Consent & Replenishment Item Bank & Short Form Version of Physical Function & Behavioral Health FAB (Survey 2-Normative)

OMB No.: 0925-XXXX Expiration Date: XX/XX/2017

Public reporting burden for this collection of information is estimated to be 45 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspects of this collection of information, including suggestions for reducing this burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-XXXX). Do not return the completed form to this address.

This screenshot would be the format the respondent would see for each selected question. If granted OMB clearance, the OMB Control number, expiration date and required language will be written into the software so that it appears on the introductory screen for every respondent.

Every individual will indicate consent before beginning the survey. This is one contact and burden is calculated for both the consent and the survey to total 60 minutes.

Survey Progress:				
usually use a walking aid (cane, crutches, walker)				
All the time				
Sometimes				
) Never				
revious Page Save and Continue Later	Continue			
If you have questions or need assistance please contact Westat:				
Toll-free: 1-888-741-3045				

Normative Sample IRB-Approved Consent

Background

Boston University Health and Disability Research Institute and YouGov are doing a research study. This study will test a series of questions that ask about your health and functioning.

Purpose

The purpose of this study is to ask you about your health and functioning across several different areas.

What Happens In This Research Study

You will be one of approximately 2,000 subjects to be asked to participate in this study.

This research study will be conducted by YouGov on behalf of Boston University Health and Disability Research Institute.

As a study participant you will be asked to answer questions about your functioning in daily life. You will be asked to complete the survey on your own using the internet. You will be asked to complete two surveys about 10 days apart. The first survey should take about 40 minutes of your time and the second should take about 30 minutes. The information we collect is for research purposes only.

Risks and Discomforts

We expect that your participation will not cause you any discomfort. There may be unknown risks/discomforts involved. Study staff will update you in a timely way on any new information that may affect your health, welfare, or decision to stay in this study. There may be the potential for a small loss of confidentiality of the information you provide as part of this study; however, all measures possible will be taken to prevent this loss. Your name will not be used in any research publications and the information you provide will only be linked to you by a study identification number.

Potential Benefits

You will receive no direct benefit from your participation in this study. However, your participation may help the investigators improve upon the questions they are asking about daily life functioning of adults.

<u>Alternatives</u>

Your alternative is to not participate in the study.

Subject Costs and Payments

There are no costs to you for participating in this research study. As part of the YouGov panel you will be given 1000 points to complete the first survey and 2000 points to complete the second.

Confidentiality

Information from this study may be reviewed by the Office of Human Research Protection as and the Institutional Review Board of Boston University Medical Center. Information from this study be used for research purposes and may be published; however, your name will not be used in any publications.

Subject's Rights

By consenting to participate in this study you do not waive any of your legal rights. Giving consent means that you have heard or read the information about this study and that you agree to participate. You will be given a copy of this form to keep.

If at any time you withdraw from this study you will not suffer any penalty or lose any benefits to which you are entitled.

You may obtain further information about your rights as a research subject by calling the Office of the Institutional Review Board of Boston University Medical Center at 617-638-7207. If this study is being done outside the United States, you can ask the investigator for contact information for the local Ethics Board.

The investigator or a member of the research team will try to answer all of your questions. If you have questions or concerns at any time, contact Kara Bogusz at 617-638-1995.

<u>Right to Refuse or Withdraw</u>

Taking part in this study is voluntary. You have the right to refuse to take part in this study. If you decide to be in the study and then change your mind, you can withdraw from the research. Your participation is completely up to you. Your decision will not affect your being able to get health care at this institution or payment for your health care. It will not affect your enrollment in any health plan or benefits you can get.

If you choose to take part, you have the right to stop at any time. If there are any new findings during the study that may affect whether you want to continue to take part, you will be told about them as soon as possible.

The investigator may decide to discontinue your participation without your permission because he/she may decide that staying in the study will be bad for you, or the sponsor may stop the study.

