**ACCELEROMETRY BELT INSTRUCTIONS**

Belt Instructions

The activity meter records general movement and allows us to get a better idea of the child’s overall activity level. It is **extremely** important for our evaluation that the children wear the belts properly. Please follow these instructions carefully:

* The belt should be worn around the waist, with the device just above the **right** hipbone (with black button and number facing up). The belt can wear either underneath or on top of the child’s clothing.



* Make sure the belt is snug against the child’s body so that the device does not move.
* The meters are **NOT** waterproof!
* Remind the students not let anyone else wear their belt.
* There is no “ON” or “OFF” switch. The devices run on a battery and will run continuously without you needing to turn them on.

**If you have any questions please contact Isabela Lucas at**

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