

APPENDIX A2.5

AT-RISK CENTERS

At-Risk Center Survey Instrument

IMPORTANT:

- When completing this questionnaire, please think **ONLY** of the site at the address listed in the cover letter that came with the questionnaire packet.
- Base your answers on your experiences with CACFP at this site only.
- We may ask some questions for which you don't have the answer. If that's the case, please contact your sponsoring organization, someone else in your organization, or other appropriate person to get the information. Thanks in advance for doing so!

General Background on Your Site

1. Is your organization private not-for-profit, for-profit, or is it a public agency, school, or school district? (*Check one box*)

- Private, not-for-profit.....
Private for-profit.....
Public agency, school, or school district.

2. Which of the following best describes your organization? (*Check one box*)

- Child care center.....
Head Start center.....
Public school.....
Private school.....
School food authority.....
Housing authority facility/site.....
Homeless center.....
Parks and recreation facility.....
Multi-purpose community center.....
YMCA or YWCA.....
Boys & Girls Club.....
Salvation Army site.....
United Way organization.....
Faith-based organization.....
21st Century Community Learning Center
Police Athletic League.....
Food bank.....
Tribal organization.....
Other.....

(Please specify) _____

3. Is the site where you provide At-Risk meals and/or snacks licensed as a child care center?

- Yes.....
- No.....

4. Do children attending the afterschool program at your site enroll or is attendance on a “drop in” basis?

- All children must enroll.....
- All children attend on a drop in basis.....
- Some children enroll and some attend on a drop-in basis.....

5. Which of the following age groups do you serve in your afterschool program?

- 0-12 months.....
- 1 and 2 years.....
- 3 through 5 years.....
- 6 through 9 years.....
- 10 through 12 years.....
- 13 through 18 years.....

6. What kinds of educational and enrichment programming does the afterschool component of your site offer to the children? (*Check all that apply*)

- Recreation.....
- Nutrition education on healthy eating.....
- Education on growing healthy foods.....
- Good citizenship.....
- Anti-bullying.....
- Arts education.....
- Physical education.....
- General academic assistance.....
- Academic tutoring on specific subjects...
- Other.....
- (Please specify)_____

History of Your Site’s CACFP Participation and Experience at Initial Enrollment in At-Risk CACFP

7. In what year did your site first begin participating in any part of the CACFP?

|_|_|_|_|

Don't know.....

8. Have you ever claimed any afterschool snacks in the At-Risk CACFP?

We currently claim At-Risk afterschool snacks

We claimed At-Risk afterschool snacks in the past but not currently.....

We have never claimed At-Risk afterschool snacks..... → **GO TO QUESTION 9**

8a. In what year did your site start claiming afterschool snacks in the At-Risk CACFP?

|_|_|_|_|

Don't know.....

9. Have you ever claimed any afterschool meals in the At-Risk CACFP?

We currently claim At-Risk afterschool meals

We claimed At-Risk afterschool meals in the past but not currently.....

We have never claimed At-Risk afterschool meals..... → **GO TO QUESTION 10**

9a. In what year did your site start claiming afterschool meals in the At-Risk CACFP?

|_|_|_|_|

Don't know.....

Please answer the remainder of the questions in this section thinking back to when you first applied to participate in the At-Risk CACFP.

10. How did you first find out about the At-Risk CACFP? (*Check one box*)

In a local newspaper.....

On the radio.....

Posters, Flyers or brochures.....

From an advocacy organization.....

From a friend.....

Someone contacted me from the State agency

Someone contacted me from a CACFP sponsoring organization.....

From the organization that administers my site

Social media.....

Other.....

(Please specify) _____

Don't know.....

