Form MCSA-5875 (Revised: 04/01/2015) OMB No. 2126-0006 Expiration Date:

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U.S. Department of Transportation Federal Motor Carrier Safety Administration

### Medical Examination Report Form

(for Commercial Driver Medical Certification)

#### **PRIVACY ACT STATEMENT:** This statement is provided pursuant to the Privacy Act of 1974, $\underline{5 \text{ USC } \S 552a}$ .

AUTHORITY: Title 49, United States Code (USC), 49 USC 31133(a)(8) and 31149(c)(1)(E).

**PURPOSE:** To record results of a driver's physical examination, to determine qualification to operate a commercial motor vehicle (CMV), and to promote driver health in interstate commerce according to the requirements in 49 CFR 391.41-49. Providing this information is mandatory. If this information is not provided, the medical examiner will not be able to determine qualification to operate a CMV in interstate commerce according to the requirements in 49 CFR 391.41-49. To record results of a driver's physical examination and to determine qualification to operate

(or sticker)

a CMV in intrastate commerce when the driver is required by a State to be examined by a medical examiner listed on the National Registry of Certified Medical Examiners in accordance with the provisions of 49 CFR 391.41-49 and any variances from the physical qualification standards adopted by such State.

Medical examiners are required to complete the Medical Examination Report Form for every driver physical examination performed in accordance with 49 CFR 391.41. Each original (paper or electronic) completed Medical Examination Report Form must be retained on file at the office of the medical examiner for at least 3 years from the date of examination. The medical examiner must make all records and information in these files available to an authorized representative of FMCSA or an authorized Federal, State, or local enforcement agency representative, within 48 hours after the request is made [49 CFR 391.43(ii)].

**ROUTINE USES:** The information is used for the purpose set forth above and may be forwarded to Federal, State, or local law enforcement agencies for their use. Medical Examination Report Forms collected by FMCSA will be stored in FMCSA's automated National Registry of Certified Medical Examiners System and will be used to monitor the performance of medical examiners listed on the National Registry.

In addition to those disclosures permitted under <u>5 USC 552a(b)</u> of the Privacy Act of 1974, additional disclosures may be made in accordance with the U.S. Department of Transportation (DOT) Prefatory Statement of General Routine Uses published in the Federal Register on December 29, 2010 (<u>75 FR 82132</u>), under "Prefatory Statement of General Routine Uses" (available at <a href="http://www.dot.gov/privacy/priva

# **ACKNOWLEDGMENT:** *I understand the provisions of the Privacy Act of 1974 as related to me through the above-mentioned statement.*CMV Driver Signature: Date:

**SECTION 1. Driver Information** (to be filled out by the driver)

PERSONAL INFORMATION							
Last Name:	First Name:		Middle Initial: Date of Bi		h:	Age:	
Address:	City:		State/Pro	ovince:	_ Zip Code: _		
Driver's License Number:	Issuing Stat	e/Province:	_ Phone:		Gender:	$\bigcirc$ M $\bigcirc$ F	
CLP/CDL Applicant/Holder*? O Yes O No Driver ID Verified By**:							
Has your USDOT/FMCSA medical certificate ever been denied or issued for less than 2 years? 🔘 Yes 🔘 No 🔘 Not Sure							
*CLP/CDL Applicant/Holder Yes/No: See instructions for definitions.	**Driver ID Ver	fied By: Record what type of	photo ID was used to v	erify the identity of th	ne driver, e.g., CDL, driver	s license, passport.	

DRIVER HEALTH HISTORY	
Have you ever had surgery? If "yes," please list and explain below.	○ Yes ○ No ○ Not Sure
Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet : If "yes," please describe below.	supplements)?

