Instructions: Please answer the following questions about your smartphone/tablet/computer use experience.

- 1. How many hours per day do you use the Internet on phone / tablet?
- 2. How many hours per day do you use the Internet on a computer (laptop/desktop)?
- 3. What do you use the Smartphone for (mark all that apply)
 - ___ Phone calls and or Texting
 - ____ Video chatting (for example FaceTime, Skype, Google Hang out, Viber, What's App)
 - ____ Social media (for example, Facebook, twitter, snapchat, Instagram)
 - __ News & weather
 - __ Email
 - ___ GPS mapping navigation
 - ___ Banking & paying bills
 - ___ Entertainment (for example YouTube, Netflix, Hulu, Podcasts)
 - ___ Playing video games
 - ____ Buying or selling items
 - ___ Other _____
- 4. How comfortable are you changing the settings on your phone (circle one)? Very comfortable
 - Comfortable
 - Neutral
 - Uncomfortable
 - Very uncomfortable