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**Q1** Form Approved  
OMB No. 0920-XXX  
Exp. Date XX/XX/20X

Thank you for your interest in fetal alcohol spectrum disorders (FASD). We would like to invite you to complete a pre-training evaluation survey. We appreciate your willingness to help us evaluate the effectiveness of the training and its impact on your practice as you address the prevention, identification, and treatment of FASD.

This survey will take approximately 7 minutes to complete. Your responses will be kept secure and no individually identifying information will be included. Risks to participating in this survey are minimal and include the risk of your information becoming known to individuals outside the AAP.

Your participation is voluntary. You may decline to answer any question and you have the right to stop the survey at any time.

Please submit questions to the project partners at [PEHDIC@aap.org](mailto:PEHDIC@aap.org).

CDC estimates the average public reporting burden for this collection of information as 7 minutes per response, including the time for reviewing instructions, searching existing data/information sources, gathering and maintaining the data/information needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Information Collection Review Office, 1600 Clifton Road NE, MS- D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-XXX).

Page Break

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**Q2**

Unique identifier to help us match pre and post-training responses:

First 2 letters of your mother's maiden name:

2-digit month of your birth:

Last 2 digits of your social security number:

Page Break

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**Q3**

In what State do you practice? Use the drop down menu to find your State.

Page Break

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**Q4**

Fetal alcohol spectrum disorders (FASDs) is an umbrella term describing the range of effects that can occur in an individual who was exposed prenatally to alcohol.

True

False

Q5

Which of the following are the primary facial dysmorphic features associated with Fetal Alcohol Syndrome? (Check all that apply)

- Wide inner canthal distance
- Short palpebral fissures
- Full lips
- Smooth philtrum
- Thin upper lip
- Flaring nares
- Don't know/unsure

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Page Break

Q6

The diagnosis of "neurobehavioral disorder associated with prenatal alcohol exposure (ND-PAE)," as identified in the Diagnostic and Statistical Manual of Mental Disorders Fifth Edition (DSM-5):

- a. Requires recognition of neurocognitive impairment, self-regulation impairment, and deficits in adaptive functioning
- b. Can be diagnosed without knowledge of confirmed prenatal alcohol exposure
- c. Includes recognition of the 3 primary morphologic features of prenatal alcohol exposure
- d. Is the least common manifestation of prenatal alcohol exposure
- e. All of the above

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Page Break

Q7

Which of the the following could indicate that a child may have been exposed to alcohol prenatally? (Check all that apply)

- Growth deficiencies
- Clinically significant abnormalities in neuroimaging and/or a history of seizures
- Cognitive/developmental deficiencies or discrepancies
- Executive function deficits
- Delays in gross/fine motor function
- Problems with self-regulation/self-soothing
- Delayed adaptive skills
- Confirmed history of alcohol exposure in utero
- Don't know/unsure

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Page Break

Q8

Which of the following approaches/care strategies is not applicable for children diagnosed with an FASD?

- Regularly scheduled follow-up in the medical home to anticipate/address needs across the lifespan.
- Refer child's case to therapist to provide all follow-up and lifelong monitoring because traditional behavioral therapies work best for children with an FASD.
- Evaluation by a psychologist to assess neurocognitive functioning, self-regulation, and adaptive functioning skills.
- Medication management for co-occurring conditions as needed to optimize care.
- All of the above are applicable approaches/care strategies for children with an FASD.



Page Break

Q9

To what extent do you agree with the following statements (Mark one response per row):

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
a. Prenatal alcohol exposure is a potential cause of growth impairment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Prenatal alcohol exposure is a potential cause of a physical, cognitive and behavioral health problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Diagnosis of one of the FASDs may confer a negative stigma to a child and/or his or her family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Diagnosis of one of the FASDs only needs to be considered for certain populations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q10

In your opinion, how much alcohol is safe to drink during pregnancy?



Page Break

Q11

Which of the following two statements below best corresponds with your personal viewpoint. Please check only ONE.

- Occasional consumption of one standard alcoholic drink per day or less (i.e., 1.5 oz. hard liquor, 12 oz. of beer or 5 oz. of wine) during pregnancy is not harmful to the mother or the fetus.
- Pregnant women or women who are trying to become pregnant should completely abstain from consuming alcohol.