Physical Eur	stion Poplani	shmont Itoms	
Primary	nction Replenis		
Domain	Item Stem	Item Content	Item Response Scale
changing and maintaining		to stand in the shower to	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do
body position	Are you able	wash your hair?	l don't know
			Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of
changing and			difficulty
maintaining		to get in and out of the	Unable to do
body position	Are you able	bathtub?	l don't know
Changing and maintaining body position	Are you able	to reach into a cabinet from a step ladder or stool?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
changing and maintaining body position	Are you able	to bend down to use a dust pan?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
changing and maintaining body position	Are you able	to lean forward to brush your teeth over a sink?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty

			Yes, with a lot of
			difficulty
			Unable to do
			l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
changing and			difficulty
maintaining		to look over your shoulder	Unable to do
body position	Are you able		I don't know
body posicion	Are you able	to back up in a car?	
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
changing and			difficulty
maintaining		to look under your bed or	Unable to do
body position	Are you able	couch?	l don't know
	,		Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
changing and			difficulty
maintaining		to unload a washing	Unable to do
body position	Are you able	machine?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
changing and			difficulty
maintaining		to kneel down to tie a	Unable to do
body position	Are you able	shoe?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
changing and			difficulty
maintaining		to bend to look under a	Unable to do
body position	Are you able	car?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
changing and			Yes, with some
maintaining		to sit in a car for more than	difficulty
body position	Are you able	2 hours?	Yes, with a lot of
		2 HOUIS:	105, WILLI & IUL UI

difficultyUnable to doI don't knowI don't knowVes, without difficultyYes, with a littledifficultyYes, with a littledifficultyYes, with a lot ofdifficultybody positionAre you ableVes, with a lot ofdifficultyYes, with a littledifficultyYes, with a littledifficultyYes, with a lot ofdifficultyYes, with a littledifficultyYes, with some
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difficulty Yes, with some
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difficulty
Yes, with a lot of
difficulty
upper body to pull open a dresser Unable to do
function Are you able drawer? I don't know
Yes, without difficulty
Yes, with a little
difficulty
Yes, with some
difficulty
Yes, with a lot of
difficulty
Upper body to pull open a low cabinet Unable to do
function Are you able door? I don't know
Yes, without difficulty
Yes, with a little
difficulty
Yes, with some
difficulty
Yes, with a lot of
to push your chair back to difficulty
Upper Body get up from sitting at a Unable to do
function Are you able table? I don't know
upper body Are you able pull a small suitcase by the Yes, without difficulty
function handle? Yes, with a little
difficulty
Yes, with some
difficulty
Yes, with a lot of difficulty

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difficulty				
Yes, with a lot of				
difficulty				
upper body to lift a package weighing Unable to do	upper body		to lift a package weighing	
function Are you able 10 lbs? I don't know		Are you able		
upper body Are you able to carry a full kitchen trash Yes, without difficulty				
function bag outside? Yes, with a little				
	TUTICUUT			
difficulty				
Yes, with some				
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Yes with a lot of				Yes, with a lot of
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[l don't know
			Yes, without difficulty
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			Yes, with some
			difficulty
			Yes, with a lot of
		to lift a 12 pack of soda	difficulty
upper body		cans from a grocery shelf to	Unable to do
function	Are you able	a grocery cart?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
		to lift a full, small (carry-on	difficulty
		size) suitcase from the floor	Yes, with a lot of
		to a high shelf?	difficulty
upper body		A full carry-on suitcase	Unable to do
function	Are you able	weighs 20 pounds/8 kg.	l don't know
	-	· · · · · · · · · · · · · · · · · · ·	Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
		to lift a large heavy box	difficulty
upper body		from the floor to a high	Unable to do
function	Are you able	shelf?	l don't know
	-		Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
Upper Body		to unload a full grocery cart	Unable to do
Function	Are you able	into a car?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
upper body			Unable to do
function	Are you able	to unload the dishwasher?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
1			
			Yes, with a lot of
			Yes, with a lot of difficulty
upper body function	Are you able	to move a sofa to clean under it?	

			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
upper body		to wipe down a kitchen	Unable to do
function	Are you able	counter?	I don't know
TUTICLIOIT	Ale you able	counter:	Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
upper body			Unable to do
function	Are you able	to reach into a mailbox?	l don't know
-			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
upper body			Unable to do
function	Are you able	to make a bed?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
Upper		to grip the steering wheel	difficulty
extremity fine		during a long drive? For	Unable to do
motor	Are you able	example a couple of hours.	I don't know
motor	Ale you uble		Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine		to change a light bulb	Unable to do
motor	Are you able	overhead?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
		1	
Unner			difficulty
Upper oxtromity fino		to chop or clico vogotables	difficulty
extremity fine	Arovenable	to chop or slice vegetables	Unable to do
	Are you able Are you able	to chop or slice vegetables for a large meal? to hold an umbrella?	

