PROPOSED

Form Approved OMB No. 3220-0141

Vocational Report

Section 1 **General Instructions**

		ne important notice at the bottom of		provida	nd to anower a gue	otion o	ttoob (roto ob	oot of
Type or print legibly in ink. If you need more space than is provided to answer a question, attach a separate sheet of paper. If you do not know the answer to a question, print "Unknown" in the space provided for the answer. Additional										
forms may be obtained from the RRB office shown on page 9. If you are completing this form on behalf of someone else, you must answer each question as it applies to the applicant .										
	ple		else, you	ı must	answer each quest	ion as	ıt appl	es to t	he ap	plicant.
Section 2 Identifying Information										
		ation entered by the Railroad Retirer	ment Boa	ard (RF	RB) for Items 1 thro	ugh 6 f	for acc	uracy.		
 If the information is correct, go to Section 3. If the information is not correct, cross out the incorrect information and enter the co If the information is missing, fill it in. 								tion ab	ove it.	
Employee Identification	1	Employee's Name								
		Employee's Social Security Number								
	3	Employee's Railroad Retirement Claumber, if different from Item 2	aim							
Applicant Identification	4	Applicant's Name								
	5	Applicant's Address (Include Street Address, City, State/Province, ZIP Code and Country)								
	6	Daytime Telephone Number:		l	Alternate Telepho	ne Nu	mber:			
Section 3		Information About Your Work	History	У						
Work History	7	List all railroad and nonrailroad jobs you have had in the last 15 years before you stopped working and enter an "X" in the appropriate box to indicate whether the work was railroad or nonrailroad. If you have a 6 th grade education or less and performed only heavy unskilled labor for 35 years or more, list all of the jobs you have had since you began to work. NOTE 1: If you list only one job in Item 7, do not complete pages 4 through 7. If you have more than 3 jobs to list, continue on another Form G-251. NOTE 2: Enter the appropriate job title(s) from Item 7a, b, and c, below, at the top of pages 2, 4, and 6.								all of not 251.
	Job Title Type and Name of Business (Railroad or Nonrailroad)						Dates \ om YR	Vorked T MO		Hours per Week
		a.	ailroad	Nonrailroad						
		b.	□R	ailroad	Nonrailroad					
		c.	□R	ailroad	Nonrailroad					
Regular Occupation	8	B Enter an "X" in the appropriate box: Are you applying for an employee occupational disability annuity? Yes - Go to Item 9 No - Go to Item 12								
	9	Enter the title of your usual railroad	job in the	e last 5	5 years.					
	10	<u> </u>		the las	t 15 years.					
	11	Enter an "X" in the appropriate bo Which job did you claim as your re		ccupati	on?	☐ Job in Item 9 ☐ Job in Item 10				

. In that description												
Describe the essential duties of the position or occupation named in Item 7a. In that description include technical knowledge or skills involved; any handwritten or typed reports to be completed; any manipulative (manual dexterity) skills used; any driving and/or operating of machinery; and any supervisory responsibilities.												
Describe the environmental conditions that the position described above exposes you to (i.e., walking on uneven terrain; heights; dangerous machinery; exposure to electric shock or high voltage; proximity to electromagnetic fields; temperature/humidity extremes; fumes; noxious gases; dust; excessive noise or vibration).												
ng a typical 8-hour of hours worked daily.)												
5												
b. Indicate in the chart below, the amount of time and a description of the physical action or activity involved during a typical 8-hour workday. If an action listed below does not apply to the position, enter "N.A." in the <i>Descriptive Comments</i> column.												
scriptive Comments												
ח מ												

¹Occasionally means occurring from very little up to one-third (approx. 2-1/2 hours) of an 8-hour workday; cumulative, not continuous.

²Frequently means occurring one-third (approx. 2-1/2 hours) to two-thirds (approx. 5 hours) of an 8-hour workday; cumulative, not

continuous.

Description of					A		of Tim	ne						
Job in Item 7a (cont.)			Ac	etion	Never	¹ Occasionally (Up to 1/3)	² Frequently (1/3 to 2/3)	Constantly	Descr	iptive Comm	ents			
	14 b. ((7)		(Indicate what is such as stairs, ladder,										
	((8)		Pulling (Indicate what you pushed or pulled)										
	((9)	_	under equipment to pect, or repair										
	((10)	Gripping/	'Holding										
	((11)		ntrol (Shifting of feet ng pedals, brakes, c.)										
	((12)	keypunch buttons; ¡	nipulation (Fingering; n; keyboard; pressing picking/pinching/ nobs; etc.)										
	((13)	Lifting/lov	wering/carrying										
				te the objects you er/carry										
			b. Check	the weight of the	Heaviest Weight Lifted □ 10 lbs □ 20 lbs □ 50 lbs □ 100 lbs □ Over 100 lbs									
				s you lift/lower/carry	Weight Most Often Lifted/Carried ☐ Up to 10 lbs ☐ Up to 25 lbs ☐ Up to 50 lbs ☐ Over 50 lbs									
	15 a.			oloyer made permanent a	□ No – Go to Item 16									
	b. Describe any permanent accommodation(s) given (e.g., job duties, hours of work, hours of overtime, attendance, etc.) and the start and end dates for each accommodation. If there is not an end date for the accommodation, enter "N/A."													
				,					om	Т				
		Yes					Мо	nth	Year	Month	Year			
				Job Duties		>								
		Ш		Hours of Work		>								
				Hours of Overtime	•	>								
				Attendance	•	>								
				Other	•	•								
1														

