



Empowering students to be fit for life.

Presidential Youth Fitness Program (PYFP) Evaluation Overview & Acknowledgement Form

Forged from a first-of-its-kind partnership, the Presidential Youth Fitness Program (PYFP) emphasizes the value of being active—in school and for a lifetime. The PYFP has partnered with the US Centers for Disease Control and Prevention (CDC), the Robert Wood Johnson Foundation and ICF International to conduct an evaluation of the PYFP, assessing the impact of the program on students, teachers and schools. The evaluation, led by ICF International, will focus on a small group of middle schools across the United States. In order to assess program outcomes, the PYFP evaluation will be conducted in schools implementing the PYFP and in similar schools that have not implemented the PYFP. PYFP schools and matched comparison schools will be invited to participate in a series of data collection activities focused on three groups: students, PE teachers and administrators.

Data collection will occur during the [Spring 2017 or Fall 2017] semester. Each participating school will be asked to identify a school liaison, who will serve as the primary point of contact for all evaluation data collection activities. The table below outlines the timetable for the various evaluation activities along with the associated thank you gifts for participation.

Table 1. Data Collection Method, Timing and Thank You Gifts: [Spring or Fall] Semester 2017

Data Collection Method	Beginning of Semester	End of Semester	School-level Gift	Respondent Gift
ALL SCHOOLS				
PE Teacher Surveys <i>(All 6th grade PE teachers)</i>		●	<ul style="list-style-type: none"> \$300 gift card for schools Fitness equipment (\$425 value) \$300 for school liaisons 	
Administrator Surveys <i>(Lead administrator)</i>		●		
Student Surveys <i>(All 6th graders enrolled in PE)</i>		●		
Student FitnessGram® <i>(All 6th graders enrolled in PE)</i>	●	●		
SELECTED SCHOOLS				
Student Accelerometry <i>(10 students per 6th grade PE class)</i>	●	●	<ul style="list-style-type: none"> Additional \$200 gift card for schools Additional \$300 for school liaisons 	<ul style="list-style-type: none"> Non-monetary prize equivalent to \$15 after first week Non-monetary prize equivalent to \$35 after second week

Founding Partners



Goals of data collection:

- Assess PE teacher practices through **surveys** (all schools)

- Assess **student** outcomes through FitnessGram®’s **pacers** and **body composition assessments** as well as student **surveys** (all schools)

- **Assess student physical activity behavior through accelerometry** (select schools)

- Assess school-level PE and physical activity policies, practices and perceptions through **administrator surveys** (all schools)

On the line below, please sign if you give permission for <insert school name here> school to participate in the PYFP Evaluation. This can be returned via mail or faxed to Isabela Lucas at ICF International: (404) 592-3688.

I understand {school name} will participate in student fitness testing, administrator surveys, PE teacher surveys and student surveys, and may also participate in student accelerometer measurements.

Superintendent

Signature: _____

Date: _____

Print Name: _____

Title: _____

Principal

Signature: _____

Date: _____

Print Name: _____

Title: _____

If you have any questions or concerns, please contact Isabela Lucas, Project Manager for the PYFP Evaluation, at ICF International: Isabela.Lucas@icf.com or 404-592-2155.