

Appendix A.3
Summary of Cost-Containment Practices

[WIC State Agency Name] Summary of Cost Containment Practices

This memo has been prefilled with the cost containment practices of your State agency. **If any information is incorrect or incomplete, please correct it by clicking on any of the boxes or by using the drop-down menu for Brand Requirements.** Brand Requirements include: Any brand allowed, Store brand required, Least expensive brand required, or Allowed brands. Please select the option that is most correct for the food category. For example, if any brands are allowed for liquid cow's milk, but only specific brands are allowed for goat's milk, please select "Any brand allowed". If you feel that a specific response option is not adequate to explain a food-specific practice, **you may further explain the requirements or practices in the comment box below each food category (e.g., Milk and Milk Substitutes Comments).**

MILK AND MILK SUBSTITUTES

Milk

Brand Requirements

Sizes Allowed

Quarts Half gallons Gallons

Types Allowed

- | | | |
|---|--|--|
| <input type="checkbox"/> Lactose reduced milk | <input type="checkbox"/> Buttermilk | <input type="checkbox"/> Goat's milk |
| <input type="checkbox"/> Acidophilus milk | <input type="checkbox"/> Evaporated milk | <input type="checkbox"/> Nonfat dry milk |
| <input type="checkbox"/> Organic milk | <input type="checkbox"/> Flavored milk | <input type="checkbox"/> UHT milk |
| <input type="checkbox"/> Calcium-fortified milk | | |

Cheese

Brand Requirements

Packaging Allowed

- | | | |
|--|--|--|
| <input type="checkbox"/> Sliced cheese | <input type="checkbox"/> Shredded cheese | <input type="checkbox"/> String cheese |
| <input type="checkbox"/> Individually wrapped slices of cheese | | |

Types Allowed

- | | | |
|---|---|---|
| <input type="checkbox"/> American cheese | <input type="checkbox"/> Brick cheese | <input type="checkbox"/> Cheddar cheese |
| <input type="checkbox"/> Colby cheese | <input type="checkbox"/> Monterey Jack cheese | <input type="checkbox"/> Mozzarella cheese |
| <input type="checkbox"/> Muenster cheese | <input type="checkbox"/> Provolone cheese | <input type="checkbox"/> Swiss cheese |
| <input type="checkbox"/> Marbled/blended cheese | <input type="checkbox"/> Fat-reduced cheese | <input type="checkbox"/> Low-cholesterol cheese |
| <input type="checkbox"/> Low-sodium cheese | <input type="checkbox"/> Lactose-reduced cheese | <input type="checkbox"/> Organic cheese |

According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-XXXX. The time required to complete this information collection is estimated to average 15 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.

Yogurt

Allowed Not allowed

Brand Requirements

Types Allowed

Greek yogurt Flavored yogurt Organic yogurt

Soy-based beverage

Allowed Not allowed

Brand Requirements

Types Allowed

Refrigerated soy-based beverage Shelf-stable soy-based beverage Organic soy-based beverage

Tofu

Allowed Not allowed

Brand Requirements

Types Allowed

Light tofu Organic tofu Shelf-stable tofu Cubed tofu

Milk and Milk Substitutes Comments

EGGS

Eggs

Brand Requirements

Sizes Allowed

Small Medium Large Extra large

Types Allowed

Brown eggs Organic eggs

Eggs Comments

LEGUMES

Peanut Butter

Brand Requirements

Textures Allowed

Creamy Chunky Natural

Types Allowed

Fortified peanut butter Low-fat/reduced-fat peanut butter Low-sodium peanut butter
 Low-sugar peanut butter Organic peanut butter

Beans

Dry Beans Brand Requirements

Canned Beans

Allowed Not allowed

Canned Beans Brand Requirements

Types Allowed

Dry beans: organic Canned beans: baked Canned beans: organic
 Canned beans: low sodium Canned beans: refried

Legumes Comments

CANNED FISH

Canned Fish

Brand Requirements

Types Allowed

Tuna Salmon Sardines
 Mackerel Packed in oil Packed in sauce
 Organic canned fish Pouch packed Low-sodium canned fish
 Canned fish with skin and bones

Canned Fish Comments

WHOLE-GRAIN PRODUCTS

Whole-Grain Bread

Brand Requirements

Types Allowed

Light bread

Organic bread

Tortillas

Allowed Not allowed

Brand Requirements

Types Allowed

Refrigerated tortillas

Organic tortillas

Soft corn, yellow tortillas

Soft corn, white tortillas

Whole-wheat tortillas

Brown Rice

Allowed Not allowed

Brand Requirements

Types Allowed

Instant brown rice

Short-grain brown rice

Boil-in-a-bag brown rice

Quick brown rice

Medium-grain brown rice

Jasmine brown rice

Organic brown rice

Long-grain brown rice

Basmati brown rice

Oats

Allowed Not allowed

Brand Requirements

Types Allowed

Instant oats

Crystal wedding oats

Rolled/cut/steel cut oats

Quick oats

Old-fashioned oats

Organic oats

Bulgur

Allowed Not allowed

Brand Requirements

Barley

Allowed Not allowed

Brand Requirements

Whole-Wheat Pasta

| | |
|---|---|
| <input type="checkbox"/> Allowed <input type="checkbox"/> Not allowed | Brand Requirements <input type="text"/> |
| Types Allowed <input type="checkbox"/> Organic pasta | <input type="checkbox"/> Shape specified |

Whole-Grain Products Comments

INFANT FOODS

Infant Cereal

| | |
|---|---|
| Brand Requirements <input type="text"/> | Types Allowed <input type="checkbox"/> Organic |
| Types Allowed <input type="checkbox"/> All types of infant cereal allowed | <input type="checkbox"/> Mixed/multigrain <input type="checkbox"/> Whole wheat |
| <input type="checkbox"/> Oats <input type="checkbox"/> Corn | <input type="checkbox"/> Brown rice <input type="checkbox"/> Barley |

Infant Fruits and Vegetables

| |
|--|
| Brand Requirements <input type="text"/> |
| Types Allowed <input type="checkbox"/> Single varieties <input type="checkbox"/> Combination varieties <input type="checkbox"/> Organic infant fruits and vegetables |

Infant Meat

| | |
|--|--|
| Brand Requirements <input type="text"/> | Types Allowed <input type="checkbox"/> Organic <input type="checkbox"/> Broth/gravy |
| Animal Proteins Allowed <input type="checkbox"/> All types of animal protein allowed | <input type="checkbox"/> Beef <input type="checkbox"/> Turkey <input type="checkbox"/> Chicken <input type="checkbox"/> Veal <input type="checkbox"/> Ham <input type="checkbox"/> Lamb |

Infant Foods Comments

CEREAL

Cereal

Brands allowed

Store brand National brand

Describe Any Cereal Cost-Containment Practices

Cereal Comments

JUICE

Juice

Types Allowed

11.5-12 oz. frozen

Brand Requirements

48 oz. shelf stable

Brand Requirements

48 oz. refrigerated

Brand Requirements

16 oz. frozen

Brand Requirements

64 oz. shelf stable

Brand Requirements

64 oz. refrigerated

Brand Requirements

Juice Comments