11. The following is a list of possible reasons why organizations might want to participate in the At-Risk CACFP. Please rank the three reasons you consider to be most important, with “1” being the most important, “2” being the second most important, and “3” being the third most important reason your organization participates. (Rank 3)

	<u>Rank</u>
Allows us to provide food to children who are at risk of hunger.....	__
Supports afterschool enrichment programming.	__
Less paperwork requirements than non-At-Risk CACFP	__
Area eligibility instead of individual eligibility.....	__
Does not require us to meet licensing requirements, just health and safety requirements.....	__
Higher reimbursement than non-At-Risk child care CACFP.....	__
Individual enrollment is not required.....	__
Can serve older children in At-Risk CACFP than in non-At-Risk child care CACFP.....	__
Teaches me and my staff to plan and prepare nutritious meals.....	__
Helps children develop healthy eating habits.....	__
Other.....	__
(Please specify)_____	

12. How difficult would you say it was for your site to apply and be determined eligible to claim At-Risk afterschool meals and snacks?

Very difficult.....

Somewhat difficult.....

Not difficult at all..... → **GO TO QUESTION 13**

Don't know.....

12a. What factors posed barriers to your initial enrollment? (Check all that apply)

- Area eligibility rules.....
- State and local health and safety requirements
- Program enrichment activities requirement
- Documenting licensing/registration status
- Documenting funding and staffing.....
- Meal pattern requirements.....
- Determining how to budget for meals.....
- Not enough cooking staff.....
- Limited food preparation space.....
- Limited food storage space.....
- No experience planning or preparing CACFP meals.....
- No experience with food service contracts (vended meals).....
- Other.....
- (Please specify)_____

IMPORTANT NOTE: Please answer Question 13 if prior to claiming At-Risk CACFP meals your site provided only afterschool snacks. All other respondents should go to Question 14.

13. When you began participating in the At-Risk CACFP for afterschool meals, what were the three greatest challenges that you faced? (Check 3 boxes)

We experienced no challenges..... → **GO TO QUESTION 14**

- Learning how to plan menus.....
- Determining how much food to purchase or prepare.....
- Finding enough food storage space.....
- Storing foods at the correct temperature.
- Finding food preparation space.....
- Planning a kitchen.....
- Meeting food sanitation requirements.....
- Hiring skilled food service workers.....
- Training staff to serve meals.....
- Meal clean up.....
- Budgeting meals.....
- Completing CACFP food service records
- Recordkeeping (other than food service records).....
- Training staff to assure our site's compliance with CACFP rules.....
- Other.....
- (Please specify)_____

Don't know.....

Your Site's Schedule and At-Risk Afterschool Meal/Snack Service

14. In October 2014, to how many children did you serve CACFP At-Risk afterschool meals and/or snacks?

Total number of children served |__|__|__|

15. In October 2014, what was the total number of each type of afterschool meal and snack that your site claimed in the At-Risk CACFP?

At-Risk breakfast. |__|__|__|__|

At-Risk lunch.....|__|__|__|__|

At-Risk supper.....|__|__|__|__|

At-Risk snack.....|__|__|__|__|

16. On weekdays when school is in session, which days and hours does your site usually operate after school care? If it is usually closed on a particular day of the week for after school hours, please check "My site is usually closed after school on that day."

Day of the Week	Start time (AM/PM)	End time (AM/PM)	My site is usually closed after school on that day
Monday	__ __ : __ __ AM/PM	__ __ : __ __ AM/PM	<input type="checkbox"/>
Tuesday	__ __ : __ __ AM/PM	__ __ : __ __ AM/PM	<input type="checkbox"/>
Wednesday	__ __ : __ __ AM/PM	__ __ : __ __ AM/PM	<input type="checkbox"/>
Thursday	__ __ : __ __ AM/PM	__ __ : __ __ AM/PM	<input type="checkbox"/>
Friday	__ __ : __ __ AM/PM	__ __ : __ __ AM/PM	<input type="checkbox"/>

17. On the weekdays you operate when school is in session, which of the following afterschool meals and snacks does your site usually claim in the At-Risk CACFP? (Check all that apply)

At-Risk lunch.....

At-Risk supper.....

At-Risk snack.....

18. During the school year, does your site provide services to children on weekdays when school is not in session, such as during school vacations and/or teacher training days?

Yes.....