extremity fine motorYes, with a little difficulty Yes, with a lot of difficulty Unable to do I don't knowupper extremity fine motorAre you ableto use tweezers?Yes, with a lot of difficulty Yes, with a little difficulty Yes, with a little difficulty Yes, with a little difficulty Yes, with a little difficulty Yes, with a little
extremity fine motorYes, with some difficulty Yes, with a lot of difficulty Unable to do I don't knowupper extremity fine motorAre you ableto use tweezers?Yes, with a lot of difficulty Yes, with a lot of difficulty Yes, with a lot of difficulty Yes, with a little difficulty Yes, with a lot of difficulty Yes, with a lot of difficulty Yes
extremity fine motor extremity fine motor upper extremity fine Are you able to use tweezers? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to remove a dollar bill from your wallet? Unable to do I don't know Yes, without difficulty Yes, with a lot of difficulty Yes, witha lot of difficul
extremity fine Yes, with a lot of motor Inable to do upper Yes, with a little extremity fine Yes, with a little motor Are you able to use tweezers? upper Inable to do Idon't know extremity fine Are you able to use tweezers? Idon't know upper Are you able to use a nut cracker? Yes, with a little upper are you able to use a nut cracker? Yes, with a lot of upper difficulty Yes, with a lot of upper to use a nut cracker? Idon't know upper to use a nut cracker? Yes, with out difficulty ves, with a little difficulty Yes, with a little difficulty Yes, with a lot of difficulty upper to remove a dollar bill from Yes, with a lot of difficulty Yes, with a lot of difficulty upper to remove a dollar bill from Yes, with a lot of ufficulty Yes, with a little difficulty upper to put coins into a slot? For Yes, with a little
extremity fine motor difficulty Unable to do I don't know upper extremity fine motor Yes, without difficulty Yes, with a lot of difficulty upper extremity fine motor Are you able to use tweezers? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to use a nut cracker? upper extremity fine motor Are you able to remove a dollar bill from your wallet? upper extremity fine motor Are you able to remove a dollar bill from your wallet? upper extremity fine motor Are you able to remove a dollar bill from your wallet? upper extremity fine motor Are you able to put coins into a slot? For example a vending machine. upper Are you able to put coins into a slot? For example a vending Yes, without difficulty Yes, with a lot of difficulty
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Yes, without difficulty
difficulty
Yes, with some
difficulty
Yes, with a lot of
upper difficulty
extremity fine to push the correct buttons Unable to do
motor Are you able on a remote control? I don't know
Lippor I to tupo a toyt moccade on a U Vec without difficulty
upperto type a text message on aYes, without difficultyextremity fineAre you ablecell/mobile phone?Yes, with a little

			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
			Unable to do
motor			l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper		to use a mouse to select	difficulty
extremity fine		what you need on a	Unable to do
motor	Are you able	computer screen?	I don't know
	-		Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine			Unable to do
motor	Are you able	to close a zip lock bag?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine	A	to close a twist tie on a bag	Unable to do
motor	Are you able	of bread?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine		to peel the sticker off	Unable to do
motor	Are you able	something you bought?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine			Unable to do
motor	Are you able	to open a bottle of soda?	I don't know
upper			Yes, without difficulty
extremity fine		to insert a plug into an	Yes, with a little
motor	Are you able	electric outlet?	difficulty

			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
			Unable to do
			I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine		to use a chip clip to close a	Unable to do
motor	Are you able	bag?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine		to turn a dial? For example	Unable to do
motor	Are you able	on a stove.	I don't know
	Ale you able	on a stove.	Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine		to use the trigger on a	Unable to do
motor	Are you able	spray bottle?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine			Unable to do
motor	Are you able	to type an email?	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
upper			difficulty
extremity fine			Unable to do
motor	Are you able	to button your shirt?	I don't know
	Are you able		
			Yes, without difficulty
upper			Yes, with a little
extremity fine		to put on a watch or	difficulty
motor	Are you able	bracelet?	Yes, with some
L		1	· ·

