**ATTACHMENT 2**

**Complete List of Potential IRT-CAT Instrument Questions**

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| **Basic Mobility (45 items)**  **Response options:**    Yes, without difficulty   Yes, with a little difficulty   Yes, with some difficulty   Yes, with a lot of difficulty   Unable to do   I don't know |
| ARE YOU ABLE TO WALK FROM STORE TO STORE WHILE SHOPPING ? FOR EXAMPLE IN A SHOPPING MALL. |
| ARE YOU ABLE WALK UP A FLIGHT OF STAIRS WITHOUT A HANDRAIL? |
| ARE YOU ABLE TO WALK TO THE BATHOOM? |
| ARE YOU ABLE TO STAND ON YOUR FEET FOR ONE HOUR? |
| ARE YOU ABLE TO WALK UP A STEEP SLOPE? FOR EXAMPLE ON A HILL. |
| ARE YOU ABLE TO WALK ON UNEVEN SURFACES? FOR EXAMPLE ON GRASS DIRT ROAD OR SIDEWALK. |
| ARE YOU ABLE TO WALK QUICKLY INDOORS? FOR EXAMPLE TO ANSWER THE TELEPHONE OR THE FRONT DOOR. |
| ARE YOU ABLE TO RUN A SHORT DISTANCE SUCH AS TO CATCH A BUS? A SHORT DISTANCE IS ROUGHLY HALF A BLOCK OR ABOUT 15-20 YARDS. |
| ARE YOU ABLE TO WALK AT LEAST 15 MINUTES? |
| ARE YOU ABLE TO WALK AROUND ONE FLOOR OF YOUR HOME WITHOUT TRIPPING OR LOSING YOUR BALANCE? |
| ARE YOU ABLE TO STAND IN THE SHOWER TO WASH YOUR HAIR? |
| ARE YOU ABLE TO GET IN AND OUT OF THE BATHTUB? |
| ARE YOU ABLE TO REACH INTO A CABINET FROM A STEP LADDER OR STOOL? |
| ARE YOU ABLE TO BEND DOWN TO USE A DUST PAN? |
| ARE YOU ABLE TO UNLOAD A WASHING MACHINE? |
| ARE YOU ABLE TO KNEEL DOWN TO TIE A SHOE? |
| ARE YOU ABLE TO BEND TO LOOK UNDER A CAR? |
| ARE YOU ABLE TO SIT IN A CAR FOR MORE THAN 2 HOURS? |
| ARE YOU ABLE TO CRAWL UNDER A TABLE TO PICK UP SOMETHING YOU DROPPED? |
| ARE YOU ABLE TO GET INTO AND OUT OF A CAR?  PLEASE BASE YOUR RESPONSE ON THE MOST DIFFICULT PART OF THIS ACTIVITY. |
| ARE YOU ABLE TO SIT ON A STOOL WITHOUT BACK SUPPORT? |
| ARE YOU ABLE TO GET UP OFF THE FLOOR FROM LYING ON YOUR BACK? YOU CAN USE A CHAIR OR OTHER OBJECT TO GET UP. |
