees to use the stairs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide organized individual or group physical activity programs for employees (other than use of an exercise facility) (e.g. walking or stretching , group exercise classes or weight training)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide or subsidize physical fitness assessments, follow-up counseling, and exercise recommendations either onsite or through a community exercise facility?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide free or subsidized <u>lifestyle self-management programs</u> that include advice on physical activity?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide a pedometer or FITBit or other physical activity tracking device for free or discounted rate to employees?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide the option of using active work stations? (e.g. standing desk, treadmill desk, height adjustable workstation, pedal devices fitted underneath the desk)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer employees paid time to be physically active during work hours, including fitness breaks, walking meetings or other options?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Encourage active transportation to and from work by providing things such as bike parking, shower access, pre-tax contributions for public transportation or providing parallel benefits to those who bike, walk or take transit to work as those who drive?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The Windows taskbar at the bottom shows the time as 1:22 PM on Wednesday, 1/27/2016, and includes icons for various applications and system utilities.

HPR1.2.a – HPR1.2.k. with definition for lifestyle self-management programs showing.

The screenshot shows a web browser window with the URL <https://survey.rti.org/SE/default.aspx>. The page features the CDC logo and the Workplace Health in America logo. A progress bar indicates that 25% of the survey has been completed. The main content is a survey question: "In the past 12 months, did you offer any of the following specific strategies to help increase physical activity?". Below the question is a table with four columns: "Yes", "No", "Don't Know", and "Refused". Each row represents a different strategy, and each cell contains a radio button for selection. A tooltip is visible over the "Lifestyle self-management" row, providing a definition: "Lifestyle self-management program: Education, counseling or other support provided to help individuals develop skills (e.g., decision making, self-monitoring) to improve their quality of life with one or more chronic conditions." The Windows taskbar at the bottom shows the time as 1:23 PM on Wednesday, 1/27/2016.

	Yes	No	Don't Know	Refused
Provide an exercise facility on-site?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Subsidize or discount the cost of onsite and /or offsite exercise facilities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide <u>environmental supports</u> for physical activity or recreation such as walking trails or tracks, maps of measured walking/jogging routes, bicycle racks, shower and changing room, open space for recreation, weight room?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Post signs at elevators, stairwell entrances/exits and other key locations that encourage employees to use the stairs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide organized individual or group physical activity programs for employees (other than use of an exercise facility) (e.g. walking or stretching , group exercise classes or weight training)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide or subsidize physical fitness assessments, follow-up counseling, and exercise recommendations either onsite or through a community exercise facility?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide free or subsidized <u>lifestyle self-man</u> <small>Lifestyle self-management program: Education, counseling or other support provided to help individuals develop skills (e.g., decision making, self-monitoring) to improve their quality of life with one or more chronic conditions.</small>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide a pedometer or FITBit or other phys <small>monitoring</small> to improve their quality of life with one or more chronic conditions. employees?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide the option of using active work stations? (e.g. standing desk, treadmill desk, height adjustable workstation, pedal devices fitted underneath the desk)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer employees paid time to be physically active during work hours, including fitness breaks, walking meetings or other options?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Encourage active transportation to and from work by providing things such as bike parking, shower access, pre-tax contributions for public transportation or providing parallel benefits to those who bike, walk or take transit to work as those who drive?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

HPR2.1.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

28%

In the past 12 months, did you offer any programs to address nutrition and/or healthy eating for employees?

- Yes
- No
- Don't know
- Refuse

Back Next

If HPR2.1. is NO, DK, REF, skip to HPR2.2.

1:27 PM  
Wednesday  
1/27/2016



HPR2.1.a.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

28%

**What TYPE of nutrition/healthy eating programs have you offered in the past 12 months?**

- Awareness or Informational (e.g. this includes print or online materials, posters, flyers, brochures, educational materials, one-time presentations)
- Skill-building (e.g. this includes onsite, online classes or offsite classes in the community; one on one coaching; contests or competitions)
- Both awareness/information and skill-building
- Don't know
- Refuse

Back Next

1:28 PM  
Wednesday  
1/27/2016

HPR2.1.b.

https://survey.rti.org/SE/default.aspx

WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

125%

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

28%

**Who typically offered these programs for your employees?**

- Offered mostly by the employer
- Offered mostly by the health plan
- Offered mostly by a outsourced vendor, not the health plan
- Offered mostly by combined efforts of employer, health plan and/or vendor
- Don't know
- Refuse

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9:32 AM  
Friday  
2/5/2016



HPR2.1.c.

https://survey.rti.org/SE/default.aspx

Summary - Requisition 70984008 WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

29%

Thinking about all nutrition/healthy eating programs that have been offered or sponsored here in the past 12 months, approximately what percentage of employees from this worksite location participate? (Please feel free to provide an estimate, even if you are not sure of the true percentage.)