			difficulty
			Yes, with a lot of
			difficulty
			Unable to do
			l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
		to walk a short distance?	difficulty
Whole body		For example from a parking	Unable to do
mobility	Are you able	lot into a grocery store.	l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
		to walk a short distance	Yes, with a lot of
Mbala ball		using your walking aid? For	difficulty
Whole body		example from a parking lot	Unable to do
mobility	Are you able	into a grocery store.	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
		to walk the aisles of a	difficulty
whale hady			
whole body		grocery store using a	Unable to do
mobility	Are you able	shopping cart?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
		to walk from store to store	Yes, with a lot of
		while shopping ? For	difficulty
Whole body		example in a shopping	Unable to do
mobility	Are you able	mall.	I don't know
mobility			
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
		to walk from store to while	Yes, with a lot of
		shopping using your	difficulty
Whole body		walking aid? For example in	Unable to do
mobility	Are you able	a shopping mall.	I don't know
moonicy			
			Yes, without difficulty
			Yes, with a little
			difficulty
whole body		walk up a flight of stairs	Yes, with some
mobility	Are you able	without a handrail?	difficulty
· - · · · · · · · · · · · · · · · · · ·			· · · • • · · • /

			Yes, with a lot of difficulty Unable to do I don't know
			Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty
whole body mobility	Are you able	to walk to the bathroom?	Unable to do I don't know
			Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty
whole body mobility	Are you able	to walk to the bathroom using your walking aid?	Unable to do I don't know

Primary	al Health Replenish		
Domain	Item Stem	Item Content	Item Response Scale
Mood & Emotions	Please specify your level of agreement:	l worry a lot about my health.	Strongly agree Agree Disagree Strongly disagree I don't know
Mood & Emotions	Please specify your level of agreement:	l often think that something is really wrong with my health.	Strongly agree Agree Disagree Strongly disagree I don't know
Mood & Emotions	Please specify your level of agreement:	I seem to worry about my health a lot.	Strongly agree Agree Disagree Strongly disagree I don't know
Mood & Emotions	Please specify your level of agreement:	People say I show no emotion	Strongly agree Agree Disagree Strongly disagree I don't know

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Behavioral Control	Please specify your level of agreement:	I often get upset with the people around me.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	It doesn't take much to set me off	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	People often tell me my behavior is inappropriate.	Strongly agree Agree Disagree Strongly disagree I don't know
Behaviroal Control	Please specify your level of agreement:	l often get angry when l'm told how to do something.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	l can handle stressful situations.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	Usually, I can do no wrong.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	Even when I do something very carefully I feel that it is not quite right.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I can see things that others can't.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	l can hear things that others can't.	Strongly agree Agree Disagree Strongly disagree I don't know

Behavioral Control	Please specify your level of agreement:	l do whatever l want, no matter what others think.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I have difficulty following the rules.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I find that I have a hard time sitting still when I need to.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I tend to do things very slowly.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I am always watching or on guard for threats.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	l often get angry when I'm told what to do.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	When I am stressed, I find myself losing control.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I am often overly alert.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	Sometimes I do things to hurt myself.	Strongly agree Agree Disagree Strongly disagree I don't know

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Behavioral Control	Please specify your level of agreement:	Often my thoughts go a mile a minute.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	Sometimes I feel on top of the world for no reason.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I like to be the center of attention.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	l have difficulty calming down.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	People tell me that I am too energetic.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I often feel that I have been given special powers.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	My mind is always racing.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	I get behind in my work or daily activities because I do things over and over again.	Strongly agree Agree Disagree Strongly disagree I don't know
Behavioral Control	Please specify your level of agreement:	The same thoughts keep running through my head	Strongly agree Agree Disagree Strongly disagree I don't know

Self-Efficacy	Please specify your level of agreement:	I am the person most responsible for my own well being.	Strongly agree Agree Disagree Strongly disagree I don't know
Self-Efficacy	Please specify your level of agreement:	I am able to get the emotional support I need.	Strongly agree Agree Disagree Strongly disagree I don't know
Self-Efficacy	Please specify your level of agreement:	I usually accomplish what I set out to do.	Strongly agree Agree Disagree Strongly disagree I don't know
Self-Efficacy	Please specify your level of agreement:	I ask for help when I need to.	Strongly agree Agree Disagree Strongly disagree I don't know
Self-Efficacy	Please specify your level of agreement:	I have a desire to succeed.	Strongly agree Agree Disagree Strongly disagree I don't know
Self-Efficacy	Please specify your level of agreement:	I have goals in life that I want to reach	Strongly agree Agree Disagree Strongly disagree I don't know
Self-Efficacy	Please specify your level of agreement:	Doing things well is very important to me.	Strongly agree Agree Disagree Strongly disagree I don't know
Self-Efficacy	Please specify your level of agreement:	I am confident that I can get things done in my day-to-day life.	Strongly agree Agree Disagree Strongly disagree I don't know
Self-Efficacy	Please specify your level of agreement:	I don't mind when people give me advice.	Strongly agree Agree Disagree Strongly disagree I don't know