| ARE YOU ABLE TO GET IN AND OUT OF A SQUATTING POSITION? PLEASE BASE YOUR RESPONSE ON THE MOST DIFFICULT PART OF THE ACTIVITY. |
| ARE YOU ABLE TO CLIMB 2 OR 3 STEPS UP A STEP LADDER? |
| ARE YOU ABLE TO WORK AT FLOOR LEVEL? FOR EXAMPLE CHANGING THE FACE PLATE ON AN ELECTRIC OUTLET. |
| ARE YOU ABLE TO BEND OVER TO PICK UP COINS THAT ARE SCATTERED ON THE FLOOR? |
| ARE YOU ABLE TO STAND UP FROM A LOW SOFT COUCH WITHOUT HOLDING ON TO ANYTHING? |
| ARE YOU ABLE TO KNEEL ON THE FLOOR FOR A LONG TIME? FOR EXAMPLE WHEN CLEANING THE BATHTUB OR PLAYING WITH KIDS OR PET.   3-5 MINUTES |
| ARE YOU ABLE TO GO DOWN ONE FLIGHT OF STAIRS USING A HANDRAIL?   A FLIGHT OF STAIRS IS 12-15 STEPS. |
| ARE YOU ABLE TO CLEAN A FLOOR USING A MOP? |
| ARE YOU ABLE TO CLEAN OUT A CLOSET? |
| ARE YOU ABLE TO LIFT A HEAVY BOX FROM THE FLOOR TO TABLE HEIGHT? |
| ARE YOU ABLE TO LIFT A PACKAGE WEIGHING 10 LBS? |
| ARE YOU ABLE TO CARRY A FULL KITCHEN TRASH BAG OUTSIDE? |
| ARE YOU ABLE TO LIFT A FULL SMALL (CARRY-ON SIZE) SUITCASE FROM THE FLOOR TO A HIGH SHELF?  A FULL CARRY-ON SUITCASE WEIGHS 20 POUNDS/8 KG. |
| ARE YOU ABLE TO UNLOAD A FULL GROCERY CART INTO A CAR? |
| ARE YOU ABLE TO MOVE A SOFA TO CLEAN UNDER IT? |
| ARE YOU ABLE TO CARRY A FULL PAPER GROCERY BAG FOR 30 FEET? |
| ARE YOU ABLE TO CARRY A FULL LAUNDRY BASKET FOR 30 FEET? |
| ARE YOU ABLE TO WORK OVERHEAD FOR 20 MINUTES? FOR EXAMPLE ORGANIZING A HIGH SHELF IN A CLOSET. |
| ARE YOU ABLE TO LIFT A FULL LARGE (CHECK-IN SIZE) SUITCASE FROM THE FLOOR TO TABLE HEIGHT? A FULL LARGE SUITCASE WEIGHS 40-50 POUNDS/18-23 KG |
| ARE YOU ABLE TO CARRY A FULL LAUNDRY BASKET UP A FLIGHT OF STAIRS? A FLIGHT OF STAIRS IS 12-15 STEPS. |
| ARE YOU ABLE TO DO YARD WORK FOR 2 HOURS WITH OCCASIONAL REST? FOR EXAMPLE PLANT SHRUBS OR A GARDEN.” |
| ARE YOU ABLE TO DO HEAVY HOUSEWORK? FOR EXAMPLE SCRUBBING FLOORS WASHING WINDOWS MOVING FURNITURE TO CLEAN. |

