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## **OBGYN BI-MI Proficiency Rating Scale (PRS) - Provider/Trainee Follow-Up (3m and 6m)**

**Instructions:**

*Please indicate how well you did each of the following during your most recent brief intervention with a patient in your clinic regarding alcohol use.*

*Use the following anchors for items 1-10 and please note that Item 11 has its own set of anchors below it.*

- 1 = I did not do this.**
- 2 = I attempted, but could improve on skill/technique for best practice.**
- 3 = I performed this skill/technique at a level that is approaching acceptable.**
- 4= I did this well, with good technique.**
- 5 = I did very well, with positive reception & engagement from the patient.**

1. Ask for permission to talk about patient’s alcohol use.	1	2	3	4	5
2. Assess quantity, frequency, & consequences of alcohol use.	1	2	3	4	5
3. Explain NIAAA low risk drinking guidelines (including “0 drinks for pregnant women” and associated health risks.	1	2	3	4	5
4. Advise the patient to quit or cut down on alcohol use.	1	2	3	4	5
5. Help her think about pros & cons of her alcohol use.	1	2	3	4	5
6. Ask how ready she is to make a change.	1	2	3	4	5
7. Help the patient make a plan or set a goal for decreasing use and/or discussing further.	1	2	3	4	5
8. Explore patient’s own reasons for quitting or cutting down on alcohol use.	1	2	3	4	5
9. Work with the patient as a partner (respectfully and non-judgmentally) in addressing her alcohol use issues.	1	2	3	4	5

10. Support her autonomy and choice regarding substance use.

1	2	3	4	5
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**11.** Because of this conversation, the patient's motivation to cut down or quit using alcohol, or at least to consider doing so, was increased.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	
<b>5</b>				
<b>Strongly</b>	<b>Disagree</b>	<b>Neutral</b>	<b>Agree</b>	<b>Strongly</b>
<b>Disagree</b>				
<b>Agree</b>				

Thanks for your participation and feedback!