

APPENDIX D TO §1910.1001—MEDICAL QUESTIONNAIRES; MANDATORY

This mandatory appendix contains the medical questionnaires that must be administered to all employees who are exposed to asbestos above the permissible exposure limit, and who will therefore be included in their employer's medical surveillance program. Part 1 of the appendix contains the Initial Medical Questionnaire, which must be obtained for all new hires who will be covered by the medical surveillance requirements. Part 2 includes the abbreviated Periodical Medical Questionnaire, which must be administered to all employees who are provided periodic medical examinations under the medical surveillance provisions of the standard

PAPERWORK REDUCTION ACT STATEMENT

Under the asbestos in general industry standard, this medical questionnaire must be administered to all employees who are exposed to asbestos above the permissible exposure limit, and who will therefore be included in their employer's medical surveillance program. (29 CFR 1910.1001(l)(2)(ii)). According to the Paperwork Reduction Act, an Agency may not conduct or sponsor, and no persons are required to respond to, a collection of information unless such collection displays a valid OMB control number. Use of this questionnaire is mandatory. The questionnaire assists both physicians and employers to ensure that the physician obtains compliant employee medical documentation. OSHA estimates employer burden for the completion of this collection of information is 2 hours and 20 minutes (2.33 hours). This estimate includes the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and, completing and reviewing the collection of information. The time estimate includes employer time for compliance with the underlying collections of information in 29 CFR 1910.1001(l), including employee time for completion of the questionnaire and medical examination, providing information to the physician, and maintaining employee medical records. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to OSHAPRA@dol.gov or to OSHA's Directorate of Standards and Guidance, Department of Labor, Room N-3718, 200 Constitution Ave., NW, Washington, DC; 20210; Attn: Paperwork Reduction Act Comment. (This address is for comments regarding this form only; **DO NOT SEND ANY COMPLETED SAMPLE FORM TO THIS OFFICE.**)

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Specify job/industry _____ Total Years Worked ___

Was dust exposure: 1. Mild ___ 2. Moderate ___ 3. Severe ___

- C. Have you even been exposed to gas or chemical fumes in your work? 1. Yes ___ 2. No ___

Specify job/industry _____ Total Years Worked ___

Was exposure: 1. Mild ___ 2. Moderate ___ 3. Severe ___

- D. What has been your usual occupation or job--the one you have worked at the longest?

1. Job occupation _____

2. Number of years employed in this occupation _____

3. Position/job title _____

4. Business, field or industry _____

(Record on lines the years in which you have worked in any of these industries, e.g. 1960-1969)

Have you ever worked:

YES NO

E. In a mine?.....

F. In a quarry?.....

G. In a foundry?.....

H. In a pottery?.....

I. In a cotton, flax or hemp mill?.....

J. With asbestos?.....

18. PAST MEDICAL HISTORY

YES NO

A. Do you consider yourself to be in good health?

If "NO" state reason _____

B. Have you any defect of vision?.....

If "YES" state nature of defect _____

C. Have you any hearing defect?.....

If "YES" state nature of defect _____

D. Are you suffering from or have you ever suffered from:

- a. Epilepsy (or fits, seizures, convulsions)?
- b. Rheumatic fever?
- c. Kidney disease?
- d. Bladder disease?
- e. Diabetes?
- f. Jaundice?

19. CHEST COLDS AND CHEST ILLNESSES

- 19A. If you get a cold, does it usually go to your chest? (Usually means more than 1/2 the time) 1. Yes ___ 2. No ___
3. Don't get colds ___
- 20A. During the past 3 years, have you had any chest illnesses that have kept you off work, indoors at home, or in bed? 1. Yes ___ 2. No ___

IF YES TO 20A:

- B. Did you produce phlegm with any of these chest illnesses? 1. Yes ___ 2. No ___
3. Does Not Apply ___
- C. In the last 3 years, how many such illnesses with (increased) phlegm did you have which lasted a week or more? Number of illnesses ___
No such illnesses ___
21. Did you have any lung trouble before the age of 16? 1. Yes ___ 2. No ___