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| **Upper Body Function (39 items)**  **Response options:**    Yes, without difficulty   Yes, with a little difficulty   Yes, with some difficulty   Yes, with a lot of difficulty   Unable to do   I don't know |
| ARE YOU ABLE TO LEAN FORWARD TO BRUSH YOUR TEETH OVER A SINK? |
| ARE YOU ABLE TO LOOK OVER YOUR SHOULDER TO BACK UP IN A CAR? |
| ARE YOU ABLE PULL A SMALL SUITCASE BY THE HANDLE? |
| ARE YOU ABLE TO CARRY YOUR JACKET? |
| ARE YOU ABLE TO LIFT A FULL 2 LITER SODA BOTTLE FROM TABLE HEIGHT TO A HIGH SHELF? A SODA BOTTLE WEIGHS 3.5 LBS/1.5 KG. |
| ARE YOU ABLE TO PULL OPEN A HEAVY DOOR? |
| ARE YOU ABLE TO GRIP THE STEERING WHEEL DURING A LONG DRIVE? FOR EXAMPLE A COUPLE OF HOURS. |
| ARE YOU ABLE TO CHOP OR SLICE VEGETABLES FOR A LARGE MEAL? |
| ARE YOU ABLE TO HOLD AN UMBRELLA? |
| ARE YOU ABLE TO USE TWEEZERS? |
| ARE YOU ABLE TO USE A NUT CRACKER? |
| ARE YOU ABLE TO REMOVE A DOLLAR BILL FROM YOUR WALLET? |
| ARE YOU ABLE TO PUT COINS INTO A SLOT? FOR EXAMPLE A VENDING MACHINE. |
| ARE YOU ABLE TO PUSH THE CORRECT BUTTONS ON A REMOTE CONTROL? |
| ARE YOU ABLE TO USE A MOUSE TO SELECT WHAT YOU NEED ON A COMPUTER SCREEN? |
| ARE YOU ABLE TO CLOSE A ZIP LOCK BAG? |
| ARE YOU ABLE TO CLOSE A TWIST TIE ON A BAG OF BREAD? |
| ARE YOU ABLE TO PEEL THE STICKER OFF SOMETHING YOU BOUGHT? |
| ARE YOU ABLE TO OPEN A BOTTLE OF SODA? |
| ARE YOU ABLE TO INSERT A PLUG INTO AN ELECTRIC OUTLET? |
| ARE YOU ABLE TO USE A CHIP CLIP TO CLOSE A BAG? |
| ARE YOU ABLE TO TURN A DIAL? FOR EXAMPLE ON A STOVE. |
| ARE YOU ABLE TO USE THE TRIGGER ON A SPRAY BOTTLE? |
| ARE YOU ABLE TO BUTTON YOUR SHIRT? |
| ARE YOU ABLE TO PUT ON A WATCH OR BRACELET? |
| ARE YOU ABLE TO BUCKLE A STRAP? FOR EXAMPLE ON A BICYCLE HELMET CHILDS CAR SEAT OR BACKPACK. |
| ARE YOU ABLE TO WRITE FOR 20 MINUTES? |
| ARE YOU ABLE TO TIGHTEN SCREWS BY HAND WITH A SCREWDRIVER? |
| ARE YOU ABLE TO TURN A KEY IN A DOOR LOCK? |
| ARE YOU ABLE TO PUT BATTERIES IN A FLASHLIGHT OR REMOTE CONTROL FOR YOUR TELEVISION? |
| ARE YOU ABLE TO TURN FAUCETS ON AND OFF? |
| ARE YOU ABLE TO REMOVE WRAPPINGS FROM SMALL OBJECTS? FOR EXAMPLE LIKE REMOVING THE PACKAGING FROM A PACK OF BATTERIES. |
| ARE YOU ABLE TO REACH BEHIND YOU TO GET YOUR SEATBELT? A SHOULDER HARNESS SEATBELT. |
| ARE YOU ABLE TO PICK UP COINS FROM A TABLE TOP? |
| ARE YOU ABLE TO OPEN CHILDPROOF MEDICINE BOTTLES OR JARS? |
| ARE YOU ABLE TO A CAN WITH A HAND CAN OPENER? |
| ARE YOU ABLE TO USE A HAMMER TO POUND A NAIL? |
| ARE YOU ABLE TO PICK OUT ONE KEY FROM GROUP OF KEYS? |
| ARE YOU ABLE TO OPEN PREVIOUSLY OPENED JARS? |