Form MCSA-5875 (Revised: 04/01/2015) OMB No. 2126-0006 Expiration Date: Middle Initial: DOB: Last Name: First Name: Exam Date: **DRIVER HEALTH HISTORY** (continued) Not Not Do you have or have your ever had: Yes No Sure Yes No Sure 1. Head/brain injuries or illnesses (e.g., concussion) 0 0 $\bigcirc$ 16. Dizziness, headaches, numbness, tingling, or memory  $\bigcirc$  $\bigcirc$ 2. Seizures, epilepsy  $\circ$  $\circ$  $\bigcirc$ 17. Unexplained weight loss  $\circ$ **3. Eye problems** (except glasses or contacts)  $\bigcirc$  $\bigcirc$  $\bigcirc$ 18. Stroke, mini-stroke (TIA), paralysis, or weakness  $\circ$ 4. Ear and/or hearing problems 0 $\bigcirc$ 19. Missing or limited use of arm, hand, finger, leg, foot, toe  $\bigcirc$  $\bigcirc$  $\bigcirc$  $\bigcirc$  $\bigcirc$ 5. Heart disease, heart attack, bypass, or other heart problems 20. Neck or back problems  $\bigcirc$  $\circ$  $\bigcirc$ 6. Pacemaker, stents, implantable devices, or other heart 21. Bone, muscle, joint, or nerve problems  $\circ$  $\bigcirc$  $\circ$  $\bigcirc$ procedures 22. Blood clots or bleeding problems  $\bigcirc$  $\bigcirc$ 7. High blood pressure  $\bigcirc$  $\bigcirc$ 23. Cancer  $\circ$  $\bigcirc$ 8. High cholesterol  $\circ$  $\circ$  $\circ$  $\bigcirc$ 24. Chronic (long-term) infection or other chronic diseases 9. Chronic (long-term) cough, shortness of breath, or other 0 025. Sleep disorders, pauses in breathing while asleep,  $\bigcirc$  $\bigcirc$ breathing problems daytime sleepiness, loud snoring 10. Lung disease (e.g., asthma) 0 0 $\circ$ 26. Have you ever had a sleep test (e.g., sleep apnea)?  $\circ$  $\bigcirc$  $\circ$ 11. Kidney problems, kidney stones, or pain/problems with  $\bigcirc$ 27. Have you ever spent a night in the hospital?  $\bigcirc$  $\bigcirc$ urination 28. Have you ever had a broken bone?  $\circ$  $\bigcirc$ 12. Stomach, liver, or digestive problems  $\bigcirc$ 29. Have you ever used or do you now use tobacco?  $\circ$  $\bigcirc$ 13. Diabetes or blood sugar problems  $\circ$  $\bigcirc$ 30. Do you currently drink alcohol?  $\bigcirc$  $\bigcirc$ Insulin used  $\circ$  $\bigcirc$ 31. Have you used an illegal substance within the past two  $\circ$ 0 00  $\bigcirc$ 14. Anxiety, depression, nervousness, other mental health problems 32. Have you ever failed a drug test or been dependent on  $\bigcirc$  $\circ$ 15. Fainting or passing out  $\circ$ an illegal substance? Other health condition(s) not described above: ○ Yes ○ No ○ Not Sure Did you answer "yes" to any of questions 1-32? If so, please comment further on those health conditions below. **CMV DRIVER SIGNATURE** I certify that the above information is accurate and complete. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate, that submission of fraudulent or intentionally false information is a violation of 49 CFR 390.35, and that submission of fraudulent or intentionally false information may subject me to civil or criminal penalties under 49 CFR 390.37 and 49 CFR 386 Appendices A and B. CMV Driver Signature: Date:

