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OBGYN BI-MI Proficiency Rating Scale (PRS) – Provider Skills-Training Baseline

Instructions: Please indicate how well you did each of the following during this simulated screening and brief intervention.

Use the following anchors for items 1-10 and please note that Item 11 has its own set of anchors below it.

- 1 = I did not do this.
- 2 = I attempted, but could improve on skill/technique for best practice.
- 3 = I performed this skill/technique at a level that is approaching acceptable.
- 4 = I did this well, with good technique.
- 5 = I did very well, with positive reception & engagement from the patient.

	1	2	3	4	5
Ask for permission to talk about patient's alcohol use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess quantity, frequency, & consequences of alcohol use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Explain NIAAA low risk drinking guidelines (including "0 drinks for pregnant women" and associated health risks).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Advise the patient to quit or cut down on alcohol use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Help the patient think about pros & cons of his/her alcohol use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ask how ready she is to make a change.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Help the patient make a plan or set a goal for decreasing use and/or discussing further.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Explore patient's own reasons for quitting or cutting down on alcohol use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Work with the patient as a partner in addressing her alcohol use issues.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Support her autonomy and choice regarding substance use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Because of this conversation, the patient's motivation to cut down or quit using alcohol, or at least to consider doing so, was increased.

Strongly Disagree Disagree Neutral Agree Strongly Agree