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Social Interactions	Please specify your level of agreement:	I make an effort to get to know other people.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I always try to get along with others.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	l work well in a group.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	l often have difficulty dealing with people.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	l respect other people.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	People have told me that sometimes I act strange.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I don't feel the same things that others around me feel.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I am polite to others.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	l often avoid going to crowded places.	Strongly agree Agree Disagree Strongly disagree I don't know

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Social Interactions	Please specify your level of agreement:	l feel distant or cut off from people.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I don't have much interest in being with other people.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I am afraid of being with other people.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I am able to adjust to other people's ways.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I respect other people's privacy.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	l respect other people's space.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	l respect other people's property.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I have a hard time accepting criticism.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactions	Please specify your level of agreement:	I often say things that upset others.	Strongly agree Agree Disagree Strongly disagree I don't know

Social Interactions	Please specify your level of agreement:	l difficulty letting people know how l feel.	Strongly agree Agree Disagree Strongly disagree I don't know	
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Changing and Maintaing Body Position Are you able to get in and out of bed? Base response on the most difficulty Yes, with a little difficulty Unable to do I don't know Ves, with a little difficulty Yes, with a little difficulty	Short Form Ve	ersion, Physica	l Function	
Changing and Maintaing Body PositionYes, with a little difficulty Yes, with a lot of this activity.Yes, with a little difficulty Yes, with a lot of difficulty Yes, with a lot of Unable to do I don't knowChanging and Maintaing Body PositionAre you ablePlease base your response on the most difficult part of this activity.Unable to do I don't knowChanging and Maintaing Body PositionAre you ableto sit on a stool without back support?Yes, with a lot of Unable to do I don't knowChanging and Maintaing Body PositionAre you ableto sit on a stool without back support?Yes, with a little difficulty Yes, with some difficulty Yes, with some difficulty	Changing and Maintaing Body		to get in and out of bed? Base response on the most	Yes, with some difficulty Yes, with a lot of difficulty Unable to do
Changing and Yes, without difficulty Changing and Yes, with some difficulty Maintaing Body Yes, with a lot of difficulty Position Are you able to sit on a stool without I don't know Yes, with a little Yes, with a little Maintaing Body Are you able Position Are you able Yes, with a little Yes, with a little Yes, with a little Yes, with a little Yes, with a little Yes, with a little difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with some difficulty Yes, with some difficulty	Maintaing Body		to get into and out of a car? Please base your response on the most difficult part of	Yes, with some difficulty Yes, with a lot of difficulty Unable to do
Yes, with a little difficulty Yes, with some difficulty	Changing and Maintaing Body		to sit on a stool without	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Changing and Maintaing Body PositionIving on your back? You can use a chair or other object to get up.difficulty Unable to do I don't knowChanging and Maintaing Body PositionAre you ableto get down on the floor? For example moving from standing or your wheelchair to kneel or sit on the floorYes, with a little difficulty	Maintaing Body Position Changing and Maintaing Body		You can use a chair or other object to get up. to get down on the floor? For example moving from standing or your wheelchair	Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know Yes, without difficulty Yes, with a little difficulty Yes, with some