- 1-25%
- 26-50%
- 51-75%
- more than 75%
- Don't know
- Refuse

Back Next

100%

1:04 PM  
Friday  
2/5/2016

HPR2.2.a.-d.

WHPPS x  
https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

29%

**In the past 12 months, did you offer any of the following specific strategies addressing nutrition and/or healthy eating?**

	Yes	No	Don't Know	Refused
Provide employees with food preparation and storage facilities such as microwave oven, sink, refrigerator and/or kitchen?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A written policy or formal communication which makes healthier food and beverages available during meetings when food is served?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer or promote an onsite or nearby farmers market where fresh fruits and vegetables are sold?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide free or subsidized <u>lifestyle self-management programs</u> that include advice or tools on healthy eating?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Wednesday  
1/27/2016

HPR2.3.a.-d.

WHPPS

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

29%

**Does your worksite have...**

	Yes	No	Don't Know	Refused
A cafeteria or snack bar onsite?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vending machines that serve food?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vending machines that serve beverages?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Food trucks that come to your worksite every day?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Back Next

If YES to one of HPR2.3.a.-d., ask HPR2.4.a. – e. If NO, DK, REF to all 4, skip to HPR3.1.

1:30 PM  
Wednesday  
1/27/2016

HPR2.4.a. - e.

WHPPS x  
https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

30%

**Does your worksite location...**

	Yes	No	Don't Know	Refused
Have a written policy or formal communication that makes healthier food and beverage choices available in cafeterias, vending, snack bars or food trucks?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Make most (more than 50%) of the food and beverage choices available in cafeterias/snack bars, vending, catering trucks be healthy food items?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide nutritional information (beyond standard info on labels) on sodium, calories, trans-fats, or saturated fats for foods and beverages sold in worksite cafeterias, snack bars, vending or food trucks?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identify healthier food and beverage choices with signs or symbols?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Subsidize or provide discounts on healthier foods and beverages offered in vending machines, cafeterias, snack bars or food trucks?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

[Back](#) [Next](#)

1:34 PM  
Wednesday  
1/27/2016

HPR3.1.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

32%

**In the past 12 months, did you offer any programs to address obesity/weight management for employees?**

- Yes
- No
- Don't know
- Refuse

Back Next

If HPR3.1. is NO, DK, REF, skip to HPR4.1.

1:36 PM  
Wednesday  
1/27/2016

HPR3.1.a.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

32%

**What TYPE of obesity/weight management programs have you offered in the past 12 months?**

- Awareness or Informational (e.g. this includes print or online materials, posters, flyers, brochures, educational materials, one-time presentations)
- Skill-building (e.g. this includes onsite, online classes or offsite classes in the community; one on one coaching; contests or competitions)
- Both awareness/information and skill-building
- Don't know
- Refuse

Back Next

1:37 PM  
Wednesday  
1/27/2016

HPR3.1.b.

https://survey.rti.org/SE/default.aspx

WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

125%

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

33%

**Who typically offered these programs to employees?**

- Offered mostly by the employer
- Offered mostly by the health plan
- Offered mostly by a outsourced vendor, not the health plan
- Offered mostly by combined efforts of employer, health plan and/or vendor
- Don't know
- Refuse

Back Next

9:36 AM  
Friday  
2/5/2016

HPR3.1.c.

https://survey.rti.org/SE/default.aspx

Summary - Requisition 70984008 WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

33%

Thinking about all obesity/weight management programs that have been offered or sponsored here in the past 12 months, approximately what percentage of employees from this worksite location participate? (Please feel free to provide an estimate, even if you are not sure of the true percentage.)

- 1-25%
- 26-50%
- 51-75%
- more than 75%
- Don't know
- Refuse

Back Next

100%

1:06 PM  
Friday  
2/5/2016



HPR3.2.a – e.