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| **Community Mobility ( formerly transportation) (17 items)**  **Response options:**    Yes, without difficulty   Yes, with a little difficulty   Yes, with some difficulty   Yes, with a lot of difficulty   Unable to do   I don't know |
| Able to go where you need to be each day |
| Able to get a ride to where you need to go |
| Able to drive in the rain |
| Able to drive at night |
| Able to drive in heavy traffic |
| Able to park the car in a parking lot |
| Able to stay within the lane while driving |
| Able to merge onto a busy road |
| Able to drive in own neighborhood |
| Able to back out of a driveway |
| Able to use a bus/train schedule to get to familiar places |
| Able to use a bus/train schedule to get to unfamiliar places |
| Able to get on the right bus/train |
| Able to get on to a bus/train |
| Able to get off the bus/train before the doors close |
| Can drive to a local store and back home |
| Can get to the bus/train station on time |

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| **Social Appropriateness (7 items)**  **Response options:**    Strongly agree   Agree   Disagree   Strongly disagree   I don't know |
| Have trouble taking a shower/bath often enough |
| Have trouble getting cleaned up often enough |
| Have trouble keeping my hair groomed |
| Feel over/under dressed often |
| Need to dress better |
| Need to take a shower/bath more often |
| Need to do a better job getting cleaned up |

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| **Communication and Cognition ( 62 items)**  **Response options:**    Strongly agree   Agree   Disagree   Strongly disagree   I don't know  **and**    Yes, without difficulty   Yes, with a little difficulty   Yes, with some difficulty   Yes, with a lot of difficulty   Unable to do   I don't know |
| Able to discuss your ideas with others |
| Able to make small talk |
| Able to figure out why a joke is funny |
| Can keep up a conversation |
| Able to understand people in noisy places |
| Able to speak clearly |
| Able to get information needed when talking with people |
| Able to get your point across when speaking |
| Able to organize what you want to say |
| Able to give directions |
| Able to tell a doctor about a health problem |
| Able to tell others your needs |
| Able to understand body language and facial expressions |
| Able to understand people on the phone |
| Able to make an appointment over the phone |
| Able to write reminder notes |
| Able to fill out applications |
| Can follow what is being said when talking with someone |
| People can understand me when I talk |
| Make mistakes often when writing down numbers |
| Able to learn to do new things |
| Able to do two things at once |
| Able to check that your bills are correct |
| Able figure out the correct price for an on sale item |
| Able to pay attention when someone is talking for a short time |
| Able to work hard on tasks you don't like |
| Able to use bank cards and ATMs |
| Able to make everyday decisions |
| Able to think things through before making a decision |
| Able to remember important numbers |
| Able to remember things for a short time |
| Able to remember the names of people |
| Able to recall information |
| Able to remember something read or heard earlier in the day |
| Able to keep track of the day of the week |
| Able to find your way around in unfamiliar places |
| Able to find your way around in familiar places |
| Able to keep important papers organized |
| Able to get to places on time |
| Able to follow instructions given over the phone |
| Able to understand written instructions |
| Able to keep yourself safe at home |
| Notices own mistakes |
| Able to wait your turn to speak |
| Can relate to other people's feelings |
| Able to get point across when upset |
| Adjust to a new situation or change |
| Able to pay attention for a long period of time |
| Able to keep track of what needs to be done each day |
| Able to do regular chores |
| Able to remember a list of 4 or 5 errands without writing it |
| Able to manage your time each day |
| Able to finish things that you start |
| Able to think quickly |
| Able to ask for help from others when difficult problems come up |
| Have to read several times to understand |
| Able to multi-task |
| Able to do work carefully |
| Good at following through with plans |
| Able to take your medications correctly |
| Able to keep your medical appointments |
| Takes a long time to run errands |

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| **Resilience (formerly self-efficacy) (34 items)**  **Response options:**    Strongly agree   Agree   Disagree   Strongly disagree   I don't know |
| I can handle stressful situations |
| It's easy to do what people in authority ask me to do |
| I am the person most responsible for my own well being |
| I ask for help when I need to |
| I have a desire to succeed |
| I don't mind when people give me advice |
| I get along well with people outside my family |
| I feel that there are people I can turn to |
| When I'm asked to do a really difficult task, I keep at it until I get it done |
| If I make a mistake, I know I can deal with it |
| I think people trust me |
| I look at both sides of an issue |
| I am willing to accept help from others |
| I am comfortable making eye contact with others |
| Most people like what I have to say |
| I'm usually able to help solve other people's problems |
| I'm comfortable just seeing what the day brings |
| I look for the good in difficult situations |
| I learn from my mistakes |
| I respect other people's point of view |
| People tell me I'm flexible and agreeable |
| I always try to get along with others |
| I work well in a group |
| I respect other people |
| I am able to adjust to other people's ways |
| Able to work out a problem |
| I usually accomplish what I set out to do |
| I am good at making new friends |
| I'm comfortable trying different ways to do things |
| I like large family gatherings |
| I believe that things end up alright most of the time |
| I can get back on track when I am distracted |
| I make an effort to get to know other people |
| I am afraid of being with other people |