No..... → **GO TO QUESTION 19**

18a. During the school year, on weekdays when school is not in session, what hours does your site provide services to children? (Circle AM or PM)

Start Time: |__|__| : |__|__| AM or PM

End Time: |__|__| : |__|__| AM or PM

18b. During the school year, on weekdays when school is not in session, which of the following afterschool meals and snacks does your site usually claim in the At-Risk CACFP? (Check all that apply)

At-Risk breakfast.....

At-Risk lunch.....

At-Risk supper.....

At-Risk snack.....

19. During the school year, does your site provide services to children on weekend days?

Yes.....

No..... → **GO TO QUESTION 20**

19a. On weekends during the school year, which days and hours does your site provide services to children? If it is usually closed on Saturday or Sunday, please check "My site is usually closed on that day."

Day of the Week	Start time (AM/PM)	End time (AM/PM)	My site is usually closed on that day
Saturday	__ __ : __ __ AM/PM	__ __ : __ __ AM/PM	<input type="checkbox"/>
Sunday	__ __ : __ __ AM/PM	__ __ : __ __ AM/PM	<input type="checkbox"/>

19b. On weekends during the school year, which of the following afterschool meals and snacks does your site usually claim in the At-Risk CACFP? (Check all that apply)

At-Risk breakfast.....

At-Risk lunch.....

At-Risk supper.....

At-Risk snack.....

20. Are all, some, or none of your At-Risk afterschool meals prepared by another organization (e.g. a food bank, commercial food service vendor, or CACFP sponsor) and provided to your site as "ready to serve?" (By "ready to serve" we mean you can serve the meal as it was prepared for you with only minimal work such as heating it up or cutting it into portion sizes.)

All At-Risk meals are provided to us by another

organization “ready to serve”
Some At-Risk meals are provided to us “ready to serve”
and some meals are prepared on site.....
No At-Risk meals are provided to us “ready to serve;”
all At-Risk meals are prepared at our site..... → **GO TO QUESTION**
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20a. Where are most of the At-Risk afterschool meals you serve prepared? (Check one box)

- At a central kitchen of my organization or my CACFP sponsor.....
- A local school that is not my sponsor
- A commercial food service vendor
- A local restaurant or delicatessen with a catering permit.....
- At a food bank or emergency kitchen
- At a homeless shelter.....
- At another community site.....
- Other.....
(Please specify)_____
- Don't know.....

21. Do the At-Risk afterschool meals you serve usually include only cold foods, only hot foods, or both hot and cold foods?

- Only cold foods.....
- Only hot foods.....
- Both hot and cold foods.....

Your Site's Participation in Non-At-Risk CACFP

The next few questions ask specifically about the meals and snacks your site may claim in the non-At-Risk child care part of CACFP.

IMPORTANT NOTE: We may ask some questions for which you don't have the answer. If that's the case, please contact your sponsoring organization, someone else in your organization, or other appropriate person to get the information. Thanks in advance for doing so!

22. Do you claim any meals and/or snacks in non-At-Risk child care CACFP?

- Yes.....
- No..... → **GO TO QUESTION 27**

23. On weekdays during the school year, which of the following meals and snacks does your site usually claim in non-At-Risk child care CACFP? (Check all that apply)

- We don't claim any non-At-Risk meals and snacks on weekdays.....
- Breakfast.....
- Morning snack.....
- Lunch.....

- Afternoon snack.....
- Supper.....
- Evening Snack.....

24. On weekends during the school year, which of the following meals and snacks does your site usually claim in non-At-Risk child care CACFP? *(Check all that apply)*

- We don't claim any non-At-Risk meals and snacks on weekends.....
- Breakfast.....
- Morning snack.....
- Lunch.....
- Afternoon snack.....
- Supper.....
- Evening snack.....

25. For which of the following age groups does your organization claim meals and/or snacks in non-At-Risk child care CACFP? *(Check all that apply)*

- 0-12 months.....
- 1 and 2 years.....
- 3 through 5 years.....
- 6 through 9 years.....
- 10 through 12 years.....