WHPPS x  
https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

33%

**In the past 12 months, did you offer any of the following specific strategies for managing weight/obesity?**

	Yes	No	Don't Know	Refused
Provide free or subsidized body composition measurement, such as height and weight, BMI scores, or body fat assessments (not self-report) followed by directed feedback and/or clinical referral when appropriate?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide brochures, videos, posters, pamphlets, newsletters, or other written or online information that address the risks of overweight or obesity?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide educational seminars, workshops, or classes on weight management?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide free or subsidized one-on-one or group lifestyle counseling for employees on weight management?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide free or subsidized <u>lifestyle self-management programs</u> that include advice or tools on weight management?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Back Next

1:38 PM  
Wednesday  
1/27/2016

HPR4.1.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

36%

**In the past 12 months, did you offer any programs to help employees stop using tobacco products?**

- Yes
- No
- Don't know
- Refuse

Back Next

If HPR4.1. is NO, DK, REF, skip to HPR4.2.

1:41 PM  
Wednesday  
1/27/2016

HPR4.1.a.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

36%

**What TYPE of tobacco use programs have you offered in the past 12 months?**

- Awareness or Informational (e.g. this includes print or online materials, posters, flyers, brochures, educational materials, one-time presentations)
- Skill-building (e.g. this includes onsite, online classes or offsite classes in the community; one on one coaching; contests or competitions)
- Both awareness/information and skill-building
- Don't know
- Refuse

Back Next

Next

1:42 PM  
Wednesday  
1/27/2016

HPR4.1.b.

The screenshot shows a web browser window displaying a survey page. The browser's address bar shows the URL <https://survey.rti.org/SE/default.aspx>. The page features the CDC logo on the left and the Workplace Health in America logo on the right. A progress bar indicates that 36% of the survey is complete. The main content area contains a question: "Who typically offered these programs to employees?". Below the question are six radio button options: "Offered mostly by the employer", "Offered mostly by the health plan", "Offered mostly by a outsourced vendor, not the health plan", "Offered mostly by combined efforts of employer, health plan and/or vendor", "Don't know", and "Refuse". At the bottom of the question box are two buttons: "Back" and "Next". The Windows taskbar at the bottom shows the system tray with the date and time: "9:39 AM Friday 2/5/2016".

https://survey.rti.org/SE/default.aspx

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

125%

9:39 AM  
Friday  
2/5/2016

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

36%

**Who typically offered these programs to employees?**

- Offered mostly by the employer
- Offered mostly by the health plan
- Offered mostly by a outsourced vendor, not the health plan
- Offered mostly by combined efforts of employer, health plan and/or vendor
- Don't know
- Refuse

Back Next

HPR4.1.c.

The screenshot displays a web browser window with the following elements:

- Address Bar:** <https://survey.rti.org/SE/default.aspx>
- Page Title:** Summary - Requisition 70984008 WHPPS
- Logos:** CDC (Centers for Disease Control and Prevention) and Workplace Health in America.
- Progress Bar:** A blue progress bar is partially filled, with the text "37%" to its right.
- Question:** "Thinking about all programs to eliminate use of tobacco products that have been offered or sponsored here in the past 12 months, approximately what percentage of employees from this worksite location participate? (Please feel free to provide an estimate, even if you are not sure of the true percentage.)"
- Options:** A list of radio button options:
  - 1-25%
  - 26-50%
  - 51-75%
  - more than 75%
  - Don't know
  - Refuse
- Navigation:** "Back" and "Next" buttons.
- Taskbar:** Shows application icons (Chrome, Edge, File Explorer, etc.) and system tray information: 1:06 PM, Friday, 2/5/2016.

HPR4.2.a. – g.

WHPPS x  
https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

37%

**In the past 12 months, did you offer any of the following specific strategies for eliminating use of tobacco products or minimizing exposure to secondhand tobacco smoke at work?**

	Yes	No	Don't Know	Refused
Refer tobacco users to a state or other tobacco cessation telephone quit line?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide or cover free or subsidized tobacco cessation counseling (including individual, group, and telephone counseling)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide health insurance coverage with no or low out-of-pocket costs for FDA-approved over-the-counter and/or prescription tobacco cessation medications including nicotine replacement?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inform employees about health insurance coverage or programs that include tobacco cessation medication and counseling?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Help remove barriers to accessing tobacco cessation treatments, such as copayments, requirements for prior authorization, and limitations on the number and duration of treatments?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Display signs (including 'no smoking' signs)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have a written policy to restrict smoking?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

◀ Back      Next ▶

If HPR4.2.g. (written policy) is NO, DK, REF, skip to HPR5.1.

1:44 PM  
Wednesday  
1/27/2016

HPR4.2.g.1. – 5.