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Only comple Otherwise, g		is page to provide a description of a job page 8.	liste	d in Ite	m 7b	,	·							
Description of Job in Item 7b	16													
	17	Describe the environmental conditions the on uneven terrain; heights; dangerous me proximity to electromagnetic fields; temperature excessive noise or vibration).	achine	ery; ex	posure	e to ele	ectric shock or high voltage;							
18 Indicate below the kind and amount of physical activity this job involved du						volved during a typical 8-hour								
	workday. (The total hours shown should equal 8 hours or the exact number of hours worked daily a. Check the number of hours a day spent: (3) Standing/walking (4) Sitting													
		b. Indicate in the chart below, the amount of time and a description of the physical action or activity involved during a typical 8-hour workday. If an action listed below does not apply to the position, enter "N.A." in the <i>Descriptive Comments</i> column.												
		Action		Occasionally OUp to 1/3)		Constantly	Descriptive Comments							
		 Balancing (With or without equipment in all weather conditions and on any surface, including uneven terrain) 												
		(2) Bending												
		(3) Twisting/Turning												
		(4) Crouching/Squatting/Stooping												
		(5) Kneeling												
		(6) Reaching above shoulder level												
100000ionally	maan	s accurring from yory little up to one third (an	arav 2	1/2 ha		an 0 h	our workdow oumulative not							

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Description of				A		of Tin	ne	_						
Job in Item 7b (cont.)			Ac	etion	Never	¹ Occasionally (Up to 1/3)	² Frequently (1/3 to 2/3)	Constantly	Desci	riptive Comm	ents			
	18 b.	(7)		(Indicate what is such as stairs, ladder,										
		(8)		Pulling (Indicate what you pushed or pulled)										
		(9)		under equipment to pect, or repair										
	((10)	Gripping/											
		(11)		etrol (Shifting of feet ng pedals, brakes, c.)										
		(12)	keypunch buttons; ¡	nipulation (Fingering; n; keyboard; pressing picking/pinching/ nobs; etc.)										
	((13)	Lifting/lov	wering/carrying										
				te the objects you er/carry										
			b. Check	the weight of the	Heaviest Weight Lifted ☐ 10 lbs ☐ 20 lbs ☐ 50 lbs ☐ 100 lbs ☐ Over 100 lbs									
				s you lift/lower/carry	Weight Most Often Lifted/Carried ☐ Up to 10 lbs ☐ Up to 25 lbs ☐ Up to 50 lbs ☐ Over 50 lbs									
		job	to accomr	ployer made permanent a modate you?					No – Go t o					
	b. Describe any permanent accommodation(s) given (e.g., job duties, hours of work, hours of overtime, attendance, etc.) and the start and end dates for each accommodation. If there is not a end date for the accommodation, enter "N/A."													
									rom	Т				
		Yes	s No	Job Duties	•	>	Mo	nth	Year	Month	Year			
				Hours of Work	>									
				Hours of Overtime										
				Attendance	•	>								
				Other	•	-								
1														

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Only comple Otherwise, g		is page to provide a description of a job page 8.	liste	d in Ite	em 7c	·									
Description of Job in Item 7c	20	· •													
	21	Describe the environmental conditions the on uneven terrain; heights; dangerous me proximity to electromagnetic fields; temperature excessive noise or vibration).	achine	ery; ex	posure	e to ele	ectric shock or high voltage;								
	22														
	workday. (The total hours shown should equal 8 hours or the exact number of hours a. Check the number of hours a day spent: (5) Standing/walking (6) Sitting 0 01 02 03 04 05 000 1 02 04 05 000 1 02														
		b. Indicate in the chart below, the amount of time and a description of the physical action or activity involved during a typical 8-hour workday. If an action listed below does not apply to the position, enter "N.A." in the <i>Descriptive Comments</i> column.													
		Action	Never	Occasionally on (Up to 1/3)	² Frequently do (1/3 to 2/3)	Constantly	Descriptive Comments								
		 Balancing (With or without equipment in all weather conditions and on any surface, including uneven terrain) 													
		(2) Bending													
		(3) Twisting/Turning													
		(4) Crouching/Squatting/Stooping													
		(5) Kneeling													
		(6) Reaching above shoulder level													
1 _{Occasionally}	mean	s occurring from very little up to one-third (an	orox 2	-1/2 ho	urs) of	an 8-h	our workday: cumulative not								

continuous.