26. Do you currently face any challenges participating in both the At-Risk and non-At-Risk child care CACFP?

- Yes.....
- No..... → **GO TO QUESTION 27**

26a. What are the two biggest challenges your site faces participating in both the At-Risk and non-At-Risk child care CACFP? *(Check up to 2 boxes)*

- Maintaining separate meal counts for both parts of CACFP.....
- Maintaining two systems of eligibility.....
- Training staff on differences in recordkeeping for both parts of CACFP.....
- Claiming under At-Risk and non-At-Risk parts of CACFP during the school year and only non-At-Risk child care CACFP during the summer.....
- Budgeting when some meals are paid at the

free rate and others at a mix of free, reduced
and paid rates.....
Other.....
(Please specify)_____

Outreach

27. Does your organization conduct any outreach efforts to promote participation in your afterschool meals/snacks program?

- Yes.....
- No..... → **GO TO QUESTION 28**

27a. What kinds of outreach methods has your organization used? *(Check all that apply)*

- Press releases.....
- Flyers/brochures at local schools.
- Flyers /brochures at local libraries
- Flyers/brochures at local stores....
- Social media.....
- Other.....
- (Please specify)_____

28. Do other organizations conduct outreach to promote participation in your afterschool meals/snacks program?

- Yes.....
- No.....
- Don't know..... } **GO TO QUESTION 29**

28a. What other organizations conduct outreach for your afterschool meals/snacks program?

- My CACFP sponsor.....
- Advocacy organizations.....
- Local schools.....
- Religious organizations.....
- Food banks.....
- Local community organizations....
- Other.....
- (Please specify)_____

29. Which of the outreach methods do you think have been the most effective in bringing children into your afterschool meals/snacks program? (Check all that apply)

- No outreach has been conducted for our afterschool meals/snacks program.....
- Press releases.....
- Distributing flyers/brochures at local schools
- Distributing flyers/brochures at local libraries
- Distributing flyers/brochures at local stores
- Outreach by advocacy organizations.....
- Outreach by local schools.....
- Outreach by religious organizations.....
- Other organizations that serve families in our community.....
- Social media.....
- Other.....
- (Please specify)_____

Non-CACFP Supports for Meals and Snacks

30. Currently, does this site receive any non-CACFP food, funding, or in-kind supports to purchase, prepare or serve the meals and/or snacks you serve after school, on weekends, or during school holidays?

- Yes.....
- No..... → **GO TO QUESTION 31**

30a. In what year did you start receiving this food, funding or in-kind supports to purchase, prepare or serve meals and snacks in your program?

____|____|____|____|

Don't know.....

30b. From which non-CACFP sources do you currently receive food, funding or in-kind supports for these purposes? (Check all that apply)

- From emergency food assistance programs such as food banks, food pantries or soup kitchens.....
- From funding for housing or shelter services
- From Head Start or Early Head Start programming.....
- From charitable organizations.....

- From my organization's operating budget
- From fundraising efforts specifically for food donations.....
- Fees charged to parents.....
- Other.....
- (Please specify)_____

Training and Support on At-Risk CACFP

In the following questions, we're interested in the training and other assistance that your CACFP sponsor and/or State CACFP agency provided to you on the At-Risk CACFP during the past 12 months, as well as on what topics it would be helpful to receive more training or assistance.

31. During the past 12 months, did you and/or your staff receive training from your CACFP sponsor and/or State Agency on any topics specific to At-Risk CACFP?

- Yes.....
- No..... → **GO TO QUESTION 32**

31a. During the past 12 months, what was the most common format that your CACFP sponsor used to provide this training? (Check one box)

- Web-based.....
- In-person group classes or workshops
- One-on-one.....
- Other.....
- (Please specify)_____

31b. During the past 12 months, on which of the following At-Risk CACFP-related topics have you and/or your staff received training from your CACFP sponsor and/or State Agency? (Check all that apply)

- Requirements specific to At-Risk CACFP
- CACFP meal requirements.....
- CACFP recordkeeping requirements.....
- Preparing and filing monthly reimbursement claims.....
- At-Risk area eligibility.....
- Coordination of recordkeeping between your non-At-Risk and At-Risk CACFP.....
- CACFP monitoring requirements.....
- Health and safety standards.....
- Serious deficiencies.....
- Maintaining confidentiality.....

