Form Approved

OMB No. 0920XXXX

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CDC estimates the average public reporting burden for this collection of information as 3 minutes per survey, including the time for reviewing instructions, searching existing data/information sources, gathering and maintaining the data/information needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden

to CDC/ATSDR Information Collection Review Office, 1600 Clifton Road NE, MS D74,

Atlanta, Georgia 30333; ATTN: PRA

(0920XXXX).

**OBGYN BI-MI Proficiency Rating Scale (PRS) – Provider/Trainee Follow-Up (3m *and* 6m)**

Instructions:  
*Please indicate how well you did each of the following during your most recent brief intervention with a patient in your clinic regarding alcohol use.*

*Use the following anchors for items 1-10 and please note that Item 11 has its own set of anchors below it.*

***1 = I did not do this.  
2 = I attempted, but could improve on skill/technique for best practice.***

***3 = I performed this skill/technique at a level that is approaching acceptable.***

***4= I did this well, with good technique.***

***5 = I did very well, with positive reception & engagement from the patient.***

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  | |  | | |
| 1. Ask for permission to talk about patient’s alcohol use. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Assess quantity, frequency, & consequences of alcohol use. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Explain NIAAA low risk drinking guidelines (including “0 drinks for pregnant women” and associated health risks. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Advise the patient to quit or cut down on alcohol use. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Help her think about pros & cons of her alcohol use. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Ask how ready she is to make a change. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Help the patient make a plan or set a goal for decreasing use and/or discussing further. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Explore patient’s own reasons for quitting or cutting down on alcohol use. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Work with the patient as a partner (respectfully and non-judgmentally) in addressing her alcohol use issues. | 1 | 2 | 3 | | 4 | | 5 |
| 1. Support her autonomy and choice regarding substance use. | 1 | 2 | 3 | | 4 | | 5 |

1. Because of this conversation, the patient’s motivation to cut down or  
   quit using alcohol, or at least to consider doing so, was increased.  
     
    ***1 2 3 4 5***

***Strongly Disagree Neutral Agree Strongly  
Disagree Agree***

**Thanks for your participation and feedback!**