			l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
		to not into and out of a	Yes, with some
		to get into and out of a	difficulty
		kneeling position? Please	Yes, with a lot of
Changing and		base your response on the	difficulty
Maintaing Body		most difficult part of the	Unable to do
Position	Are you able	activity.	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
		to get in and out of a	difficulty
		squatting position? Please	Yes, with a lot of
Changing and		base your response on the	difficulty
Maintaing Body		most difficult part of the	Unable to do
Position	Are you able	activity.	I don't know
		, ,	Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
Changing and			difficulty
Changing and		to climb 2 or 2 store up a	Unable to do
Maintaing Body Position	Arovousbla	to climb 2 or 3 steps up a	
FUSILIUII	Are you able	step ladder?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
Changing and		to work at floor level? For	difficulty
Maintaing Body		example changing the face	Unable to do
Position	Are you able	plate on an electric outlet.	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
Changing and		to bend over to pick up	difficulty
Maintaing Body		coins that are scattered on	Unable to do
Position	Are you able	the floor?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
		to stand up from a law ast	difficulty
Changing		to stand up from a low, soft	Yes, with a lot of
Changing and		couch?	difficulty
Maintaing Body		Without holding on to	Unable to do
Position	Are you able	anything.	I don't know

Are you able	to kneel on the floor for a long time? For example when cleaning the bathtub or playing with kids or pet.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Are you able	to go down one flight of stairs using a handrail? A flight of stairs is 12-15 steps.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Are you able	to carry a full paper grocery bag for 30 feet?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Are you able	to lift a full small (carry-on size) suitcase from the floor to table height? A full carry-on suitcase weighs 20 pounds/8 kg.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Are you able	to push a vacuum?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Are you able Are you able	to pick up a kitchen chair and move it, in order to clean? to push a full grocery cart?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know Yes, without difficulty
	Are you able Are you able Are you able Are you able	Iong time? For example when cleaning the bathtub or playing with kids or pet. 3-5 minutesAre you ableto go down one flight of stairs using a handrail? A flight of stairs is 12-15 steps.Are you ableto carry a full paper grocery bag for 30 feet?Are you ableto lift a full small (carry-on size) suitcase from the floor to table height? A full carry-on suitcase weighs 20 pounds/8 kg.Are you ableto push a vacuum?Are you ableto push a vacuum?

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Upper Body to carry a full small (carry- Yes, without difficulty				
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				-
FunctionAre you ableon size) suitcase for 30Yes, with a little	Function	Are you able	on size) suitcase for 30	Yes, with a little
Function Are you able on size) suitcase for 30 Yes, with a little		Are you able		-

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		feet? A full carry-on suitcase weighs 20 pounds/8 kg.	difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Upper Body Function	Are you able	to carry a full laundry basket up a flight of stairs? A flight of stairs is 12-15 steps.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Upper Body Function	Are you able	do yard work for 2 hours? For example plant shrubs or a garden. With occasional rest but continuous work.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Upper Extremity Fine Motor	Are you able	to buckle a strap For example on a bicycle helmet, child's car seat or backpack.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Upper Extremity Fine Motor	Are you able	to write for 20 minutes?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Upper Extremity Fine Motor	Are you able	to tighten screws by hand with a screwdriver?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Upper Extremity Fine Motor	Are you able	to turn a key in a door lock?	Yes, without difficulty Yes, with a little difficulty

			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
			Unable to do
			I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
		to put batteries in a	difficulty
Upper Extremity		flashlight, or remote control	Unable to do
Fine Motor	Are you able	for your television?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
Upper Extremity			Unable to do
Fine Motor	Are you able	to turn faucets on and off?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
		to remove wrappings from	difficulty
		small objects? For example	Yes, with a lot of
		like removing the	difficulty
Upper Extremity		packaging from a pack of	Unable to do
Fine Motor	Are you able	batteries.	I don't know
	Ale you able	batteries.	
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
		to reach babied you to get	difficulty
		to reach behind you to get	Yes, with a lot of
		your seatbelt?	difficulty
Upper Extremity	Arovoushis	A shoulder harness	Unable to do
Fine Motor	Are you able	seatbelt.	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
Upper Extremity		to pick up coins from a	Unable to do
Fine Motor	Are you able	table top?	l don't know
			Yes, without difficulty
			Yes, with a little
Upper Extremity		to open childproof medicine	difficulty
Fine Motor	Are you able	bottles or jars?	Yes, with some
		,	,