- USDA civil rights requirements.....
- Food purchasing.....
- Menu planning.....
- Food preparation.....
- Food safety/food service operations.....
- Nutrition.....
- Physical activity.....
- Obesity prevention.....
- Best practices in after school programs. .
- Staff wellness.....
- Parent relations.....
- Recognizing abuse and neglect.....
- Other.....
- (Please specify)_____

31c. How satisfied are you with the training your site received from your CACFP sponsor and/or State Agency on the At-Risk CACFP?

- Very satisfied.....
- Satisfied.....
- Neither satisfied nor dissatisfied...
- Dissatisfied.....
- Very dissatisfied.....

32. During the past 12 months, have you received any technical assistance regarding At-Risk CACFP from your CACFP sponsor and/or State CACFP Agency?

- Yes.....
- No..... → **GO TO QUESTION 33**

32a. On what topics did you receive technical assistance from your CACFP sponsor and/or State CACFP Agency? *(Check all that apply)*

- Menu planning/sample menus.....
- Food vendor contracts.....
- Staff training.....
- Budgeting.....
- Computer support.....
- Other.....
- (Please specify)_____

32b. How satisfied are you with the technical assistance available from your CACFP sponsor specific to At-Risk CACFP?

- Very satisfied.....
- Satisfied.....
- Neither satisfied nor dissatisfied...
- Dissatisfied.....
- Very dissatisfied.....

33. Has your CACFP sponsor or State agency provided you any tools or materials that have helped you to meet the requirements of the At-Risk CACFP?

- Yes.....
- No..... → **GO TO QUESTION 34**

33a. Please briefly describe these tools or materials.

34. During Summer 2014, was your afterschool site open for any programming for children?

Yes.....

No..... → **GO TO QUESTION 38**

35. During Summer 2014, on a typical day approximately how many children attended your site?

Number of children.....|_|_|_|

36. Is your afterschool program site in an area with a 12- month school year?

Yes.....

No..... → **GO TO QUESTION 37**

36a. During Summer 2014, did you claim any meals and/or snacks from the At-Risk CACFP?

Yes.....

No.....

37. During Summer 2014, did you operate as a site for the Summer Food Service Program?

Yes..... → **GO TO QUESTION 39**

No.....

37a. What are the two main factors that prevented you from being a Summer Food Service Program site? (*Check up to 2 boxes*)

State agency approval.....

Challenges in obtaining licensing or health and safety approval.....

Staffing limitations.....

Lack of transportation for the children.....

Lack of sufficient programming space.....

There are one or more Summer Food Service sites in the area.....

Have never considered participating in the Summer Food Service Program.....

The Summer Food Service Program and CACFP program operate out of two different agencies in my State.....

Other.....

(Please specify) _____

Just not interested in participating..... → **GO TO QUESTION**

39

Don't know.....

38. Would you like to be a site for the Summer Food Service Program?

Yes.....

No..... → **GO TO QUESTION 39**

38a. What kind of information and/or help would you need to consider becoming a site for the Summer Food Service Program?

Suggestions for Improving At-Risk CACFP
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39. Do you need more training or tools to help you implement At-Risk CACFP?

Yes.....

No.....

Don't know.....

} **GO TO QUESTION 40**

39a. On which of the following topics does your site need more training or tools to help you implement At-Risk CACFP?

How to plan menus/sample menus

Food purchasing.....

Food storage.....

Preparing healthy, child-friendly meals

Contracting for vended meals.....

Food service budgeting.....

Other.....

(Please specify) _____

40. Based on your experience, do you think any other areas of At-Risk CACFP need to be improved?

Yes.....

No..... → **Thank you!**

40a. What suggestions do you have for improving At-Risk CACFP?

Thank you for completing the questionnaire. Please return it in the enclosed postage-paid envelope to:

**CACFP Sponsor and Provider Study
Westat
1600 Research Blvd.
Rm. _____
Rockville, MD 20850**