

Presidential Youth Fitness Program (PYFP)

Time Use Information Sheet **Key Informant Questionnaire**

Form Approved

OMB No. 0920-xxxx

Exp. Date xx/xx/xxxx

Introduction

This questionnaire is designed to collect information about the time spent by school personnel on activities related to the PYFP.

We recognize that you may work on the PYFP in various capacities, and ask that you answer the questions to the best of your ability. Thank you for your participation!

Public reporting burden of this collection of information is estimated to average 30 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-xxxx)

Background

1. What is your name?

2. What is your position at SCHOOL NAME?

3. In a **typical or average week**, how many hours do you work at [SCHOOL NAME]? P for the school year prior to the implementation of the PYFP and for the current school year. Values typically range between 0 and 40. Please **include** overtime.

| <u>PRIOR TO IMPLEMENTATION OF the PYFP</u> TOTAL HOURS WORKED PER WEEK at School Name |
|---|
| 0 |

| TOTAL HOURS WORKED PER WEEK at School Name |
|---|
| |

The “PYFP Activities” Worksheet on the following page is used to further separate the time spent with the PYFP into the following program activities:

- A. Professional Development
- B. Physical Education Program
- C. Classroom Instruction
- D. Fitness Assessment
- E. Student Recognition
- F. Technical Support
- G. General Administration & Operations

For each component, the worksheet provides examples of each program activity. The goal of the worksheet is to identify the proportion of time spent in each activity.

| Program Activities Worksheet | | School Name | School Name |
|---|---|---------------------------------|------------------|
| | | PRIOR TO IMPLEMENTATION OF PYFP | THIS SCHOOL YEAR |
| Program Areas | Types of Activities | Percentage | Percentage |
| A. Professional Development | Professional development (i.e., for PYFP, webinars provided through PYFP) | 0% | 0% |
| | Any other trainings | | |
| | Study materials | | |
| | Other | | |
| B. Physical Education Program | Develop lesson plan | 0% | 0% |
| | Ensure curricular focus on health enhancing physical activity and fitness education based on objective data | | |
| | Any additional time teaching/tutoring students outside of classroom instruction time | | |
| | Other | | |
| C. Classroom Instruction | Class time dedicated to PE instruction | 0% | 0% |
| | Physical activity during class time or breaks | | |
| | Other | | |
| D. Fitness Assessment | Conduct fitness assessment | 0% | 0% |
| | Provide instruction about assessment, as needed | | |
| | Analyze data from fitness assessment | | |
| | Communicate with students and/or parents regarding results of assessment | | |
| | Other | | |
| E. Student Recognition | Recognize student goal setting and achievement for fitness and physical activity behaviors and/or outcomes | 0% | 0% |
| | Other | | |
| F. Technical Support | Provide technical support (i.e., for PYFP, FitnessGram, training modules, etc.) | 0% | 0% |
| | Other | | |
| G. Communication with key stakeholders | Communication with school staff (i.e., for PYFP, regarding PYFP implementation) | 0% | 0% |
| | Other | | |
| H. General Administrative and Operations | Allocate resources to support PYFP/PE programming at the school level (e.g., time to work on PYFP tasks during the school day) | 0% | 0% |
| | Create awareness among school staff and administrators of the need for quality physical education that includes a comprehensive approach to fitness education | | |
| | Communication with school staff and administrators to justify policies, practices, and services to support fitness education and promote healthy behaviors among children | | |
| | Communication with school staff and administrators to justify policies, practices, and services to support fitness education and promote healthy behaviors among children | | |
| | Other | | |
| TOTAL (Should add to 100%) | | 0% | 0% |