**SECTION 2. Examination Report** (to be filled out by the medical examiner)

#### **DRIVER HEALTH HISTORY REVIEW**

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

Form MCSA-5875 (Revised: 04/01/2015) OMB No. 2126-0006 Expiration Date: Middle Initial: DOB: Last Name: First Name: Exam Date: **TESTING** Pulse rate: Pulse rhythm regular: ○ Yes ○ No Height: feet inches Weight: **Blood Pressure** Systolic Diastolic Urinalysis Sp. Gr. Protein Blood Sugar Sitting Urinalysis is required. Numerical readings Second reading must be recorded. (optional) Other testing if indicated Protein, blood, or sugar in the urine may be an indication for further testing to rule out any underlying medical problem. Hearing Standard is at least 20/40 acuity (Snellen) in each eye with or without correction. At Standard: Must first perceive whispered voice at not less than 5 feet **OR** average hearing loss of less than or equal to 40 dB, in better ear (with or without hearing aid). least 70° field of vision in horizontal meridian measured in each eye. The use of corrective lenses should be noted on the Medical Examiner's Certificate. Uncorrected Corrected Horizontal Field of Vision Check if hearing aid used for test: ORight Ear OLeft Ear ONeither **Acuity Whisper Test Results** Right Ear Left Ear 20/ Right Eye: 20/ \_\_\_ Right Eye: degrees Record distance (in feet) from driver at which a forced 20/ \_\_\_ Left Eye: degrees Left Eye: 20/\_\_\_\_ whispered voice can first be heard 20/\_\_\_ **Both Eyes:** 20/ Yes No Applicant can recognize and distinguish among traffic control ○ Audiometric Test Results signals and devices showing red, green, and amber colors Right Ear Left Ear Monocular vision  $\circ$ 500 Hz 1000 Hz 2000 Hz 500 Hz 1000 Hz 2000 Hz Referred to ophthalmologist or optometrist? 00Received documentation from ophthalmologist or optometrist? Average (right): Average (left): \_\_\_ **PHYSICAL EXAMINATION** The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen, or is readily amenable to treatment. Even if a condition does not disqualify a driver, the Medical Examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if neglecting the condition could result in a more serious illness that might affect driving. Check the body systems for abnormalities. **Body System** Normal Abnormal Body System Normal Abnormal 1. General  $\bigcirc$ 8. Abdomen  $\bigcirc$  $\bigcirc$  $\bigcirc$ 2. Skin  $\bigcirc$  $\bigcirc$ 9. Genito-urinary system including hernias  $\bigcirc$  $\bigcirc$ 3. Eyes  $\bigcirc$  $\bigcirc$ 10. Back/Spine 0  $\bigcirc$  $\bigcirc$ 4. Ears  $\bigcirc$ 11. Extremities/joints  $\bigcirc$  $\bigcirc$ 12. Neurological system including reflexes 0  $\bigcirc$ 5. Mouth/throat  $\bigcirc$  $\bigcirc$ 6. Cardiovascular  $\bigcirc$  $\bigcirc$ 13. Gait  $\bigcirc$  $\bigcirc$  $\bigcirc$  $\bigcirc$  $\bigcirc$ 7. Lungs/chest 0 14. Vascular system Discuss any abnormal answers in detail in the space below and indicate whether it would affect the driver's ability to operate a CMV. Enter applicable item number before each comment.

Form MCSA-5875 (Revised: 04/01/2015) \_\_\_\_\_ First Name: Middle Initial: DOB: Exam Date: Last Name: Please complete only one of the Medical Examiner Determination sections below: MEDICAL EXAMINER DETERMINATION (Federal) Use this section for examinations performed in accordance with the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49): O Does not meet standards (specify reason): Meets standards in 49 CFR 391.41; qualifies for 2-year certificate ○ Meets standards, but periodic monitoring required (specify reason): Driver qualified for: 3 months 6 months 1 year other: Wearing hearing aid Accompanied by a waiver/exemption (specify type): Wearing corrective lenses Accompanied by a Skill Performance Evaluation (SPE) certificate Qualified by operation of 49 CFR 391.64 Driving within an exempt intracity zone (see 49 CFR 391.62) O Determination pending (specify reason): Return to medical exam office for follow-up on (must be 45 days or less): Medical Examination Report amended (specify reason): (if amended) Medical Examiner Signature: Date: ○ Incomplete examination (specify reason): If the driver meets the standards outlined in 49 CFR 391.41, then complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate. I have performed this evaluation for certification. I have personally reviewed all available records and recorded information pertaining to this evaluation, and attest that to the best of my knowledge, I believe it to be true and correct. Medical Examiner Name: Medical Examiner Signature: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_ Date: \_\_\_\_ Examiner's State License, Certificate, or Registration Number: ☐ MD ☐ DO ☐ Physician Assistant ☐ Chiropractor ☐ Advanced Practice Nurse ☐ Other Practitioner Medical Examiner's Certificate Expiration Date: National Registry Number: MEDICAL EXAMINER DETERMINATION (State) Use this section for examinations performed in accordance with the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49) with any applicable State variances (which will only be valid for intrastate operations): ○ Meets standards in 49 CFR 391.41 with any applicable State variances ○ Meets standards, but periodic monitoring required (specify reason): Driver qualified for: ( ) 3 months ( ) 6 months ( ) 1 year ( ) other: Wearing corrective lenses Wearing hearing aid Accompanied by a waiver/exemption (specify type): Accompanied by a Skill Performance Evaluation (SPE) certificate Grandfathered from State requirements If the driver meets the standards outlined in 49 CFR 391.41, with applicable State variances, then complete a Medical Examiner's Certificate, as appropriate. I have performed this evaluation for certification. I have personally reviewed all available records and recorded information pertaining to this evaluation, and attest that to the best of my knowledge, I believe it to be true and correct. Medical Examiner Signature: Medical Examiner Name: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_ Date: \_\_\_\_ Issuing State: \_\_\_\_\_ Examiner's State License, Certificate, or Registration Number: ☐ MD ☐ DO ☐ Physician Assistant ☐ Chiropractor ☐ Advanced Practice Nurse ☐ Other Practitioner