²Frequently means occurring one-third (approx. 2-1/2 hours) to two-thirds (approx. 5 hours) of an 8-hour workday; cumulative, not continuous.

Description of					A	mount	of Tim	ne						
Job in Item 7c (cont.)			Ac	etion	Never	¹ Occasionally (Up to 1/3)	² Frequently (1/3 to 2/3)	Constantly	Desci	riptive Comm	ents			
	22 b.	(7)		(Indicate what is such as stairs, ladder,										
		(8)		Pulling (Indicate what you pushed or pulled)										
		(9)		under equipment to pect, or repair										
		(10)	Gripping/	'Holding										
		(11)		trol (Shifting of feet ng pedals, brakes, c.)										
		(12)	keypunch buttons; ¡	nipulation (Fingering; n; keyboard; pressing picking/pinching/ nobs; etc.)										
		(13)	Lifting/lov	wering/carrying										
				te the objects you er/carry										
			b. Check	the weight of the	Heaviest Weight Lifted ☐10 lbs ☐20 lbs ☐50 lbs ☐100 lbs ☐Over 100 lbs									
			object	s you lift/lower/carry	Weight Most Often Lifted/Carried ☐Up to 10 lbs ☐Up to 25 lbs ☐Up to 50 lbs ☐Over 50 lbs									
		job 1	to accomr	ployer made permanent a modate you?	☐ No – Go to Item 24									
	b. Describe any permanent accommodation(s) given (e.g., job duties, hours of work, hours of overtime, attendance, etc.) and the start and end dates for each accommodation. If there is n end date for the accommodation, enter "N/A."													
									rom	Т				
		Yes	No No				Мо	nth	Year	Month	Year			
				Job Duties	•	>								
				Hours of Work	>									
				Hours of Overtime										
		Attendance	Attendance	•	•									
				Other	•	•								
10ccccionally	maans a	rrii	na from vo	ry little up to one-third (an	rov 2	1/2 ha	urc) of	an O h	our workdow o	umulativa na	•			

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Section 4		Certification
Certification	24	Enter an "X" in the appropriate box: I will have a guardian or other representative sign this report on my behalf. Yes – Go to Note and Item 25 No – Go to Item 25
		Note : If answered "Yes," the guardian or other representative of the applicant must sign this report.
	25	I know that civil and criminal penalties may be imposed on me for false or fraudulent statements, or for withholding information to misrepresent a fact material to determining a right to a payment under the Railroad Retirement Act. I affirm that to the best of my knowledge, the information I have given represents the complete truth.
		Signature (First Name, Middle Initial, Last Name)
		Month Day Year Date
	26	If this certification is signed by mark ("X") in Item 25, two witnesses who know the person signing must sign below, giving their full addresses.
		a. Signature of Witness
		Address (Number and Street)
		City, State, ZIP Code
		b. Signature of Witness
		Address (Number and Street)
		City, State, ZIP Code

PAPERWORK REDUCTION ACT AND PRIVACY ACT NOTICES

The Railroad Retirement Board is authorized to collect the information on this form under Section 7(b)(6) of the Railroad Retirement Act. While you are not required to respond, your cooperation is needed to provide information necessary to complete processing of the claim. If you fail to provide us with the requested information, we may be unable to pay you any benefits (as explained in Section 2(a) of the Railroad Retirement Act).

We estimate this form takes an average of 40 to 50 minutes per response to complete, including the time for reviewing the instructions, getting the needed data, and reviewing the completed form. Federal agencies may not conduct or sponsor, and respondents are not required to respond to, a collection of information unless it displays a valid OMB number. If you wish, send comments regarding the accuracy of our estimate or any other aspect of this form, including suggestions for reducing completion time, to Chief of Information Resources Management, Railroad Retirement Board, 844 North Rush Street, Chicago, IL 60611-1275.

Before you return your report, check to make sure that:

- **Every** question that applies to you has been answered.
- You have entered "unknown" in any answer space for which you were unable to answer a
 question.
- You have signed and dated the report.
- You have included **all** the needed proofs listed in the letter you received with this report.

When you received your report, you should have also received a pre-addressed envelope. If you do not have this envelope, you can use any envelope as long as it is addressed to the RRB office shown below. No matter which envelope you use, you must put the correct postage on the envelope. Be careful to provide enough postage because your report may weigh more than a standard letter. The U.S. Postal Service will not deliver your report unless it has the correct postage.

If you need information or assistance, contact:

U.S. Railroad Retirement Board

Telephone Number:

If for some reason you cannot contact that office, you should contact:

U.S. RAILROAD RETIREMENT BOARD 844 NORTH RUSH STREET CHICAGO, ILLINOIS 60611-1275