22. Have you ever had any of the following?

- 1A. Attacks of bronchitis? 1. Yes ___ 2. No ___

IF YES TO 1A:

- B. Was it confirmed by a doctor? 1. Yes ___ 2. No ___
3. Does Not Apply ___
- C. At what age was your first attack? Age in Years ___
Does Not Apply ___

- 2A. Pneumonia (include bronchopneumonia)? 1. Yes ___ 2. No ___

IF YES TO 2A:

- B. Was it confirmed by a doctor? 1. Yes ___ 2. No ___
3. Does Not Apply ___
- C. At what age did you first have it? Age in Years ___
Does Not Apply ___

3A. Hay Fever?

1. Yes ___ 2. No ___

IF YES TO 3A:

B. Was it confirmed by a doctor?

1. Yes ___ 2. No ___

3. Does Not Apply ___

C. At what age did it start?

Age in Years ___

Does Not Apply ___

23A. Have you ever had chronic bronchitis?

1. Yes ___ 2. No ___

IF YES TO 23A:

B. Do you still have it?

1. Yes ___ 2. No ___

3. Does Not Apply ___

C. Was it confirmed by a doctor?

1. Yes ___ 2. No ___

3. Does Not Apply ___

D. At what age did it start?

Age in Years ___

Does Not Apply ___

24A. Have you ever had emphysema?

1. Yes ___ 2. No ___

IF YES TO 24A:

B. Do you still have it?

1. Yes ___ 2. No ___

3. Does Not Apply ___

C. Was it confirmed by a doctor?

1. Yes ___ 2. No ___

3. Does Not Apply ___

D. At what age did it start?

Age in Years ___

Does Not Apply ___

25A. Have you ever had asthma?

1. Yes ___ 2. No ___

IF YES TO 25A:

B. Do you still have it?

1. Yes ___ 2. No ___

3. Does Not Apply ___

C. Was it confirmed by a doctor?

1. Yes ___ 2. No ___

3. Does Not Apply ___

D. At what age did it start?

Age in Years ___

Does Not Apply ___

E. If you no longer have it, at what age did it stop?

Age stopped ___

Does Not Apply ___

26. Have you ever had:

A. Any other chest illness?

1. Yes ___ 2. No ___

If yes, please specify _____

B. Any chest operations? 1. Yes ___ 2. No ___

If yes, please specify _____

C. Any chest injuries? 1. Yes ___ 2. No ___

If yes, please specify _____

27A. Has a doctor ever told you that you had heart trouble? 1. Yes ___ 2. No ___

IF YES TO 27A:

B. Have you ever had treatment for heart trouble in the past 10 years? 1. Yes ___ 2. No ___
3. Does Not Apply ___

28A. Has a doctor ever told you that you had high blood pressure? 1. Yes ___ 2. No ___

IF YES TO 28A:

B. Have you had any treatment for high blood pressure (hypertension) in the past 10 years? 1. Yes ___ 2. No ___
3. Does Not Apply ___

29. When did you last have your chest X-rayed? (Year) _____
25 26 27 28

30. Where did you last have your chest X-rayed (if known)? _____

What was the outcome? _____

FAMILY HISTORY

31. Were either of your natural parents ever told by a doctor that they had a chronic lung condition such as:

FATHER

MOTHER

1. Yes 2. No 3. Don't Know 1. Yes 2. No 3. Don't Know

A. Chronic Bronchitis? _____

B. Emphysema? _____

C. Asthma? _____

D. Lung cancer? _____

E. Other chest conditions _____

F. Is parent currently alive? _____

G. Please Specify _____ Age if Living _____ Age if Living
_____ Age at Death _____ Age at Death
_____ Don't Know _____ Don't Know

H. Please specify cause of death

COUGH

32A. Do you usually have a cough? (Count a cough with first smoke or on first going out of doors. Exclude clearing of throat.) [If no, skip to question 32C.] 1. Yes ___ 2. No ___

