

OMB Control # 0584-0524
Expiration Date: 9/30/2019

Attachment T: Research Stimulus: Food Explorers Poster

OMB Burden Statement: According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-0524. The time required to complete this information collection is estimated to average 30 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.

Find the foods of the world on your plate!

Region Five
North America
 (includes Native tribes and Southern cuisine)

apple, corn, kidney beans, salmon, squash, tomato, whole grain bread, wild rice, zucchini

Region Four
Europe
 (includes Italy, France, Hungary, and Mediterranean)

carrot, eggplant, grapes, green pepper, mushroom, pasta noodles, spinach, tomato, tuna, zucchini

Region Two
Asia and Pacific Islands
 (includes India and Middle East)

broccoli, carrot, pasta noodles, spinach, tofu, tomato, pineapple, whole wheat flatbread, rice

Region Three
Central and South America
 (includes Mexico and Caribbean)

apple, brown rice, cod, grapes, green pepper, mango, spinach, sweet potato, tomato

Region One
Africa

corn, couscous, garbanzo beans, green peas, mango, potato, sweet potato, swiss chard, tofu



Great Garden Soup



Baked Batatas and Apples



Greens and Beans Soup



Easy Zucchini Lasagna



Chicken Flatbread Pizza

