

Attachment I: Storybook Interview Form for Children 3-5

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Storybook Interview Form for Children 3-5

Note: This interview guideline is intended to accompany the “A Day With Jayden” storybook. Text in quotation appears in the storybook, while “Probes” do not and are intended to be read by the researcher as conversational asides. Researcher instructions appear in *blue*.

1. “A Day with Jayden.” [Cover page]
2. “Jayden gets to class, happy to see all of his friends.”
3. “Jayden found a new poster above the cubbies. Have you seen this picture before?”
[Point to the MyPlate poster. Use the following codes for children’s responses]
 - Yes
 - No
 - IDK/NR
 - None of these

(Probe: “What do you think this poster is about?”) [Use the following codes for children’s responses]

- “My Plate”
 - A reminder to eat from all five food groups
 - Other relevant response (i.e., Food/Nutrition/Healthy)
 - IDK/NR
4. “Jayden decides to make a tower with blocks. There is another big poster above the block corner. Have you seen any poster like this before? [Use the following codes for children’s responses]
 - Yes
 - No
 - IDK/NR
 - None of these

(Probe: “What do you think this poster is about?”) [Use the following codes for children’s responses]

- “It’s a map”
 - Food
 - Shows different foods from different places
 - Relevant activity-related response (e.g. cooking, treasure chest)
 - IDK/NR
5. [No text – just poster image]
 6. “Jayden sits down at the lunch table with his friends”

7. "Jayden's teacher brings the food to the table. It's time for Jayden to fill up his plate!"
8. Jayden's plate has one big section *[point]* and two small sections *[point]*. Let's fill the big section first.
9. "Jayden sees that this bowl *[point]* has chicken with rice, and the other bowl *[point]* has something new that Jayden has never eaten before. Jayden needs your help. Which one should Jayden have for lunch? The chicken and rice *[point]*, or the new food that Jayden has never tried before *[point]*?" *[Have child remove foods from page 10 and Velcro to the plate on page 9. Indicate what child selected below]*
- Chicken with rice
 - New Food
 - IDK/NR

(Probe: Nice! Why do you think Jayden should choose this meal?) *[Use the following codes for children's responses]*

- About trying new foods
- About preferences for one food
- IDK/NR
- None of these

(Probe: Do you like to try new foods?) *[Use the following codes for children's responses]*

- Yes
- No
- IDK/NR

10. [No text - just image of plate]

11. "Now Jayden needs your help to fill the rest of his plate. Jayden has two empty sections on his plate *[point]*. What foods should Jayden choose to fill these two sections?" *[Have child remove foods from page 12 and Velcro to the plate on page 1. Indicate what child selected below.]*

- | | |
|---|---|
| <input type="checkbox"/> 1 Carrot | <input type="checkbox"/> 2 Carrots |
| <input type="checkbox"/> 1 Serving Peas | <input type="checkbox"/> 2 Serving Peas |
| <input type="checkbox"/> 1 Apple Slice | <input type="checkbox"/> 2 Apple Slices |
| <input type="checkbox"/> 1 Pineapple | <input type="checkbox"/> 2 Pineapples |
| <input type="checkbox"/> 1 Cookie | <input type="checkbox"/> 2 Cookies |
| <input type="checkbox"/> None of these | |

(Probe: Great! Why did you pick those two foods?) *[Use the following codes for child's responses]*

- Fruits are healthy
- Vegetables are healthy
- Good to have different fruits and vegetables
- IDK/NR
- None of these

12. "Jayden goes outside to run around and kick the soccer ball with his friends"

13. "School is over. Jayden's grandma needs to go to the grocery store on the way home."

14. "Jayden and Grandma take their shopping cart to the fruits and vegetables."

15. "Grandma asks Jayden to pick out the fruits and vegetables. Jayden needs your help! What are the names of these fruits and vegetables?"

[Indicate which foods children correctly name below]

- Apples
- Broccoli
- Collard Greens
- Corn
- Eggplant
- Green Beans
- Green Peppers
- Mushrooms
- Peas
- Spinach
- Squash
- Sweet Potatoes
- Swiss Chard
- Tomatoes
- Yellow Potatoes
- Zucchini
- IDK/NR
- None of these

(Probe: "Which of these fruits and vegetables do you like?") *[Indicate child's responses]*

- Apples
- Broccoli
- Collard Greens
- Corn
- Eggplant
- Green Beans
- Green Peppers
- Mushrooms
- Peas
- Spinach
- Squash
- Sweet Potatoes
- Swiss Chard
- Tomatoes
- Yellow Potatoes
- Zucchini
- IDK/NR
- None of these

16. "Jayden and Grandma get back home and unpack their groceries."

17. "Jayden's grandma asks him to put the grains away in the cabinet. Let's see, there is a [name and point to all foods from left to right]. Help Jayden put the grains into the cabinet." *[Have child remove foods from the counter and Velcro into the cabinet. Indicate child's responses below.]*

- Box of spaghetti
- Bag of rice
- Loaf of bread
- Can of tomatoes
- Can of beans
- IDK/NR
- None of these

(Probe: Great! What do whole grains do for our body?) *[Use the following codes for child's responses below]*

- Give us energy
- Keeps us full
- Other relevant

- IDK/NR
- None of these

18. "Now that the groceries are away, Jayden and Grandma get ready to cook dinner. What important things should they do before cooking?" *[Use the following codes for child's responses below]*

- Wash hands
- Wash utensils
- Wash fruit and vegetables before cooking
- IDK/NR
- None of these

(Probe: Those are great ideas!)

19. "Jayden and Grandma wash their hands before cooking dinner. Why is it important to wash our hands before cooking?" *[Use the following codes for child's responses below]*

- Mention germs
- Mention safety
- Other relevant
- IDK/NR
- None of these

20. "Jayden and his grandma are ready to start cooking together. They decide to make Garden Soup. Do you ever help with cooking?"

- Yes
- No
- IDK/NR
- None of these

(Probe: What do you do to help with cooking?)

- Wash fruits or vegetables
- Mix or stir food
- Peel fruits or vegetables
- Other relevant responses
- Measure ingredients
- IDK/NR
- None of these

21. "Jayden had a great day because of you, and hopes you have a great day too!"

- End of Survey -