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| **Interpersonal Interactions (33 items)**  **Response options:**    Strongly agree   Agree   Disagree   Strongly disagree   I don't know |
| Stand too close to people when talking to them |
| Others have said that you do things that are dangerous |
| People say I show no emotion |
| I often get upset with the people around me |
| People often tell me my behavior is inappropriate |
| I can hear things that others can't |
| I have difficulty following the rules |
| I find that I have a hard time sitting still when I need to |
| I am always watching or on guard for threats |
| I often get angry when I'm told what to do |
| Sometimes I do things to hurt myself |
| Sometimes I feel on top of the world for no reason |
| I have difficulty calming down |
| I get very loud when I do not get what I want |
| I sometimes get physical when I'm angry |
| Sometimes I shout or yell for no reason |
| People know that I get angry easily |
| I can't stop myself from doing the same thing over and over |
| I feel people are against me |
| I often have difficulty dealing with people |
| People have told me that sometimes I act strange |
| I have a hard time accepting criticism |
| I often say things that upset others |
| I threatened violence toward people or property |
| I had trouble controlling my temper |
| When I am stressed, I find myself losing control |
| The same thoughts keep running through my head |
| I had sudden feelings of panic |
| Have trouble getting started on things to do |
| I worry about my health a lot |
| I have difficulty letting people know how I feel |
| I looked forward with enjoyment to upcoming events |
| I respect other people's property |
| I feel that I'm an important part of the community where I live |

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| **Mood and Emotions (34 items)**  **Response options:**    Strongly agree   Agree   Disagree   Strongly disagree   I don't know |
| In the past 7 days, I felt that nothing could cheer me up. |
| In the past 7 days, I felt something awful would happen. |
| In the past 7 days, I suddenly became emotional for no reason. |
| In the past 7 days, just being around people irritated me. |
| In the past 7 days, I felt that nothing was interesting. |
| In the past 7 days, I felt that I had nothing to look forward to. |
| In the past 7 days, I felt hopeless about the future. |
| In the past 7 days, I had sudden feelings of panic. |
| In the past 7 days, I felt indecisive. Hint: Indecisive meaning having trouble making decisions |
| In the past 7 days, I got fidgety. Hint: Fidgety meaning unable to sit still. |
| In the past 7 days, I have trouble keeping in touch with others. |
| In the past 7 days, I felt nervous when my normal routine was disturbed. |
| In the past 7 days, I avoided public places or activities. |
| In the past 7 days, I was afraid of what the future holds for me. |
| In the past 7 days, it was hard to adjust to unexpected changes. |
| In the past 7 days, I was bothered if I had to depend on others for help. |
| In the past 7 days, I was critical of myself for my mistakes. |
| Please specify your level of agreement: I feel good about myself. |
| In the past 7 days, I had trouble paying attention. |
| In the past 7 days, I was preoccupied with my worries. |
| Please specify your level of agreement: I am unable to think with all the noise in my head. |
| Please specify your level of agreement: I worry people are criticizing me even when they are not. |
| In the past 7 days, it was hard to keep up enthusiasm to get things done. |
| Please specify your level of agreement: I feel sick when I have to speak in front of people. |
| In the past 7 days, many situations made me worry. |
| In the past 7 days, I had trouble enjoying the things I used to enjoy. |
| Please specify your level of agreement: I don't know why I cry so often. |
| In the past 7 days, I felt emotionally exhausted. |
| Please specify your level of agreement: I stay alone at home to avoid people. |
| Please specify your level of agreement: I am so tired that I rest or sleep most of the day. |
| Please specify your level of agreement: I am so tired when I wake up, it's hard to get going. |
| Please specify your level of agreement: When I'm stressed, I can't figure out what to do. |
| Please specify your level of agreement: I dwell on my problems. |
| Please specify your level of agreement: I have a lot of energy. |