			1:66: 11
			difficulty
			Yes, with a lot of
			difficulty
			Unable to do
			l don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
Upper Extremity		to a can with a hand can	Unable to do
Fine Motor	Are you able	opener?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			-
			difficulty
			Yes, with a lot of
Linner Extremetter			difficulty
Upper Extremity	A	to use a hammer to pound	Unable to do
Fine Motor	Are you able	a nail?	I don't know
			Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
Upper Extremity		to pick out one key from	Unable to do
Fine Motor	Are you able	group of keys?	l don't know
	,		Yes, without difficulty
			Yes, with a little
			difficulty
			Yes, with some
			difficulty
			Yes, with a lot of
			difficulty
Upper Extremity		to open previously opened	Unable to do
Fine Motor	Are you able	jars?	I don't know
		est describes how you usua	
FIEASE SEIECT THE	response that De	est describes now you usua	iny yet arounu:
			All the time
			Sometimes
I usually use a wall	Never		
	All the time; I never		
			walk
l usually use a mar	ual wheelchair or n	oower wheelchair to get	Sometimes
around:		ower wheelchair to get	Never

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Whole Body Mobility	Are you able	to stand on your feet for one hour?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to stand on your feet for one hour using your walking aid?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk a mile without resting?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk a mile without resting using your walking aid?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk up a steep slope? For example on a hill.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk up a steep slope using your walking aid? For example on a hill.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk on uneven surfaces? For example on grass, dirt road or sidewalk.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know

Whole Body Mobility	Are you able	walk on uneven surfaces using your walking aid? For example on grass, dirt road or sidewalk.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk quickly indoors? For example to answer the telephone or the front door.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to run a short distance, such as to catch a bus? A short distance is roughly half a block or about 15-20 yards.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk at least 15 minutes?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk at least 15 minutes using your walking aid?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to remain on your feet for at least 20 minutes?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to remain on your feet for at least 20 minutes using your walking aid?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know

Whole Body Mobility	Are you able	to cross the road at a 4-lane traffic light with curbs using your walking aid?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to walk around one floor of your home without tripping or losing your balance?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Whole Body Mobility	Are you able	to run fast for 2 minutes?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Wheelchair	Are you able	to get in and out of your wheelchair? Please base your response on the most difficult part of this activity.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Wheelchair	Are you able	to move around one floor of your home in your wheelchair without bumping into things?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Wheelchair	Are you able	to move your wheelchair for at least 15 minutes?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Wheelchair	Are you able	to move around in the bathroom, including getting on and off the toilet from your wheelchair?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know

Wheelchair	Are you able	to cross the street at a traffic light in your wheelchair?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Wheelchair	Are you able	to get in and out of a car from your wheelchair? Please consider a sedan sized car when considering your answer.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Wheelchair	Are you able	to get into and out of a truck, bus, shuttle van, or sport utility vehicle from your wheelchair?	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know
Wheelchair	Are you able	to move your wheelchair up and down curbs? Please base your response on the most difficult part of this activity.	Yes, without difficulty Yes, with a little difficulty Yes, with some difficulty Yes, with a lot of difficulty Unable to do I don't know

Short Fo	Short Form Version, Behavioral Health			
Primary Domain	Item Stem	Item Content	Item Response Scale	
Social Interactio ns	In the past 7 days,	l could keep up with my family responsibilities.	Never Rarely Sometimes Often Always	
Social Interactio ns	In the past 7 days,	I was able to do all the family activities that I was expected to do.	Never Rarely Sometimes Often Always	
Social Interactio ns	In the past 7 days,	I could keep up with my social commitments. Social commitments meaning plans you've made with others.	Never Rarely Sometimes Often Always	

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Social Interactio ns	In the past 7 days,	I look forward with enjoyment to upcoming events.	Never Rarely Sometimes Often Always
Social Interactio n	Please specify your level of agreement:	I feel that I'm an important part of the community where I live.	Strongly agree Agree Disagree Strongly disagree I don't know
Social Interactio ns	In the past 7 days,	I was able to do all of my usual work (including work at home).	Never Rarely Sometimes Often Always
Mood and Emotions	In the past 7 days,	it was hard to keep up enthusiasm to get things done.	Never Rarely Sometimes Often Always
Mood and Emotions	In the past 7 days,	I felt that nothing was interesting.	Never Rarely Sometimes Often Always
Mood and Emotions	In the past 7 days,	I was preoccupied with my worries.	Never Rarely Sometimes Often Always
Mood and Emotions	In the past 7 days,	l had sudden feelings of panic.	Never Rarely Sometimes Often Always
Mood and Emotions	In the past 7 days,	I felt nervous when my normal routine was disturbed.	Never Rarely Sometimes Often Always
Mood and Emotions	In the past 7 days,	I felt that nothing could cheer me up.	Never Rarely Sometimes Often Always

