

**14. Revise Appendix D of § 1910.1048 to read as follows:**

APPENDIX D TO §1910.1048—NONMANDATORY MEDICAL DISEASE QUESTIONNAIRE

*A. Identification*

Plant Name: \_\_\_\_\_

Date: \_\_\_\_\_

Employee Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Age: \_\_\_\_\_

Sex: \_\_\_\_\_

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

*B. Medical History*

1. Have you ever been in the hospital as a patient?

Yes\_\_ No\_\_

If yes, what kind of problem were you having?

\_\_\_\_\_

\_\_\_\_\_

2. Have you ever had any kind of operation?

Yes\_\_ No\_\_

If yes, what kind?

\_\_\_\_\_

\_\_\_\_\_

3. Do you take any kind of medicine regularly?

Yes\_\_ No\_\_

If yes, what kind?

\_\_\_\_\_

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4. Are you allergic to any drugs, foods, or chemicals?

Yes\_\_ No\_\_

If yes, what kind of allergy is it?

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What causes the allergy?

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5. Have you ever been told that you have asthma, hayfever, or sinusitis?

Yes\_\_ No\_\_

6. Have you ever been told that you have emphysema, bronchitis, or any other respiratory problems?

Yes\_\_ No\_\_

7. Have you ever been told you had hepatitis?

Yes\_\_ No\_\_

8. Have you ever been told that you had cirrhosis?

Yes\_\_ No\_\_

9. Have you ever been told that you had cancer?

Yes\_\_ No\_\_

10. Have you ever had arthritis or joint pain?

Yes\_\_ No\_\_

11. Have you ever been told that you had high blood pressure?

Yes\_\_ No\_\_

12. Have you ever had a heart attack or heart trouble?

Yes\_\_ No\_\_

*B-1. Medical History Update*

1. Have you been in the hospital as a patient any time within the past year?

Yes\_\_ No\_\_

If so, for what condition?

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2. Have you been under the care of a physician during the past year?

Yes\_\_ No\_\_

If so, for what condition?

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3. Is there any change in your breathing since last year?

Yes\_\_ No\_\_

Better? \_\_\_\_\_

Worse? \_\_\_\_\_

No change? \_\_\_\_\_

If change, do you know why?

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4. Is your general health different this year from last year?

Yes\_\_ No\_\_

If different, in what way?

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5. Have you in the past year or are you now taking any medication on a regular basis?

Yes\_\_ No\_\_

Name Rx \_\_\_\_\_

Condition being treated \_\_\_\_\_

### *C. Occupational History*

1. How long have you worked for your present employer?

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2. What jobs have you held with this employer? Include job title and length of time in each job

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3. In each of these jobs, how many hours a day were you exposed to chemicals?

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4. What chemicals have you worked with most of the time?

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5. Have you ever noticed any type of skin rash you feel was related to your work?

Yes\_\_ No\_\_

6. Have you ever noticed that any kind of chemical makes you cough?

Yes\_\_ No\_\_

Wheeze?

Yes\_\_ No\_\_

Become short of breath or cause your chest to become tight?

Yes\_\_ No\_\_

7. Are you exposed to any dust or chemicals at home?

Yes\_\_ No\_\_

If yes, explain:

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8. In other jobs, have you ever had exposure to:

Wood dust?

Yes\_\_ No\_\_

Nickel or chromium?

Yes\_\_ No\_\_

Silica (foundry, sand blasting)?

Yes\_\_ No\_\_

Arsenic or asbestos?

Yes\_\_ No\_\_

Organic solvents?

Yes\_\_ No\_\_

Urethane foams?

Yes\_\_ No\_\_

*C-1. Occupational History Update*

1. Are you working on the same job this year as you were last year?

Yes\_\_ No\_\_

If not, how has your job changed?

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2. What chemicals are you exposed to on your job?

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3. How many hours a day are you exposed to chemicals?

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4. Have you noticed any skin rash within the past year you feel was related to your work?

Yes\_\_ No\_\_

If so, explain circumstances:

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5. Have you noticed that any chemical makes you cough, be short of breath, or wheeze?

Yes\_\_ No\_\_

If so, can you identify it?

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*D. Miscellaneous*

1. Do you smoke?

Yes\_\_ No\_\_

If so, how much and for how long?

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Pipe \_\_\_\_\_

Cigars \_\_\_\_\_

Cigarettes \_\_\_\_\_

2. Do you drink alcohol in any form?

Yes\_\_ No\_\_

If so, how much, how long, and how often?

