**Name: ­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:­­­­­­­­­­­­­­­­­ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ School:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Educator Instructions:** Please check off the activities on pages 1 and 2 as you complete them and answer the corresponding questions. After all the activities have been completed, answer the questions on page 3.

**Attachment O - Teacher Journal: Grade 8**

**OMB BURDEN STATEMENT**: According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-0524.  The time required to complete this information collection is estimated to average 45 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.

**8th Grade: The Truth About Sodium**

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| --- | --- | --- | --- | --- | --- |
| **Activities** | **Did you do the activity?** | **Time spent *doing* the activity.** | **Children’s Response** | **The preparation and materials required for this activity were manageable.** | **The materials were appropriate for 8th grade students.** |
| **WARM UP: Think-Pair-Share** | Yes No | Total # of minutes:\_\_\_\_\_\_­­­­ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| **READ: *Choosing Healthy Snacks* Info Text Article** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| ***Choosing Healthy Snacks* Comprehension Questions** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| ***EXPLORE: Shake Off the Salt* Interactive Application** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| **WATCH: [Video Name TBD]** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |

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| **Activities** | **Did you do the activity?** | **Time spent *doing* the activity.** | **Children’s Response** | **The preparation and materials required for this activity were manageable.** | **The materials were appropriate for 8th grade students.** |
| **INVESTIGATE: *SuperTracker* Activity** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| **READ: *Sodium & Your Health* Info Text Article** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| ***Sodium & Your Health* Reading Comprehension Questions** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| **INVESTIGATE: *Sodium Around Us* Activity** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| **WRAP UP: Reflect** | Yes No | Total # of minutes:\_\_\_\_\_\_ | Enjoyed a lotEnjoyed a littleDid not enjoy very muchDid not enjoy at all | Strongly AgreeAgreeDisagreeStrongly Disagree | Strongly AgreeAgreeDisagreeStrongly Disagree |
| **Which of the extension activities did you complete (i.e. Persuasive Writing, Planning Healthy Snacks Project)?** |
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**8th Grade: The Truth About Sodium**

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| Please describe any **modifications or changes** you made when leading these activities. |
|   |
| Please describe the **strengths** of the activities.  |
|   |
| Please describe any **challenges** you or **your** **students** faced in completing these activities. |
|   |
| What changes would you make to improve these activities? |
|   |
| Think about all the activities you completed. What do you think your students learned?  |
|   |