WHPPS x  
https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

37%

**In the past 12 months, did you offer any of the following specific strategies for eliminating use of tobacco products or minimizing exposure to secondhand tobacco smoke at work?**

	Yes	No	Don't Know	Refused / Does Not Apply
Have a written policy banning all tobacco use at your worksite?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have a written policy banning use of smokeless tobacco, e-cigarettes and other tobacco products?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Actively enforce a written policy banning tobacco use?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have a policy that does not allow use of tobacco products in company vehicles?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prohibit sale of tobacco products on company property (for example, your worksite does not sell tobacco products on company property in vending machines or through on-site vendors)?	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Back Next

1:47 PM  
Wednesday  
1/27/2016



HPR4.2.g.6.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

38%

**Which of these best describes your smoking policy for INDOOR PUBLIC OR COMMON AREAS, such as lobbies, rest rooms, and lunch rooms?**

- Not allowed in ANY public areas
- Allowed in some public areas
- Allowed in ALL public areas
- Not applicable
- Don't know
- Refuse

Back Next

1:48 PM  
Wednesday  
1/27/2016



HPR4.2.g.7.

WHPPS x  
https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

38%

**Which of these best describes your smoking policy for WORK AREAS?**

- Not allowed in ANY work areas
- Allowed in some work areas
- Allowed in ALL work areas
- Not applicable
- Don't know
- Refuse

[Back](#) [Next](#)

1:49 PM  
Wednesday  
1/27/2016

HPR5.1.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

40%

**In the past 12 months, did you offer any programs for employees to address excessive alcohol use and/or drug abuse?**

- Yes
- No
- Don't know
- Refuse

Back Next

If HPR5.1. is NO, DK, REF, skip to HPR5.2.

1:54 PM  
Wednesday  
1/27/2016

HPR5.1.a.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

41%

**What TYPE of excessive alcohol use/drug abuse programs have you offered in the past 12 months?**

- Awareness or Informational (e.g. this includes print or online materials, posters, flyers, brochures, educational materials, one-time presentations)
- Skill-building (e.g. this includes onsite, online classes or offsite classes in the community; one on one coaching; contests or competitions)
- Both awareness/information and skill-building
- Don't know
- Refuse

Back Next

1:56 PM  
Wednesday  
1/27/2016

HPR5.1.b.

The screenshot shows a web browser window displaying a survey page. The browser's address bar shows the URL <https://survey.rti.org/SE/default.aspx>. The page features the CDC logo on the left and the Workplace Health in America logo on the right. A progress bar indicates that 41% of the survey is complete. The main content area contains a question: "Who typically offered these programs to employees?". Below the question are six radio button options: "Offered mostly by the employer", "Offered mostly by the health plan", "Offered mostly by a outsourced vendor, not the health plan", "Offered mostly by combined efforts of employer, health plan and/or vendor", "Don't know", and "Refuse". At the bottom of the question box are two buttons: "Back" and "Next". The Windows taskbar at the bottom shows various application icons and the system tray with the date and time: 9:42 AM, Friday, 2/5/2016.

https://survey.rti.org/SE/default.aspx

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

125%

9:42 AM  
Friday  
2/5/2016

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

41%

**Who typically offered these programs to employees?**

- Offered mostly by the employer
- Offered mostly by the health plan
- Offered mostly by a outsourced vendor, not the health plan
- Offered mostly by combined efforts of employer, health plan and/or vendor
- Don't know
- Refuse

Back Next

HPR5.1.c.

https://survey.rti.org/SE/default.aspx Summary - Requisition 70984008 WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

CDC  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

41%

Thinking about all programs to eliminate excessive use of alcohol/drug abuse that have been offered or sponsored here in the past 12 months, approximately what percentage of employees from this worksite location participate? (Please feel free to provide an estimate, even if you are not sure of the true percentage.)

- 1-25%
- 26-50%
- 51-75%
- more than 75%
- Don't know
- Refuse

Back Next

100%

1:08 PM  
Friday  
2/5/2016

HPR5.2.a. – e.

WHPPS x  
https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

42%

**In the past 12 months, did you offer any of the following specific strategies for eliminating excessive use of alcohol/drug abuse among employees at work?**

	Yes	No	Don't Know	Refused
Participate in a community coalition that is addressing excessive alcohol use, drug abuse, or both?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer excessive alcohol use or drug abuse support programs?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have a formal, written policy for addressing employee use of alcohol at the worksite/on the job?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have a formal, written policy addressing employee use of drugs at the worksite/on the job?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you have a formal, written policy addressing employee use of medical marijuana at the worksite/on the job?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Back Next

1:57 PM  
Wednesday  
1/27/2016

HPR6.1.

https://survey.rti.org/SE/default.aspx

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

125%

9:43 AM  
Friday  
2/5/2016

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

44%

**In the past 12 months, did you offer any lactation support programs for employees?**

Yes

No

Don't know

Refuse

**Back** **Next**

If HPR6.1. is NO, DK, REF, skip to HPR6.2.