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Mood and Emotions	In the past 7 days,	l was afraid of what the future holds for me.	Never Rarely Sometimes Often Always
Mood and Emotions	In the past 7 days,	I had trouble paying attention.	Never Rarely Sometimes Often Always
Mood and Emotions	In the past 7 days,	it was hard to adjust to unexpected changes.	Never Rarely Sometimes Often Always
Mood and Emotions	Please specify your level of agreement:	l feel good about myself.	Strongly agree Agree Disagree Strongly disagree I don't know
Mood and Emotions	In the past 7 days,	many situations made me worry.	Never Rarely Sometimes Often Always
Mood and Emotions	Please specify your level of agreement:	When I'm stressed, I can't figure out what to do.	Strongly agree Agree Disagree Strongly disagree I don't know
Mood and Emotions	In the past 7 days,	l suddenly became emotional for no reason.	Never Rarely Sometimes Often Always
Behaviora I Control	Please specify your level of agreement:	I get very loud when I do not get what I want.	Strongly agree Agree Disagree Strongly disagree I don't know
Behaviora I Control	Please specify your level of agreement:	l sometimes get physical when l'm angry.	Strongly agree Agree Disagree Strongly disagree I don't know

Behaviora I Control	Please specify your level of agreement:	Sometimes I shout or yell for no reason.	Strongly agree Agree Disagree Strongly disagree I don't know
Behaviora I Control	Please specify your level of agreement:	People know that I get angry easily.	Strongly agree Agree Disagree Strongly disagree I don't know
Behaviora l Control	Please specify your level of agreement:	lt's easy to do what people in authority ask me to do.	Strongly agree Agree Disagree Strongly disagree I don't know
Behaviora l Control	Please specify your level of agreement:	l can't stop myself from doing the same thing over and over.	Strongly agree Agree Disagree Strongly disagree I don't know
Behaviora l Control	In the past 7 days,	l was stubborn with others.	Never Rarely Sometimes Often Always
Behaviora I Control	In the past 7 days,	l was in conflict with others.	Never Rarely Sometimes Often Always
Behaviora l Control	In the past 7 days,	l was resentful when l didn't get my way.	Never Rarely Sometimes Often Always
Behaviora I Control	In the past 7 days,	I threatened violence toward people or property .	Never Rarely Sometimes Often Always
Behaviora I Control	In the past 7 days,	l tried to get even when l was angry at someone.	Never Rarely Sometimes Often Always

Behaviora I Control	In the past 7 days,	l held grudges toward others.	Never Rarely Sometimes Often Always
Behaviora l Control	In the past 7 days,	l had trouble controlling my temper.	Never Rarely Sometimes Often Always
Behaviora l Control	In the past 7 days,	people told me that I talked in a loud or excessive manner.	Never Rarely Sometimes Often Always
Behaviora l Control	In the past 7 days,	l said or did things that other people probably thought were inappropriate.	Never Rarely Sometimes Often Always
Self Efficacy	Please specify your level of agreement:	I get along well with people outside my family.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	l feel people are against me.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	I feel that there are people I can turn to.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	I am good at making new friends.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	I can easily begin talking with others.	Strongly agree Agree Disagree Strongly disagree I don't know

Self Efficacy	Please specify your level of agreement:	l'm comfortable trying different ways to do things.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	Trying new things is fun.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	When I'm asked to do a really difficult task, I keep at it until I get it done.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	lf l make a mistake, l know l can deal with it.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	l think people trust me.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	I look at both sides of an issue.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	I am willing to accept help from others.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	l am comfortable making eye contact with others.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	l like large family gatherings.	Strongly agree Agree Disagree Strongly disagree I don't know

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Self Efficacy	Please specify your level of agreement:	Most people like what I have to say.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	l'm usually able to help solve other people's problems.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	I'm comfortable just seeing what the day brings.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	l look for the good in difficult situations.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	l learn from my mistakes.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	I believe that things end up alright most of the time.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	l respect other people's point of view.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	I can get back on track when I am distracted.	Strongly agree Agree Disagree Strongly disagree I don't know
Self Efficacy	Please specify your level of agreement:	People tell me I'm flexible and agreeable.	Strongly agree Agree Disagree Strongly disagree I don't know