National Registry Number:

Medical Examiner's Certificate Expiration Date:

# **Instructions for Completing the Medical Examination Report Form (MCSA-5875)**

# I. Step-By-Step Instructions

#### **Driver:**

**Privacy Act Statement** - Please read, sign and date the Statement acknowledging that you understand the provisions of the Privacy Act of 1974 as written.

#### **Section 1: Driver information**

- **Personal Information**: Please complete this section using your name as written on your driver's license, your current address and phone number, your date of birth, age, gender, driver's license number and issuing state.
  - cDL/CLP Applicant/Holder: Check "yes" if you are a commercial driver's license or commercial learner's permit holder, or are applying for a CDL or CLP. Commercial driver's license (CDL) means a license issued by a State or the District of Columbia which authorizes the individual to operate a class of a commercial motor vehicle (CMV). A CMV that requires a CDL is one that: (1) has a gross combination weight rating or gross combination weight of 26,001 pounds or more inclusive of a towed unit with a gross vehicle weight rating (GVWR) or gross vehicle weight (GVW) of more than 10,000 pounds; or (2) has a GVWR or GVW of 26,001 pounds or more; or (3) is designed to transport 16 or more passengers, including the driver; or (4) is used to transport either hazardous materials requiring hazardous materials placards on the vehicle or any quantity of a select agent or toxin.
  - o **Driver ID Verified By**: The Medical Examiner/staff completes this item and notes the type of photo ID used to verify the driver's identity such as, commercial driver's license, driver's license, or passport, etc.
  - o Question: Has your USDOT/FMCSA medical certificate ever been denied or issued for less than two years? Please check the correct box "yes" or "no" and if you aren't sure check the "not sure" box.

### Driver Health History:

- o **Have you ever had surgery:** Please check "yes" if you have ever had surgery and provide a written explanation of the details (type of surgery, date of surgery, etc.)
- Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements): Please check "yes" if you are taking any diet supplements, herbal remedies, or prescription or over the counter medications. In the box below the question, indicate the name of the medication and the dosage.
- #1-32: Please complete this section by checking the "yes" box to indicate that you have, or have ever had, the health condition listed or the "No" box if you have not. Check the "not sure" box if you are unsure.
- Other Health Conditions not described above: If you have, or have had, any other health conditions not listed in the section above, check "Yes" and in the box provided and list those condition(s).
- Any yes answers to questions #1-32 above: If you have answered "yes" to any of the questions in the Driver Health History section above, please explain your answers further in the box below the question. For example, if you answered "yes" to question #5 regarding heart disease, heart attack, bypass, or other heart problem, indicate which type of heart condition. If you checked "yes" to question #23 regarding cancer, indicate the type of cancer. Please add any information that will be helpful to the Medical Examiner.
- CMV Driver Signature and Date: Please read the certification statement, sign and date it, indicating that the information you provided in Section 1 is accurate and complete.

#### **Medical Examiner:**

## **Section 2: Examination Report**

• **Driver Health History Review:** Review answers provided by the driver in the driver health history section and discuss any "yes" and "not sure" responses. In addition, be sure to compare the medication list to the health history responses ensuring that the medication list matches the medical conditions noted. Explore with the driver any answers that seem unclear. Record any information that the driver omitted. As the Medical Examiner conducting the driver's physical examination you are required to complete the entire medical examination even if you detect a medical condition that you consider disqualifying, such as deafness. Medical Examiners are expected to determine the driver's physical qualification for operating a commercial vehicle safely. Thus, if you find a disqualifying condition for which a driver may receive a Federal Motor Carrier Safety Administration medical exemption, please record that on the driver's Medical Examiner's Certificate, Form MCSA-5876, as well as on the Medical Examination Report Form, MCSA-5875.