HPR6.1.a.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

44%

**What TYPE of lactation support programs have you offered in the past 12 months?**

- Awareness or Informational (e.g. this includes print or online materials, posters, flyers, brochures, educational materials, one-time presentations)
- Skill-building (e.g. this includes onsite, online classes or offsite classes in the community; one on one coaching; contests or competitions)
- Both awareness/information and skill-building
- Don't know
- Refuse

Back Next

1:59 PM  
Wednesday  
1/27/2016



HPR6.1.b.

https://survey.rti.org/SE/default.aspx

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

45%

**Who typically offered these programs to employees?**

- Offered mostly by the employer
- Offered mostly by the health plan
- Offered mostly by a outsourced vendor, not the health plan
- Offered mostly by combined efforts of employer, health plan and/or vendor
- Don't know
- Refuse

Back Next

125%

9:44 AM  
Friday  
2/5/2016

HPR6.1.c.

https://survey.rti.org/SE/default.aspx Summary - Requisition 70984008 WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

45%

Thinking about all support programs for breastfeeding or pregnant employees that have been offered or sponsored here in the past 12 months, approximately what percentage of employees from this worksite location participate? (Please feel free to provide an estimate, even if you are not sure of the true percentage.)

- 1-25%
- 26-50%
- 51-75%
- more than 75%
- Don't know
- Refuse

Back Next

100%

1:09 PM  
Friday  
2/5/2016

HPR6.2.a. – f.

WHPPS x  
https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

45%

**In the past 12 months, did you offer any of the following specific strategies to support pregnant or breastfeeding employees at this worksite location?**

	Yes	No	Don't Know	Refused
Have a written policy on breastfeeding for employees?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide a private space (other than a restroom) that may be used by an employee to pump breast milk?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide access to a breast pump at the worksite?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide flexible times to allow mothers to pump breast milk at this location?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide free or subsidized breastfeeding support groups or educational classes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Offer paid maternity leave, separate from any accrued sick leave, annual leave or vacation time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Back Next

2:01 PM  
Wednesday  
1/27/2016

HPR7.1.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

48%

**In the past 12 months, did you offer any programs to educate about prevention of musculoskeletal disorders, arthritis or back pain?**

- Yes
- No
- Don't know
- Refuse

[Back](#) [Next](#)

If HPR7.1. is NO, DK, REF, skip to HPR7.2.

2:04 PM  
Wednesday  
1/27/2016

HPR7.1.a.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

48%

**What TYPE of musculoskeletal disorder, arthritis, or back pain programs have you offered in the past 12 months?**

- Awareness or Informational (e.g. this includes print or online materials, posters, flyers, brochures, educational materials, one-time presentations)
- Skill-building (e.g. this includes onsite, online classes or offsite classes in the community; one on one coaching; contests or competitions)
- Both awareness/information and skill-building
- Don't know
- Refuse

Back Next

2:05 PM  
Wednesday  
1/27/2016

HPR7.1.b.

https://survey.rti.org/SE/default.aspx

WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

125%

9:47 AM  
Friday  
2/5/2016

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

48%

**Who typically offered these programs to employees?**

- Offered mostly by the employer
- Offered mostly by the health plan
- Offered mostly by a outsourced vendor, not the health plan
- Offered mostly by combined efforts of employer, health plan and/or vendor
- Don't know
- Refuse

Back Next

HPR7.1.c.

https://survey.rti.org/SE/default.aspx Summary - Requisition 70984008 WHPPS

File Edit View Favorites Tools Help

Suggested Sites (2) Suggested Sites

Page Safety Tools

**CDC**  
CENTERS FOR DISEASE  
CONTROL AND PREVENTION

Workplace  
Health in  
America

49%

Thinking about all programs musculoskeletal disease, arthritis or back pain that have been offered or sponsored here in the past 12 months, approximately what percentage of employees from this worksite location participate? (Please feel free to provide an estimate, even if you are not sure of the true percentage.)