B. Do you usually cough as much as 4 to 6 times a day 4 or more days out of the week? 1. Yes ___ 2. No ___

C. Do you usually cough at all on getting up or first thing in the morning? 1. Yes ___ 2. No ___

D. Do you usually cough at all during the rest of the day or at night? 1. Yes ___ 2. No ___

IF YES TO ANY OF ABOVE (32A, B, C, or D), ANSWER THE FOLLOWING. IF NO TO ALL, CHECK DOES NOT APPLY AND SKIP TO NEXT PAGE

E. Do you usually cough like this on most days for 3 consecutive months or more during the year? 1. Yes ___ 2. No ___
3. Does not apply ___

F. For how many years have you had the cough? Number of years ___
Does not apply ___

33A. Do you usually bring up phlegm from your chest? 1. Yes ___ 2. No ___
(Count phlegm with the first smoke or on first going out of doors. Exclude phlegm from the nose. Count swallowed phlegm.) (If no, skip to 33C)

B. Do you usually bring up phlegm like this as much as twice a day 4 or more days out of the week? 1. Yes ___ 2. No ___

C. Do you usually bring up phlegm at all on getting up or first thing in the morning? 1. Yes ___ 2. No ___

D. Do you usually bring up phlegm at all during the rest of the day or at night? 1. Yes ___ 2. No ___

IF YES TO ANY OF THE ABOVE (33A, B, C, or D), ANSWER THE FOLLOWING:
IF NO TO ALL, CHECK DOES NOT APPLY AND SKIP TO 34A.

E. Do you bring up phlegm like this on most days for 3 consecutive months or more during the year? 1. Yes ___ 2. No ___
3. Does not apply ___

F. For how many years have you had trouble with phlegm?

Number of years ___
Does not apply ___

EPISODES OF COUGH AND PHLEGM

34A. Have you had periods or episodes of (increased*) cough and phlegm lasting for 3 weeks or more each year? 1. Yes ___ 2. No ___

*(For persons who usually have cough and/or phlegm)

If YES TO 34A

B. For how long have you had at least 1 such episode per year? Number of years ___
Does not apply ___

WHEEZING

35A. Does your chest ever sound wheezy or whistling

1. When you have a cold? 1. Yes ___ 2. No ___
2. Occasionally apart from colds? 1. Yes ___ 2. No ___
3. Most days or nights? 1. Yes ___ 2. No ___

IF YES TO 1, 2, or 3 in 35A

B. For how many years has this been present? Number of years ___
Does not apply ___

36A. Have you ever had an attack of wheezing that has made you feel short of breath? 1. Yes ___ 2. No ___

IF YES TO 36A

B. How old were you when you had your first such attack? Age in years ___
Does not apply ___

C. Have you had 2 or more such episodes? 1. Yes ___ 2. No ___
3. Does not apply ___

D. Have you ever required medicine or treatment for the(se) attack(s)? 1. Yes ___ 2. No ___
3. Does not apply ___

BREATHLESSNESS

37. If disabled from walking by any condition other than heart or lung disease, please describe and proceed to question 39A.
Nature of condition(s) _____

38A. Are you troubled by shortness of breath when hurrying on the level or walking up a slight hill? 1. Yes ___ 2. No ___

IF YES TO 38A

- B. Do you have to walk slower than people of your age on the level because of breathlessness? 1. Yes ___ 2. No ___
3. Does not apply ___
- C. Do you ever have to stop for breath when walking at your own pace on the level? 1. Yes ___ 2. No ___
3. Does not apply ___
- D. Do you ever have to stop for breath after walking about 100 yards (or after a few minutes) on the level? 1. Yes ___ 2. No ___
3. Does not apply ___
- E. Are you too breathless to leave the house or breathless on dressing or climbing one flight of stairs? 1. Yes ___ 2. No ___
3. Does not apply ___

TOBACCO SMOKING

- 39A. Have you ever smoked cigarettes? (No means less than 20 packs of cigarettes or 12 oz. of tobacco in a lifetime or less than 1 cigarette a day for 1 year.) 1. Yes ___ 2. No ___

