United States of America Railroad Retirement Board	PROPOSED	Form Approved			
Kanroad Kenrement Board	Employee Name	OMB No. 3220-0193			
	•	Last 4 Digits of Social Security Number			
		XXX-XX-####			
RAILROAD JOB	Regular Railroad Job Posit	tion or Occupation			
INFORMATION	Location	Location			
	Location				
	Date Sent	Date Last Worked			
Section 1 Completion Instructions					
 The above named railroad employee has applied for an occupational disability benefit under Section 2(a)(1)(iv) of the Railroad Retirement Act (45 U.S.C. § 231a(a)(1)(iv)). In order to receive an occupational disability benefit, an eligible employee must be found to be disabled from work in his or her regular railroad occupation because of a permanent physical or mental impairment. Railroad Retirement Board (RRB) regulations provide that the Board shall consider the employer's description of the physical requirements and environmental factors relating to the employee's regular railroad occupation. See 20 CFR 220.13(b)(2)(iv)(E). To assist the RRB with making an accurate disability determination, it is imperative that you read the instructions below and timely complete and return this form to the RRB within 30 days of the Date Sent, as shown above. Check the information entered above by the RRB for accuracy. If the information is not correct, cross it out and enter the correct information above it. Complete all of the items below describing the applicant's job. The regular railroad occupation is: 1) the occupation in which the employee has been engaged for more calendar months than any other occupation during the last preceding 5 calendar years, whether consecutive or not; or 2) the occupation which the employee has been in service for not less than one-half of all months in which the employee has been engaged in service during the last 15 consecutive calendar years; or 3) if an employee last worked as an officer or employee of a railway labor organization and if that employment is no longer available, the regular occupation shall be the position to which the employee holds seniority rights or the position left to work for the railway labor organization. If more space is needed for any item, use Section 9, Remarks, or attach a separate sheet of paper showing the employee's name and the last four digits of their social security number. Be sure to indicate the item number at the beginning					
 Provide any additional information on the duties Section 2 Disgualification Information 		ast 5 or 15 years if appropriate.			
		d If modically discussified and all			
 Check here if the applicant has been medically applicable documentation to the Railroad Retire Employer. (Do not check the box if a medical disqualification has been made.) If the box is checked, do not complete Section 	ement Board, along with Form G-3EMI disqualification is in progress, but not y	P, Report of Medical Condition by			
Section 3 Summary of Duties					
Describe the essential duties of the position or or knowledge or skills involved; any handwritten or t skills used; any driving and/or operating of maching	typed reports to be completed; any n	nanipulative (manual dexterity)			

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Sec	ction 7	Sensory Requirements	
		ensory requirements for the position named go to Section 8 . ⇔ ☐ Not Applicable	above. If no requirements are applicable check "Not
A)	near or far		perception with or without eyeglasses or contact lenses; rception, etc. If there are no visual requirements check
B)			aring with or without a hearing aid; hearing verbal
		ation from others; hearing alarms, signals; e 7C. ⇔ □ None	tc. If there are no auditory requirements, check "None" and
C)			king verbal commands loudly, accurately, and quickly;
		ne or two-way radio; speaking public annour d go to Section 8. ⇔	cements, etc. If there are no verbal requirements, check
Sec	ction 8	Physical Actions	
		number of hours a day spent:	
		ng/walking	$ \bigcirc 0 \ \bigcirc 1 \ \bigcirc 2 \ \bigcirc 3 \ \bigcirc 4 \ \bigcirc 5 \ \bigcirc 6 \ \bigcirc 7 \ \bigcirc 8 $ $ \bigcirc 0 \ \bigcirc 1 \ \bigcirc 2 \ \bigcirc 3 \ \bigcirc 4 \ \bigcirc 5 \ \bigcirc 6 \ \bigcirc 7 \ \bigcirc 8 $

B) Indicate in the chart below, the amount of time and a description of the physical action or activity involved during a typical 8-hour workday. Use the "Descriptive Comments" column to notate "N/A" if an action listed below does not apply, or if you want to provide specific details on the amount of time an action is performed. If more space is needed for any item, use Section 9, Remarks.						
	more space is needed for any item, use Se	any item, use Section 9, Remarks. Amount of Time				
	Action	Never	¹ Occasionally (Up to 1/3)	² Frequently (1/3 to 2/3)	Constantly	Descriptive Comments
	 Balancing (With or without equipment in all weather conditions and on any surface, including uneven terrain) 					
	2. Bending					
	3. Twisting/Turning					
	4. Crouching/Squatting/Stooping					
	5. Kneeling					
	6. Reaching above shoulder level					
	 Climbing (Indicate what is climbed such as stairs, ladder, etc.) 					
	8. Pushing/Pulling (Indicate what and how the employee pushed or pulled)					
	 Crawling under equipment to view, inspect, or repair 					
	10. Gripping/Holding					
	11. Foot Control (Shifting of feet when using pedals, brakes, clutch, etc.)					
	 Fine manipulation (Fingering; keypunch; keyboard; pressing buttons; picking/pinching/turning knobs; etc.) 					
	13. a. Lifting/Lowering/Carrying (Indicate the objects the employee lifted/lowered/carried)					
	b. Check the weight of the objects		e st Wei g 0 lbs	ght Lifte		50 lbs 100 lbs Over 100 lbs
1	the employee lifted/lowered/ carried.					
		Weight Most Often Lifted/Carried Up to 10 lbs Up to 25 lbs Up to 50 lbs Over 50 lbs				

1 Occasionally means occurring from very little up to one-third (approx. 2-1/2 hours) of an 8-hour workday; cumulative, not ² Frequently means occurring one-third (approx. 2-1/2 hours) to two-thirds (approx. 5 hours) of an 8-hour workday; cumulative, not

continuous.

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Section 9 Remarks			
This section is to be used for the continuation of answers to other items. Be sure to include the section and item number at the beginning of the answer you wish to continue. You may also use this section to enter any additional information that you feel may be important to include.			
Section 10 Employer Certification			
I know that it is a federal crime to make a false or fraudulent statement to the Railroad Retirement Board (RRB). I certify that the information I gave the RRB on this form is true to the best of my knowledge.			
NAME			
NAME: SIGNATURE: (Please Print or Type)			
TITLE: DATE: (Please Print or Type)			
TELEPHONE NO (
Call our toll-free number at 1-877-772-5772 with any questions on filling out this form.			
Return this completed form to: U.S. RAILROAD RETIREMENT BOARD			
844 NORTH RUSH STREET			
CHICAGO, ILLINOIS 60611-1275 ATTENTION: DISABILITY BENEFITS DIVISION			
or a facsimile may be sent to (312) 751-7167.			
Paperwork Reduction Act Notice			
The Railroad Retirement Board is authorized to collect the information on this form under Section 7(b)(6) of the Railroad Retirement Act. The railroad job information is required to help determine if the employee identified above is eligible for a disability. While you are not required to respond, the information you provide will be used by the RRB in determining an applicant's eligibility for an occupational disability under the RRA.			
We estimate this form takes an average of 60 minutes per response to complete, including the time for reviewing the instructions, getting the needed data, and reviewing the completed form. Federal agencies may not conduct or sponsor, and respondents are not required to respond to, a collection of information unless it displays a valid OMB number. If you wish, send comments regarding the accuracy of our estimate or any other aspect of this form, including suggestions for reducing the completion time to: Chief of Information Resources Management, Railroad Retirement Board, 844 North Rush Street, Chicago, IL 60611-1275.			

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