- 1-25%
- 26-50%
- 51-75%
- more than 75%
- Don't know
- Refuse

Back Next

100%

1:11 PM  
Friday  
2/5/2016



HPR7.2.a. – f.

WHPPS x

https://survey.rti.org/SE/default.aspx

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

49%

**In the past 12 months, did you offer any of the following specific strategies to prevent musculoskeletal disease, arthritis or back pain?**

	Yes	No	Don't Know	Refused
Training for managers and workers on identifying or recognizing work conditions that might increase risk of musculoskeletal disease, arthritis, or back pain?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A written injury prevention program?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intervention strategies for controlling ergonomic hazards with engineering or administrative controls?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ergonomic assessments and <u>reasonable accommodations</u> ?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educate employees about worker compensation and disability benefits?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Policies to ensure that employees return to work safely and avoid re-injury?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Back Next

2:07 PM  
Wednesday  
1/27/2016

HPR7.2.a – f. with definition for ergonomic hazards showing

WHPPS x  
<https://survey.rti.org/SE/default.aspx>

**CDC**  
CENTERS FOR DISEASE CONTROL AND PREVENTION

Workplace Health in America

49%

**In the past 12 months, did you offer any of the following specific strategies to prevent musculoskeletal disease, arthritis or back pain?**

	Yes	No	Don't Know	Refused
Training for managers and workers on identifying or recognizing work conditions that might increase risk of musculoskeletal disease, arthritis, or back pain?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A written injury prevention program?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intervention strategies for controlling ergonomic hazards: job equipment, design, and work practices that may lead to stress, injuries and disorders associated with the overuse of muscles, bad posture, and repeated tasks.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ergonomic assessments and reasonable accommodations?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educate employees about worker compensation and disability benefits?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Policies to ensure that employees return to work safely and avoid re-injury?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Back Next

2:09 PM  
Wednesday  
1/27/2016

HPR7.2.a – f. with definition for engineering or administrative controls showing

The screenshot shows a web browser window with the URL <https://survey.rti.org/SE/default.aspx>. The page features the CDC logo on the left and the Workplace Health in America logo on the right. A progress bar indicates that 49% of the survey has been completed.

The main survey question is: "In the past 12 months, did you offer any of the following specific strategies to prevent musculoskeletal disease, arthritis or back pain?"

	Yes	No	Don't Know	Refused
Training for managers and workers on identifying or recognizing work conditions that might increase risk of musculoskeletal disease, arthritis, or back pain?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A written injury prevention program?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intervention strategies for controlling ergonomic hazards with engineering or administrative controls? <small>Engineering or administrative controls: Engineering controls protect workers by removing hazardous conditions or by placing a barrier between the worker and the hazard. Administrative controls are designed to protect workers through work practices and management policies (e.g., scheduled breaks).</small>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ergonomic assessments and <u>reasonable accommodations</u> ?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educate employees about worker compensation and disability benefits?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Policies to ensure that employees return to work safely and avoid re-injury?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

At the bottom of the survey area, there are "Back" and "Next" navigation buttons. The Windows taskbar at the bottom shows the date and time as Wednesday, 1/27/2016, 2:09 PM.

HPR7.2.a – f. with definition for reasonable accommodations showing

The screenshot shows a web browser window with the URL <https://survey.rti.org/SE/default.aspx>. The page features the CDC logo and the 'Workplace Health in America' logo. A progress bar indicates that 49% of the survey has been completed. The main content area contains a survey question: "In the past 12 months, did you offer any of the following specific strategies to prevent musculoskeletal disease, arthritis or back pain?". Below the question is a table with four columns: Yes, No, Don't Know, and Refused. The table lists five strategies, each with radio buttons for selection. A tooltip is visible over the 'reasonable accommodations' text, defining it as "Adjustments or modifications made to enable employees with physical or mental impairments to perform work tasks more easily." At the bottom of the survey area are 'Back' and 'Next' navigation buttons. The Windows taskbar at the bottom shows various application icons and the system clock indicating 2:10 PM on Wednesday, 1/27/2016.

	Yes	No	Don't Know	Refused
Training for managers and workers on identifying or recognizing work conditions that might increase risk of musculoskeletal disease, arthritis, or back pain?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A written injury prevention program?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intervention strategies for controlling ergonomic hazards with engineering or administrative controls?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ergonomic assessments and <b>reasonable accommodations</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educate employees about worker compensation and	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Policies to ensure that employees return to work safely and avoid re-injury?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Reasonable accommodations:** Adjustments or modifications made to enable employees with physical or mental impairments to perform work tasks more easily.