IF YES TO 39A

- B. Do you now smoke cigarettes (as of one month ago) 1. Yes ___ 2. No ___
3. Does not apply ___
- C. How old were you when you first started regular cigarette smoking? Age in years ___
Does not apply ___
- D. If you have stopped smoking cigarettes completely, how old were you when you stopped? Age stopped ___
Check if still smoking ___
Does not apply ___
- E. How many cigarettes do you smoke per day now? Cigarettes per day ___
Does not apply ___
- F. On the average of the entire time you smoked, how many cigarettes did you smoke per day? Cigarettes per day ___
Does not apply ___
- G. Do or did you inhale the cigarette smoke? 1. Does not apply ___
2. Not at all ___
3. Slightly ___
4. Moderately ___
5. Deeply ___

- 40A. Have you ever smoked a pipe regularly? (Yes means more than 12 oz. of tobacco in a lifetime.) 1. Yes ___ 2. No ___

IF YES TO 40A:

FOR PERSONS WHO HAVE EVER SMOKED A PIPE

- B. 1. How old were you when you started to smoke a pipe regularly? Age
2. If you have stopped smoking a pipe completely, how old were you when you stopped? Age stopped
Check if still smoking pipe
Does not apply
- C. On the average over the entire time you smoked a pipe, how much pipe tobacco did you smoke per week? oz. per week (a standard pouch of tobacco contains 1 1/2 oz.)
 Does not apply
- D. How much pipe tobacco are you smoking now? oz. per week
Not currently smoking a pipe
- E. Do you or did you inhale the pipe smoke?
1. Never smoked
2. Not at all
3. Slightly
4. Moderately
5. Deeply
- 41A. Have you ever smoked cigars regularly? (Yes means more than 1 cigar a week for a year) 1. Yes 2. No

IF YES TO 41A

FOR PERSONS WHO HAVE EVER SMOKED CIGARS

- B. 1. How old were you when you started smoking cigars regularly? Age
2. If you have stopped smoking cigars completely, how old were you when you stopped. Age stopped
Check if still smoking cigars
Does not apply
- C. On the average over the entire time you smoked cigars, how many cigars did you smoke per week? Cigars per week
Does not apply
- D. How many cigars are you smoking per week now? Cigars per week
Check if not smoking cigars currently
- E. Do or did you inhale the cigar smoke?
1. Never smoked
2. Not at all
3. Slightly
4. Moderately
5. Deeply

Signature _____

Date _____

13. RECENT MEDICAL HISTORY

13A. Do you consider yourself to be in good health? Yes ___ No ___

If NO, state reason _____

13B. In the past year, have you developed:

	<u>Yes</u>	<u>No</u>
Epilepsy?	___	___
Rheumatic fever?	___	___
Kidney disease?	___	___
Bladder disease?	___	___
Diabetes?	___	___
Jaundice?	___	___
Cancer?	___	___

14. CHEST COLDS AND CHEST ILLNESSES

14A. If you get a cold, does it usually go to your chest?
(Usually means more than 1/2 the time)

1. Yes ___ 2. No ___
3. Don't get colds ___

15A. During the past year, have you had any chest illnesses that have kept you off work, indoors at home, or in bed?

1. Yes ___ 2. No ___
3. Does Not Apply ___

IF YES TO 15A:

15B. Did you produce phlegm with any of these chest illnesses?

1. Yes ___ 2. No ___
3. Does Not Apply ___

15C. In the past year, how many such illnesses with (increased) phlegm did you have which lasted a week or more?

Number of illnesses ___
No such illnesses ___

16. RESPIRATORY SYSTEM

In the past year have you had:

	<u>Yes or No</u>	<u>Further Comment on Positive Answers</u>
Asthma	_____	
Bronchitis	_____	
Hay Fever	_____	
Other Allergies	_____	

Yes or No

Further Comment on Positive
Answers

Pneumonia _____
Tuberculosis _____
Chest Surgery _____
Other Lung Problems _____
Heart Disease _____

Do you have:

Yes or No

Further Comment on Positive
Answers

Frequent colds _____
Chronic cough _____
Shortness of breath
when walking or
climbing one flight
or stairs _____

Do you:

Wheeze _____
Cough up phlegm _____
Smoke cigarettes _____

Packs per day _____ How many years _____

Date _____

Signature _____