# • Testing:

- o **Pulse rate and rhythm, height, and weight:** record these as indicated on the form.
- o **Blood Pressure:** record the blood pressure (systolic and diastolic) of the driver being examined. A second reading is optional and should be recorded if found to be necessary.
- o Urinalysis: record the numerical readings for the specific gravity, protein, blood and sugar.
- Vision: The current vision standard is provided on the form. When other than the Snellen chart is used, give test results in Snellen-comparable values. When recording distance vision, use 20 feet as normal. Record the vision acuity results and indicate if the driver can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors; has monocular vision; has been referred to an ophthalmologist or optometrist; and if documentation has been received from an ophthalmologist or optometrist.
- Hearing: The current hearing standard is provided on the form. Hearing can be tested using either a whisper test or audiometric test. Record the test results in the corresponding section for the test used.
- **Physical Examination:** Check the body systems for abnormalities and indicate normal or abnormal for each body system listed. Discuss any abnormal answers in detail in the space provided and indicate whether it would affect the driver's ability to safely operate a commercial motor vehicle.

# In this next section, you will be completing either the Federal or State determination, not both.

- **Medical Examiner Determination (Federal):** Use this section for examinations performed in accordance with the FMCSRs (49 CFR 391.41-391.49). Complete the medical examiner determination section completely. When determining a driver's physical qualification, please note that English language proficiency (49 CFR part 391.11, General qualifications of drivers) is not factored into that determination.
  - o **Does not meet standards:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in 49 CFR 391.41.
  - o **Meets standards in 49 CFR 391.41; qualifies for 2-year certification:** Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.

- Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified and if selecting other, specify the time frame.
  - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, driving within an exempt intracity zone, etc.).
- Determination pending: Select this option when more information is needed to make a qualification decision and specify a date, on or before the 45 day expiration date, for the driver to return to the medical exam office for follow-up. This will allow for a delay of the qualification decision for as many as 45 days. If the disposition of the pending examination is not updated via the National Registry on or before the 45 day expiration date, FMCSA will notify the examining medical examiner and the driver in writing that the examination is no longer valid and that the driver is required to be re-examined.
- MER amended: A Medical Examination Report Form (MER), MCSA-5875, may only be amended while in determination pending status for situations where new information (e.g., test results, etc.) has been received or there has been a change in the driver's medical status since the initial examination, but prior to a final qualification determination. Select this option when a Medical Examination Report Form, MCSA-5875, is being amended; provide the reason for the amendment, sign and date. In addition, initial and date any changes made on the Medical Examination Report Form, MCSA-5875. A Medical Examination Report Form, MCSA-5875, cannot be amended after an examination has been in determination pending status for more than 45 days or after a final qualification determination has been made. The driver is required to obtain a new physical examination and a new Medical Examination Report Form, MCSA-5875, should be completed.
- o **Incomplete examination:** Select this when the physical examination is not completed for any reason (e.g., driver decides they do not want to continue with the examination and leaves) other than situations outlined under determination pending.
- Medical Examiner information, signature and date: Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, Medical Examiner's Certificate expiration date, signature and date.
- **Medical Examiner Determination (State):** Use this section for examinations performed in accordance with the FMCSRs (49 CFR 391.41-391.49) with any applicable State variances (which will only be valid for intrastate operations). Complete the medical examiner determination section completely.
  - o Meets standards in 49 CFR 391.41 with any applicable State variances: Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.
  - Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified and if selecting other, specify the time frame.
    - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, etc.).
  - o **Incomplete examination:** Select this when the physical examination is not completed for any reason (e.g., driver decides they do not want to continue with the examination and leaves).
  - Medical Examiner information, signature and date: Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, Medical Examiner's Certificate expiration date, signature and date.

- II. If updating an existing exam, you must resubmit the new exam results, via the Medical Examination Results Form, MCSA-5850 to the National Registry, and the most recent dated exam will take precedence.
- III. To obtain additional information regarding this form go to the Medical Program's page on the Federal Motor Carrier Safety Administration's website at <a href="http://www.fmcsa.dot.gov/regulations/medical">http://www.fmcsa.dot.gov/regulations/medical</a>.