\_\_\_\_\_

3. Do you wear glasses or contact lenses?

Yes\_\_ No\_\_

4. Do you get any physical exercise other than that required to do your job?

Yes\_\_ No\_\_

If so, explain:

\_\_\_\_\_

5. Do you have any hobbies or "side jobs" that require you to use chemicals, such as furniture stripping, sand blasting, insulation or manufacture of urethane foam, furniture, etc.?

Yes\_\_ No\_\_

If so, please describe, giving type of business or hobby, chemicals used and length of exposures.

\_\_\_\_\_

### *E. Symptoms Questionnaire*

1. Do you ever have any shortness of breath?

Yes\_\_ No\_\_

If yes, do you have to rest after climbing several flights of stairs?

Yes\_\_ No\_\_

If yes, if you walk on the level with people your own age, do you walk slower than they do?

Yes\_\_ No\_\_

If yes, if you walk slower than a normal pace, do you have to limit the distance that you

walk?

Yes\_\_ No\_\_

If yes, do you have to stop and rest while bathing or dressing?

Yes\_\_ No\_\_

2. Do you cough as much as three months out of the year?

Yes\_\_ No\_\_

If yes, have you had this cough for more than two years?

Yes\_\_ No\_\_

If yes, do you ever cough anything up from chest?

Yes\_\_ No\_\_

3. Do you ever have a feeling of smothering, unable to take a deep breath, or tightness in your chest?

Yes\_\_ No\_\_

If yes, do you notice that this on any particular day of the week?

Yes\_\_ No\_\_

If yes, what day or the week?

Yes\_\_ No\_\_

If yes, do you notice that this occurs at any particular place?

Yes\_\_ No\_\_

If yes, do you notice that this is worse after you have returned to work after being off for several days?

Yes\_\_ No\_\_

4. Have you ever noticed any wheezing in your chest?

Yes\_\_ No\_\_

If yes, is this only with colds or other infections?

Yes\_\_ No\_\_

Is this caused by exposure to any kind of dust or other material?

Yes\_\_ No\_\_

If yes, what kind? \_\_\_\_\_

5. Have you noticed any burning, tearing, or redness of your eyes when you are at work?

Yes\_\_ No\_\_

If so, explain circumstances: \_\_\_\_\_

\_\_\_\_\_

6. Have you noticed any sore or burning throat or itchy or burning nose when you are at work?

Yes\_\_ No\_\_

If so, explain circumstances:

\_\_\_\_\_

\_\_\_\_\_

7. Have you noticed any stuffiness or dryness of your nose?

Yes\_\_ No\_\_

8. Do you ever have swelling of the eyelids or face?

Yes\_\_ No\_\_

9. Have you ever been jaundiced?

Yes\_\_ No\_\_

If yes, was this accompanied by any pain?

Yes\_\_ No\_\_

10. Have you ever had a tendency to bruise easily or bleed excessively?

Yes\_\_ No\_\_

11. Do you have frequent headaches that are not relieved by aspirin or Tylenol?

Yes\_\_ No\_\_

If yes, do they occur at any particular time of the day or week?

Yes\_\_ No\_\_

If yes, when do they occur?

\_\_\_\_\_

\_\_\_\_\_

12. Do you have frequent episodes of nervousness or irritability?



Yes\_\_ No\_\_

13. Do you tend to have trouble concentrating or remembering?

Yes\_\_ No\_\_

14. Do you ever feel dizzy, light-headed, and excessively drowsy or like you have been drugged?

Yes\_\_ No\_\_

15. Does your vision ever become blurred?

Yes\_\_ No\_\_

16. Do you have numbness or tingling of the hands or feet or other parts of your body?

Yes\_\_ No\_\_

17. Have you ever had chronic weakness or fatigue?

Yes\_\_ No\_\_

18. Have you ever had any swelling of your feet or ankles to the point where you could not wear your shoes?

Yes\_\_ No\_\_

19. Are you bothered by heartburn or indigestion?

Yes\_\_ No\_\_

20. Do you ever have itching, dryness, or peeling and scaling of the hands?

Yes\_\_ No\_\_

21. Do you ever have a burning sensation in the hands, or reddening of the skin?

Yes\_\_ No\_\_

22. Do you ever have cracking or bleeding of the skin on your hands?

Yes\_\_ No\_\_

23. Are you under a physician's care?

Yes\_\_ No\_\_

If yes, for what are you being treated?

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24. Do you have any physical complaints today?

Yes\_\_ No\_\_

If yes, explain?

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25. Do you have other health conditions not covered by these questions?

Yes\_\_ No\_\_

If yes, explain:

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