**Q12**

▼

Many providers do not screen for prenatal alcohol exposure. In your opinion, which of the following factors may contribute to this situation? (Check all that apply)

- Time limitation
- Lack of Training
- Concern about stigmatizing the child or the mother
- Lack of reimbursement for alcohol (or substance use) screening of the mother
- Concern about legal implications for parents/caregivers
- Assumed (or likely) reluctance of mothers to share information
- Discomfort with discussing alcohol use during pregnancy with mothers
- Lack of confidence in their skill/ability to facilitate a productive dialogue with mothers

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**Q13**

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To what extent do you agree with the following statements about alcohol consumption during pregnancy? (Mark one response per row)

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
a. Is more prevalent in women with lower incomes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Is more prevalent in women with higher income	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Does not vary between income levels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Is more prevalent in women with lower levels of education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Is more prevalent in women with higher levels of education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Does not vary between education levels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Is more prevalent in African-American women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Is more prevalent in American Indian women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Is more prevalent in Anglo-white women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. Is more prevalent in Asian-American women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k. Is more prevalent in Hispanic/Latina-American women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l. Does not vary between ethnic or racial groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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**Q14**

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How often do you do the following? (Mark one response per row)

	Never	Rarely	Sometimes	Usually	Always
a. Inquire routinely about prenatal exposure to alcohol	<input type="radio"/>				
b. Identify patient as someone who may have one of the FASDs	<input type="radio"/>				
c. Diagnose patient as someone who may have one of the FASDs	<input type="radio"/>				
d. Refer patient for diagnosis and/or treatment services	<input type="radio"/>				
e. Manage/coordinate the treatment of patient	<input type="radio"/>				

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Q15

Physicians in my practice consider a diagnosis of one of the FASDs in patients with at least one physical, cognitive or behavioral feature of prenatal alcohol exposure.

- Yes
- No
- Not Sure

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Page Break

Q16

How confident are you in your skills to do the following? (Mark one response per row)

	Not at all Confident in my Skills	A Little Confident in my Skills	Moderately Confident in my Skills	Confident in my Skills	Completely Confident in my Skills
a. Inquire about potential prenatal alcohol exposure for pediatric patient	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Identify persons with possible FAS or other prenatal alcohol-related disorders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Diagnose persons with possible FAS or other prenatal alcohol-related disorders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Utilize resources to refer patients for diagnosis and/or treatment for FAS(D)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Manage/coordinate the treatment of persons with FASDs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Page Break

Q17

How willing are you to do the following? (Mark one response per row)

	Not at all Willing	A little Willing	Moderately Willing	Willing	Completely Willing
a. Inquire about potential prenatal alcohol exposure for pediatric patients	<input type="radio"/>				
b. Identify persons with possible FAS or other prenatal alcohol-related disorders	<input type="radio"/>				
c. Diagnose persons with possible FAS or other prenatal alcohol-related disorders	<input type="radio"/>				
d. Utilize resources to refer patients for diagnosis and/or treatment for FAS(D)	<input type="radio"/>				
e. Manage/coordinate the treatment of persons with FASDs	<input type="radio"/>				

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Q18

Is stigma a barrier as you consider assessing for prenatal alcohol exposure in your clinical practice?

- Yes
- No

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Page Break

Q19

During the past six months, did you diagnose any children with fetal alcohol syndrome (FAS) or one of the fetal alcohol spectrum disorders (FASDs)?

- Yes  
 No

Q20

If yes, which diagnostic schema (if any) did you use to support your diagnosis: (Mark all that apply)

- Institute of Medicine criteria  
 American Academy of Pediatrics algorithm and/or toolkit  
 Digit Diagnostic Code (University of Washington)  
 Diagnostic and Statistical Manual of Mental Disorders (DSM-5)  
 Other schema (please specify)

- I did not use any particular schema

Q21

During the past six months, did you refer any children for FASD assessment?

- Yes  
 No

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Q22

Please feel free to comment on your response to any of the questions in this survey.

Q23

Thank you for taking the time to answer these questions!